



LSU

2010 NCAA Division I
Men's & Women's Outdoor Track & Field Championships

2010

31 NCAA Team Championships

Media Guide



TRINDON HOLLIDAY 2009 NCAA 100-Meter Champion



NCAA DOMINATION

Prior to the 2006 season, the Tigers had never had an athlete crowned NCAA champion of the 100-meter dash in nearly a century of competition on the track. That all changed at the 2006 NCAA Division I Outdoor Track and Field Championships in Sacramento, Calif., when former LSU star Xavier Carter became the program's first NCAA 100-meter champion. Since 2006, three different Tigers have won the event at the NCAA Championships as Richard Thompson (2008) and Trindon Holliday (2009) have continued LSU's domination in the 100-meter dash.



Xavier Carter • 2006



Richard Thompson • 2008



Trindon Holliday • 2009

2010 LSU TRACK & FIELD MEDIA GUIDE

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UNIVERSITY

Location:	Baton Rouge, La.
Founded:	1860
Enrollment:	29,317
Nickname:	Tigers or Fighting Tigers
Colors:	Purple (PMS 268) and Gold (PMS 123)
Mascot:	Mike VI (Live Bengal Tiger)
Facilities (Capacity):	Indoor – Carl Maddox Field House (3,000) Outdoor – Bernie Moore Track Stadium (5,680)
Conference:	Southeastern
Chancellor:	Dr. Michael V. Martin
President:	Dr. John V. Lombardi
Faculty Representative:	Dydia DeLysier

ATHLETICS DEPARTMENT

Athletics Director:	Joe Alleva
Sr. Associate AD/Operations:	Verge Ausbery
Sr. Associate AD/Business:	Mark Ewing
Sr. Associate AD/SWA:	Judy Southard
Sr. Associate AD/External Relations:	Herb Vincent
Associate AD/Compliance:	Bo Bahnsen
Associate AD/Operations:	Eddie Nunez
Associate AD/Student Services:	Miriam Segar
Assistant AD/Facility Services:	Ronnie Haliburton
Assistant AD/Ticket Manager:	Brian Broussard
Assistant AD/Marketing:	Craig Pintens

ATHLETICS PHONE DIRECTORY

LSU Athletics Department:	(225) 578-8001
Sports Information Department:	(225) 578-8226
Sports Information Fax:	(225) 578-1861

TRACK & FIELD STAFF

Head Coach:	Dennis Shaver (UT-Arlington, 1979) 15th season at LSU 6th season as Head Coach
Assistant Head Coach:	Mark Elliott (LSU, 1991) 17th season at LSU 5th season as Assistant Head Coach
Assistant Coaches:	Marvin Gibson (LSU, 1996) 5th season Todd Lane (Luther College, 1995) 3rd season Debbie Parris-Thymes (LSU, 1995) 5th season Derek Yush (Connecticut, 1997) 3rd season
Coordinator:	Angelia Jefferson
Managers:	Loren Johnson, Alex Ramirez, Jeffery Schexnayder, John Troutman
Athletic Trainers:	Keith Thompson (Associate AT) Kelly Abendschoen (Grad. Asst. AT) Ben Stollberg (Grad. Asst. AT) Zac Benjamin (Student AT) Sarah O'Keefe (Student AT) Kelly Sanders (Student AT)

SPORTS INFORMATION

Asst. AD/Sports Information Director:	Michael Bonnette
Sr. Associate SID:	Kent Lowe
Sr. Associate SID:	Bill Franques
Associate SID:	Matt Dunaway
Associate SID:	Bill Martin
Associate SID:	Will Stafford
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Secretary:	Pat Fredericks
Student Assistants:	Molly Clark Jesse Delerno Ryan Ginn Sidney Kleinpeter Erin McKeough Elizabeth Stuart Chad Vignes

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LSUsports.net

Visit the official Web site of LSU Athletics for the latest track and field and cross country statistics, schedules, live and on demand audio, video, behind the scene feature and articles.

ALABAMA

Location: Tuscaloosa, Ala.
Enrollment: 27,052
Nickname: Crimson Tide
Colors: Crimson and White
Athletics Director: Mal Moore

Track Information

Men's Head Coach: Harvey Gance (14th season)
Women's Head Coach: Sandy Fowler (14th season)
Facility: Sam Bailey Track Stadium
Track Phone: (205) 348-2467

Sports Information

Track Contact: Skip Powers
SID Phone: (205) 348-6084
SID Fax: (205) 348-8841
SID E-mail: spowers@ia.ua.edu
Web site: www.rolltide.com

Team Information

2009 SEC Indoor Finish (M/W): 9th/10th
2009 NCAA Indoor Finish (M/W): T41st/DNS
2009 SEC Outdoor Finish (M/W): 10th/7th
2009 NCAA Outdoor Finish (M/W): T62nd/DNS

ARKANSAS

Location: Fayetteville, Ark.
Enrollment: 17,938
Nickname: Razorbacks
Colors: Cardinal and White
Athletics Director: Jeff Long

Track Information

Men's Head Coach: Chris Bucknam (2nd season)
Women's Head Coach: Lance Harter (20th season)
Indoor Facility: Randal Tyson Track Center
Outdoor Facility: John McDonnell Field
Track Phone: (479) 575-6384

Sports Information

Track Contact: Molly O'Mara
SID Phone: (479) 236-1077
SID Fax: (479) 575-7481
SID E-mail: momara@uark.edu
Web site: www.ArkansasRazorbacks.com

Team Information

2009 SEC Indoor Finish (M/W): 1st/3rd
2009 NCAA Indoor Finish (M/W): 8th/T20th
2009 SEC Outdoor Finish (M/W): 1st/6th
2009 NCAA Outdoor Finish (M/W): 9th/T29th

AUBURN

Location: Auburn, Ala.
Enrollment: 24,530
Nickname: Tigers
Colors: Burnt Orange and Navy Blue
Athletics Director: Jay Jacobs

Track Information

Head Coach: Ralph Spry (13th season)
Facility: Hutsell-Rosen Track
Track Phone: (334) 844-9799

Sports Information

Track Contact: Brad Gust
SID Phone: (334) 844-9703
SID Fax: (334) 844-9807
SID E-mail: gustbra@auburn.edu
Web site: www.auburntigers.com

Team Information

2009 SEC Indoor Finish (M/W): T4th/6th
2009 NCAA Indoor Finish (M/W): T41st/T41st
2009 SEC Outdoor Finish (M/W): 5th/5th
2009 NCAA Outdoor Finish (M/W): 12th/T25th

FLORIDA

Location: Gainesville, Fla.
Enrollment: 51,733
Nickname: Gators
Colors: Orange and Blue
Athletics Director: Jeremy Foley

Track Information

Head Coach: Mike Holloway (8th season)
Indoor Facility: Stephen C. O'Connell Center
Outdoor Facility: James G. Pressly Stadium
Track Phone: (352) 375-4683

Sports Information

Track Contact: Sean Cartell

SID Phone: (352) 375-4683 ext. 6120

SID Fax: (352) 375-4809

SID E-mail: seanca@gators.uaa.ufl.edu

Web site: www.gatorzone.com

Team Information

2009 SEC Indoor Finish (M/W): 2nd/4th
2009 NCAA Indoor Finish (M/W): 2nd/T12th
2009 SEC Outdoor Finish (M/W): 2nd/1st
2009 NCAA Outdoor Finish (M/W): T2nd/9th

GEORGIA

Location: Athens, Ga.
Enrollment: 33,831
Nickname: Bulldogs
Colors: Red and Black
Athletics Director: Damon Evans

Track Information

Head Coach: Wayne Norton (11th season)
Facility: Spec Towns Track
Track Phone: (706) 542-7915

Sports Information

Track Contact: Leland Barrow
SID Phone: (706) 542-6544
SID Fax: (706) 542-9339
SID E-mail: leland@sports.uga.edu
Web site: www.georgiadogs.com

Team Information

2009 SEC Indoor Finish (M/W): 8th/11th
2009 NCAA Indoor Finish (M/W): T53rd/DNS
2009 SEC Outdoor Finish (M/W): T5th/9th
2009 NCAA Outdoor Finish (M/W): 11th/DNS

KENTUCKY

Location: Lexington, Ky.
Enrollment: 27,000
Nickname: Wildcats
Colors: Blue and White
Athletics Director: Mitch Barnhart

Track Information

Head Coach: Don Weber (25th season)
Indoor Facility: Nutter Field House
Outdoor Facility: Shively Outdoor Track
Track Phone: (859) 257-3002

Sports Information

Track Contact: Jeremy Strachan
SID Phone: (859) 257-3838
SID Fax: (859) 323-4310
SID E-mail: jstrachan@uky.edu
Web site: www.ukathletics.com

Team Information

2009 SEC Indoor Finish (M/W): 7th/7th
2009 NCAA Indoor Finish (M/W): 19th/DNS
2009 SEC Outdoor Finish (M/W): 7th/6th
2009 NCAA Outdoor Finish (M/W): 15th/DNS

MISSISSIPPI STATE

Location: Starkville, Miss.
Enrollment: 17,824
Nickname: Bulldogs
Colors: Maroon and White
Athletics Director: Greg Byrne

Track Information

Head Coach: Al Schmidt (22nd season)
Facility: Spencer Stadium
Track Phone: (662) 325-2892

Sports Information

Track Contact: Gregg Ellis
SID Phone: (662) 325-3595
SID Fax: (662) 325-3654
SID E-mail: gellis@athletics.msstate.edu
Web site: www.msstateathletics.com

Team Information

2009 SEC Indoor Finish (M/W): DNC/9th
2009 NCAA Indoor Finish (M/W): DNS/DNS
2009 SEC Outdoor Finish (M/W): 9th/11th
2009 NCAA Outdoor Finish (M/W): T17th/T70th

OLE MISS

Location: Oxford, Miss.
Enrollment: 17,601
Nickname: Rebels
Colors: Cardinal Red and Navy Blue

Athletics Director: Pete Boone

Track Information

Head Coach: Joe Walker (28th season)
Facility: Ole Miss Track & Field Complex
Track Phone: (662) 915-7506

Sports Information

Track Contact: Jay D'Abramo
SID Phone: (662) 915-7896
SID Fax: (662) 915-7006
SID E-mail: jdabramo@olemiss.edu
Web site: www.olemisssports.com

Team Information

2009 SEC Indoor Finish (M/W): 10th/8th
2009 NCAA Indoor Finish (M/W): DNS/T45th
2009 SEC Outdoor Finish (M/W): 11th/10th
2009 NCAA Outdoor Finish (M/W): DNS/T70th

SOUTH CAROLINA

Location: Columbia, S.C.
Enrollment: 25,077
Nickname: Gamecocks
Colors: Garnet and Black
Athletics Director: Eric Hyman

Track Information

Head Coach: Curtis Frye (14th season)
Facility: Weems Baskin Track
Track Phone: (803) 777-7829

Sports Information

Track Contact: Miquel Jacobs
SID Phone: (803) 777-1516
SID Fax: (803) 777-2967
SID E-mail: MiquelJacobs@aol.com
Web site: www.gamecocksonline.com

Team Information

2009 SEC Indoor Finish (M/W): T4th/5th
2009 NCAA Indoor Finish (M/W): T20th/T20th
2009 SEC Outdoor Finish (M/W): 4th/8th
2009 NCAA Outdoor Finish (M/W): 6th/T40th

TENNESSEE

Location: Knoxville, Tenn.
Enrollment: 26,400
Nickname: Volunteers/Lady Volunteers
Colors: Orange and White
Athletics Director: Joan Cronan

Track Information

Head Coach: J.J. Clark (8th season)
Facility: Tom Black Track at LaPorte Stadium
Track Phone: (865) 974-4275

Sports Information

Track Contact: Eric Trainer
SID Phone: (865) 974-1212
SID Fax: (865) 974-8875
SID E-mail: etrainer@utk.edu
Web site: www.utsports.com

Team Information

2009 SEC Indoor Finish (M/W): 3rd/1st
2009 NCAA Indoor Finish (M/W): 38th/1st
2009 SEC Outdoor Finish (M/W): 8th/3rd
2009 NCAA Outdoor Finish (M/W): T48th/T10th

VANDERBILT

Location: Nashville, Tenn.
Enrollment: 6,584
Nickname: Commodores
Colors: Black and Gold
Director of Sports Operations: Lori Alexander

Track Information

Head Coach: D'Andre Hill (3rd season)
Facility: Vanderbilt Track
Track Phone: (615) 343-2897

Sports Information

Track Contact: Amanda Brooks
SID Phone: (330) 554-5332
SID Fax: (615) 343-7064
SID E-mail: amanda.d.brooks@vanderbilt.edu
Web site: www.vucommmodores.com

Team Information

2009 SEC Indoor Finish: 12th
2009 NCAA Indoor Finish: DNS
2009 SEC Outdoor Finish: 12th
2009 NCAA Outdoor Finish: DNS

2010 INDOOR MEETS

Purple Tiger Invitational

Jan. 22 • Baton Rouge, La.

Facility: Carl Maddox Field House
 Media Contact: Will Stafford
 wstaff2@lsu.edu, (225) 578-7947
 Web site: www.LSUsports.net

Lobo Opener

Jan. 30 • Albuquerque, N.M.

Facility: Albuquerque Convention Center
 Media Contact: Alfredo Moreno
 amoreno@unm.edu, (505) 925-5524
 Web site: www.golobos.com

New Balance Collegiate Invitational

Feb. 5-6 • New York, N.Y.

Facility: The Armory Track & Field Center
 Media Contact: Christopher Hunt
 chunt@armorytrack.com, (212) 923-1803
 Web site: www.armorytrack.com

Tyson Invitational

Feb. 12-13 • Fayetteville, Ark.

Facility: Randal Tyson Track Center
 Media Contact: Molly O'Mara
 momara@uark.edu, (479) 236-1077
 Web site: www.ArkansasRazorbacks.com

LSU Twilight

Feb. 19 • Baton Rouge, La.

Facility: Carl Maddox Field House
 Media Contact: Will Stafford
 wstaff2@lsu.edu, (225) 578-7947
 Web site: www.LSUsports.net

SEC Indoor Championships

Feb. 26-28 • Fayetteville, Ark.

Facility: Randal Tyson Track Center
 Media Contact: Molly O'Mara
 momara@uark.edu, (479) 236-1077
 Web site: www.ArkansasRazorbacks.com

LSU NCAA Indoor Qualifier

March 5 • Baton Rouge, La.

Facility: Carl Maddox Field House
 Media Contact: Will Stafford
 wstaff2@lsu.edu, (225) 578-7947
 Web site: www.LSUsports.net

NCAA Indoor Championships

March 12-13 • Fayetteville, Ark.

Facility: Randal Tyson Track Center
 Media Contact: Molly O'Mara
 momara@uark.edu, (479) 236-1077
 Web site: www.ArkansasRazorbacks.com

2010 OUTDOOR MEETS

Louisiana Classics

March 20 • Lafayette, La.

Facility: Ragin' Cajuns Track Complex
 Media Contact: Grant Alexander
 alexander@louisiana.edu, (337) 482-6332
 Web site: www.ragincajuns.com

LSU Tiger Relays

March 26-27 • Baton Rouge, La.

Facility: Bernie Moore Track Stadium
 Media Contact: Will Stafford
 wstaff2@lsu.edu, (225) 578-7947
 Web site: www.LSUsports.net

Texas Relays

April 1-3 • Austin, Texas

Facility: Mike A. Myers Stadium
 Media Contact: Jeremy Sharpe
 Jeremy.sharpe@athletics.utexas.edu, (512) 471-8373
 Web site: www.texassports.com

Hurricane Alumni Invitational

April 10 • Miami, Fla.

Facility: Cobb Stadium
 Media Contact: Scott Zavits
 zavits@miami.edu, (305) 284-3244
 Web site: www.ArkansasRazorbacks.com

LSU Alumni Gold

April 16-17 • Baton Rouge, La.

Facility: Bernie Moore Track Stadium
 Media Contact: Will Stafford
 wstaff2@lsu.edu, (225) 578-7947
 Web site: www.LSUsports.net

Penn Relays

April 22-24 • Philadelphia, Pa.

Facility: Franklin Field
 Media Contact: Jenn Werner
 wernerj@upenn.edu, (215) 573-4125
 Web site: www.thepennrelays.com

SEC Outdoor Championships

May 13-16 • Knoxville, Tenn.

Facility: Tom Black Track at LaPorte Stadium
 Media Contact: Eric Trainer
 etrainer@utk.edu, (865) 974-1212
 Web site: www.utsports.com

NCAA Preliminary Rounds

May 27-29 • Greensboro, N.C.

Facility: Irwin Belk Track
 Media Contact: Brian Holloway
 brmhollow@ncat.edu, (336) 334-7141
 Web site: www.ncataggies.com

NCAA Outdoor Championships

May 27-29 • Eugene, Ore.

Facility: Hayward Field
 Media Contact: Greg Walker
 gswalker@uoregon.edu, (541) 346-2252
 Web site: www.goducks.com



Campus LIFE



Location: Baton Rouge, La.
Founded: January 2, 1860
Enrollment: 29,317
President: Dr. John V. Lombardi
Major Fields for Bachelor's Degrees: 72
Major Fields for Master's Degrees: 72
Major Fields for Doctoral Degrees: 54



LSU's Memorial Tower (top main photo) was one of the first structures completed on the present campus and sits east of the quadrangle (above, left). It represents the University as a memorial to those who gave their lives during World War I. Although it currently houses the LSU Anglo-American Art Museum, plans are in process to return Memorial Tower to a military museum as originally intended. The University lakes (above, right) on the LSU campus give various recreational options.



Louisiana State University and Agricultural & Mechanical College has, throughout its 145-year history, served the people of Louisiana, the region, the nation and the world. LSU is creating a revolution, one of pervasive change and advancement. For the past five years, the focus of the LSU community has been an increased commitment to excellence. Our progress has been dramatic and shows no sign of stopping.

Having witnessed many of yesterday's possibilities become today's tangible realities, the LSU community set forth to capitalize on its success. The goal was to improve our standing as a nationally competitive flagship university. Following intense discussions among the LSU Board of Supervisors, campus administrators, faculty and student leaders, the objectives required to reach this status crystallized, providing the impetus for LSU's National Flagship Agenda.

Why LSU?

Walter Davis
 2-time World Champion
 6-Time NCAA Champion
 9-Time NCAA All-American



“When anyone thinks of collegiate track and field, they think of LSU. The tradition here in this sport is unbelievable, and that’s one of the main reasons I chose to come to LSU. I knew that I would have the opportunity to win a national championship during my career. I was fortunate enough to do that my senior year. Our team was really close and it was even like that with athletes of different sports. We were like one big family on campus. It’s a great honor for me to say that I’m from LSU.”

“Being a professional athlete, it’s easy for people in my profession to assume that’s what they will be doing for the rest of their life. The reality is that I will have a second dream job. As I continue to train and hurdle at LSU with Coach Shaver, he has continued to help me work on my resume and prepare for the day after my track career is over. He truly is a great mentor and coach, but to this day he is also a great friend. I will always be grateful to him and LSU for the many opportunities I’ve been given in my life.”



Lolo Jones
 2008 Olympian
 2008 World Indoor Champion
 2008 U.S. Olympic Trials Champion

“I chose LSU because of its outstanding history in sprinting, great coaches and top-notch facilities. With Coach Shaver’s coaching expertise and patience with me to develop, I have been able to achieve greatness at the collegiate level and internationally. He’s like a father to us and stresses the importance of not only excelling on the track, but also in the classroom towards obtaining our degree. I’m definitely a true Tiger at heart, on and off the track.”



Richard Thompson
 2-Time Olympic Silver Medalist
 4-Time NCAA Champion
 8-Time NCAA All-American

“My experience at LSU will forever be etched in my mind. Those have been the best years of my life. The coaching staff was instrumental in my development as an athlete by providing me with the proper environment for growth and maturity. Coach Shaver cared about my teammates and I not just as athletes, but he also cared about our well being and made sure we stayed on track to graduate. I’m very fortunate to have had the chance to attend LSU, and I’m proud to call myself an LSU graduate.”



Peta-Gaye Dowdie
 2000 Olympian
 3-Time NCAA Champion
 19-Time NCAA All-American



College of Agriculture
 Agricultural Business (B.S.)
 Agribusiness Finance
 Agribusiness Management
 International Marketing
 Animal, Dairy, & Poultry Sciences (B.S.)
 Animal Sciences
 Dairy Foods Technology
 Dairy Production
 Poultry Sciences
 Preveternary Medicine-Animal
 Preveternary Medicine-Dairy
 Preveternary Medicine-Poultry
 Science & Technology-Animal Science
 Science & Technology-Dairy Science
 Science & Technology-Poultry Science
 Environmental Management Systems (B.S.)
 Environmental Science
 Policy Analysis
 Resource Conservation
 Family, Child, & Consumer Sciences (B.S.)
 Consumer Science
 Human Services Management
 Food Science & Technology (B.S.)
 Food Business/Marketing
 Food Chemistry & Analysis
 Food Processing & Technology
 Food Safety/Applied Microbiology
 Forestry (Forest Management) (B.S.F.)
 Ecological Restoration
 Forest Products
 Forest Resource Management
 Nutritional Sciences (B.S.)
 Dietetics
 Nutritional Sciences/Premedical
 Plant & Soil Systems (B.S.)
 Agricultural Pest Management-Entomology
 Agricultural Pest Management-Plant Pathology
 Crop Management
 Horticultural Science
 Ornamentals, Olericulture, & Pomology
 Soil Science
 Turfgrass Management
 Urban Entomology
 Textiles, Apparel, & Merchandising (B.S.)
 Apparel Design
 Merchandising
 Textile Science
 Vocational Education (B.S.)
 Adult, Extension, International Education
 Agricultural Education
 Business Education
 Career Development

Home Economics Education
 Human Resource Leadership and Development
 Industrial Education
 Training & Development
 Wildlife & Fisheries (B.S.)
 Aquaculture
 Conservation Biology
 Fisheries
 Preveternary Medicine-Wildlife & Fisheries
 Wetland Science
 Wildlife Ecology
 Wildlife Law Enforcement

College of Art & Design
 Architecture (B.Arch.)
 Interior Design (B.I.D.)
 Landscape Architecture (B.L.A.)
 Studio Art (B.F.A.)
 Ceramics
 Graphic Design
 Jewelry/Metalsmithing
 Painting
 Photography
 Printmaking
 Sculpture

College of Arts & Sciences
 Anthropology (B.A.)
 Communication Disorders (B.A.)
 Communication Studies (B.A.)
 Economics (B.A.)
 English (B.A.)
 Creative Writing
 Literature
 Secondary Education-English
 Writing & Culture
 French (B.A.)
 French & Francophone Cultural Studies
 French & Francophone Political Studies
 International Business
 International Studies
 Literary Studies
 Secondary Education-French
 General Studies (B.G.S.)
 Geography (B.A. & B.S.)
 German (B.A.)
 History (B.A.)
 Secondary Education-History
 International Studies (B.A.)
 Africa & the Middle East
 Asia
 Europe
 Global Studies

Latin America
 Russia & Central Asia
 Latin (B.A.)
 Liberal Arts (B.A.)
 African & African American Studies
 Aquaculture
 Studio Art
 Mathematics (B.S.)
 Actuarial Science
 Applied/Discrete Mathematics
 Applied Mathematics/Communications
 Engineering
 Computer Science
 Mathematics
 Secondary Education-Mathematics
 Philosophy (B.A.)
 Religious Studies
 Political Science (B.A. & B.S.)
 Psychology (B.A. & B.S.)
 Russian Area Studies (B.A.)
 Sociology (B.A.)
 Applied Sociology
 Criminology
 Rural Sociology
 Spanish (B.A.)
 Secondary Education-Spanish
 Women’s & Gender Studies (B.A.) College of
 Basic Sciences
 Biochemistry (B.S.)
 Biological Sciences (B.S.)
 Marine Biology
 Secondary Education-Biology
 Chemistry (B.S.)
 Biological Chemistry
 Chemical Physics
 Chemistry
 Chemistry and a Second Discipline
 Environmental Chemistry
 Materials
 Polymers
 Preprofessional Chemistry
 Secondary Education-Chemistry
 Computer Science (B.S.)
 Geology (B.S. Geol.)
 Environmental Geology
 Geology
 Microbiology (B.S.)
 Physics (B.S.)
 Astronomy
 Medical Physics
 Physics
 Physics and a Second Discipline
 Secondary Education-Physics

E. J. Ourso College of Business
 Accounting (B.S.)
 Management Accounting
 Economics (B.S.)
 Empirical Economic Analysis
 Art History
 Finance (B.S.)
 General Business Administration (B.S.)
 Business Administration-Prelaw
 Business & Public Administration Sciences (B.S.)
 Information Systems & Decision Sciences (B.S.)
 International Trade & Finance (B.S.)
 Empirical Economics Analysis
 Management (B.S.)
 Entrepreneurship
 Human Resource Management
 Management
 Marketing (B.S.)

College of Education
 Early Childhood Education: PK-3 Teacher
 Certification (B.S.)
 Elementary Grades Education (B.S.)
 Four-Year Teacher Certification, Grades 1-6
 Holmes Certification
 Kinesiology (B.S.)
 Athletic Training
 Fitness Studies
 Health & Physical Education Teacher
 Certification
 Human Movement Science
 Sports Studies
 Secondary Education (B.S.)
 Art

College of Engineering
 Biological Engineering (B.S.B.E.)
 Chemical Engineering (B.S.Che.E.)
 Civil Engineering (B.S.C.E.)
 Computer Engineering (B.S.E.E.)
 Construction Management (B.S.C.M.)
 Electrical Engineering (B.S.E.E.)
 Environmental Engineering (B.S.Env.E.)
 Industrial Engineering (B.S.I.E.)
 Mechanical Engineering (B.S.M.E.)
 Petroleum Engineering (B.S.P.E.)
 Manship School of Mass Communication
 Mass Communication (B.A.M.C.)
 Advertising
 Electronic Media
 Journalism
 Political Communication
 Public Relations

College of Music & Dramatic Arts
 Music (B.A.)
 Music (B.M.)
 Brass
 Composition
 Harp
 Organ
 Percussion
 Piano Pedagogy
 Piano Performance
 String
 Voice
 Woodwind
 Music Education (B.M.Ed.)
 Instrumental
 Vocal
 Theatre (B.A.)
 Arts Administration
 Design/Technology
 Literature, History, & Theory
 Performance
 Theatre Studies

Preprofessional Programs* (Nondegree)
 Allied Health Programs
 Dental Laboratory Technology
 Ophthalmic Medical Technology
 Physician’s Assistant
 Premedical Technology
 Prenursing
 Preoccupational Therapy
 Prephysical Therapy
 Rehabilitation Counseling
 Respiratory Therapy

* The final two-three years of these preprofessional programs are offered by the LSU Health Sciences Center and/or other medical schools. These are nondegree programs.

An Era OF EXCELLENCE



2008 Women's NCAA Outdoor National Champions

Since 1897, LSU track and field has built an illustrious history filled with some of the most memorable performers and achievements in the school's colorful athletic heritage. From its quiet birth at the Tulane Spring Games to its seat atop collegiate track prominence, there are two factors that have remained consistent in the 110-year history of the program -- success through hard work and an unmatched will to win.

H. Warren Taylor, Jr., LSU track and field historian, wrote it best when he said, "Tom Sherburne and Devall drew the distinction of being the first men of the Old War Skule to carry the purple and gold on the cinder path. That they failed to win in their events does not distract from their envious place in Tiger track history; for they were the forerunners of a host of sterling athletes that have established a record of consistent winning unsurpassed in the southland."

The rest is history.

National Championships

After winning five Southern Intercollegiate Athletic Association conference championships between 1913-1922 and capturing three consecutive SIC titles, Tiger track and field burst onto the national scene with an improbable upset of heavily-favored Southern California to win the 1933 national championship at Soldier Field in Chicago. The LSU track team was led by the speed of Glenn "Slats" Hardin and the strength of Jack Torrance. Hardin set new world records in the 440-yard dash (47.1) and 220 low hurdles (22.9), while Torrance did the same in the shot put (52-10).

Despite their record-breaking performances, the national title did not rest in the Tigers' hands until the final event when Matt Gordy cleared 14 feet in the pole vault for the first time in his career to secure LSU's first ever national championship in any sport.

With the men already firmly established among the nation's elite, the Lady Tigers

captured their first national championship in 1987 in the program's sixth season of existence. Led by NCAA individual champions Schowonda Williams, Sylvia Brydson and Sheila Echols, the LSU women swept both the indoor and outdoor national titles that season. They went on to repeat their outdoor success in 1988.

The LSU track and field program then reached a pinnacle in 1989 and 1990 as the teams brought a combined five national championships to Baton Rouge. The Tigers and Lady Tigers each won back-to-back NCAA Outdoor titles, while the women added an indoor title during the 1989 season. LSU's success during the two-year span marked the first time in NCAA history that the same school won both the men's and women's crowns at the NCAA Outdoor Championships.

The Lady Tigers pulled off another sweep in 1991, again claiming NCAA team titles at both the indoor and outdoor national meets.

One of the most memorable moments in LSU track lore came at the 1992 national

championships in Austin, Texas. Trailing Florida entering the final day of competition, the Lady Tigers used a team effort to rally and defeat the Lady Gators, 87-81, for an unprecedented sixth consecutive national crown.

The Lady Tigers showed their dominance once again by winning two more national titles in 1993. They captured their fourth indoor national championship in seven years by winning the last event of the meet - the 4x400-meter relay - in a then school-record time of 3 minutes, 33.63 seconds. LSU dominated the competition to win its seventh-consecutive NCAA Outdoor championship. The Lady Tigers did so in record-breaking fashion, scoring a school record 93 points to outscore their nearest competitor by a remarkable 49 points.

They made history again in 1996 by winning their 10th-straight outdoor national championship. Never before had a women's team won at least 10-straight titles in any NCAA sport. Led by seniors D'Andre Hill, Kim Carson and Zundra Feagin, the Lady Tigers stormed into historic Hayward Field in Eugene, Ore., and took their place in history.

While an outsider might see an 11th-straight NCAA Outdoor title in 1997 as just another day at the office, it was far from it.

A heavy underdog, the LSU women exploded for 43 points on the meet's final day to capture the outdoor crown once again in Bloomington, Ind. The competition came down to a single event between LSU and Texas - the 200-meter final. LSU qualified Astia Walker and Peta-Gaye Dowdie, while Texas countered with two runners as well. The Lady Tigers knew they had to outscore Texas by a single point to win the title. Walker finished second and Dowdie placed fifth, while Nanceen Perry and Angie Vaughan of Texas placed third and fourth, respectively.

When the points were tallied, LSU outscored Texas, 12-11, in the most crucial race of the meet to give the Lady Tigers the one-point advantage they needed to clinch the overall title by the score of 63-62.

The Lady Tigers also claimed a fifth-straight NCAA Indoor crown in 1997 for their eighth in an 11-year span. Remarkably, the LSU women took home 19 of a possible 22 NCAA team championships between the 1987-97 seasons, creating a dynasty unmatched by any other in the history of women's athletics.

Despite a three-year hiatus, the Lady Tigers regained the title they last held in 1997 by winning their 12th title at the NCAA Outdoor



1933



1989



1996

Championships in 2000. The Lady Tigers scored 46 points on the final day of competition to edge USC, 58-54.

LSU picked up yet another national title in 2001, but this time, it was the men's team stealing the spotlight. Needing a miracle in the final event of the NCAA Indoor Championships, the Tigers' prayers were answered when the foursome of Robert Parham, Lueroy Colquhoun, Pedro Tunon and Alleyne Francique won the 4x400-meter relay and TCU failed to score, giving the Tigers a 34-33 edge over the Horned Frogs in one of the most exciting finishes in NCAA history. Walter Davis scored 18 of LSU's 34 points in the meet, winning the triple jump and finishing second in the long jump.

Both teams added championships to their already impressive resumes in 2002 with the women winning the team title at the NCAA Indoor Championships in Fayetteville, Ark., and the men capturing the crown at the NCAA Outdoor Championships in front of a home crowd at the Bernie Moore Track Stadium in Baton Rouge. The Lady Tigers would go on to sweep NCAA Indoor and Outdoor titles in 2003 while being led by individual champions Muna Lee and Lolo Jones, as well as a 4x100-meter relay team that set the low-altitude collegiate record of 42.55 at the NCAA Outdoor meet that stood for six seasons.

LSU made history once again in 2004 as it became the first school in NCAA history to claim both the men's and women's titles at the indoor national championships. Spearheaded by Lee's national title in the 60-meter dash and runner-up performances by Jones in the 60-meter hurdles and Neisha Bernard-Thomas in the 800 meters, the Lady Tigers squeaked out a 52-51 win over UCLA.

It was LSU's jumps corps that proved to be the difference in the Tigers' victory as the team was led by the likes of John Moffitt, Lejuan Simon and Willie Bradley to its first indoor crown since 2001. Moffitt won the long jump title and was then part of the Tigers' unprecedented 1-2-3 sweep in the triple jump. Simon won the individual title with Moffitt finishing second and Bradley coming in third.

Since the Lady Tigers won their first national championship in 1987, no four-year senior class has ever left Baton Rouge without winning at least one team title at the NCAA Championships. It's a remarkable

streak that spans 22 seasons and a legacy that is with the squad each time it steps onto the track. But in 2008, it appeared the streak might come to an end at the NCAA Outdoor Championships in Des Moines, Iowa.

After joining the program as freshmen in 2005, members of the Class of 2008 had finished runner-up at the NCAA Indoor and Outdoor Championships three times, but without a title to show for their efforts. That would all change in dramatic fashion at Drake Stadium on the campus of Drake University.

LSU and defending NCAA Outdoor champion Arizona State entered the final event of the track meet - the 4x400-meter relay - tied with 59 points apiece and a foursome on the track. The team that crossed the finish line first would walk away as national champions of the 2008 outdoor season.

On this day, it was LSU winning the team title behind the efforts of senior Brooklynn Morris, senior Kelly Baptiste, sophomore LaTavia Thomas and senior Deonna Lawrence, who finished the relay in second-place ahead of the fifth-place finish by the Sun Devils. And for eight Lady Tiger seniors who made the trip to Des Moines, it was their first time to lift the national championship trophy in celebration of their accomplishment.

Baptiste was the star for the Lady Tigers, scoring 19 of LSU's 67 points for the meet with an NCAA title in the 100-meter dash, along with All-America performances in the 200 meters, 4x100-meter relay and 4x400-meter relay.

Olympics and World Championships

The LSU track and field program is recognized worldwide for its contribution to the sport, and the purple and gold was certainly on display in the summer of 2008 as 12 current and former athletes representing seven countries from around the world gathered in Beijing, China, to compete in the Games of the XXIX Olympiad. In fact, LSU had more representatives than any other collegiate track and field program in the country.

In one of the most exciting races in



Kelly Willie was a 2004 Olympic Gold Medalist in the 4x400 relay.

the 112-year history of the modern Olympic Games, senior Richard Thompson won a silver medal in the 100-meter dash for his native Trinidad and Tobago with a personal-best time of 9.89 seconds. Thompson finished behind only the world-record run of 9.69 by Jamaica's Usain Bolt. He then anchored Trinidad to a silver medal in the 4x100-meter relay for his second medal in his Olympics debut.

But Thompson was not the only LSU athlete to represent his country proudly as sprinter Muna Lee and hurdler Lolo Jones also shined for the United States in Beijing. Lee was the fourth-place finisher in the 200 meters after finishing fifth in the 100 meters, while Jones placed seventh in the 100-meter hurdles in her first appearance at the Olympic Games.

LSU's participation in major international competition can be traced back to 1928 in Amsterdam when Sid Bowman became the first Tiger to compete at the Olympic Games, finishing sixth in the triple jump. Bowman and LSU legend Glenn "Slats" Hardin later placed at the 1932 Olympic Games in Los Angeles as Hardin became LSU's first medal winner by taking silver in the 400 hurdles.

At the 1936 Berlin Games, Adolf Hitler and Nazi Germany watched as LSU's Hardin, Jack Torrance and Billy Brown competed for the United States. Hardin made history in the 400 hurdles, becoming the first and only LSU track athlete to win an individual Olympic gold

medal.

LSU's next Olympic Games participant came in 1964 as Billy Hardin ran the 400 hurdles for the United States in Tokyo, Japan. It would then be 24 years before LSU had another athlete perform in this international arena once again.

At the 1988 Olympic Games in Seoul, South Korea, Sheila Echols of the United States became the first Lady Tiger to win a gold medal as she earned distinction as a member of the United States' gold-medal winning 4x100-meter relay team. She competed in Seoul alongside LSU greats Schowonda Williams (United States), Robin van Helden (Holland), Mikael Olander (Sweden), Laverne Eve (Bahamas) and Angela Phipps (Canada).

The LSU contingent at the 1992 Barcelona Olympics was led by 21-time All-American Esther Jones of the United States, who won a gold medal as a member of the winning 4x100-meter relay. It marked the second-straight Olympics that a Lady Tiger led the United States to gold in the event as she followed in the footsteps of Echols in 1988.

LSU track and field was well-represented once again at the 1996 Olympic Games in Atlanta as a former athlete won Olympic gold for the third-straight games. Glenroy Gilbert ran the second leg on Canada's 4x100-meter relay that shocked the United States to win gold. The only American collegiate woman to



1997



2002



2003

This is LSU Track & Field

LSU

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Bernie Moore, 1930-47



Al Moreau, 1949-63



Pat Henry, 1988-2004



Dennis Shaver, 2004-Present

compete in a track event in Atlanta, D'Andre Hill advanced to the semifinals of the 100-meter dash. While representing Jamaica, Debbie Parris just missed the medal stand by placing fourth in the 400-meter hurdles, while David Kiptoo finished sixth in the men's 800 meters while running for Kenya.

During the 1999 indoor season, former Tiger All-American Rohsaan Griffin made a splash in the 200-meter dash by smashing the American indoor record in the event with a time of 20.32. His blistering mark won him the American title that year and qualified him into the finals at World Indoor Championships.

At the 1999 World Championships in Seville, Spain, LSU was again well-represented among the field of talented track athletes as 12 former LSU athletes were on hand. Lady Tiger All-American Peta-Gaye Dowdine won a bronze medal as the anchor leg on Jamaica's 4x100-meter relay team.

Just a year later, LSU once again had its share of representatives at the 2000 Olympic Games in Sydney, Australia. Eight athletes with LSU ties made the trek halfway across

countries. Claston Bernard and Walter Davis made the trip down under representing Jamaica and the United States, respectively, while 2000 NCAA champions Dowdie and Keisha Spencer each represented Jamaica.

At the 2001 World Championships in Edmonton, a pair of LSU athletes each brought home gold medals as Derrick Brew ran on the United States' 4x400-meter relay team and Parris ran on Jamaica's World Championship mile relay squad. In addition, Walter Davis established himself as one of the world's top up-and-coming jumpers as the Louisiana native finished fifth in the triple jump in only his second major international competition.

LSU's success on the world stage continued in the summer of 2003 as five former athletes all placed at the World Championships in Paris. Both Brew and Ronetta Smith medaled as Brew won gold as part of the United States' 4x400-meter relay team and Smith secured bronze as a member of Jamaica's 4x400 relay. Also securing top-10 finishes were Walter Davis in the long jump (seventh), Laverne Eve in the javelin (eighth) and Claston Bernard in the

decathlon (ninth).

At the 2004 World Indoor Championships, former Tigers Alleyne Francique and Luero Colquhoun won gold for their native countries of Grenada and Jamaica, respectively. Francique won the individual crown in the 400 meters, while Colquhoun helped Jamaica to a first-place finish in the 4x400-meter relay.

The 2004 Olympics in Athens, Greece, was a showcase for LSU talent past and present as 15 athletes with ties to the program made the trip overseas and brought home a total of six Olympic medals. Brew, Kelly Willie and John Moffitt each medaled for the United States. Brew won bronze in the 400 meters before joining forces with Willie to win gold in the 4x400-meter relay. Moffitt was part of a 1-2 American finish in the long jump, finishing second in his first major international competition. On the women's side, Nadia Davy and Ronetta Smith each brought home medals. Running for their native country of Jamaica, the two earned bronze as members of the 4x400-meter relay team.

The 2005 World Championships were once again peppered with current and former LSU athletes as 13 Tigers and Lady Tigers made the trip to Helsinki, Finland. Four former standouts turned in stellar performances while bringing home medals from the championship meet. Davis won individual gold for the United States, taking home the men's triple jump title. Lee and Brew also helped the United States' to gold-medal-winning performances in the women's 4x100 relay and the men's 4x400-meter relay, respectively. In addition, Smith helped Jamaica to a silver medal in the women's 4x400-meter relay.

Davis added another individual gold medal in the triple jump to his resume at the 2006 IAAF World Indoor Championships when he posted a personal best and meet-winning leap of 58-2 for the United States. Francique added the second world championship of his stellar career at the indoor meet as he won gold in the 400 meters while competing for Grenada.

Davis took his place on the medal stand once again as he won a bronze medal in the triple jump at the 2007 IAAF World Outdoor Championships in Osaka, Japan. The Baton Rouge native was one of 10 current and former LSU athletes to compete in the prestigious event and the only one to bring home a medal. Lady Tiger great Lolo Jones

then added her name to LSU's list of athletes to be crowned World Champion with her win in the 60-meter hurdles at the 2008 IAAF World Indoor Championships in Valencia, Spain.

The Coaches

LSU track and field has been blessed with exceptional coaching talent, but during its first 18 years, LSU did not have a coach whose tenure lasted more than three seasons. The program's first full-time coach was Tad Gormley, who arrived on the Baton Rouge campus in 1916. During his 12-year stint, LSU won three SIAA titles.

After Gormley's departure, the legendary Bernie Moore took over the program in 1930. Moore molded the the Tigers into a national power, and in 1933, guided the team to its first national championship, as well as a win at the inaugural SEC Outdoor Track and Field Championships. The Tigers reigned over the young Southeastern Conference by capturing 12 championships in the next 18 seasons under Moore.

Former Tiger great Al Moreau then took over the program in 1949, and LSU track and field never broke stride. Under Moreau, LSU captured six SEC Outdoor titles and two SEC Indoor crowns. LSU track and field then reached its zenith under the direction of head coach Pat Henry, and what he accomplished in 17 seasons was nothing short of remarkable.

The most successful coach in school history in any sport, Henry became only the second coach in NCAA history to win 20 NCAA titles as the Lady Tigers came away victorious at the 2000 NCAA Outdoor Championships in Durham, N.C. Henry then added seven additional NCAA team titles to his resume before his departure in 2004. In his 17 years in Baton Rouge, Henry guided the Lady Tigers to 12 outdoor and 10 indoor titles, while leading his Tigers to three outdoor crowns and two indoor titles.

Dennis Shaver can now add his name alongside the likes of Moore, Henry and Sam Seemes as coaches to lead LSU to a national championship as head coach. Shaver guided the Lady Tigers to their 25th national championship and the 31st team title in the history of LSU track and field with a win at the NCAA Outdoor meet in 2008. The Lady Tigers have also won three SEC titles under Shaver, including two outdoor and one indoor championship.



2002 Men's NCAA Outdoor National Champions

Men's Team Finishes

(NCAA and SEC 1933-2009)

YEAR	SEC INDOOR	NCAA INDOOR	SEC OUTDOOR	NCAA OUTDOOR
1933	*	*	1st	1st
1934	*	*	1st	3rd
1935	*	*	1st	t7th
1936	*	*	1st	dnc
1937	*	*	2nd	dnc
1938	*	*	1st	dnc
1939	*	*	1st	t17th
1940	*	*	1st	5th
1941	*	*	1st	5th
1942	*	*	1st	t20th
1943	*	*	1st	dnc
1944	*	*	2nd	dnc
1945	*	*	2nd	19th
1946	*	*	1st	15th
1947	*	*	1st	dnc
1948	*	*	1st	t52rd
1949	*	*	2nd	dnc
1950	*	*	2nd	dnc
1951	*	*	1st	dnc
1952	*	*	5th	t17th
1953	*	*	6th	dnc
1954	*	*	2nd	dnc
1955	*	*	5th	dnc
1956	*	*	3rd	dnc
1957	1st	*	1st	dnc
1958	dnc	*	1st	dnc
1959	dnc	*	1st	dnc
1960	dnc	*	1st	dnc
1961	5th	*	2nd	dnc
1962	dnc	*	2nd	t41st
1963	1st	*	1st	dnc
1964	3rd	*	3rd	t18th
1965	2nd	t13th	3rd	53rd
1966	3rd	dnc	3rd	t39th
1967	4th	dnc	3rd	t19th
1968	7th	dnc	5th	dnc
1969	3rd	dnc	3rd	dnc
1970	5th	dnc	2nd	dnc
1971	4th	dnc	4th	dnc
1972	4th	dnc	3rd	dnc
1973	5th	dnc	3rd	dnc
1974	4th	t43rd	3rd	t21st
1975	2nd	t21st	3rd	t21st
1976	6th	t14th	8th	dnc
1977	8th	dnc	7th	dnc
1978	4th	t32rd	6th	dnc
1979	4th	dnc	4th	t8th
1980	2nd	11th	4th	t13th
1981	3rd	dnc	5th	16th
1982	6th	t31st	6th	t40th
1983	8th	dnc	8th	dnc
1984	3rd	t39th	7th	dnc
1985	4th	dnc	4th	t50th
1986	2nd	t13th	2nd	13th
1987	4th	11th	3rd	5th
1988	2nd	4th	1st	t5th
1989	1st	t6th	1st	1st
1990	1st	t5th	1st	1st
1991	2nd	t39th	2nd	6th
1992	4th	t5th	3rd	7th
1993	3rd	12th	2nd	2nd
1994	4th	t53rd	3rd	t6th
1995	4th	t14th	3rd	3rd
1996	6th	t9th	3rd	7th
1997	5th	t10th	3rd	t27th
1998	2nd	t19th	2nd	t4th
1999	6th	t7th	5th	t9th
2000	2nd	t7th	2nd	5th
2001	2nd	1st	6th	5th
2002	4th	3rd	4th	1st
2003	6th	3rd	6th	4th
2004	4th	1st	5th	3rd



2008 Women's NCAA Outdoor National Champions

2005	6th	t20th	5th	3rd
2006	4th	2nd	4th	2nd
2007	4th	t10th	2nd	2nd
2008	2nd	4th	2nd	t2nd
2009	6th	4th	3rd	5th

Women's Team Finishes

(NCAA and SEC 1981-2009)

YEAR	SEC INDOOR	NCAA INDOOR	SEC OUTDOOR	NCAA OUTDOOR
1981	*	*	7th	dnc
1982	*	*	7th	22rd
1983	*	dnc	6th	t24th
1984	6th	dnc	5th	68th
1985	1st	3rd	1st	t2nd
1986	2nd	5th	2nd	12th
1987	1st	1st	1st	1st
1988	1st	6th	1st	1st
1989	1st	1st	1st	1st
1990	2nd	11th	1st	1st
1991	1st	1st	1st	1st
1992	2nd	t4th	2nd	1st
1993	1st	1st	1st	1st
1994	2nd	1st	2nd	1st
1995	1st	1st	2nd	1st
1996	1st	1st	1st	1st
1997	2nd	1st	2nd	1st
1998	1st	2nd	5th	t22nd
1999	1st	2nd	3rd	5th
2000	4th	4th	3rd	1st
2001	4th	14th	4th	6th
2002	3rd	1st	4th	4th
2003	4th	1st	3rd	1st
2004	3rd	1st	2nd	2nd
2005	3rd	t6th	6th	t24th
2006	7th	7th	4th	t7th
2007	3rd	2nd	1st	2nd
2008	1st	2nd	1st	1st
2009	2nd	6th	2nd	6th

LSU's Team Finishes

NCAA Midwest Regional Championships

YEAR	MEN	WOMEN
2003	3rd	1st
2004	2nd	1st
2005	3rd	2nd
2006	1st	1st
2007	1st	1st
2008	1st	1st
2009	2nd	1st

Coaching History

LSU Head Coaches (1905-present)

1905-06	D. A. Killian
1907-09	E. R. Wingard
1910-11	J. W. Mayhew
1912	F. Long
1913-15	F. C. Beckler
1916-27	F. Tad Gormley
1928	F. C. Frey
1929	Ridge Edwards
1930-47	Bernie Moore
1948	Jules Roux
1949-63	Al Moreau
1964-76	Joe May
1977-81	Bill McClure
1982	Murrell "Boots" Garland
1983-86	Billy Maxwell
1987	Sam Seemes
1988-2004	Pat Henry
2004-present	Dennis Shaver

Coaches of LSU's Men's NCAA Indoor Championship Teams

2001	Pat Henry
2004	Pat Henry

Coaches of LSU's Men's NCAA Outdoor Championship Teams

1933	Bernie Moore
1989	Pat Henry
1990	Pat Henry
2002	Pat Henry

Coaches of LSU's Women's NCAA Indoor Championship Teams

1987	Sam Seemes
1989	Pat Henry
1991	Pat Henry
1993	Pat Henry
1994	Pat Henry
1995	Pat Henry
1996	Pat Henry
1997	Pat Henry
2002	Pat Henry
2003	Pat Henry
2004	Pat Henry

Coaches of LSU's Women's NCAA Outdoor Championship Teams

1987	Sam Seemes
1988	Pat Henry
1989	Pat Henry
1990	Pat Henry
1991	Pat Henry
1992	Pat Henry
1993	Pat Henry
1994	Pat Henry
1995	Pat Henry
1996	Pat Henry
1997	Pat Henry
2000	Pat Henry
2003	Pat Henry
2008	Dennis Shaver

Coaches of LSU's Men's SEC Indoor Championship Teams

1957	Al Moreau
1963	Al Moreau
1989	Pat Henry
1990	Pat Henry

Coaches of LSU's Women's SEC Indoor Championship Teams

1985	Billy Maxwell
1987	Sam Seemes
1988	Pat Henry
1989	Pat Henry
1991	Pat Henry
1993	Pat Henry
1995	Pat Henry
1996	Pat Henry
1998	Pat Henry
1999	Pat Henry
2008	Dennis Shaver

Coaches of LSU's Women's SEC Outdoor Championship Teams

1985	Billy Maxwell
1987	Sam Seemes
1988	Pat Henry
1989	Pat Henry
1990	Pat Henry
1991	Pat Henry
1993	Pat Henry
1996	Pat Henry
2007	Dennis Shaver
2008	Dennis Shaver



Collegiate Record Holders

At the 2005 NCAA Outdoor Track and Field Championships, the men's 4x400-meter relay team of Reggie Dardar, Kelly Willie, Bennie Brazell and Xavier Carter set a new collegiate record of 2 minutes, 59.59 seconds to win its third outdoor national title in the event.

Dominance ON THE TRACK

With 31 national championships in the record books, LSU has created the most balanced track and field program in the nation. The Lady Tigers have set a standard in women's sports that may never be matched. Between 1987 and 1997, the Lady Tigers won an unprecedented 11 consecutive outdoor national championships, a streak that stands as the benchmark of excellence in women's collegiate athletics to this day.



NCAA Champions

The Lady Tigers returned to their rightful place atop the awards stand after winning the national title at the 2008 NCAA Outdoor Track and Field Championships in Des Moines, Iowa. The LSU women have set a standard of excellence for all programs to follow by winning a total of 25 NCAA team championships in their storied history.

Nation's Best



Their streak is impressive even when considering men's sports. The lone streak that betters the LSU women is the 12-straight indoor championships won by the Arkansas men's track and field team from 1984-95.

However, when considering the dominance of the Lady Tiger track program in just the parameters of women's track and field, there is no other team in the history of the sport that can compare. Since the inception of the women's NCAA Track and Field Championships in 1982, the Lady Tigers have won 14 (1987-97, 2000, 2003, 2008) of the 28 outdoor championships contested, and have finished second at three additional contests (1985, 2004, 2007). The Lady Tigers scored an average of 74.7 points a year during their run of 11-straight

titles and dominated the field in 1993 and 1994, doubling the team points scored by the respective second-place finishers in both seasons.

Not to be overshadowed by the accomplishments of the Lady Tigers, LSU's total track and field program has made NCAA history several times as well. In 1989, both the men's and women's programs won NCAA Outdoor titles, marking the first time in history that one school claimed both the men's and women's outdoor national championships during the same season. It went on to repeat the feat in 1990, again rewriting NCAA track and field history. In 2004, LSU once again became the first school to ever sweep both the men's and women's national crowns at the NCAA Indoor Championships.

In addition to the program's team success, former LSU great Xavier Carter made history at the 2006 NCAA Outdoor Championships by becoming the first collegiate athlete since Ohio State's Jesse Owens in 1936 to win four individual titles at a single NCAA meet. Carter won titles in the 100 meters, 400 meters, 4x100-meter relay and 4x400-meter relay.

As the 2010 season approaches, the Tigers and Lady Tigers are poised to challenge for national titles once again during both the indoor and outdoor seasons. Head coach Dennis Shaver will lead two of the nation's more talented squads as they look to carry the torch for this storied LSU program.



Relay Legacy

(Above) Hazelann Regis, Neisha Bernard-Thomas, Nadia Davy and Monique Hall pose after winning the national title in the 4x400-meter relay at the 2004 NCAA Outdoor Championships. (Above, Right) The Lady Tigers wrapped up the 2007 NCAA Outdoor Track and Field Championships with a bang by successfully defending their national title in the 4x400-meter relay. Nickiesha Wilson, Cynetheia Rooks, LaTavia Thomas and Deonna Lawrence crossed the finish line with a seasonal best time of 3 minutes, 28.07 seconds.

Inside Track

The Tigers celebrate their 2004 NCAA Indoor Championship.





Bernie Moore Track Stadium

Men's and Women's Outdoor Track & Field

Built - 1969 • Capacity - 5,680

Largest Crowd - 3,947 on June 1, 2002 (NCAA Championships)

Home OF THE CHAMPIONS

The heart of any track and field program lies in its facility. LSU is fortunate enough to own one of the finest track facilities in America and the world in the Bernie Moore Track Stadium.





The stadium was named in 1971 after legendary head coach Bernie Moore, who guided the LSU track and field program for 18 years (1930-47) and led the Tigers to their first NCAA Championship in 1933, as well as 12 SEC crowns.

In 1969, prior to its naming after Moore, the stadium was laid with a tartan surface making it one of a select few all-weather tracks in the United States and a perfect host site for many of the track world's elite events. A sampling of these prestigious competitions include the NCAA Championships in 1973 and 1981, the 1982 TAC National Decathlon Championships, the 1982 Decathlon Dual Meet with West Germany, the 1984 SEC Championships and the 1984 TAC National Junior Olympics.

Further renovations were completed at the Bernie Moore Stadium in 1987, as \$1.3 million was spent to lay the nine-lane 400-meter

oval track with Rekotran just in time for the NCAA Outdoor Championships. In addition, the nine-lane infield straightaway -- the first of its kind in the world -- was installed. The facility's improvements and new benefits were seen immediately as 12 NCAA meet records and three collegiate records were set at the national meet that year.

With the reputation as one of the finest track facilities in the country firmly intact, Bernie Moore Stadium went on to serve as host for several more prestigious track and field events, including the 1993 National Senior Olympics and the 1993 USATF National Junior Olympics.

In order to keep up with the advancements of the sport, Bernie Moore Stadium once again underwent massive renovations in 1999. That year, a brand new nine-lane 400-meter oval track was laid by Martin Surfacing, the makers of the 1984 Los Angeles Olympic

track. In addition, the stadium's signature nine-lane infield sprint straightaway was also resurfaced. The new 400-meter oval now features fine 42-inch lanes, while the infield sprint straightaway sports 48-inch lanes.

The Bernie Moore Stadium's field event areas are equally as impressive. The facility contains three dual-directional long/triple jump runways (six pits), a huge high jump apron that can accommodate three simultaneous competitions, a choice of four pole vault directions, two separate shot put areas, a choice of three wind-directional discus areas, two hammer cages and a synthetic javelin runway.

These latest renovations made Bernie Moore Stadium the perfect site for additional elite track and field competitions. Most recently, LSU played host to the 2002 NCAA Outdoor Championships and the 2004 NCAA Mideast Regional Championships.



Carl Maddox Field House

Built in 1975, the Carl Maddox Field House features a 200-meter unbanked track, elevated jump runways, a variety of throwing areas and multiple high jump and vaulting areas. With a seating capacity of 3,000, the Carl Maddox Field House is an ideal place to catch LSU's national champion track and field team in action during the indoor season.

The LSU track and field program certainly made its presence felt at the 2008 Olympic Games as 12 Tigers and Lady Tigers past and present made the trip to Beijing, China, to compete against the world's best athletes in the sport's most prestigious competition. In fact, LSU had more track and field athletes qualify for the Beijing Games than any other collegiate program with seven countries represented in all, including the United States, Bahamas, Grenada, Guyana, Jamaica, Liberia and Trinidad and Tobago.

Richard Thompson following the medal ceremony for the 100-meter dash.



GAMES OF THE XXIX Olympiad



Senior Richard Thompson of Trinidad and Tobago carried the torch for the LSU program by winning a pair of silver medals in his Olympics debut.

With the spotlight shining brightly on American Tyson Gay and Jamaicans Usain Bolt and Asafa Powell entering the first round of 100-meter qualifying, the only question was where they would place on the medal podium after racing in the final. Thompson was an afterthought, despite lining up with the fifth-fastest time in the world of all the 100-meter sprinters in Beijing.

After cruising through three rounds of qualifying while matching his personal best with a time of 9.93 seconds in the semifinals, Thompson returned to the track two hours later and took his mark in lane five with Bolt to his left and American Walter Dix to his right. The stage was

set for a dramatic conclusion to perhaps the most anticipated 100-meter final in the history of the Olympic Games, and Thompson did not disappoint.

Thompson was the first in the eight-man field to fire out of the blocks with a 0.133 reaction time and raced to the finish line with a new personal best of 9.89 to win the silver medal for both his country and LSU in his debut. He is LSU's first-ever medalist in the 100-meter dash and is the school's second individual Olympic medalist in the sprint events all-time after former Tiger standout Derrick Brew won a bronze medal in the 400-meter dash in Athens, Greece, in 2004.

But Thompson didn't stop there as he went on to anchor his country's 4x100-meter relay team to a silver medal to put an exclamation point on a truly unforgettable season.



Isa Phillips



Lolo Jones



Richard Thompson



Kelly Baptiste (left) and Muna Lee (right)



Nickiesha Wilson

DID YOU KNOW? LSU was represented by more track and field athletes at the 2008 Olympic Games than any other collegiate program as 12 Tigers and Lady Tigers made the trip to Beijing.

The 2008 season also saw the emergence of former Lady Tiger star Lolo Jones as the world's premier sprint hurdler with her dominating victory in the 100 hurdles at the U.S. Olympic Trials. Jones carried the title of gold-medal favorite into the finals of her first career Olympic Games after setting a world-leading and personal-best time of 12.43 in the semifinals in Beijing.

And Jones could already see the gold medal being placed around her neck after racing out to a commanding lead over the rest of the field through eight hurdles in the final. But dreams of Olympic gold were dashed in a split second as she failed to clear the ninth hurdle of the race with the same ease that she has shown throughout her career. With a comfortable two-meter lead on the rest of the field, Jones raised her right leg to clear the hurdle but sent it crashing to the track in an instant. She struggled to keep her balance over the last

hurdle and finished in seventh place.

Despite her misfortune in Beijing, Jones showed the grace and class that has endeared her to fans of American track and field throughout her career. An editorial printed in the Aug. 20, 2008, edition of the Los Angeles Times said it best that "A champion is the class of the field. No one in these Olympics has shown any more class than Lolo Jones."

While Thompson and Jones were the most recognizable LSU stars to compete in Beijing, they were not alone as former Lady Tiger Muna Lee represented the United States well after earning a fourth-place finish in the 200 meters and a fifth-place finish in the 100 meters. For Lee, it was her second career appearance in the Olympic Games after competing in Athens in 2004.

One Tiger also received the honor of carrying his nation's flag during the opening ceremonies as former LSU star Alleyne Francique led the

Grenada contingent around the track and onto the infield of the "Bird's Nest" National Stadium on opening night. Francique competed in the 400 meters at the Olympics for the second time in his career. Like Francique, former Lady Tiger halfmiler Marian Burnett of Guyana made her second appearance, while Laverne Eve of the Bahamas threw the javelin for a school-record fourth time at the Olympic Games.

Also making their Olympics debut in Beijing were Kelly Baptiste (Trinidad and Tobago), Neisha Bernard-Thomas (Grenada), Sherry Fletcher (Grenada), Isa Phillips (Jamaica), Siraj Williams (Liberia) and Nickiesha Wilson (Jamaica).

OLYMPICS PARTICIPATION

SCHOOL	ATHLETES	MEN	WOMEN
LSU	12	3	9
Auburn	11	9	2
UTEP	11	6	5
USC	10	3	7
Arkansas	9	3	6
South Carolina	9	3	6
Georgia	9	2	7
UCLA	9	1	8
Florida	8	3	5
Florida State	8	7	1

LSU ATHLETES AT THE OLYMPIC GAMES

ATHLETE	EVENT
Kelly Baptiste (Trinidad & Tobago)	22nd-100 Meters, 4x100 Relay
Neisha Bernard-Thomas (Grenada)	21st-800 Meters
Marian Burnett (Guyana)	27th-800 Meters
Laverne Eve (Bahamas)	20th-Javelin
Sherry Fletcher (Grenada)	41st-100 Meters
Alleyne Francique (Grenada)	25th-400 Meters
Lolo Jones (United States)	7th-100 Hurdles
Muna Lee (United States)	5th-100 Meters, 4th-200 Meters
Isa Phillips (Jamaica)	9th-400 Hurdles
Richard Thompson (Trinidad & Tobago)	2nd-100 Meters, 2nd-4x100 Relay
Siraj Williams (Liberia)	52nd-400 Meters
Nickiesha Wilson (Jamaica)	9th-400 Hurdles

LSU OLYMPIC MEDALISTS



Glenn "Slats" Hardin United States

Glenn "Slats" Hardin holds the distinction as being the only LSU track and field athlete to win a gold medal in an individual event at the Olympic Games. The most dominant 400-meter hurdler in the first half of the 20th century, Hardin won a silver medal in Los Angeles in 1932 and a gold medal in Berlin in 1936. He wrapped up a brilliant career at LSU in 1935 as a four-time NCAA champion, six-time SEC champion and six-time All-American.



Esther Jones United States

Arguably the most dominant sprinter to ever wear the Lady Tiger uniform, Esther Jones became the third Olympic gold medalist in the history of the track and field program with her win in the 4x100-meter relay for the United States in Barcelona, Spain, in 1992. She earned a school record 21 All-America honors for the Lady Tigers from 1988-91 and swept NCAA titles in the 100 meters and 200 meters during her junior season in 1990.



Sheila Echols United States

Sheila Echols became the first Lady Tiger to win an Olympic medal as she struck gold as a member of the United States' 4x100-meter relay team at the Olympic Games in Seoul, South Korea, in 1988. Despite her Olympic glory in the sprint relay, Echols actually made a name for herself at LSU as the nation's premier long jumper as she won an NCAA title in the event in 1987. Echols was a two-time NCAA champion and seven-time All-American during her collegiate career.



Glenroy Gilbert Canada

The LSU track and field program was represented by nine athletes at the centennial Olympic Games in Atlanta in 1996, and none shined brighter than Glenroy Gilbert as he guided Canada's 4x100-meter relay to an improbable gold medal over the favored foursome from the United States. During his brief two-year career with the Tigers, Gilbert earned three All-America honors and ran on LSU's NCAA champion relay team during the 1993 season.

WORLD-CLASS TIGERS



Lueroy Colquhoun • Jamaica

- 2003 World Indoor Silver Medalist (4x400 relay)
- 2004 World Indoor Champion (4x400 relay)



Walter Davis • United States

- 2005 World Outdoor Champion (triple jump)
- 2006 World Indoor Champion (triple jump)
- Two-time Olympian



Nadia Davy • Jamaica

- 2004 Olympic Bronze Medalist (4x400 relay)
- 2004 Olympian



Peta-Gaye Dowdie • Jamaica

- 1999 World Outdoor Bronze Medalist (4x100 relay)
- 2000 Olympian



Dahlia Duhaney • Jamaica

- 1991 World Outdoor Champion (4x100 relay)
- 1992 Olympian

The following eight individuals are members of the LSU track and field program who have won gold and silver medals in the 113-year history of the modern Olympic Games. LSU athletes have won a total of 13 medals all-time at the Olympic Games, including nine for the Tigers and four for the Lady Tigers. LSU is well-represented each year as at least one athlete has competed in 10 different Olympic Games all-time.



Derrick Brew
United States

The Tigers have produced many of the world's premier quartermilers over the years, and Derrick Brew certainly ranks among the all-time greats at LSU following his performance at the 2004 Olympic Games in Athens, Greece. Brew became the first LSU sprinter to medal in an individual event as he won bronze in the 400-meter dash, while he also struck gold as a member of the United States' 4x400-meter relay at the site of the inaugural Olympic Games in 1896.



Kelly Willie
United States

Derrick Brew was not the only Tiger to win a gold medal as a member of the United States' 4x400-meter relay at the 2004 Olympic Games in Athens as fellow LSU star Kelly Willie also took his place on top of the medal podium as a gold medalist in the event. Willie became the youngest gold medalist in the history of the LSU program with his performance as a sophomore in 2004. Willie won seven NCAA titles and 19 All-America honors with the Tigers from 2003-06.



John Moffitt
United States

After being crowned NCAA champion in the long jump during his senior season in 2004, John Moffitt made a splash in his Olympic debut with Team USA as he soared to a silver medal in the event in Athens, Greece. Moffitt, who earned six All-America honors during a two-year career with the Tigers in 2003-04, quickly earned a reputation as one of the world's preeminent talents with his performance. Moffitt swept NCAA Indoor and Outdoor titles as a senior in 2004.



Richard Thompson
Trinidad & Tobago

In one of the most exciting Olympic Games of the modern era, former LSU star Richard Thompson won a pair of silver medals in the 100-meter dash and 4x100-meter relay for his native Trinidad & Tobago at the 2008 Olympic Games in Beijing, China. Thompson finished runner-up to world-record holder Usain Bolt of Jamaica in the 100-meter final with a collegiate record of 9.89 seconds during a senior season in which he was also crowned NCAA champion in the event.



Allelyne Francique • Grenada

- 2004 World Indoor Champion (400 meters)
- 2006 World Indoor Champion (400 meters)
- Two-time Olympian



Lolo Jones • United States

- 2008 World Indoor Champion (60 hurdles)
- 2008 U.S. Olympic Trials Champion (100 hurdles)
- 2008 Olympian



Muna Lee • United States

- 2005 World Outdoor Champion (4x100 relay)
- 2008 U.S. Olympic Trials Champion (100 meters)
- Two-time Olympian



Debbie Parris • Jamaica

- 2001 World Outdoor Champion (4x400 relay)
- Two-time Olympian



Ronetta Smith • Jamaica

- 2004 Olympic Bronze Medalist (4x400 relay)
- 2005 World Outdoor Silver Medalist (4x400 relay)



Wall OF CHAMPIONS

In 2005, LSU track and field established its Wall of Champions in the Tiger track and field offices. A total of 32 Tigers and Lady Tigers have earned their spot on this honorary wall. Induction occurs when student-athletes excel at the highest level. All members have won SEC and NCAA titles and have competed for their native countries at the Olympic Games. A complete list of LSU athletes achieving these three exceptional accomplishments are listed on the following page.



Lolo Jones • Class of 2008



Kelly Baptiste • Class of 2008



Richard Thompson • Class of 2008

NAME	YEARS LETTERED AT LSU
Kelly Baptiste	2005-08
Claston Bernard	1999-2002
Neisha Bernard-Thomas	2003-05
Sid Bowman	1930-32
Billy Brown	1938-41
Marian Burnett	2002-03
Walter Davis	2001-02
Peta-Gaye Dowdie	1997-2000
Dahlia Duhaney	1989-92
Sheila Echols	1989-92
Laverne Eve	1986-88
Alleyne Francique	2001-02
Billy Hardin	1962-64
Glenn Hardin	1933-35
D'Andre Hill	1992-96
Sharon Jaklofsky	1991-93

NAME	YEARS LETTERED AT LSU
Esther Jones	1988-91
Lolo Jones	2001-04
Muna Lee	2001-04
Suzette Lee	1996-97
John Moffitt	2003-04
Mikael Olander	1985-88
Debbie Parris	1991-94
Keisha Spencer	1999-2000
Richard Thompson	2005-08
Jack Torrance	1932-35
Robin van Helden	1985-89
Astia Walker	1996-98
Claudine Williams	1999-2000
Schowonda Williams	1985-88
Simon Williams	1990-92
Nickiesha Wilson	2007-08



WORLD'S FASTEST FOOTBALL PLAYER

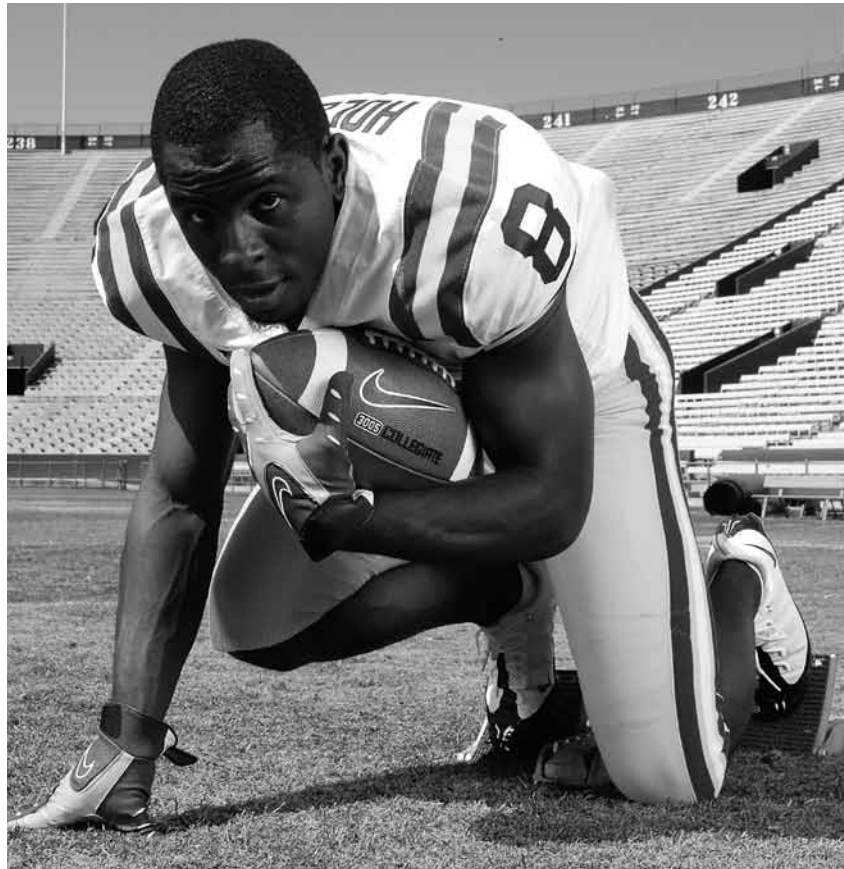
TRINDON HOLLIDAY

After recording a new personal-best time of 10.00 seconds in the NCAA final en route to winning the NCAA 100-meter title in 2009, the case can be made that Trindon Holliday is the fastest football player in the history of the sport at any level. There have been a total of 71 men in history who have run a faster time in the 100-meter dash than Holliday's personal-best time of 10.00. It is known who they are, where they are from and when their times were recorded ... and none played the game of football at the time of their achievement. There have been 11 collegiate athletes who have recorded a faster time in the 100 meters than Holliday, but none played college football during their collegiate careers. The bottom line is that no high school, college or professional football player has ever run faster than Holliday during their football career. With this in mind, it is only fitting that Holliday be referred to as the fastest football player in the history of the sport.

World's Fastest Football Players

ATHLETE	TOP TIME	YEAR
Trindon Holliday	10.00	2009
Jeff Demps	10.01	2008
Jacoby Ford	10.04	2009
"Bullet" Bob Hayes	10.06	1964
Willie Gault	10.10	1982
Johnny "Lam" Jones	10.14	1977
Herschel Walker	10.23	1982
Jamaal Charles	10.23	2006
Deion Sanders	10.26	1988
C.J. Spiller	10.29	2008
Raghib "Rocket" Ismail	10.34	1991
Bo Jackson	10.44	1983
Renaldo Nehemiah	10.18w	1978

This information was gathered from www.iaaf.org, www.alltime-athletics.com and www.trackandfieldnews.com, as well as media guides from various colleges and universities across the country.



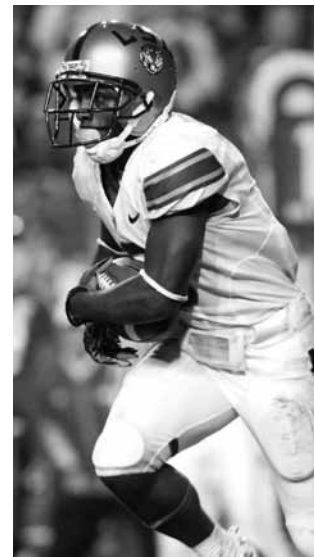
ON THE TRACK

There is no doubt that Holliday is one of the nation's most electrifying two-sport athletes with his performance on the football field and the track during his collegiate career at LSU. A seven-time All-American on the track, Holliday cemented his position among the elite sprinters in collegiate track and field in 2009 as he was crowned NCAA champion in the 100-meter dash after crossing the finish line in 10.00 seconds in the event final at the NCAA Division I Outdoor Track and Field Championships. He has also finished second and third in the 100-meter final at the NCAA Championships during his career. Not only that, but Holliday anchored the Tigers' 4x100-meter relay to an NCAA championship at the outdoor national meet in 2008 with the sixth-fastest time in collegiate history at 38.42. The Zachary native has also competed in the 100 meters at the U.S. Olympic Trials and USA Outdoor Championships during his career.



ON THE GRIDIRON

Holliday's success is not limited to the track as he has proven to be one of the nation's elite return specialists on the football field while returning four kicks for touchdowns during his brilliant LSU career. He was a key contributor in LSU's national championship run in 2007 when it defeated Ohio State by a score of 38-24 in the BCS National Championship Game in New Orleans on Jan. 7, 2008. Among his highlights is a 92-yard punt return for a touchdown in a 41-3 win over North Texas on Sept. 13, 2008, before finishing the game with 163 punt return yards, which is the second most in a single game in the history of the Southeastern Conference. He has also returned two kicks for touchdowns against Arkansas, including a 92-yard kickoff return in 2006 and an 87-yard punt return in 2009. In all, Holliday has racked up nearly 3,200 all-purpose yards and scored eight touchdowns in four seasons as a member of the LSU football team.



Track Stars ON THE GRIDIRON

LSU boasts one of the proudest traditions in all of collegiate athletics with many of its student-athletes enjoying great success competing in both track and field and on the gridiron. In fact, 13 football standouts have earned All-America honors on the track during their careers at LSU.



Bennie Brazell

Brazell finished his career as the first athlete in the school's storied history to compete on national championship teams in two different sports. He led the men's track team to an outdoor national title in 2002 followed by an indoor national title in 2004, while also playing wide receiver on LSU's national championship football team in 2003.



Shawn Burks

An All-American performer in the javelin during his four-year career in Baton Rouge, Burks was a dominating middle linebacker for the Tigers under former head coach Bill Arnberger as he earned a pair of All-SEC selections in 1984 and 1985.



Billy Cannon

One of the true legends of college football in the South, Billy Cannon cemented his place in LSU lore as the 1959 Heisman Trophy winner after leading the Tigers to a national championship in 1958. Cannon's most memorable performance came in 1959 against Ole Miss when No. 1 LSU trailed No. 3 Ole Miss 3-0 in the fourth quarter. He fielded a punt, broke seven tackles and returned it 89 yards for the 7-3 victory. A two-sport star during his career at LSU, Cannon also won an SEC title in the 100-meter dash as a member of the track and field team in 1958.



Xavier Carter

Carter, who came to LSU in 2004 as arguably the No. 1 wide receiver recruit in the country, enjoyed the most prolific two-year career in the history of the men's track and field program with a school-record tying seven individual national titles and a total of 10 All-America honors.



Chris Cummings

A four-time letterwinner as a starting cornerback for then head coach Gerry DiNardo, Cummings also enjoyed a stellar career on the oval with five career All-America honors and a trio of SEC titles from 1995-98. He doubled as the 100-meter and 200-meter champion at the SEC Outdoor Championships in 1997.



Ricky Jean-Francois

An All-SEC shot putter who competed at the NCAA Outdoor Championships in 2008, Jean-Francois proved to be one of the more dominant defensive linemen in all of college football during his career at LSU from 2006-08. He helped lead the Tigers to a national championship with a 38-24 win over Ohio State in the BCS National Championship Game in New Orleans on Jan. 7, 2008, while being named the game's Defensive MVP with six tackles, one sack and a blocked field goal.



Eddie Kennison

A former first-round draft pick of the St. Louis Rams in the 1996 NFL Draft, Kennison was a six-time All-American and four-time SEC champion on the track as a member of LSU's prolific 4x100 and 4x400-meter relay teams. In fact, he anchored the 4x100 squad to a national title at NCAA Outdoor Championships in 1994.



Jack Torrance

A former world-record holder in the shot put, Torrance was an All-SEC offensive lineman with the Tigers from 1931-33. He earned three All-America honors in the shot put at LSU before representing his country at the infamous 1936 Olympic Games in Berlin, Germany.



Champions Day at the White House



President Bush congratulates LaTavia Thomas and Kelly Baptiste on the stage following his address to the team.



President Bush addressed 11 national championship teams on Champions Day at the White House on Nov. 12, 2008.

President George W. Bush welcomed the national champion LSU women's track and field team to the White House for Champions Day on Nov. 12, 2008, in honor of its victory at the 2008 NCAA Outdoor Track and Field Championships in Des Moines, Iowa.

The trip marked the first time since 2002 that the Lady Tigers made the distinguished trip to the nation's capital after winning its 25th NCAA title in the program's storied history. The teams have now combined for a total of 31 team titles at the NCAA Championships as the Tigers have won six of their own.

"It's a tremendous honor for our team to have been invited to the White House, and this is a time that I'm sure our athletes will always remember," said LSU head coach Dennis Shaver. "I'm proud of both of our teams for what they were able to accomplish last season. To be honored by the President with his hospitality is a great reward for their hard work."

Among the Lady Tigers who made the trip to the White House were those who represented LSU at the NCAA Outdoor Championships, which included 15 student-athletes in all.

Those being honored by President Bush during the festivities were Kelly Baptiste, Angel Boyd, Juanita Broadus, Nedra Gross, Brittany

Hall, Samantha Henry, Deonna Lawrence, Andrea Linton, Brooklynn Morris, Jessica Ohanaja, Katelyn Rodrigue, LaTavia Thomas, Kayann Thompson, Kenyanna Wilson and Nickiesha Wilson.

During the ceremony, Baptiste and Thomas presented President Bush with a wooden box that had the LSU logo and the phrase "NCAA Track & Field National Champions 2008" laser inscribed on the front, as well as "George W. Bush" and "President of the United States of America" on the inside of the top. The box contained a leather jacket specific to the LSU track and field team. President Bush was also presented with a purple and gold national championship baton signed by each member of the team who made the trip to the White House.

Not only was the Lady Tigers' victory at the 2008 NCAA Outdoor Championships the 25th team title in program history, but it was also the first national championship for eight seniors who were wearing the LSU uniform for the last time. LSU ended a five-year drought with its first title since winning the team championship at the 2004 NCAA Indoor Championships.

The 25 national championships won by the LSU women's track and field team is more than any other women's program in the history of collegiate athletics.

"Our team takes great pride in giving back to our community, and I can't think of a better time to do that than during the Christmas season. We've been given a great opportunity at LSU, and it's important for us to show our appreciation by giving back to a community that we all call home."

- Walter Henning



Community OUTREACH

Christmas with the Tigers

On Dec. 1, 2009, the Tigers and Lady Tigers joined together for "Christmas with the Tigers" at the Cox Communications Academic Center for Student-Athletes where the LSU track and field teams adopted an underprivileged child for the Christmas season. The teams raised money and bought her new toys and clothes during the Christmas season.

LSU student-athletes participate in a variety of community service projects including reading in schools, nursing home visits, hospital pediatric ward visits and speaking engagements.



Juvenile Diabetes Walk

On Oct. 17, 2009, members of the LSU track and field team took to the streets to help fight diabetes with their participation in the Juvenile Diabetes Research Foundation Walk on Nicholson Drive near the LSU campus. The team was in charge of handing out water to participating walkers at the water break areas while playing games and other activities with the kids.



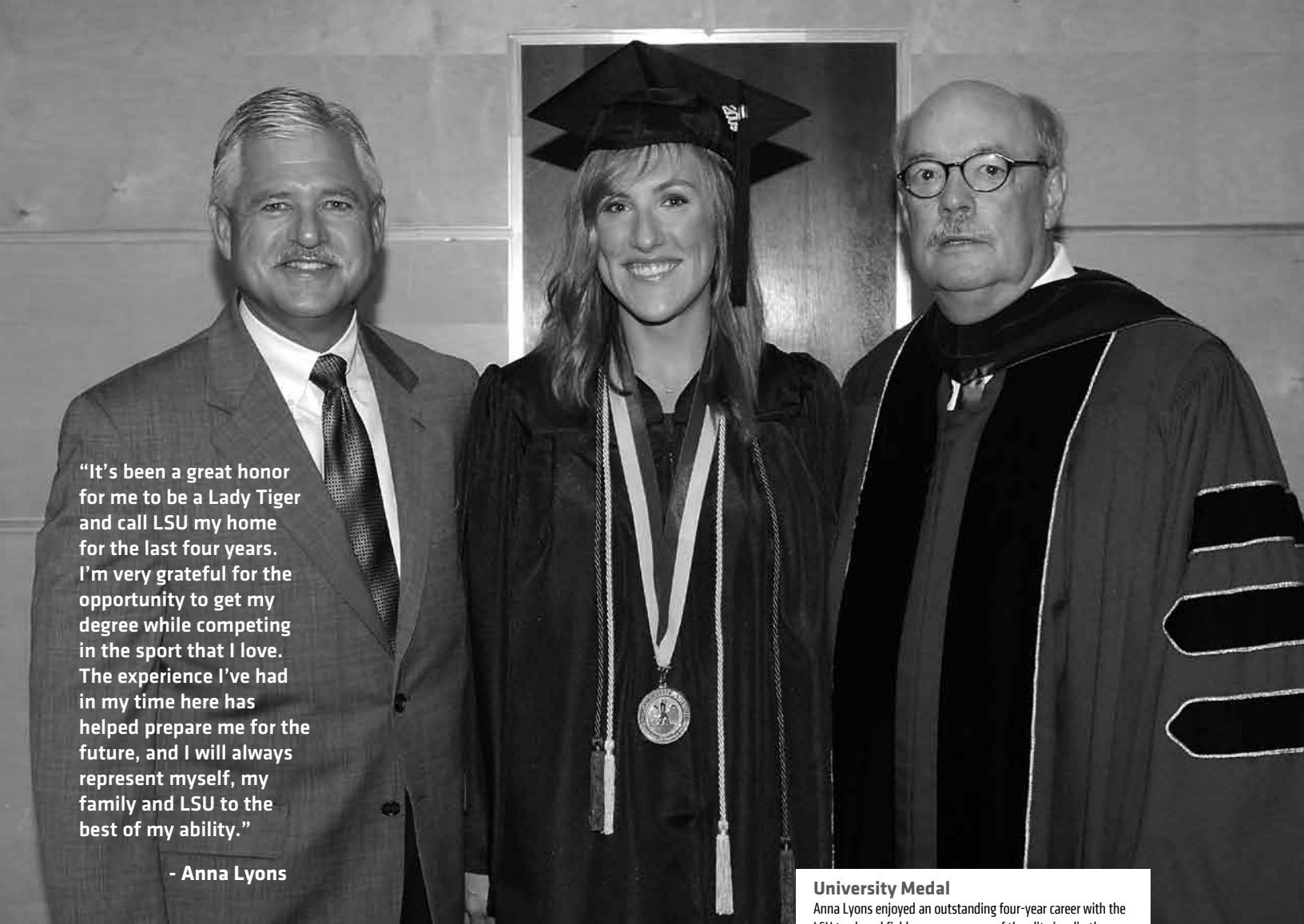
Helping the Homeless

The Tigers and Lady Tigers volunteered their time throughout the summer to help feed the homeless at an area St. Vincent de Paul homeless shelter near the LSU campus. Not only did team members help prepare the food, but they also assisted the shelter in serving meals to those in need. Freshman Damar Forbes (pictured above) is one of many Tigers who enjoyed his time at the shelter.



Hospital Visits

Team members can be seen throughout the year visiting patients at local hospitals in Baton Rouge as they help raise the spirits of those under physician's care. Perhaps their favorite patients to see are kids at the children's hospital at Our Lady of the Lake Regional Medical Center where the Lady Tigers pole vaulters visited last spring.



"It's been a great honor for me to be a Lady Tiger and call LSU my home for the last four years. I'm very grateful for the opportunity to get my degree while competing in the sport that I love. The experience I've had in my time here has helped prepare me for the future, and I will always represent myself, my family and LSU to the best of my ability."

- Anna Lyons

University Medal

Anna Lyons enjoyed an outstanding four-year career with the LSU track and field program as one of the elite javelin throwers in the Southeastern Conference. On Aug. 7, 2009, she was honored during commencement ceremonies as the recipient of the University Medal for having the highest grade-point average of her graduating class. An NCAA Championships participant and SEC Championships bronze medalist in 2009, Lyons maintained a perfect 4.0 GPA during her collegiate career and graduated with a degree in kinesiology.

Academic SUCCESS

CRITICAL TO THE DEVELOPMENT OF A STUDENT-ATHLETE IS AN ADEQUATE ACADEMIC FACILITY AND CAPABLE STAFF TO FURTHER THE ATHLETE'S PROGRESS. The Cox Communications Academic Center for Student-Athletes is responsible for overseeing the educational development and progress toward graduation for all student-athletes. The staff acts as a liaison between the student-athlete and the academic communities and insures that student-athletes comply with academic rules established by the University, Southeastern Conference and NCAA. The staff also coordinates academic programs designed to assist student-athletes in acquiring a quality education.

"There is no better environment for a student-athlete to compete at the highest level of our sport while receiving a world-class education than we have here at LSU. We provide our young men and women with the support they need to work toward their degree and the tools to then go out and flourish in the career path they choose."

- LSU head coach Dennis Shaver





Like Lyons, former Lady Tiger middle distance runner Lindsay Day was also a recipient of the University Medal during commencement exercises in December of 2008 when she graduated with her degree in kinesiology. Day, who was also named the LSU Female Scholar-Athlete of the Year by the Tiger Athletic Foundation, graduated with a perfect 4.0 cumulative GPA.

SEC Academic Honor Roll

The LSU track and field team led all campus sports in 2009 by having 34 of its student-athletes named to the SEC Academic Honor Roll for their outstanding work in the classroom. In five seasons under Dennis Shaver, LSU track and field has had 157 selections to the SEC Academic Honor Roll. To earn SEC Academic Honor Roll honors, a student-athlete must have a grade-point average of 3.0 or above for either the preceding academic year or have a cumulative GPA of 3.0 or above for their collegiate career.

MEN

Jeff Adolph
Mark DeBlanc
Cullen Doody
Ken Ehrhardt
Andy Florek
Rabun Fox
Michael Lauro
Aaron Moore
Barrett Nugent
Kyle Rose

Ross Roubion
Ryan Roubion
Alan Sticker
Sean Swanner
Adam Wilcox

WOMEN

Monique Cabral
Laura Carleton
Lindsay Day
Rachel Fountain
Samantha Henry
Jenna Henssler
Allison Horner
Brieanna Kennedy
Rachel Laurent
Andrea Linton

Anna Lyons
Danielle Martin
Melissa Ogbourne
Christina Porter
Katelyn Rodrigue
Lauren Saucier
Mallory Thompson
Kenyanna Wilson
Lauren Ybarzabal

2009 LSU Track & Field Graduates

Jeff Adolph
Ben Broussard
Megan Broussard
Reggie Dardar
Katie Dawson

Lindsay Day
Ryan Fontenot
Rabun Fox
Deonna Lawrence
Anna Lyons

Jessica Ohanaja
Jacob Simmons
Mallory Thompson
Reuben Twijukye
Christy Zirkle

Academic Staff



Dr. Kenneth Miles
Executive Director



Dr. Mary Boudreaux
Director of Academic Affairs



Richard Capone
Information
Technology Manager



Derek Cowherd
Senior Associate Director



Walter Holliday
Assistant Director



Becca Hubbard
Associate Director for Health
and Wellness



Jean Jackson
Administrative
Program Specialist



Leah Saal
Learning Specialist



Jason Shaw
Tutorial Coordinator
& Academic Advisor



Jennifer Timmer
Associate Director for Student
Learning/Learning Specialist



Carole Walker
Associate Director



Erika Lavendar
Assistant Director

Academic Support

The goal for each student-athlete is to reach and receive the highest-quality education and degree. The responsibility of the academic center is to oversee the educational development and progress toward graduation for all student-athletes.

- Tutoring
- Career Counseling and Development
- Comply with academic rules established by LSU, the SEC and NCAA
- Time Management
- Study Skills

ESPN The Magazine Academic All-District Selections

2006
Megan Akre

2007
Ryan Fontenot
(First Team)

Anna Lyons
(Second Team)

2009
Rabun Fox
(First Team)

Samantha Henry
(Second Team)

Anna Lyons
(Second Team)



For his performance in competition and in the classroom, Rabun Fox was named an ESPN The Magazine Third-Team Academic All-American and an ESPN The Magazine First-Team Academic All-District selection in 2009 after maintaining 3.73 cumulative GPA during his career. Fox graduated from LSU with a degree in kinesiology.



Bo Campbell Auditorium

The 1,000-seat auditorium is used through the year as a classroom and lecture hall. Each seat in the auditorium has space for a laptop and a modem hookup, providing each student unlimited learning opportunities. The auditorium also contains a movie theatre size screen to aid professors with lectures and classroom activities.

COX COMMUNICATIONS

Academic Center FOR STUDENT-ATHLETES

Study Area

Included in the 54,000 square feet of the Academic Center are individual study areas as well as 14 private computer rooms for student-athletes to work one-on-one with tutors or by themselves.



Amenities

- ▶ 54,000 square feet of working space
- ▶ 300 computer workstations
- ▶ 14 private computer rooms in a state-of-the-art computer lab
- ▶ Additional study rooms and classrooms for private or group study
- ▶ Electronic scheduling of tutoring sessions
- ▶ A 1,000-seat auditorium for classes and lectures



Computer Stations

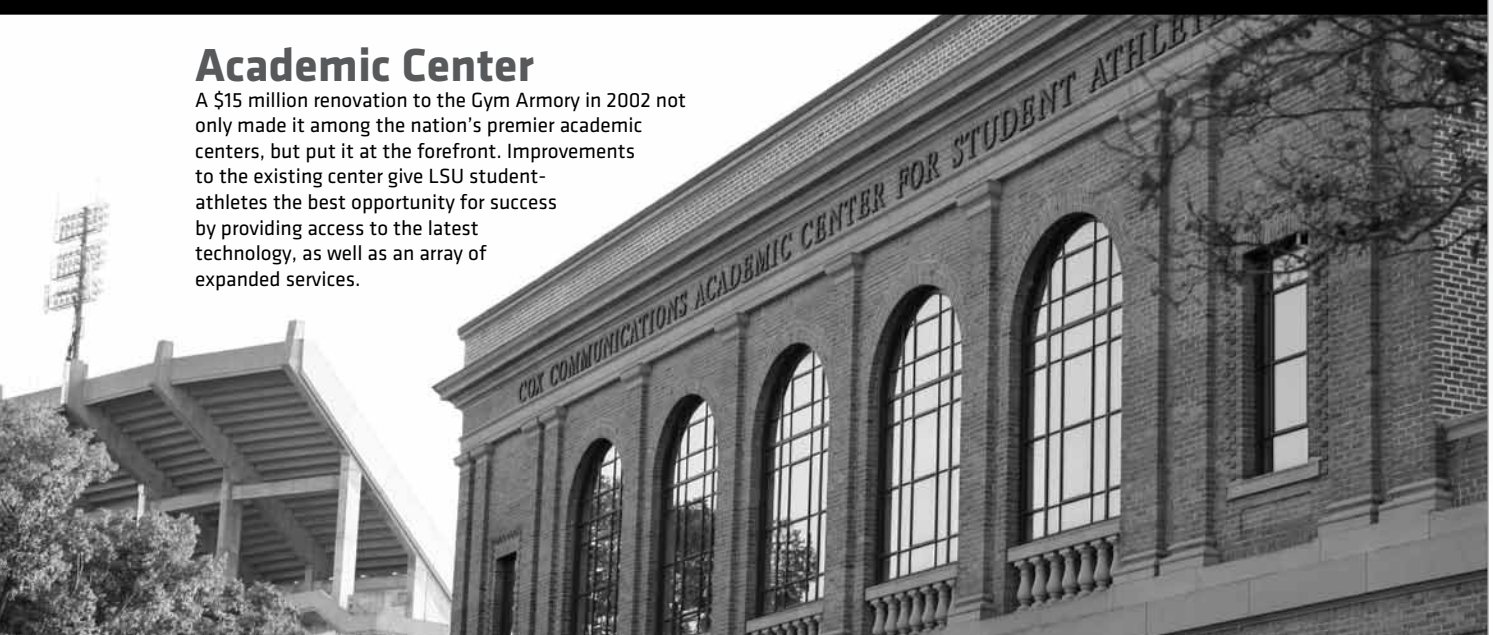
The Cox Communications Academic Center for Student-Athletes is at the forefront of today's educational technology. Since the spring of 2009, the academic center has upgraded over 170 computers, including both PC and Mac.

The Library

The library provides a perfect setting for individual study, or with a tutor as a group.

Academic Center

A \$15 million renovation to the Gym Armory in 2002 not only made it among the nation's premier academic centers, but put it at the forefront. Improvements to the existing center give LSU student-athletes the best opportunity for success by providing access to the latest technology, as well as an array of expanded services.





Athletic TRAINING

LSU boasts the largest and most complete athletic training facilities in all of collegiate athletics with both the Football Operations Center and the Broussard Center for Athletic Training in Tiger Stadium. Both are furnished with the latest in technology and equipment. The Operations Center training room features a full view of the practice fields, two hot/cold jacuzzis and an underwater treadmill. The Broussard Center includes an on-site x-ray room, an in-house pharmacy, as well as the largest hydrotherapy pool in both collegiate and professional sports and is one of the few collegiate training centers with a full-service pharmacy and a full-service vision center.

Hydrotherapy Treatment

An integral part of rehabbing and developing LSU student-athletes is the operations center's hot/cold jacuzzis and an underwater treadmill in a fully equipped Hydrotherapy room. The Broussard training center boasts the largest hydrotherapy pool in both collegiate and professional sports.



Broussard Athletic TRAINING CENTER



The two-story, 22,000-square-foot facility contains 20 treatment tables with the newest forms of modalities available, 14 taping stations, a 1,600-square-foot rehabilitation area which contains the latest rehabilitation equipment including the Cybex Norm, Woodway treadmills and Body Master select rise equipment. LSU's multi-million dollar athletic training facility is named in honor of Dr. Martin J. Broussard (left), the legendary trainer whose career spanned over 40 years at LSU.



Road To Recovery

LSU is one of the top schools in the nation in getting its student-athletes back on the track in a timely manner following an injury. The training staff takes a progressive approach to injury identification and thinks "outside of the box." LSU consults with allied health professionals and uses state-of-the-art surgical procedures that give an athlete a quicker recovery time while looking out for his or her future.



Rehabilitation

LSU's Broussard Center for Athletic Training boasts some of the most technologically advanced equipment to aid the recuperation and rehabilitation of LSU's student-athletes.



Real-Time X-Rays

A new state-of-the-art fluoroscope was added in the summer of 2008 that will provide LSU trainers the opportunity to take x-rays on site in the Operations Center. The machine can provide real-time images of the internal structures of a patient.



"The training staff at LSU does an outstanding job of getting the athletes ready to compete at the highest level of collegiate track and field. I was able to compete at the NCAA Championships each year I was here, and I owe it all to the work of our training staff in keeping me in top shape throughout my career. The relationship I shared with our trainers was an important part of my success at LSU."



Lolo Jones

2008 World Indoor Champion
3-time NCAA Champion
11-time All-American
2001-04



Dental Center

A fully functional dental center, staffed by Dr. John Vance, is located inside the Broussard Center for Athletic Training.



Pharmacy

The LSU Athletic Training Pharmacy is the only one of its kind in college athletics. Staffed by pharmacist David Chavin, the LSU Athletic Training Pharmacy provides the Tigers with first-class service in a convenient location.



Vision Center

Dr. Don Peavy conducts eye exams for LSU's student-athletes in a convenient location in the Broussard Center for Athletic Training.

LSU ATHLETICS Championship TRADITION

The Nation's Elite Teams



BASEBALL

The Team of the 90s returned to the top of 21st-century college baseball as LSU brought home a sixth national championship in its first season at New Alex Box Stadium. The Tigers knocked off top-seeded Texas in the best-of-three College World Series championship series and were sparked by a 14-game postseason winning streak. Third-year head coach Paul Mainieri was the unanimous choice for National Coach of the Year as LSU finished the season with a 56-17 record, a Southeastern Conference regular season title and an SEC Tournament title.

MEN'S BASKETBALL

The LSU men's basketball team captured its fourth SEC Western Division title this decade and won the Southeastern Conference regular season championship with a 13-3 record, winning the title by three games under first-year head coach Trent Johnson. LSU was 27-8 on the year and advanced to the second round of the NCAA Tournament. Johnson was the consensus choice as SEC Coach of the Year and a finalist for three national coach of the year honors.

GYMNASTICS

The gymnastics team continued to show it is one of the nation's elite programs in 2009 by advancing to the Super Six after capturing the NCAA Central Regional for the second year in a row. The regional championship marked the Tigers' sixth overall, and the Super Six berth was the team's second straight. LSU has now made 25-consecutive postseason appearances.

TRACK & FIELD

The Tigers earned a pair of top-five finishes in NCAA competition with a fourth-place finish at the NCAA Indoor Championships followed by a fifth-place finish at the NCAA Outdoor Championships. The Lady Tigers finished sixth nationally during both the indoor and outdoor seasons while earning a pair of runner-up team finishes at the SEC Championships.

SOCCER

The LSU soccer team continued its rise to national prominence with an outstanding 2008 season in which it captured its second-straight SEC Western Division championship and earned an at-large berth into the NCAA Tournament for the second year in a row. The Tigers recorded program bests with a 14-4-2 overall record and a 7-3-1 mark in SEC play, while they also finished second in the final SEC standings.



Ashleigh Clare-Kearney GYMNASTICS

LSU's all-time leader in career individual titles with 114, Ashleigh Clare-Kearney became the fifth national champion in school history and the first LSU gymnast to capture two individual national titles. She became the Vault National Champion with a 9.9000 average and the Floor National Champion with a 9.9500 score. In addition, Clare-Kearney earned First-Team All-America honors on vault, bars and floor.

Trindon Holliday MEN'S TRACK & FIELD/FOOTBALL

Trindon Holliday wrapped up the 2009 season as the NCAA's fastest man as he was crowned NCAA champion in the 100-meter dash while setting a new personal best with the top time in the country at 10.00 seconds in the national final. Holliday also earned a pair of runner-up finishes in NCAA competition during the 2009 season in the 60 meters indoors and 4x100-meter relay outdoors to finish with eight All-America honors for his career.

Tyson Jackson FOOTBALL

Tyson Jackson became the highest LSU defender to ever be picked in the NFL Draft when he was selected as the No. 3 overall pick by the Kansas City Chiefs in the 2009 draft. A second-team All-SEC selection, he finished his career with 122 tackles and 18.5 sacks while leading the Tigers to a fourth-straight bowl victory in the 2008 Chick-fil-A Bowl against Georgia Tech.

Jared Mitchell BASEBALL

Jared Mitchell became LSU's first Major League Baseball first-round draft selection since 2003 when he was taken No. 23 overall by the Chicago White Sox. The junior outfielder was named the Most Outstanding Player of the 2009 College World Series following the Tigers' run to a sixth national title. Mitchell, also a wide receiver on the gridiron, became just the second athlete in school history to win national titles in multiple sports.

Marcus Thornton MEN'S BASKETBALL

The consensus Player of the Year for the Southeastern Conference as he led the Tigers to the regular season SEC championship with a 13-3 record. Thornton averaged more than 21 points a game and would be among the quickest Tigers to 1,000 points, reaching it in less than two years. Thornton was drafted in the second round by the Miami Heat and traded to the New Orleans Hornets.

From the football team's 2007 Bowl Championship Series national title to the baseball team's 2009 national championship, LSU is the home of the nation's elite teams. The 2008-09 year was no exception.

TWO STRAIGHT TOP 10 DIRECTOR'S CUP FINISHES ▶▶

Another record-setting and historical season in LSU athletics was capped when the school recorded its second straight top-10 finish in the Learfield Sports Director's Cup with a No. 9 showing among all Division I institutions. The ninth-place finish comes on the heels of last year's No. 8 national finish, which marks only the second time in school history that LSU has posted back-to-back top-10 finishes in the Director's Cup.

2008-09 DIRECTOR'S CUP STANDINGS

1. Stanford
2. North Carolina
3. Florida
4. Southern Cal
5. Michigan
6. Texas
7. California
8. Virginia
9. **LSU**
10. Ohio State



Elite Athletes

Brittnee Cooper VOLLEYBALL

Brittnee Cooper racked up All-SEC, All-Louisiana and All-AVCA South Region First-Team accolades after a breakout junior season posting 302 kills on a team-best .336 attack percentage. She was a contributing member on the USA Volleyball Women's National A2 Red Team that captured a silver medal at the USA Adult Championships in May 2009.

Megan Falcon WOMEN'S TENNIS

Three-time All-American Megan Falcon left her mark on the women's tennis program as she ended her college career with a 99-18 record and ranked eighth on LSU's all-time wins list. Falcon finished at No. 14 for her senior campaign and earned first team All-SEC honors for the third-consecutive season.

Julius Gloeckner MEN'S SWIMMING & DIVING

The 2009 SEC Male Scholar-Athlete of the Year for his sport, Julius Gloeckner earned three NCAA All-America honors and broke four individual school records last season. The senior swimmer was also a part of two relay records and led the team with 16 event victories during the dual-meet season.

Samantha Henry WOMEN'S TRACK & FIELD

LSU is world-renown for its sprint program, and Samantha Henry continued that tradition in 2009 while earning five All-America honors in NCAA competition. Henry proved to be the most dominant sprinter in the SEC while capturing three conference titles in the 60 meters and 200 meters.

Allison Hightower WOMEN'S BASKETBALL

Allison Hightower became the first player in school history to lead LSU in points, assists, steals and blocks in a single season. A State Farm All-America Honorable Mention and unanimous first-team All-SEC selection, the junior guard guided the Lady Tigers to an 11th-straight NCAA Tournament appearance.

Megan McChrystal WOMEN'S GOLF

McChrystal became the first LSU women's golfer in the 30-year history of the program to average less than 73 strokes per round for a full season as she earned first-team All-SEC honors and second-team All-America honors. She finished 12th nationally in the NCAA Division I Women's Golf Championships.

John Peterson MEN'S GOLF

The LSU men's golf team enjoyed its most successful season in a decade by winning three team titles in 2008-09, and John Peterson led the way with six top-10 finishes. Peterson earned his first career first-team All-SEC honor and became the first Tiger to earn All-America honors since 2003 as he was named a Second-Team All-American by PING and Golfweek.

Malorie Rutledge SOCCER

Malorie Rutledge was named the program's first SEC Offensive Player of the Year and consensus All-American in team history. Rutledge helped the Tigers to a 14-4-2 overall record and school record 7-3-1 mark in SEC play while scoring nine goals and 18 assists for 36 points on the year.

Kirsten Shortridge SOFTBALL

A NFCA All-America Third-Team selection, Kirsten Shortridge ranked inside the SEC's top seven in hits (80), batting average (.426), multi-hit games (26) and stolen bases (26). She also garnered All-SEC, All-Louisiana and NFCA All-South First-Team picks after her. .426 average was second-highest in program history.

Jane Trepp WOMEN'S SWIMMING & DIVING

Jane Trepp enjoyed one of the finest seasons in recent program history, shattering three individual school records in three different stroke disciplines and playing a role on four record-breaking relay squads. The sophomore also earned three NCAA All-America honors, including first-team recognition in the 200-yard medley relay.

Michael Venus MEN'S TENNIS

Michael Venus imprinted his name among the LSU greets in the history books and wrote a new line of his own as he became the first Tiger to capture the ITA All-American Championship in the fall of 2008. The SEC Player of the Year earned both singles and doubles All-America status en route to compiling a team-best 26 victories during the season.

46 National Team Championships

Men's Basketball (1)	1935
Boxing (1)	1949
Football (3)	1958, 2003, 2007
Men's Golf (4)	1940, 1942, 1947, 1955
Men's Indoor Track (2)	2001, 2004
Women's Indoor Track (11)	1987, 1989, 1991, 1993, 1994, 1995, 1996, 1997, 2002, 2003, 2004
Men's Outdoor Track (4)	1933, 1989, 1990, 2002
Women's Outdoor Track (14)	1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 2000, 2003, 2008
Baseball (6)	1991, 1993, 1996, 1997, 2000, 2009

115 SEC Team Championships

Baseball (14)	1939, 1943, 1946, 1961, 1975, 1986, 1990, 1991, 1992, 1993, 1996, 1997, 2003, 2009
Men's Basketball (10)	1935, 1953, 1954, 1979, 1981, 1985, 1991, 2000, 2006, 2009
Women's Basketball (3)	2005, 2006, 2008
Football (10)	1935, 1936, 1958, 1961, 1970, 1986, 1988, 2001, 2003, 2007
Men's Golf (15)	1937, 1938, 1939, 1940, 1942, 1946, 1947, 1948, 1953, 1954, 1960, 1966, 1967, 1986, 1987
Women's Golf (1)	1992
Gymnastics (1)	1981
Men's Swimming & Diving (1)	1988
Men's Tennis (4)	1976, 1985, 1998, 1999
Men's Indoor Track (4)	1957, 1963, 1989, 1990
Women's Indoor Track (11)	1985, 1987, 1988, 1989, 1991, 1993, 1995, 1996, 1998, 1999, 2008
Men's Outdoor Track (22)	1933, 1934, 1935, 1936, 1938, 1939, 1940, 1941, 1942, 1943, 1946, 1947, 1948, 1951, 1957, 1958, 1959, 1960, 1963, 1988, 1989, 1990
Women's Outdoor Track (10)	1985, 1987, 1988, 1989, 1990, 1991, 1993, 1996, 2007, 2008
Softball (5)	1999, 2000, 2001, 2002, 2004
Volleyball (4)	1986, 1989, 1990, 1991

Overall NCAA Championships *

1. UCLA	104
2. Stanford	97
3. USC	88
4. Abilene Christian	54
5. Kenyon	53
6. Oklahoma State	48
7. LSU	43
8. Arkansas	41
9. Texas	39
10. College of New Jersey	37

Overall Women's NCAA Championships

1. Stanford	37
2. UCLA	33
3. College of New Jersey	31
4. LSU	25
4. Kenyon	25

* - The NCAA does not recognize champions from the Division I Football Bowl Subdivision



◀ **Shaquille O'Neal**

A four-time NBA champion and 15-time All-Star, Shaquille O'Neal is one of the most dominant centers in league history. O'Neal, one of the most quotable athletes on the planet, joined the long list of prominent LSU alumni when he earned his degree in general studies in December 2000. O'Neal was traded to the Cleveland Cavaliers in June 2009.

Seimone Augustus ▼

Seimone Augustus received her degree in 2005 after just three years at LSU and while earning NCAA Women's Basketball National Player of the Year honors twice. She was the first pick of the 2006 WNBA Draft by the Minnesota Lynx and teamed with fellow LSU alum Sylvia Fowles to claim an Olympic gold medal for the United States in 2008.

Sylvia Fowles ▶

Sylvia Fowles was a two-time State Farm All-American at LSU before going onto a career in the WNBA with the Chicago Sky. Fowles and Seimone Augustus became the first LSU basketball players to claim Olympic gold when they did so in 2008 for the United States. Fowles returned to LSU to get her degree in general studies in May 2009.



Prominent LSU ALUMNI



Eduardo Aguirre, Jr.

Named the first Director of U.S. Citizenship and Immigration Services (USCIS) for the Department of Homeland Security in 2003, Aguirre, Jr., was the U.S. Ambassador to Spain from 2005-09.



Kevin Faulk

Excelled in both the classroom and on the playing field as he graduated in just three years. Faulk is currently a member of the three-time Super Bowl champion New England Patriots.



Dr. James Andrews

A world-renowned orthopedic surgeon, Andrews is a 1963 graduate of LSU and a 1967 graduate of LSU Medical School. While at LSU, Andrews won the SEC indoor and outdoor titles in the pole vault as a member of the track team.



Carlos Roberto Flores

The president of Honduras from 1997-2001, Flores helped the nation recover after Hurricane Mitch devastated the country in 1998. Flores is married to the former Mary Carol Flake, also an alumnus of LSU.



Lod Cook

Cook graduated from LSU with a bachelor's degree in mathematics in 1955 and then earned his Master's degree in petro engineering in 1955. Cook served as CEO of ARCO for nine years.



Jim Flores

Flores graduated with two Bachelor's of Science degrees; one in corporate finance in 1981 and the second in petroleum land management in 1982. Flores is currently Chairman, President and CEO of Plains Exploration & Production Company.

LSU's enrollment is more than 29,000 students, including more than 1,600 international students and nearly 5,000 graduate students.

Dr. Larry O. Arthur - AIDS researcher.

John Ed Bradley - Sports Illustrated writer and novelist, former LSU football player.

John Breaux - U.S. Senator (1987-2005) and U.S. Congressman (1972-86) from Louisiana.

Wil Calhoun - Executive Producer of television sitcom "Friends."

Cassandra Chandler - One of the Federal Bureau of Investigation's highest ranking African-American women as special agent in charge of the Norfolk Field office.

"Lightning Joe" Lawton Collins - Chief of Staff for President Harry Truman.

Bill Conti - Oscar-winning composer who has written theme music for several well-known movies, including "Rocky" and its sequels.

Eric Arturo Delvalle - President of Panama (1985-1988).

Dr. Alexander William "Alex" Dunlap - Current chief veterinarian for NASA who is responsible for all NASA policies related to animal health and welfare.

A. Wright Elliott - Retired executive vice president, Chase Manhattan Bank.

Graves Erskine - U.S. Marine Corps General in WWII.

Maxime A. Faget - Designed Mercury and Gemini spacecrafts.

Mary Carol Flake Flores - Former first lady of Honduras.

Murphy "Mike" Foster, Jr. - Former governor of Louisiana (1996-2004).

Kevin Griffin - Lead singer of the platinum-selling rock band "Better Than Ezra."

Paul Groves - Award-winning tenor with the Metropolitan Opera.

Rufus William (Bill) Harp - Television set decorator for series including "L.A. Law" and "Moonlighting."

Pat Hewlett - CEO of Exxon Mobil.

Walter Hitesman - Former president, Reader's Digest.

Hubert Humphrey - U.S. vice president (1965-69).

W. Vernon Jones - Senior Scientist for Suborbital Research, NASA headquarters.

Catherine D. "Kitty" Kimball - In 2009, was sworn in as first female to serve as chief justice of Louisiana's highest court.

Delos "Kip" Knight - Vice president of marketing and brand management for eBay international.

Russell Long - U.S. Senator from Louisiana (1948-87).

Ray Marshall - Secretary of Labor under President Jimmy Carter.

James E. Maurin - Founding partner and CEO of Stirling Properties, a national real estate services firm.

Grover Murray - Former president of Texas Tech University.

Jake Lee Netterville - Chairman of the board of Postlethwaite and Netterville, the largest Louisiana-based public accounting firm.

Edwin Newman - Longtime NBC News journalist and author.

Michael Papajohn - Only actor to star in four \$150 million movies in the same calendar year doing so in 2009; former LSU baseball player.



Kenneth Brown

A 1995 graduate of LSU and the host of Home and Garden Television's (HGTV) show "redesign," Brown credits much of his success to LSU's interior design program, which is ranked among the top 10 nationally. Brown's show completed its first season in 2005.

Carolyn Bennett Patterson - Former senior editor, National Geographic.

J. Howard Ramin - Former CEO and Chairman of the Board, Texaco.

Rex Reed - Drama critic, syndicated columnist.

Maj. Gen. Thomas Rhame - Led 1st Infantry Division against Iraq during Persian Gulf War.

Thomas O. Ryder - Chairman of the Board, The Reader's Digest Association.

Frances Seghers - Senior VP of Sony Entertainment European Community Affairs, which includes Sony Music, Sony Pictures and Sony Playstation.

Dolores Spikes - Former President of the Southern University System and the University of Maryland-Eastern Shore.

Ray Strother - Author, political consultant.

David Suarez - Co-owner of Atlantic Company of America, Inc., which performed the historic restoration of the Washington Monument, the Smithsonian's Air and Space Museum and the main U.S. Treasury Building.

Rebecca Wells - Author of the novel and film "Devine Secrets of the Ya-Ya Sisterhood."

Joanne Woodward - Academy Award-winning actress and wife of Paul Newman.



Reinosuke Hara

Hara researched at LSU in the 1950s and then later received an honorary doctorate of science degree from LSU in 1992. He is the former President and CEO of Seiko Instruments.



Mary L. Landrieu

Landrieu became the first woman from Louisiana elected to a full term in the United States Senate in 1997.



Harry J. Longwell

Longwell graduated from LSU in 1963 with a bachelor's degree in petroleum engineering and retired in 2004 as the Executive Vice President and Director of ExxonMobil.



Eddie J. Jones

The former president of the NFL's Miami Dolphins franchise, the 37-year veteran of the NFL is currently a Trustee of the Bert Bell/Pete Rozelle Retirement and Disability Plan.



Marty Sixkiller

Senior Technical Director for PDI/DreamWorks' movies "Antz," "Shrek," "Shrek 2," "Shrek the Third," "Madagascar" and "Over the Hedge."



James Carville

Carville received both a bachelor's degree and law degree from LSU and gained fame in the 1990s as the chief campaign strategist for Bill Clinton and Al Gore. Carville also penned a best-selling memoir titled "All's Fair: Love, War and Running for President."



The state capitol building of Louisiana, located in the heart of downtown Baton Rouge, is the tallest capitol building in the nation at 34 stories and overlooks the Mississippi River.

Baton ROUGE

Distance Chart from Baton Rouge (BASED ON 70 MPH SPEED):

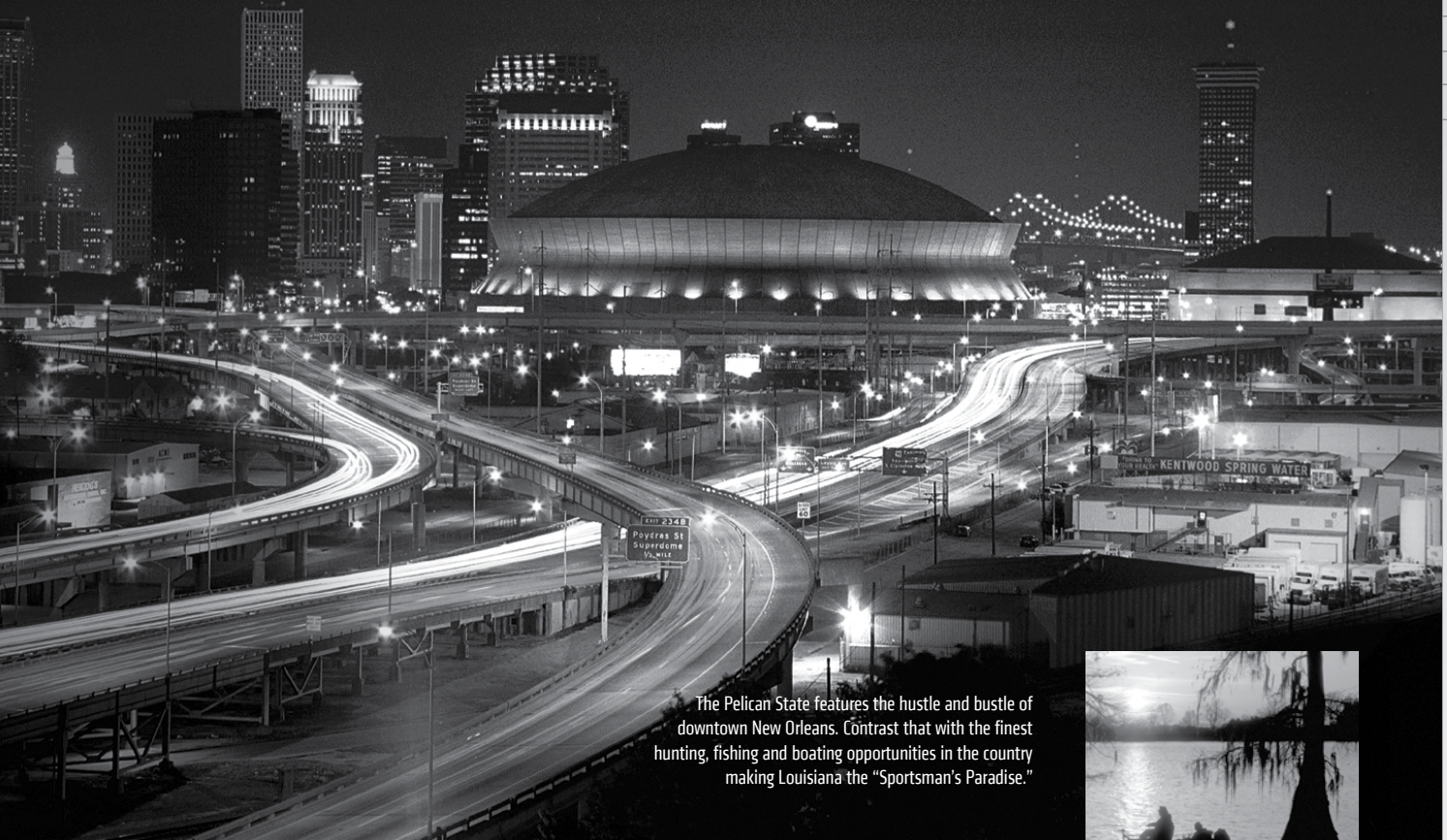
Atlanta, Ga.7 hours	Jackson, Miss.2 ^{1/2} hours	New Orleans, La.1 hour
Biloxi, Miss.2 hours	Jacksonville, Fla.8 ^{1/2} hours	Orlando, Fla.10 hours
Birmingham, Ala.6 hours	Little Rock, Ark.6 hours	Pensacola, Fla.4 hours
Dallas, Texas6 ^{1/2} hours	Mobile, Ala.3 hours	Shreveport, La.4 hours
Houston, Texas4 hours	Monroe, La.2 ^{1/2} hours	

Hospitality and comfort are a Southern tradition practiced to perfection around Baton Rouge. Minutes from the city, ancient moss-draped oaks, fragrant honeysuckle, formal gardens and the finest examples of Southern architecture await. Combine this with the excitement of the mighty Mississippi River, Cajun music and a gourmet meal that is topped with freshly brewed cafe-au-lait at one of Baton Rouge's fine restaurants. So what does the future hold? Baton Rouge is now one of the fastest growing cities in the South -- a bustling Metropolis of cutting edge technology companies, high-powered law firms and forward thinking city leaders who passionately support the arts and promote the local economy. Old Man River just got an upgrade. Yes, this is one city that's rolling on the river.

Proximity

Baton Rouge is just an hour away from the French Quarter in New Orleans and even closer to the million-acre Atchafalaya Swamp, which is called one of the biggest fishing ponds in the country.





The Pelican State features the hustle and bustle of downtown New Orleans. Contrast that with the finest hunting, fishing and boating opportunities in the country making Louisiana the "Sportsman's Paradise."



Louisiana

THE PELICAN STATE



Louisiana, one of America's most culturally and geographically diverse states, is located in the heart of the Deep South. Adjacent to the Gulf of Mexico and dotted with hundreds of lakes and bayous, Louisiana is home to all types of terrain from swamps and marshes to lush forests and gentle hills.

◀ Unique Culture

Louisiana is home to Mardi Gras, a two-week party that includes more than 60 parades and millions of visitors from around the world. All year long New Orleans jazz, Creole culture, stately riverboats and some of the finest cuisine in the world is mixed into the diverse and renowned culture of Louisiana.

Cuisine ▶

Foods like boiled crawfish, jambalaya, shrimp etouffee and gumbo make the cajun and creole cuisine of Louisiana the envy of the nation.





Track & Field

STRENGTH & CONDITIONING

Opened in January of 2003, the LSU track and field weight room is a 2,000-square-foot facility designed for the team's Olympic style lifting program. Just 10 short feet from Bernie Moore Track Stadium, the air conditioned facility combines function and convenience for the national champion Tigers and Lady Tigers.



Athletic Facilities

LSU

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Tiger Stadium

Football

Built - 1924 • Capacity - 92,400

Largest Crowd - 93,129 vs. Florida on Oct. 6, 2007



Pete Maravich Assembly Center

Men's and Women's Basketball, Volleyball and Gymnastics

Built - 1971 • Capacity - 13,472

Largest Crowd - 15,694 (MBKB vs. Ole Miss on Feb. 25, 1981)



Alex Box Stadium

Baseball

Built - 1938 • Capacity - 7,760

Largest Crowd - 8,683 vs. Houston on March 6, 2004



Bernie Moore Track Stadium

Men's and Women's Outdoor Track & Field

Built - 1969 • Capacity - 5,680

Largest Crowd - 3,947 on June 1, 2002 (NCAA Championships)



Tiger Park

Softball

Built - 1996 • Capacity - 1,000

Largest Crowd - 2,326 vs. Tennessee on April 28, 2007



Soccer Complex

Women's Soccer

Built - 1996 • Capacity - 1,500

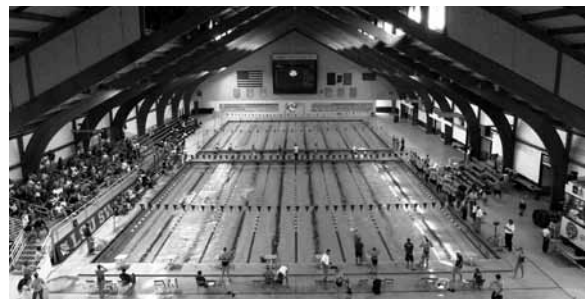
Largest Crowd - 2,402 vs. Tennessee on Oct. 5, 2007



W.T. "Dub" Robinson Stadium

Men's and Women's Tennis

Built - 1970 • Capacity - 550



Natorium

Men's and Women's Swimming & Diving

Built - 1985 • Capacity - 2,200



Dr. John V. Lombardi

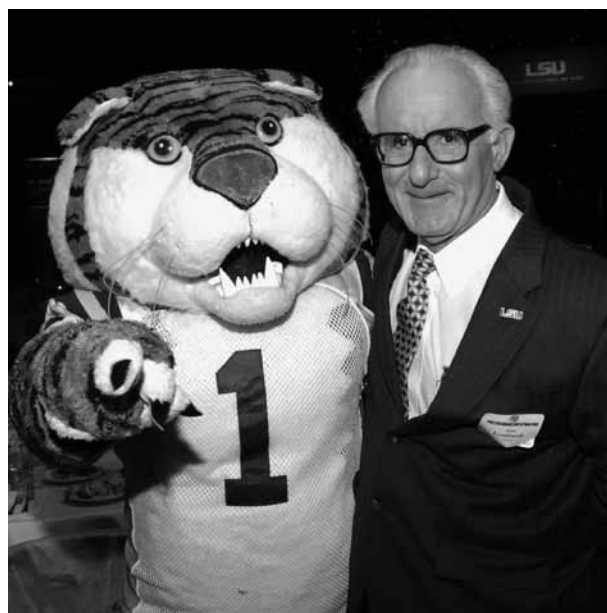
President, Louisiana State University System



Dr. John V. Lombardi is the fifth individual to serve as the President of the Louisiana State University System. As its Chief Executive Officer, Dr. Lombardi oversees 11 institutions, including five academic campuses, as well as 10 public hospitals located throughout the state. He is also a Professor of History at Louisiana State University and Agricultural and Mechanical College.

Dr. Lombardi was born in Los Angeles, Calif., and attended Pomona College, where he earned his bachelor's degree. He received his M.A. and Ph.D. degrees in history from Columbia University. He joined the faculty in the Department of History at Indiana University, where he later served as Dean of International Programs and Dean of the College of Arts and Sciences. In 1987, he became Provost and Vice President for Academic Affairs at the Johns Hopkins University. From 1990-1999, Dr. Lombardi was President of the University of Florida. Prior to his appointment as President of the LSU System, he served as Chancellor of the University of Massachusetts Amherst.

He is a Latin American historian with a special interest in Venezuela. Dr. Lombardi is also one of the country's foremost authorities in higher education, serving as Co-Editor of *The Top American Research Universities*. He is the author of numerous professional publications, and along with his wife, Cathryn, co-authored a teaching atlas on Latin American history. He has taught courses in history, intercollegiate sports and university management.



Dr. John Lombardi with Mike the Tiger at the 2009 LSU Athletics Hall of Fame ceremony.



Dr. Michael V. Martin

Chancellor, LSU



Dr. Michael V. Martin assumed the chancellorship of Louisiana State University and A&M College on August 1, 2008. Prior to his appointment as LSU's eighth chancellor, Dr. Martin established a distinguished career in higher education, serving most recently as president of New Mexico State University.

Before arriving at NMSU in 2004, Dr. Martin served for six years as vice president for agriculture and natural resources at the University of Florida, leading the university's Institute of Food and Agricultural Sciences. He was elevated to senior vice president of the University of Florida shortly before being selected as NMSU's president. Previously, he was vice president for agricultural policy and the dean of the College of Agricultural, Food and Environmental Sciences at the University of Minnesota. He began his academic career at Oregon State University as a faculty member in the Department of Agricultural and Resource Economics.

An academic leader dedicated to the land-grant mission, Dr. Martin is recognized as a strong voice for higher education. In 2007, he received the Justin Smith Morrill Memorial Award, named after the author of the bill creating land-grant universities, which honors outstanding service on behalf of the land-grant mission. Only six individuals have been designated to receive this award since it was first given in 1980. For his leadership in improving the quality of life for New Mexico citizens and future generations, he was awarded the 2008 Distinguished Leadership Award by Leadership New Mexico.

Other recent awards include his recognition as a powerbroker by *The New Mexico Business Weekly* in 2006, being named Outstanding Alumnus of Minnesota State University Mankato in 2006 and receiving the NMSU Social Justice Award in 2005.

Dr. Martin is involved in a wide array of professional and community organizations and activities.

An active scholar, Dr. Martin has authored numerous book chapters and articles for academic journals, trade publications and the popular press and recently published pieces for *The Chronicle of Higher Education* and *University Business*.

Some of his philosophy is summed up in the following quote: "It is the tradition of land-grant universities to be non-traditional," written as part of a 2001 article titled "The Land-Grant University in the 21st Century," published in the *Journal of Agricultural and Applied Economics*. He traced the history of the land-grant movement from the mid-1800s and concluded that "the fundamental land-grant principles of accessibility, practical as well as classical education, research and discovery in the public interest, and connectedness to all the people remain powerful and profound."

A native of Crosby, Minn., Dr. Martin earned a bachelor's degree in business and economics and a master's degree in economics at Mankato State College (Minnesota State University) in Minnesota. He received his Ph.D. in applied economics from the University of Minnesota in 1977.

Dr. Martin and his wife, Jan, have two children, both adopted from South Korea. Amanda, a graduate of the University of Wisconsin-Eau Claire, is a graphic artist in Saint Paul, Minn. Sam, who holds a bachelor's degree from the University of Minnesota and a master's from Sarah Lawrence College, is a genetics counselor at Beth Israel Hospital in New York City.



Joe Alleva

LSU Vice-Chancellor/Director of Athletics



Joe Alleva enters his second year as LSU's Director of Athletics after being hired to lead one of the nation's most powerful athletic programs on April 4, 2008. Alleva joined LSU after 10 years of outstanding leadership as the director of athletics at Duke University. He officially took over at LSU on July 1, 2008.

Under Alleva's guidance in 2008-09, LSU reached new heights in terms of athletic success while continuing to be recognized as one of the top enterprises in college athletics.

The LSU Board of Supervisors approved a promotion on August 28, 2009, expanding his role to the academic side of the university. Alleva accepted the position of LSU Vice-Chancellor while still continuing his role as Director of Athletics.

A veteran leader in college athletics, Alleva is dedicated to athletic and academic excellence. He is committed to providing the opportunities and the resources necessary for student-athletes to excel in competition, in the classroom and in the community.

Alleva, 56, is well-respected for sustaining high standards of excellence and integrity in athletic programs, hiring the finest coaches in the country and the high level of success achieved by student-athletes.

Under Alleva's direction, all 20 LSU sports competed in NCAA postseason play for the first time in school history, and it culminated with the baseball team winning the national championship. In addition, six teams finished in the top 10 nationally. The Tigers hold claim to being the only school in the Southeastern Conference to participate in a bowl game and the men's and women's NCAA basketball tournaments in 2008-09. Furthermore, LSU student-athletes volunteered a total of 2,360 hours for community service projects.

LSU earned a ninth-place ranking in the 2009 Learfield Director's Cup, which measures the overall athletic success for institutions across the country. LSU was second only to Florida in the Director's Cup among SEC institutions as the Tigers accumulated points in 18 of a possible 20 categories in the standings, also a first for the school.

Upon being hired at LSU, Alleva immediately made an impact by hiring Trent Johnson to lead the men's basketball program. Johnson, the 2009 SEC Coach of the Year, wasted little time in turning the Tigers into a winner as LSU claimed the 2009 SEC regular season title and reached the second round of the NCAA Tournament.

LSU also had top 10 national finishes in gymnastics, men's and women's indoor track and field and men's and women's outdoor track and field. Thirteen of LSU's 20 sports finished the year ranked among the top 25 in the nation.

The Tiger football team capped its season with a record ninth-straight bowl appearance as LSU closed out 2008 with a 38-3 win over 14th-ranked Georgia Tech in the Chick-fil-A Bowl. During the offseason, Alleva helped secure the funding necessary for the addition of a state-of-the-art artificial turf practice field, which compliments the surface the Tigers have in their indoor practice facility. The addition of the outdoor artificial

turf field gives the LSU football program one of the nation's finest all-around facilities.

Not only did LSU teams set records but so did the fans as over 1.5 million fans filled venues on the LSU campus. LSU set the school record for overall attendance in the sports of football, baseball and softball.

Alleva oversaw the grand opening of two of the premier baseball and softball facilities in college athletics, Alex Box Stadium and Tiger Park.

LSU also broke ground on a basketball practice facility that will house both the men's and women's basketball teams starting in December of this year.



The new basketball practice facility will feature two full length courts as well as locker rooms and other amenities for both squads.

In addition, LSU opened a new gift center for its fans – the LSU SportsShop. The LSU SportsShop, a spectacular, free-standing facility that features the latest in LSU apparel and merchandise, is located adjacent to Mike's Habitat.

Under Alleva's guidance, LSU has one of the most lucrative apparel and shoe contracts with Nike while also having one of the nation's most attractive multi-media rights contracts with CBS Collegiate Sports Properties. LSU athletic budget is now approaching \$85 million, which allows the university to compete at the highest level in the nation.

Alleva has a long-term vision for continued improvements to LSU's athletic facilities in order to ensure that the Tigers are among the best in the country well into the 21st century. One of his top priorities is the enhancement of Tiger Stadium and making Tiger Stadium and the North Stadium Drive corridor a showplace for the university. Alleva's innovative plan is to make a plaza area between the Maravich Assembly

Center and Tiger Stadium that would recognize LSU's national championship teams and distinguished alumni. This special area, along with Mike's Habitat, and the LSU SportsShop, would become the focal point for visitors to campus.

Alleva is also pursuing a major renovation to the golf course at the University Club and is developing plans for a new gymnastics practice facility, indoor tennis center and improved soccer and track facilities.

"Joe Alleva brings a wealth of experience and accomplishment to LSU," LSU President John Lombardi said of hiring Alleva. "I'm confident we've found a new leader for LSU athletics who exemplifies the vision and integrity needed to lead our sports programs to new heights, a champion of student athletes who believes in the highest standards of competition both on the field and in the classroom."

Alleva's impressive tenure as director of athletics at Duke propelled the university into the ranks of America's top all-around collegiate programs. Among his outstanding list of accomplishments includes the greatest 10-year period in Duke athletics, winning more ACC and NCAA championships than in any other decade in school history.

Also, his fundraising reached extensive heights providing new facilities or renovations for all 26 sports at Duke, which enhanced the experience for every student-athlete.

Alleva is active on the national collegiate athletics scene, having served on the Football Bowl Certification Committee. He sat on several Atlantic Coast Conference committees and served on the NCAA Division I Championships/Competition Cabinet.

Alleva majored in Finance at Lehigh University and received his bachelor's degree in 1975. While at Lehigh, Alleva was the quarterback of the football team and team captain in 1974. Alleva also played on the Lehigh baseball team. He served as a graduate assistant football coach and earned an MBA in 1976.

Alleva began his 32-year career at Duke University in 1976. He spent 28 years in the athletic administration prior to becoming director of athletics in 1998.

Alleva played a key role in Durham's community sports scene. He started Little League Baseball in Durham more than 20 years ago, and also began the American Legion baseball program.

Alleva is a member of the North Carolina American Legion Hall of Fame, Suffern High School Hall of Fame and the Rockland County Hall of Fame.

Alleva and his wife, Annie, have three children, J.D., Jeff and Jenny.

2010 Men's Season Preview

After earning a pair of top-five finishes at the NCAA Championships a season ago, the Tigers will look to join the national championship race once again as 11 All-Americans make their return to the squad this spring. The Tigers are in search of their first NCAA Outdoor crown since a winning performance on their home turf at the Bernie Moore Track Stadium in 2002 and their first NCAA Indoor title since 2004. With NCAA title contenders Trindon Holliday and Walter Henning leading the way,

The Tigers also welcome the addition of Junior College transfer Ryan Penn and prep star Rynell Parson to the team as each is sure to add quality depth in both the 100 and 200 meters.

Penn, a native of Freeport, Bahamas, received a redshirt in 2009 after transferring to LSU from Southwestern Christian College where he proved to be one of the elite sprinters in the JUCO ranks with personal bests of 10.37 in the 100 meters and 20.78 in the 200 meters. Parson, a native of

4x400-meter relay pool that also returns a pair of All-American athletes in senior Richard Jones and sophomore Ade Alleyne-Forte as each ran as part of the relay that finished sixth nationally at both the NCAA Indoor and NCAA Outdoor Championships a year ago.

HURDLES

With his performance as a true freshman at the NCAA Outdoor Championships in 2009, sophomore Barrett Nugent will open the 2010 season as an All-

MIDDLE DISTANCE/ DISTANCE

Junior college transfer Richard Jones proved to be one of LSU's top newcomers during the 2009 season after earning All-America honors with a fifth-place finish in the finals of the 800-meter run at the NCAA Division I Outdoor Track and Field Championships.

Jones emerged as one of the nation's premier middle distance runners after crossing the finish line in the 800-meter final at the NCAA Championships with a

Balanced Attack

Tigers mix balance and firepower in championship formula

this year's squad features a host of returning firepower and a wealth of young talent across all event areas that is sure to lead LSU to the top of collegiate track and field in 2010.

SPRINTS/RELAYS

In his final appearance at the NCAA Division I Outdoor Track and Field Championships last June, Trindon Holliday put an exclamation point onto the end of an outstanding senior season by winning his first career NCAA title in the 100-meter dash while setting a new personal best of 10.00 seconds in the national final at John McDonnell Field in Fayetteville, Ark. He also anchored the Tigers to a national runner-up finish in the 4x100-meter relay after crossing the line with a seasonal-best time of 38.67.

While Holliday may have exhausted his outdoor eligibility, the LSU star will return for a final indoor season in 2010 in search of his first career NCAA crown in the 60-meter dash after earning All-America honors with a runner-up finish at the NCAA Indoor Championships in each of the last two seasons. His performance will be a key for the Tigers if they hope to challenge for the team championship at the NCAA Indoor meet in March.

Junior standout and Zimbabwe import Gabriel Mvumvure returns as the Tigers' top short sprinter after competing in the 200-meter dash at the NCAA Outdoor Championships in each of the last two seasons. An NCAA semifinalist in 2008, Mvumvure will open the 2010 season with a personal best of 10.37 in the 100 meters and a personal best of 20.72 in the 200 meters.

San Antonio, Texas, signed with the Tigers as the top high school sprinter in the country in the Class of 2009 with a personal best of 10.23 in the 100-meter dash.

Despite losing the services of Holliday on the anchor leg, LSU's 4x100-meter relay team is sure to be a national contender once again as the Tigers return the remaining three legs from the foursome that finished as the NCAA runner-up in 2009.

Senior Will Coppage, senior Armanti Hayes and sophomore Barrett Nugent received All-America honors a year ago as members of the 4x100-meter relay team and will form one of the nation's deepest and more talented relay pools again this season along with Mvumvure, Penn and Parson. LSU's 4x100-meter relay has finished first or second at the NCAA Outdoor meet in each of the last four seasons.

The Tigers will also feature a talent group of quartermilers this season as sophomore All-American Robert Simmons returns after earning indoor All-America honors and qualifying for the NCAA final during the outdoor season as a true freshman in 2009. Simmons took fourth place in the 400 meters at the NCAA Indoor Championships with a time of 46.22 before qualifying for the event final at the NCAA Outdoor meet with a personal best of 45.84 in the national semifinal. Hayes also proved to be one of the nation's top 400-meter runners a year ago while lining up in the event at the NCAA Championships and recording a personal-best time of 45.67.

The duo will provide a solid foundation as part of LSU's

American candidate while leading the Tigers in the sprint hurdle events.

Nugent emerged as one of the nation's premier sprint hurdlers after taking home the 110-meter hurdle title at the NCAA Midwest Regional Championships last season. After qualifying for the regional final, Nugent shattered his own personal best as he raced across the finish line with a wind-legal time of 13.66 to become LSU's first regional champion in the 110 hurdles in program history. Nugent then continued that momentum at the NCAA Championships where he earned an entry into the national final in his first career NCAA appearance. Nugent just missed capturing an individual All-America honor in the event with a ninth-place finish in the national final.

A native of Maurice, La., Nugent enters the season ranked as the No. 6 performer in LSU history in the 110-meter hurdles and is sure to make a run Eric Reid's school record of 13.50 set back in 1987. Reid is LSU's only NCAA champion in the event as he captured the national crown during his senior season in 1987.



NCAA Champion Trindon Holliday



Richard Jones



Will Coppage



Walter Henning

personal record of 1 minute, 47.10 seconds. In fact, Jones posted three-straight personal-best performances at the NCAA meet while opening with a time of 1:47.62 in the first round of qualifying followed by a 1:47.27 in the national semifinal. He ranks No. 6 on LSU's all-time performance list in the event.

A native of Benecia, Calif., Jones returns for his senior season in 2010 as he looks to help lead the Tigers to a national championship with another strong performance in the 800 meters this spring while also providing depth in LSU's 4x400-meter relay pool.

Jones will be joined in the middle distance by fellow senior Jamaal James as the duo will form a strong 1-2 punch in the 800 meters this spring.

James looks to regain the form that earned him All-America honors as a freshman with an impressive fifth-place finish at the NCAA Indoor Championships. He has competed in the field at the NCAA Outdoor Championships in each of the last two seasons and is poised to earn a spot in the national final for the first time in his career this spring. A two-time SEC champion in the 800-meter run, James will open the 2010 season with an overall personal best of 1:47.00 in the event.

Sophomore Garrek Thompson and freshman Sadiki White will provide depth in the event as Thompson boasts a personal best of 1:51.37 and White features a personal best of 1:52.40.

JUMPS

While the Tigers are among the national title contenders with 11 All-Americans returning

from last year's squad, they are sure to miss the performance of departing senior Jeremy Hicks, who earned a pair of All-America honors as one of the nation's premier long jumpers last season. Hicks finished as the NCAA runner-up in the long jump at the NCAA Indoor Championships and was the fifth-place finisher in the event at the NCAA Outdoor Championships in 2009.

Hicks wrapped up his collegiate career with a personal-best mark of 26 feet, 3 ½ inches in the long jump and proved to be the Tigers' most prolific performer in the event since LSU star and Olympic silver medalist John Moffitt in 2004.

Senior Will Coppage looks to fill the void left by Hicks and regain the form that earned him All-America honors as a freshman in 2007 when he earned a fifth-place finish at the NCAA Indoor meet. Coppage competed in the long jump at the NCAA Championships during the indoor and outdoor seasons in 2009 while finishing the campaign with an overall personal record of 25-7 ¼. He earned a 13th-place finish while jumping 25-4 ¾ at the NCAA Outdoor meet.

Junior Zedric Thomas joined the LSU program as one of the premier triple jump recruits in the country in the Class of 2007, and he is still in search of his first career All-America award as he will open the 2010 season with an overall PR of 52-3 ¼. After competing in the triple jump at the NCAA Outdoor Championships as a freshman, Thomas suffered a sprained knee during the 2009 indoor season and was limited in his performance for the remainder of the year.

The Tigers also welcome the addition of freshman Damar Forbes to this year's team after signing with the Tigers as one of the nation's top jumps prospects in last year's recruiting class. A product of Decatur, Ga., Forbes comes to LSU with a personal best of 24-8 ¼ in the long jump.

Senior Josh Dominguez will lead the LSU pole vaulters this season as he features a PR of 17-5 set in a third-place finish at the NCAA Mid-east Regional Championships in 2008 when he earned the right to compete at the NCAA Outdoor Championships for the first time in his career.

THROWS

The 2009 season saw the resurgence of the LSU throws program as the Tigers proved to be a force at the NCAA Championships during both the indoor and outdoor seasons with Walter Henning leading the way. LSU's national title hopes hinge on Henning's performance this spring as he returns for his junior season as one of the premier throwers at the collegiate level.

In his first season with the Tigers after transferring to LSU from the University of North Carolina, Henning just missed becoming the first LSU Tiger to win an NCAA title in the hammer throw with a second-place finish in the event at the NCAA Outdoor Championships. He shattered the LSU school record with a personal-best throw of 235 feet, 11 inches. Henning continued with his development as one of the top young hammer throwers in the United States as he earned a fifth-place finish in the event at the USA Outdoor Track and Field Championships in the summer.

Not only that, but Henning earned All-America honors in the weight throw with a fourth-place finish in the event at the NCAA Indoor Championships. He finished the 2009 season with a personal-best mark of 74-5 ½ in the weight throw, which is also an LSU school record.

Henning is also the reigning SEC champion in both the weight throw and hammer throw as he became LSU's first conference winner in both events through the course of the 2009 season.

But Henning is not the only LSU hammer thrower with All-American aspirations in 2010 as Michael Lauro competes as a sophomore this season after stepping into the circle at the NCAA Mid-east Regional Championships as a freshman a year ago. Lauro recorded a personal-best throw of 214-4 after the conclusion of the collegiate season last summer. He also boasts a personal record of 66-5 ¾ in the weight throw set during his freshman season a year ago.

LSU will also compete with a quartet of talented javelin throwers who were point scorers in the event at the SEC Outdoor Championships last spring. Sophomore Aaron Moore earned the right to compete at the NCAA Outdoor Championships for the first time in his career in 2009 and finished the season with a PR of 220-3 in the event. Sophomore Anthony Martel will also lead the way this spring after throwing 221-7 to pick up all-conference honors with a runner-up finish at the SEC meet. Junior Mark DeBlanc (216-4) and sophomore Ryan Roubion (210-10) also feature impressive personal bests in the event.

2010 Women's Season Preview

Unlike the 2009 season in which LSU replaced nine seniors from a team that captured the team title at the 2008 NCAA Division I Outdoor Track and Field Championships, the Lady Tigers return seven All-Americans to the roster this spring and all 29.5 points from a team that picked up a sixth-place finish at the NCAA Outdoor meet a year ago. When that experience combines with a recruiting class ranked among the nation's best, it is easy to see why the Lady Tigers will surely join the

top sprinters in the country as she earned a pair of All-America honors with third-place finishes in the 60 meters indoors and 100 meters outdoors at the NCAA Championships. Wilson set personal bests in three sprinting events last year times of 7.24 in the 60 meters, 11.20 in the 100 meters and 23.44 in the 200 meters.

Henry is back for her senior season and Wilson returns for her junior campaign as the duo looks to lead the Lady Tigers to another national championship this spring.

also making her first career NCAA Championships appearance.

Jones earned her first All-SEC honor during the 2009 indoor season as she took second in the 60-meter hurdles at the SEC Indoor Championships after clocking a new personal-best time of 8.20 seconds in the conference final. She nearly won All-America honors in the event with an 11th-place finish at the NCAA Indoor Championships.

Jones carried that momentum into the outdoor season in which

the 800 meters during her LSU career, earned a third-place in the 800-meter final at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark., a year ago, where she shattered her own personal best with a time of 2 minutes, 1.56 seconds in the national final.

Thomas is one of four Lady Tigers to be crowned NCAA champion in the 800 meters with her victory at the NCAA Indoor Championships in 2008, joining former LSU standouts Claudine

Title Contenders

Lady Tigers ready for another championship run in 2010

national championship race once again in 2010. LSU is also a favorite to capture the team title at the SEC Championships during both the indoor and outdoor seasons after earning a pair of runner-up finishes a year ago.

SPRINTS/RELAYS

LSU has built the success of its women's program on developing the best sprinters at the collegiate level year in and year out, and that was certainly evident in 2009 as Samantha Henry and Kenyanna Wilson proved to be one of the nation's top sprint tandems with a combined seven All-America honors at the NCAA Championships.

Henry was the leader of the group as she earned a total of five All-America honors during both the indoor and outdoor seasons a year ago. Henry was a two-time All-American during the indoor season as the seventh-place finisher in both the 60 meters and 200 meters at the NCAA Indoor Championships. She then took eighth place in the 100 meters and sixth place in the 200 meters at the NCAA Outdoor meet before running the third leg on LSU's 4x400-meter relay team that finished the season as the national runner-up.

A native of Kingston, Jamaica, Henry was also a three-time SEC champion last season as she swept 60-meter and 200-meter titles at the SEC Indoor Championships and the 200-meter title at the SEC Outdoor Championships. She wrapped up her junior season with new personal bests of 11.14 seconds in the 100-meter dash and 22.80 in the 200-meter dash.

Wilson enjoyed a breakout sophomore season as one of the

They will join the likes of senior Kristina Davis, senior Liann Kellman, sophomore Cassandra Tate and freshman Takeia Pinckney to form a deep 4x100-meter relay pool that looks to challenge for an NCAA title this spring. Davis made her first appearance in the 100-meter dash at the NCAA Championships a year ago, while Tate was an NCAA qualifier in the 200 meters for the first time in her career as a true freshman.

Pinckney signed with the Lady Tigers as one of the top sprint recruits in the nation for the Class of 2009 as she boasts a personal-best time of 11.54 in the 100-meter dash, which she set in winning the event title at the AAU Junior Olympic Championships in 2008.

The Lady Tigers also return arguably the nation's top 4x400-meter relay team this season as Henry, senior LaTavia Thomas, senior Kayann Thompson and junior Brittany Hall are all back after earning All-America honors with a runner-up finish at the NCAA Outdoor Championships a season ago. They combined to run a seasonal best of 3 minutes, 28.82 seconds in the NCAA final.

With the addition of freshman 400-meter runner Latoya McDermott, it is easy to see why LSU is an NCAA title favorite in the 4x400 relay again in 2010. McDermott signed with the Lady Tigers with a personal best of 53.48 in the open quarter.

HURDLES

The Lady Tigers' success in the hurdles this spring will rest on the shoulders of junior Tenaya Jones, who enjoyed an all-conference season a year ago as one of the top performers in the SEC while

she finished 14th in the 100-meter hurdles at the NCAA Outdoor Championships. She also just missed winning a second All-SEC honor with a third-place finish at the SEC Outdoor Championships and finished the year with a new personal-best time of 13.28 in the event.

Jones must carry the load this season as she is the only Lady Tiger on the roster who will compete in the hurdle events. She can certainly contend for her first career All-America honor if she continues her development as one of the top hurdlers in the SEC and NCAA.

MIDDLE DISTANCE/ DISTANCE

While the Lady Tigers will always feature one of the top sprint groups in collegiate track and field year in and year out, LSU's crew of middle distance runners might be the deepest on the roster this year as a quartet of 800-meter specialists are sure to compete for All-America honors.

Former NCAA Indoor champion LaTavia Thomas will lead the way as she returns for her senior season this spring with national title aspirations following a pair of All-America selections during her junior season in 2009. Thomas, a four-time All-American in



All-American Samantha Henry



LaTavia Thomas



Rachel Laurent



Kim Williams

Williams (1999), Marian Burnett (2002) and Neisha Bernard-Thomas (2004).

Junior Brittany Hall also returns this season after picking up her first career All-America selection in the 800 meters with a sixth-place finish in the final at the NCAA Outdoor meet a year ago. Hall shattered her own personal best in the event by more than two seconds over the course of the 2009 season as she finished the campaign with a top time of 2:03.68.

Senior Kayann Thompson, who will open the season with a PR of 2:02.64, is in search of her first career All-America honor after competing at the NCAA Championships during both the indoor and outdoor seasons in 2009. Thompson wrapped up her junior season with a seasonal best of 2:03.64 set in a fourth-place finish at the SEC Outdoor meet.

The Lady Tigers have also added the services of the nation's top 800-meter recruit in prep standout Charlene Lipsey of Hempstead, N.Y., who features a personal-best time of 2:05.83.

The argument can also be made that the Lady Tigers have the depth and talent to contend for the collegiate record in the 4x800-meter relay at the Texas Relays and Penn Relays this season as the sum of their personal bests is 8:13.71, which is well below the existing collegiate record of 8:17.91 set by Tennessee at the Penn Relays last season.

JUMPS

The Lady Tigers have built a strong tradition in the jumps with some of the premier long jumpers and triple jumpers to

ever compete at the collegiate level. However, the foundation of the jumps group in 2010 will be provided by a pair of All-Americans in the high jump and pole vault.

Junior Brittani Carter enjoyed a breakout sophomore season in 2009 as one of the premier high jumpers in the country while finishing the season with a personal-best clearance of 6-0. Carter picked up All-America honors during both the indoor and outdoor seasons as she was third at the NCAA Indoor Championships and was tied for fifth at the NCAA Outdoor Championships. She snapped a 15-year drought as LSU's first All-American high jumper since former Lady Tiger Gai Kapernick in 1994.

While Carter enjoyed the most prolific season for an LSU high jumper in 15 seasons with her performance a year ago, Rachel Laurent made history of her own as she became the first Lady Tiger to earn All-America honors and win an SEC title in the pole vault with her effort during the indoor season. Laurent captured the SEC Indoor crown with a new indoor personal-best clearance and school-record mark of 14-0 1/2 before finishing fifth at the NCAA Indoor meet. She then made a personal-best clearance of 14-1 1/4 during the outdoor season en route to a second all-conference honor with a runner-up finish at the SEC Outdoor meet.

Laurent will be joined in the pole vault by fellow NCAA Championships veteran Katelyn Rodrigue, who is also an All-SEC performer during her collegiate career. Rodrigue has cleared an overall personal best of 13-7 1/4

at LSU with three NCAA Outdoor meet appearances.

Junior Melissa Ogbourne also returns to the squad this spring after making her first career appearance in the triple jump at the NCAA Outdoor Championships in 2009. Ogbourne showed tremendous improvement in her performance as a sophomore as she wrapped up the outdoor season with personal bests of 20-4 1/2 in the long jump and 43-2 1/4 in the triple jump.

The Lady Tigers added a pair of outstanding jumps prospects as part of the Class of 2009, and freshmen Whitney Johnson of Houston, Texas, and Brittany Porter of Decatur, Ga., are ready to make their collegiate debuts in 2010. Johnson joins the program with a personal best of 40-4 in the triple jump, while Porter is a long jumper who boasts a wind-legal personal best of 20-7 1/4.

THROWS

While LSU returns a plethora of All-America candidates in each of the other four event areas, the Lady Tigers are without the services of their only NCAA Championships qualifier in the throws as javelin thrower Anna Lyons wrapped up her collegiate career with an appearance at the NCAA Outdoor Championships last spring. Lyons finished the season as one of the nation's top performers with a top mark of 168-11 set in a third-place finish at the SEC Outdoor meet.

However, senior Kim Williams will return to lead the group after earning All-SEC honors in the hammer throw in 2009 following a runner-up finish in the event at the SEC

Outdoor meet. Williams, who boasts a personal best of 194-2, is still in search of her first NCAA appearance.

She will be joined this spring by sophomore Brianna Kennedy, who is the most versatile Lady Tiger thrower on the team after competing in all four outdoor throwing events during her true freshman season, including the shot put, discus, javelin and hammer throw. Kennedy boasts personal records of 46-10 1/4 in the shot put, 149-3 in the discus, 151-6 in the javelin and 162-7 in the hammer throw.

Perhaps the most important addition to the LSU squad this year is in the throws group as the Lady Tigers signed junior college All-American Samia Stokes to bolster their roster in the discus and hammer throw. Stokes, a product of Mesa Community College in Tempe, Ariz., joins the program following a 2009 season in which she picked up Junior College All-America honors in the weight throw and discus. In fact, her personal best of 163-10 in the discus would have been good for a seventh-place finish at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark., a year ago.

The Lady Tigers have also added the services of freshman javelin specialist Abbey Karin of Byfield, Mass., who will open the season with a personal best of 145-1 in the event.

2010 Men's Track & Field Roster

NAME	EVENT	HEIGHT	CLASS	EXPERIENCE	HOMETOWN (PREVIOUS SCHOOL)
Ade Alleyne-Forte	Sprints	5-10	So./So.	1L/1L	San Fernando, Trinidad (St. Stephens HS)
Chris Bless	Throws	5-10	Sr./Sr.	SQ/2L	Fair Oaks, Calif. (Del Campo HS)
Frank Bohn	Distance	5-11	So./So.	SQ/SQ	Galveston, Texas (Ball HS)
Jospeh Caraway	Jumps	5-9	Fr./Fr.	HS/HS	Lacassine, La. (Lacassine HS)
Richard Chautin	Distance	5-10	So./So.	1L/SQ	Arnaudville, La. (Beau Chene HS)
Roger Cooke	Distance	6-0	Fr./Fr.	HS/HS	Glen Allen, Va. (Hermitage HS)
Will Coppage	Jumps	6-1	Sr./Sr.	3L/3L	Alexandria, La. (Alexandria Senior HS)
Mark DeBlanc	Throws	6-0	Jr./Jr.	SQ/2L	Lafayette, La. (St. Thomas More HS)
Luke Dessauer	Middle Distance	5-10	Fr./So.	RS/SQ	Folsom, La. (St. Paul's HS)
Josh Dominguez	Jumps	5-8	Sr./Sr.	3L/3L	Ponchatoula, La. (Ponchatoula HS)
Cullen Doody	Distance	5-7	Fr./Fr.	RS/RS	Arabi, La. (Jesuit HS)
Jordan Early	Jumps	5-11	Fr./Fr.	HS/HS	Zachary, La. (Zachary HS)
Ken Ehrhardt	Distance	5-9	So./So.	SQ/SQ	New Orleans, La. (Jesuit HS)
Richard Fisher	Middle Distance	5-7	Fr./Fr.	HS/HS	West Berlin, N.J. (Holy Cross HS)
Michael Florek	Distance	5-7	Jr./Jr.	2L/2L	Kenner, La. (Brother Martin HS)
Damar Forbes	Jumps	6-1	Fr./Fr.	HS/HS	Decatur, Ga. (Martin Luther King Jr. HS)
Scott Gibson	Sprints	5-8	Jr./Jr.	SQ/SQ	New Orleans, La. (Dulles HS)
Brandon Gordon	Jumps	5-10	So./So.	SQ/SQ	Plaquemine, La. (Plaquemine HS)
Earnest Green	Jumps	5-10	So./So.	TR/TR	Chicago, Ill. (St. Rita HS/Illinois)
Ben Guarisco	Sprints	5-11	Fr./Fr.	HS/HS	Baton Rouge, La. (Catholic HS)
Jeremy Handy	Middle Distance	5-7	So./So.	SQ/SQ	Houston, Texas (American School of Dubai)
Reggie Haslom	Jumps	5-8	Sr./Sr.	3L/3L	Baton Rouge, La. (Southern Lab HS)
Armanti Hayes	Sprints	5-10	Sr./Sr.	3L/3L	Moultrie, Ga. (Colquitt County HS)
Kyle Hecker	Distance	5-6	Jr./Jr.	SQ/SQ	Harahan, La. (Brother Martin HS)
Walter Henning	Throws	6-0	Jr./Jr.	1L/1L	Kings Park, N.Y. (St. Anthony's HS/North Carolina)
Jerel Hill	Sprints	5-10	Sr./Sr.	1L/1L	Vicksburg, Miss. (Vicksburg HS/Hinds CC)
Trindon Holliday	Sprints	5-6	Sr./Gr.	3L/3L	Zachary, La. (Northeast HS)
Jamaal James	Middle Distance	6-0	Sr./Sr.	3L/3L	Trinity, Trinidad (Trinity College)
Jaora Johnson	Jumps	5-6	Fr./Fr.	HS/HS	Gray, La. (Vandebilt Catholic HS)
Johnathan Johnson	Sprints	5-9	Fr./Fr.	HS/HS	Port Allen, La. (Port Allen HS)
Richard Jones	Middle Distance	5-11	Jr./Sr.	1L/1L	Benicia, Calif. (Benicia HS/Central Arizona JC)
Tim Landry	Distance	5-10	So./So.	SQ/SQ	Birmingham, Ala. (Hoover HS/Troy)
Michael Lauro	Throws	5-9	So./So.	1L/1L	Providence, R.I. (Classical HS/Rhode Island)
Phillip LeBlanc	Throws	6-0	Fr./Fr.	HS/HS	Rayne, La. (Notre Dame HS)
Anthony Martel	Throws	6-0	So./So.	SQ/1L	Slidell, La. (Northshore HS)
Marcus McGehee	Jumps	6-0	So./Jr.	1L/1L	Ethel, La. (Silliman Institute)
Aaron Moore	Throws	6-2	Fr./So.	RS/1L	Mandeville, La. (Fontainebleau HS)
Cody Muse	Throws	5-11	Fr./Fr.	RS/RS	Grenwell Springs, La. (Catholic HS)
Gabriel Mvumvure	Sprints	5-7	Jr./Jr.	2L/2L	Harare, Zimbabwe (Churchill HS)
Barrett Nugent	Hurdles	6-1	So./So.	1L/1L	Maurice, La. (North Vermillion HS)
Rynell Parson	Sprints	5-8	Fr./Fr.	HS/HS	San Antonio, Texas (John Paul Stevens HS)
Thomas Reinicke	Jumps	5-9	Fr./Fr.	HS/HS	Lake Charles, La. (St. Louis Catholic HS)
Kyle Rose	Jumps	5-11	Jr./Jr.	2L/2L	New Orleans, La. (Jesuit HS)
Ross Roubion	Throws	6-2	Jr./Jr.	SQ/2L	New Orleans, La. (Brother Martin HS)
Ryan Roubion	Throws	5-8	Fr./So.	RS/1L	Destrehan, La. (Brother Martin HS)
Kenneth Schiffman	Distance	5-10	Fr./So.	RS/SQ	Metairie, La. (Brother Martin HS)
Paras Shah	Distance	5-5	Fr./Fr.	HS/HS	Austin, Texas (James Bowie HS)
Robert Simmons	Sprints	5-9	So./So.	1L/1L	Missouri City, Texas (Fort Bend Hightower HS)
Kyle Steele	Distance	5-10	Fr./Fr.	HS/HS	Denham Springs, La. (Walker HS)
Alan Sticker	Distance	6-2	Jr./Jr.	2L/2L	Pineville, La. (Pineville HS)
Sean Swanner	Distance	5-9	Jr./Jr.	SQ/SQ	Baton Rouge, La. (Episcopal HS/Texas A&M)
Phillip Thomas	Jumps	6-0	So./So.	SQ/SQ	Baton Rouge, La. (Broadmoor HS)
Zedric Thomas	Jumps	5-11	Jr./Jr.	2L/2L	New Iberia, La. (New Iberia Senior HS)
Garrek Thompson	Middle Distance	5-7	So./So.	1L/1L	Memphis, Tenn. (White Station HS)
James Thurn	Hurdles	5-8	So./So.	TR/TR	Cicero, N.Y. (Cicero North Syracuse HS/Bufalo)
Tristan Walker	Sprints	6-3	Jr./Sr.	SQ/SQ	Brooklyn, N.Y. (South Shore HS/Central Arizona JC)
Anthony Whitaker	Sprints	5-10	Fr./Fr.	HS/HS	Houston, Texas (Houston Christian HS)
Sadiki White	Middle Distance	6-4	Fr./Fr.	HS/HS	Millstone Township, N.J. (Allentown HS)
Caleb Williams	Sprints	5-9	Fr./Fr.	HS/HS	Houma, La. (H.L. Bourgeois HS)

Classification and Experience are separated for indoor and outdoor seasons.

2010 Women's Track & Field Roster

NAME	EVENT	HEIGHT	CLASS	EXPERIENCE	HOMETOWN (PREVIOUS SCHOOL)
Amber Abbott	Distance	5-4	Fr./Fr.	RS/RS	Walker, La. (Walker HS)
Weslie Barry	Throws	5-5	So./So.	TR/TR	Cypress, Texas (Cypress Springs HS/Long Star College)
Niketra Beraud	Middle Distance	5-8	Fr./Fr.	HS/HS	Rosedale, La. (North Iberville HS)
Brianne Bergeron	Jumps	5-3	Fr./Fr.	HS/HS	Houma, La. (H.L. Bourgeois HS)
Camille Brian	Throws	5-8	Fr./Fr.	HS/HS	Slaughter, La. (Silliman Institute)
Laura Carleton	Distance	5-5	Fr./So.	RS/1L	Lake Charles, La. (St. Louis HS)
Brittani Carter	Jumps	5-9	Jr./Jr.	2L/2L	Missouri City, Texas (Thurgood Marshall HS)
Makenzie Chaumont	Throws	5-4	Fr./Fr.	HS/HS	Lake Charles, La. (Barbe HS)
Kristina Davis	Sprints	5-4	Sr./Sr.	3L/3L	Union City, Calif. (James Logan HS)
Jessica Deutsch	Distance	5-1	So./So.	SQ/SQ	West Monroe, La. (West Monroe HS)
Kimberlyn Duncan	Sprints	5-8	Fr./Fr.	HS/HS	Katy, Texas (Cypress Springs HS)
Amal Esmail	Distance	5-6	Sr./Sr.	SQ/SQ	Dhahran, Saudi Arabia (Dhahran HS)
Brittany Hall	Middle Distance	5-3	Jr./Jr.	2L/2L	Norcross, Ga. (Meadowcreek HS)
Katie Hamel	Distance	5-4	Jr./Jr.	TR/TR	Madisonville, La. (St. Scholastica Academy/Tulane)
Samantha Henry	Sprints	5-3	Sr./Sr.	3L/3L	Kingston, Jamaica (The Queen's School for Girls)
Jenna Henssler	Distance	5-10	Fr./So.	RS/1L	Slidell, La. (Northshore HS)
Siedda Herbert	Sprints	5-6	Fr./Fr.	HS/HS	Port Allen, La. (Port Allen HS)
Allison Horner	Throws	5-6	So./Fr.	1L/RS	Marietta, Ga. (Lovett HS)
Gabrielle Jackson	Sprints	5-7	Fr./Fr.	HS/HS	Midwest City, Okla. (Midwest City HS)
Whitney Johnson	Jumps	5-9	Fr./Fr.	HS/HS	Houston, Texas (Northshore Senior HS)
Tenaya Jones	Hurdles	5-4	Jr./Jr.	2L/2L	Dallas, Texas (Lancaster HS)
Abbey Karin	Throws	5-4	Fr./Fr.	HS/HS	Byfield, Mass. (The Governors Academy)
Liann Kellman	Sprints	5-4	Jr./Sr.	1L/1L	St. Thomas, Barbados (The Lester Vaughan/Central Arizona JC)
Brianna Kennedy	Throws	5-8	So./So.	1L/1L	Newark, Del. (Caravel Academy)
Rachel Laurent	Jumps	5-6	So./So.	1L/1L	Houma, La. (Vandebilt Catholic HS)
Genevieve Leslie	Distance	5-6	Fr./Fr.	HS/HS	Thibodaux, La. (E.D. White HS)
Charlene Lipsey	Middle Distance	5-6	Fr./Fr.	HS/HS	Hempstead, N.Y. (Hempstead HS)
Danielle Martin	Throws	5-8	So./So.	SQ/SQ	Chalmette, La. (Chalmette HS)
Latoya McDermott	Sprints	5-4	Fr./Fr.	HS/HS	Kingston, Jamaica (St. Andrew HS)
Leigh-Ann Naccari	Distance	5-4	Fr./Fr.	HS/HS	Kenner, La. (Mt. Carmel Academy)
Melissa Ogbourne	Jumps	5-10	Jr./Jr.	2L/2L	St. Catherine, Jamaica (St. Jago HS)
Kelli Owens	Sprints	5-4	Fr./Fr.	HS/HS	McDonough, Ga. (Luella HS)
Hope Phelps	Distance	5-4	Fr./Fr.	HS/HS	New Orleans, La. (Mt. Carmel Academy)
Takeia Pinckney	Sprints	5-4	Fr./Fr.	HS/HS	Atlanta, Ga. (Columbia HS)
Brittany Porter	Jumps	5-9	Fr./Fr.	HS/HS	Decatur, Ga. (Towers HS)
Katelyn Rodrigue	Jumps	5-0	Sr./Sr.	3L/3L	New Orleans, La. (Dominican HS)
Lauren Saucier	Jumps	5-3	Jr./Jr.	SQ/SQ	Gonzales, La. (St. Amant HS)
Samia Stokes	Throws	6-2	So./So.	TR/TR	Tempe, Ariz. (Corona Del Sol HS/Mesa CC)
Cassandra Tate	Hurdles	5-8	So./So.	1L/1L	Hammond, La. (Loranger HS)
LaTavia Thomas	Middle Distance	5-8	Sr./Sr.	3L/3L	Philadelphia, Pa. (West Catholic HS)
Kayann Thompson	Middle Distance	5-6	Sr./Sr.	2L/2L	Clarendon, Jamaica (Edwin Allen HS/Lindenwood)
Devon Williams	Middle Distance	5-11	Jr./Jr.	RS/RS	Parkville, Md. (Winston Churchill HS/Arkansas)
Kim Williams	Throws	5-7	Sr./Sr.	3L/3L	Douglasville, Ga. (Alexander HS)
Kenyanna Wilson	Sprints	5-4	Jr./Jr.	2L/2L	Glendale, Ariz. (Peoria HS)
Lauren Ybarzabal	Distance	5-3	So./So.	SQ/SQ	Kenner, La. (Mt. Carmel Academy)

Classification and Experience are separated for indoor and outdoor seasons.

MEN'S PRONUNCIATION GUIDE

Ade Alleyne-Forte	AH-dee, Ah-LEEN, For-TAY
Frank Bohn	Bone
Richard Chautin	SHOW-ten
Luke Dessauer	DE-sour
Josh Dominguez	Doe-MING-ez
Ken Ehrhardt	AIR-heart
Ben Guarisco	Gwar-IS-co
Reggie Haslom	Has-lum
Jerel Hill	Juh-REL
Michael Lauro	LAW-roe
Gabriel Mvumvure	Voom-VOO-ray
Barrett Nugent	NOO-gent
Thomas Reinicke	Ren-NICK-ee
Ross Roubion	ROO-bee-on
Ryan Roubion	ROO-bee-on
Sadiki White	Sah-DEE-kee

WOMEN'S PRONUNCIATION GUIDE

Niketra Beraud	Ni-KEE-truh, Buh-ROW
Camille Brian	Cuh-MEEL
Brittani Carter	Brittany
Makenzie Chaumont	SHOW-mont
Jessica Deutsch	Doych
Amal Esmail	Ah-MAHL, Es-MALE
Siedda Herbert	Cy-EE-dah
Tenaya Jones	Ten-EYE-ah
Brianna Kennedy	Bree-AH-nah
Rachel Laurent	Luh-RAUNT
Takeia Pinckney	Tah-KEE-ah, Pink-KNEE
Katelyn Rodrigue	Rod-REEG
Lauren Saucier	So-SHAY
LaTavia Thomas	Luh-TAY-via
Kayann Thompson	KAY-ann
Lauren Ybarzabal	Bar-ZAH-bal

2010 Qualifying Standards



Robert Simmons

2010 Men's NCAA Indoor Qualifying Standards

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.14@	-	6.25@	-
60 Meters	6.60@	-	6.71@	-
55-Meter Hurdles	7.17@	-	7.38@	-
60-Meter Hurdles	7.70@	-	7.91@	-
200 Meters				
(Under 200m/220 yds)*	21.48	-	21.88	-
(200m/220 yds)*	21.23	-	21.63	-
(Banked or Over 200m/220 yds)*	20.83	-	21.23	-
400 Meters				
(Under 200m/220 yds)*	47.15	46.9	48.25	48.0
(200m/220 yds)*	46.75	46.5	47.85	47.6
(Banked or Over 200m/220 yds)*	46.15	45.9	47.25	47.0
800 Meters#				
(200m/220 yds or less)*	1:48.90	1:48.6	1:51.40	1:51.1
(Banked or Over 200m/220 yds)*	1:48.00	1:47.7	1:50.50	1:50.2
Mile#				
(200m/220 yds or less)*	4:00.80	4:00.5	4:05.30	4:05.0
(Banked or Over 200m/220 yds)*	3:59.00	3:58.7	4:03.50	4:03.2
3,000 Meters#				
(200m/220 yds or less)*	7:57.20	7:56.9	8:07.70	8:07.4
(Banked or Over 200m/220 yds)*	7:54.50	7:54.2	8:05.00	8:04.7
5,000 Meters#				
(200m/220 yds or less)*	13:50.80	13:50.5	14:13.80	14:13.5
(Banked or Over 200m/220 yds)*	13:47.00	13:46.7	14:10.00	14:09.7
1,600-Meter Relay				
(Under 200m/220 yds)*	3:10.50	3:10.2	3:14.40	3:14.1
(200m/220 yds)*	3:08.90	3:08.6	3:12.80	3:12.5
(Banked or Over 200m/220 yds)*	3:06.50	3:06.2	3:10.40	3:10.1
Mile Relay				
(Under 200m/220 yds)*	3:10.70	3:10.4	3:14.80	3:14.5
(200m/220 yds)*	3:09.10	3:08.8	3:13.20	3:12.9
(Banked or Over 200m/220 yds)*	3:07.50	3:07.2	3:11.60	3:11.3
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	9:33.00	9:32.7	9:44.70	9:44.4
(Banked or Over 200m/220 yds)*	9:30.00	9:29.7	9:41.70	9:41.4
Distance Medley Relay-Yards#				
(200 m/220 yds or less)*	9:35.70	9:35.4	9:47.40	9:47.1
(Banked or Over 200 m/220 yds)*	9:33.50	9:33.2	9:45.20	9:44.9

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds.
Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

High Jump	7-4 1/4 (2.24)	7-0 1/4 (2.14)
Pole Vault	18-0 1/2 (5.50)	17-0 3/4 (5.20)
Long Jump	25-9 1/4 (7.85)	24-7 1/4 (7.50)
Triple Jump	53-0 (16.15)	50-8 1/4 (15.45)
Shot Put	63-4 (19.30)	58-3 (17.75)
35-lb. Weight Throw	70-6 1/2 (21.50)	63-11 3/4 (19.50)
Heptathlon	5,675 points	5,325 points

*-Size of track.
#-Altitude adjustment available.
()-Metric distance.

2010 Women's NCAA Indoor Qualifying Standards

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.74@	-	6.92@	-
60 Meters	7.26@	-	7.44@	-
55-Meter Hurdles	7.57@	-	7.86@	-
60-Meter Hurdles	8.14@	-	8.43@	-
200 Meters				
(Under 200m/220 yds)*	23.90	-	24.60	-
(200m/220 yds)*	23.70	-	24.40	-
(Banked or Over 200m/220 yds)*	23.20	-	23.90	-
400 Meters				
(Under 200m/220 yds)*	53.20	52.9	55.20	54.9
(200m/220 yds)*	52.90	52.6	54.90	54.6
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 Meters#				
(200m/220 yds or less)*	2:06.00	2:05.7	2:10.00	2:09.7
(Banked or Over 200m/220 yds)*	2:05.00	2:04.7	2:09.00	2:08.7
Mile#				
(200m/220 yds or less)*	4:38.90	4:38.6	4:48.90	4:48.6
(Banked or Over 200m/220 yds)*	4:37.00	4:36.7	4:47.00	4:46.7
3,000 Meters#				
(200m/220 yds or less)*	9:16.00	9:15.7	9:35.00	9:34.7
(Banked or Over 200m/220 yds)*	9:13.00	9:12.7	9:32.00	9:31.7
5,000 Meters#				
(200m/220 yds or less)*	16:12.50	16:12.2	16:49.50	16:49.2
(Banked or Over 200m/220 yds)*	16:07.50	16:07.2	16:44.50	16:44.2
1,600-Meter Relay				
(Under 200m/220 yds)*	3:37.00	3:36.7	3:44.00	3:43.7
(200m/220 yds)*	3:35.80	3:35.5	3:42.80	3:42.5
(Banked or Over 200m/220 yds)*	3:33.00	3:32.7	3:40.00	3:39.7
Mile Relay				
(Under 200m/220 yds)*	3:36.60	3:36.3	3:43.60	3:43.3
(200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(Banked or Over 200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	11:09.40	11:09.1	11:30.40	11:30.1
(Banked or Over 200m/220 yds)*	11:05.50	11:05.2	11:26.50	11:26.2
Distance Medley Relay-Yards#				
(200m/220 yds or less)*	11:11.00	11:10.7	11:32.00	11:31.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:30.00	11:29.7

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds.
Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

High Jump	6-0 3/4 (1.85)	5-10 (1.78)
Pole Vault	13-11 1/4 (4.25)	13-1 1/2 (4.00)
Long Jump	20-11 1/4 (6.38)	20-1 1/4 (6.13)
Triple Jump	43-7 3/4 (13.30)	41-6 (12.65)
Shot Put	55-5 1/2 (16.90)	49-10 1/2 (15.20)
20-lb. Weight Throw	68-10 3/4 (21.00)	61-6 1/4 (18.75)
Pentathlon	4,075 points	3,725 points

*-Size of track.
#-Altitude adjustment available.
()-Metric distance.

2010 NCAA DIVISION I OUTDOOR TRACK AND FIELD CHAMPIONSHIPS



Hayward Field • University of Oregon
Eugene, Oregon • June 9-12, 2010
Photo courtesy of Geoff Thurner/Oregon Media Relations

INTRO

THIS IS LSU

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NCAA Announces New Championships Format

In September, the NCAA Division I Men's and Women's Track and Field Committee announced that Greensboro, N.C., and Austin, Texas, will serve as the host sites for the 2010 NCAA Division I Outdoor Track and Field Championships Preliminary Rounds on May 27-29. North Carolina A&T State University will play host to the East preliminary rounds at Irwin Belk Track, while the University of Texas will play host to the West preliminary rounds at Mike A. Myers Stadium. LSU will make the trip to Greensboro, N.C., as it has been selected to compete as part of the East field in the inaugural season of the NCAA Preliminary Rounds.

The committee's decision eliminates the NCAA Regional format that had been in place each year since 2003. Instead of requiring athletes to meet a certain qualifying standard to compete in one of four regional meets across the country, the top 48 performers in each event will be invited to participate at one of the two sites playing host to the first and second rounds of qualifying for the NCAA Championships to be held at historic Hayward Field on the campus of the University of Oregon on June 9-12.

2010 NCAA DIVISION I OUTDOOR CHAMPIONSHIPS PRELIMINARY ROUNDS



Irwin Belk Track • North Carolina A&T State University
Greensboro, N.C. • May 27-29, 2010



Mike A. Myers Stadium • University of Texas
Austin, Texas • May 27-29, 2010
Photo courtesy of Texas Media Relations



Dennis Shaver

Head Coach • Sixth Season • 15th Season at LSU • Texas-Arlington, 1979

LSU track and field ushered in a new era on July 22, 2004, with the announcement of Dennis Shaver as the program's 18th head coach.

Shaver, who spent nine seasons as an assistant on the LSU staff, oversees the direction of both the men's and women's programs, while concentrating his work with the Tiger and Lady Tiger sprinters and hurdlers.

When Dennis Shaver ascended to the rank of head coach of the LSU track and field program in July 2004, he was given the reigns of a national power recognized worldwide for its dominance at the collegiate level while racking up a total of 30 NCAA team championships in its history.

Expectations were high, but Shaver had experienced LSU's success first-hand as he helped coach the Tigers and Lady Tigers to a combined 12 national championships while serving as an assistant coach for nine seasons from 1996-2004. It came as no surprise when he was asked to continue LSU's championship tradition when the position opened in the wake of the 2004 season.

Shaver knew the challenge that lay in front of him when he accepted the job. At his opening press conference, Shaver promised fans, coaches, officials and his student-athletes that "we are going to do everything we can to keep this kind of championship program going here at LSU."

He has certainly delivered on that promise as the program has showed no signs of slowing down under his guidance. The Tigers and Lady Tigers were on the cusp of adding to their championship collection in Shaver's first four seasons as head coach as they combined for a

total of seven second-place finishes at the NCAA Indoor and Outdoor Championships, including four for the Tigers and three for the Lady Tigers.

But with his best team making the trip to Des Moines, Iowa, for the 2008 NCAA Outdoor Track and Field Championships, Shaver knew LSU was a championship contender on both sides.

The meet unfolded just the way he had anticipated with the women's race for the team title going down to the very last event of the weekend. The Lady Tigers were tied with defending champion Arizona State at 59 points with both teams advancing a team into the final of the 4x400 relay. The stage was set for a dramatic conclusion with the team crossing the finish line first taking the title.

The Lady Tigers carried the stick around the track in 3 minutes, 28.33 seconds to score eight points with a second-place finish in the race, while the Sun Devils were unable to keep pace with a fifth-place finish. The final score for the meet after 21 events read LSU 67, Arizona State 63.

Not only did the Lady Tigers capture their first national championship under Shaver, but the team won the 31st NCAA title in the history of the LSU track and field program nearly 75 years to the day that the Tigers won their first national



championship way back on June 17, 1933. It proved to be a fitting end to a season that also saw the Lady Tigers dominate the Southeastern Conference by sweeping SEC Indoor and Outdoor championships for the first time since the 1996 season.

For his team's performance, Shaver was named the NCAA Women's Outdoor Coach of the Year by the U.S. Track and Field and Cross Country Coaches Association, while also sweeping SEC Women's Indoor and Outdoor Coach of the Year honors in a vote of the league's head coaches.

Widely considered one of the premier sprints and hurdles coaches in all of track and field, LSU's athletes flourished under Shaver once again as the Tigers and Lady Tigers made their presence felt throughout the 2008 season. Shaver coached the likes of Lady Tiger greats Kelly Baptiste and Nickiesha Wilson to individual NCAA titles during their final season in the purple and gold, and he also coached Tiger sprint star Richard Thompson to one of the most prolific seasons in history at the collegiate level.

Baptiste was the catalyst in LSU's national championship run as she accounted for a team high 19 points at the NCAA Championships while becoming the fifth Lady Tiger in program history to be crowned NCAA champion in the 100-meter dash.

Wilson was equally as impressive at the NCAA Outdoor meet as she added 18 points with a national championship in the 400-meter hurdles and a runner-up finish in the final of the 100-meter hurdles.

In four years with Shaver's coaching, Baptiste amassed a resume to rival the best sprinters to ever wear the LSU uniform. She is the only Lady Tiger to sweep NCAA titles in the 60 meters and 100 meters in the same season, while she also ranks seventh in LSU history with an impressive 14 career All-America honors. She is also the school-record holder with a top 60-meter time of 7.13.

But no athlete dominated collegiate track and field in 2008 quite like Thompson. Arguably the greatest sprinter to ever wear the LSU uniform, Thompson also became the first Tiger to sweep NCAA titles in the 60 meters and 100 meters in the same season, while he also ran the second leg on LSU's national champion 4x100-meter relay team. In addition, Thompson won All-America honors in the 200 meters with a runner-up finish at the NCAA Outdoor Championships en route to being named the NCAA Men's Outdoor Track Athlete of the Year.

He became the first sprinter coached by Shaver to crack the 10-second barrier in the 100-meter dash with his victory at the SEC



“We are fortunate to have one of the finest coaches in the country leading our track and field program at LSU. LSU’s track teams have a record of great accomplishment under Dennis Shaver’s leadership the last five years. He has not only helped establish LSU as a leader in competition, but also in the community and classroom as well. It is a testament to the kind of student-athletes we want representing this University.”

– JOE ALLEVA, LSU DIRECTOR OF ATHLETICS

Outdoor Championships in Auburn, Ala. Thompson’s 9.93 in the conference final was the second-fastest time ever recorded at the collegiate level.

Thompson, who came to LSU from the country of Trinidad and Tobago with a personal best of 10.65 in the 100 meters, wrapped up his career in Baton Rouge as a four-time NCAA champion, a five-time SEC champion and an eight-time All-American under Shaver’s guidance.

While Shaver helped Thompson become one of the more dominant sprinters in collegiate history during his career at LSU, he coached his pupil to worldwide stardom at the 2008 Olympic Games in Beijing. In his Olympics debut, Thompson shocked the world by winning a silver medal in the finals of the 100-meter dash while setting a new collegiate record with a time of 9.89. He finished second only to Jamaican world-record holder and gold medalist Usain Bolt. After anchoring Trinidad’s 4x100-meter relay to a silver medal, Thompson’s unforgettable season was complete.

While Thompson grabbed the headlines, he was not the only athlete coached by Shaver to line up at the Olympic Games. Former Lady Tiger hurdler and World Indoor champion Lolo Jones made her Olympics debut with a seventh-place finish after winning the 100-meter hurdles at the U.S. Olympic Trials, while Baptiste (Trinidad and Tobago) and Shery

Fletcher (Grenada) ran the 100 meters and Wilson (Jamaica) and Isa Phillips (Jamaica) competed in the 400-meter hurdles.

LSU carried that momentum into the 2009 season as Shaver again proved why he is one of the more respected coaches in the business while coaching Trindon Holliday to his first career NCAA championship in the 100-meter dash.

After finishing as the national runner-up in 2007 and earning a third-place finish in 2008, Holliday enjoyed a season to remember as he became the third different Tiger in four years to be crowned the NCAA 100-meter champion. He sprinted to the finish line with a PR of 10.00 to continue LSU’s domination in the event. His victory in the NCAA 100-meter final followed a 2009 indoor season in which he earned his second-straight runner-up finish in the 60-meter dash at the NCAA Indoor Championships. Holliday will look for his first career national crown in the 60 meters in 2010 as he returns to the team for his final season of indoor eligibility.

The LSU sprints and hurdles group accounted for 25 All-America honors in 2009 as the Tigers earned a pair of top-five finishes at the NCAA Championships during both the indoor and outdoor seasons and the Lady Tigers placed sixth at each meet.

LSU’s success in 2008 came on the heels of a 2007 season in

which Shaver coached his teams to a combined three runner-up finishes at the NCAA Championships. The Lady Tigers were second both indoors and outdoors to go along with their first SEC Outdoor championship since 1996, while the Tigers earned their second-straight runner-up finish at the NCAA Outdoor Championships.

The 2006 season also proved to be an incredible year for Shaver in just his second season at the helm as he guided the men’s team to a pair of national runner-up finishes at the NCAA Indoor and Outdoor Championships, while the youthful women’s team earned a pair of seventh-place finishes at the NCAA Championships.

Under Shaver’s guidance, LSU great Xavier Carter won four individual national titles at the NCAA Outdoor Championships in 2006, becoming the first collegiate athlete since Ohio State’s Jesse Owens in 1935 and 1936 to win four NCAA titles at a single national meet. Carter claimed championships in the 100 meters, 400 meters, 4x100-meter relay and 4x400-meter relay, and finished his brief two-year career with an incredible seven individual national championships and 10 All-America honors. He is the only collegiate athlete in history to win national titles in the 100 meters and 400 meters in the same season at the NCAA Outdoor Championships.

Sprint sensation Kelly Willie

also capped a stellar career in 2006 by leading the Tigers to three relay national titles while earning a total of five All-America honors. With Shaver’s coaching, Willie finished his four-year career in Baton Rouge as the most decorated athlete in the history of LSU men’s track and field, tying Carter with a school record seven individual NCAA titles and an LSU best 19 career All-America honors.

LSU’s men’s and women’s relay teams proved to be an unbeatable force throughout the 2006 season, sweeping 4x400 national titles at the NCAA Championships during the indoor and outdoor seasons and the men claiming a national championship in the 4x100 at the outdoor meet. In all, 12 of Shaver’s athletes won individual national titles in eight different events in addition to a total of 23 All-America honors in 2006.

In his first season at the helm, Shaver led LSU to a pair of top-10 finishes in NCAA competition and a total of 14 All-America honors. The season was capped by an exceptional effort at the NCAA Outdoor Championships in which the Tigers’ 4x400-meter relay team set a new collegiate record and dominated the field by winning the national title.

The foursome of Reggie Dardar, Willie, Bennie Brazell and Carter clocked a blistering 2:59.59 in shattering the 17-year-old record previously held by UCLA. The NCAA

Head Coach

title catapulted the Tigers to a third-place finish in the final team standings, an effort that was assisted by national runner-up efforts by Carter and Brazell in the 200 meters and 400 hurdles, respectively.

While he enters his sixth season as head coach, Shaver has enjoyed 15 tremendously successful seasons at LSU after joining the program as an assistant coach in August 1995. During his time in Baton Rouge, Shaver has coached 27 NCAA champion athletes who have won a total of 38 NCAA titles, while guiding his athletes to a total of 275 All-America honors. The Tigers and Lady Tiger have also been leaders in the classroom as they have racked up 157 selections to the SEC Academic Honor Roll in five seasons under Shaver.

Shaver joined the LSU staff after serving four seasons as an assistant coach at Auburn where he designed training programs for the team's field and multi-event athletes.

Prior to his tenure at Auburn, Shaver served as head coach for both the men's and women's track and field programs at Barton County Community College in Great Bend, Kan. His teams captured all 12 of the conference's indoor and outdoor titles in his six seasons at Barton. He also led the Barton women to eight national championships, including three indoor, three outdoor and two cross country titles. During the 1990-91 season, his women's team captured the first "National Triple Crown" in junior college history, winning the cross country, indoor track and outdoor track titles that season.

Shaver is regarded as one of the premier coaches in the sport of track and field, and he has earned national recognition for his many accomplishments throughout his coaching career.

Not only was he named the NCAA Women's Outdoor Coach of the Year by the USTFCCA in 2008, but he has also been named a three-time SEC Women's Coach of the Year with one indoor honor and two outdoor honors in the last two seasons. In 2003, he was recognized by his peers as the first USTCA Assistant Coach of the Year for Women's Sprints and Hurdles. In



Coach Shaver and his wife, Connie, at the White House for Champions Day in November 2008

addition, Shaver has received eight National Coach of the Year awards, six Kansas Collegiate Coach of the Year honors and 13 Regional Coach of the Year awards.

Shaver is certified as a Level I, II and Master Coach by USA Track and Field and is an instructor for the USATF Coaches Education curriculum of the sprint and hurdle events.

A native of Salina, Kansas, Shaver earned a Bachelor of Arts degree in physical education from the University of Texas at Arlington in 1979. In 1981, he added a master's degree in education with an emphasis on administration from Stephen F. Austin State University. Shaver and his wife, Connie, have two children. Dale (26) is a sales consultant for Mike's Audio in Baton Rouge, and Lindsay (23), a 2008 summa cum laude graduate of Southeastern Louisiana School of Nursing, is an RN in children's oncology at Our Lady of the Lake Hospital in Baton Rouge.



THE SHAVER FILE

COACHING EXPERIENCE

LSU

2004-Present • Head Coach
1995-2004 • Assistant Coach

Auburn

1992-95 • Assistant Coach

Barton (Kan.) County CC

1985-91 • Head Coach

Hutchinson (Kan.) CC

1982-85 • Head Track & Field Coach

1981-85 • Assistant Football Coach

1981-82 • Assistant Track & Field Coach

RECORDS AND ACHIEVEMENTS AT LSU

- 18 Olympians
- 4 Olympic Medalists
- 27 NCAA Champion athletes winning 38 NCAA titles
- 16 NCAA Champion Relay Teams
- Athletes have earned 275 All-America honors in 27 years of coaching
- 42 SEC Champion athletes winning 92 SEC titles
- 26 SEC Champion Relay Teams
- 157 SEC Academic Honor Roll selections in five seasons as LSU's head coach
- 2008 NCAA Women's Outdoor Coach of the Year
- 3-time SEC Women's Coach of the Year
- 2008 USTFCCA Women's South Central Region Coach of the Year
- 2007 USTFCCA Women's Midwest Region Coach of the Year
- 2003 USTCA Assistant Coach of the Year
- Coached Richard Thompson to a Collegiate Record of 9.89 seconds in the 100-meter final to win a silver medal at the 2008 Olympic Games in Beijing.
- Coached Xavier Carter to four individual NCAA titles at the 2006 NCAA Outdoor Championships, joining the legendary Jesse Owens of Ohio State in 1935 and 1936 as the only athletes in history to accomplish the feat.
- Coached LSU to five Collegiate Relay Records all-time, including the women's 4x100 (42.55), women's 4x200 (1:29.78), men's 4x400 (2:59.59) and women's shuttle hurdle relay (52.77). He also coached the women's 4x400 to a NCAA Championships meet record of 3:25.26.

ACHIEVEMENTS PRIOR TO LSU

- 8 NJCAA National Championships
- Coached Barton County CC to first NJCAA "Triple Crown" in history, winning the cross country, indoor and outdoor national titles during the 1990-91 season
- 12 Jayhawk Community College Conference Championships
- 7 National Coach of the Year Awards
- 12 Regional Coach of the Year Awards
- 6 Kansas Collegiate Coach of the Year Awards



Mark Elliott

Assistant Head Coach • Fifth Season • 17th Season at LSU • LSU, 1991

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A fixture at LSU for nearly two decades, first as an athlete and now as a coach, Mark Elliott begins his 17th season with the program and his fifth as an assistant head coach working with LSU's distance runners and its cross country teams in the fall.

The Tigers and Lady Tigers continued to stake their claim among the nation's premier programs in 2009 as Elliott coached three of LSU's 800-meter runners to All-America honors and five to NCAA Championships appearances.

With Elliott's coaching, LaTavia Thomas has quickly developed into one of the top young 800-meter runners in the United States during her three seasons in Baton Rouge. Thomas, a four-time SEC Champion and four-time All-American in the 800 meters, set a new overall personal best in a third-place finish at the NCAA Outdoor meet in 2009 as she crossed the finish line in 2 minutes, 1.56 seconds in the national final to rank No. 2 all-time in school history.

Thomas became the fourth Lady Tiger all-time to win a national championship in the half-mile race with her win at the NCAA Indoor Championships in 2008. She is the third athlete that Elliott has coached to an NCAA title in the 800 as she joins the likes of LSU greats Marian Burnett (2002) and Neisha Bernard-Thomas (2004) as national champions in the event.

Brittany Hall and Richard Jones joined Thomas as All-Americans during the 2009 season. Hall finished sixth in the 800-meter final at the NCAA Outdoor Championships while finishing the season with a new two-second personal best of 2:03.68. Jones was just as impressive as he recorded three-straight personal bests at the NCAA Outdoor meet before finishing fifth in the final with a seasonal-best time of 1:47.10.

The 2008 season was also a banner year for Elliott's crew as he again coached three of his athletes to All-America honors. In addition to Thomas' NCAA crown indoors and NCAA runner-up finish outdoors, Tiger standout Elkana Kosgei also earned a pair of All-America honors with a second-place finish at the NCAA Indoor meet and a fourth-place finish at the NCAA Outdoor meet. Reuben Twijukye received All-America recognition of his own with a fifth-place finish nationally during the indoor season.

Elliott also coached LSU's distance medley relay team to its first ever All-America honor as the squad of Michael Hendry, Armani Hayes, Jamaal James and John Kosgei placed sixth nationally at the NCAA Indoor Championships. Not only that, but John Kosgei proved to be LSU's top distance runner in more than a decade after winning the SEC Commissioner's Trophy as the top individual point scorer at the 2008 SEC Indoor Championships with wins in the mile and 3,000 meters.

LSU's middle distance group has also dominated the Southeastern Conference in recent years while accounting for eight SEC titles and 15 All-SEC honors since 2007. Thomas leads the group with four league titles as she swept SEC Indoor and SEC Outdoor crowns in 2007 and 2008. James swept indoor and outdoor titles in 2007, while Elkana Kosgei won a pair of titles in his own in 2008.

The Tigers and Lady Tigers actually made history at the 2007 SEC Outdoor Track and Field Championships by finishing 1-2 in the finals of both the men's and women's 800 meters. While James and Thomas took top honors in the event, Twijukye and Tanya Osbourne finished runner-up, which is believed to be the only time in the history of the meet that one school took the top two spots in each race in the same season.

During his tenure at LSU, Elliott has been responsible for the development of many standout distance runners at both the collegiate and international levels, including David Kiptoo, Joseph Tengalei and Passmore Furusa. Tengalei was ranked fifth in the world in the 800 meters during the 1995 season, while Kiptoo finished sixth in the men's 800-meter final at the 1996 Olympic Games in Atlanta. Furusa received five All-America honors during his collegiate career at LSU.

Elliott has also coached former Lady Tiger halfmilers Marian Burnett (Guyana) and Neisha Bernard-Thomas (Grenada) to berths into the Olympic Games and IAAF World Championships in recent years. After advancing to the 800-meter semifinal at the 2004 Olympic Games in Athens, Burnett competed at the IAAF World Championships in 2005 and 2007 before making her second career Olympics appearance in 2008. Bernard-Thomas, a World Championships participant in 2005, advanced to the semifinal in her Olympics debut in 2008.

Elliott actually served as the head coach for Guyana at the 2004 Olympic Games in Athens, Greece, before returning to the squad as the head coach at the 2007 IAAF World Championships. He was also an assistant coach for the country of Grenada at the World Championships in 2005.

Both Burnett and Bernard-Thomas enjoyed tremendous collegiate careers under Elliott. Bernard-Thomas, who wrapped up her career as the school-record holder in the half mile with a collegiate best of 2:01.32, won the NCAA Outdoor title in 2004 before finishing runner-up at the indoor national meet in 2005. She was also the winner at the Central American and Caribbean Championships in 2003. Elliott also guided Burnett to an NCAA Indoor title in 2002 as she took first place with an impressive time of 2:05.16 at the national indoor meet.

The LSU men have also flourished under Elliott's direction. Jeffrey Fisher finished his career as the school-record holder in the 800 meters as he set the Tigers' indoor 800-meter mark of 1:47.84 during the 2005 season. Fisher then qualified for the 2005 USA Outdoor Track and Field Championships in his specialty.

The cross country teams have also enjoyed a measure of success with Elliott leading the way. He coached former LSU distance standout Joseph Simuchimba to the NCAA Cross Country Championships in 2007, his fifth athlete to qualify for the meet.

In 2000, Elliott helped Likhaya Dayile become the first man since Furusa in 1994 to qualify for the NCAA Cross Country Championships. Elliott also guided the men's cross country team to a fourth-place finish at the SEC Championships, marking the Tigers best finish at the event since a second-place showing in 1989 when Elliott himself donned the purple and gold. That same year, Susanne Strunz developed into one of the nation's premier 3,000-meter steeplechase threats, finishing second in the event at the SEC Championships and later qualifying for the NCAA Outdoor Championships.



THE ELLIOTT FILE

COACHING EXPERIENCE

LSU

2005-Present • Assistant Head Coach

1994-2005 • Assistant Coach

ATHLETIC EXPERIENCE

- 4-time NCAA All-American
- 2-time SEC Champion
- 14-time Junior College All-American at Blinn JC
- A member of four consecutive outdoor national championship teams (two at LSU in the NCAAs and two at Blinn JC in the NJCAAs)

RECORDS AND ACHIEVEMENTS AT LSU

- 5 Olympians
- 3 NCAA Champions
- 8 SEC Champion athletes winning 15 SEC titles
- Has coached his athletes to 10 current LSU school records
- Served as Guyana's head coach at the 2004 Olympic Games
- Served as an assistant coach for Grenada at the 2005 IAAF World Championships

Dayile and Strunz were not the first athletes to achieve success under Elliott's guidance. In the mid-1990s, he helped transform former Lady Tiger Charlotte Mayock into one of the nation's top distance runners when she became the first Lady Tiger to earn All-America honors in a distance more than 1,000 meters, placing seventh in the mile at the 1997 NCAA Indoor Championships. Mayock later advanced to the finals in the 3,000 meters at the 1997 NCAA Outdoor Championships and again qualified for the finals in the mile at the 1998 NCAA Indoor Championships.

In the fall of 1996, Elliott helped direct Mayock to a berth into the NCAA Cross Country Championships as she became the first Lady Tiger to accomplish such a feat. The women's cross country team placed fifth at the SEC Cross Country Championships that year, marking the Lady Tigers' best finish in program history.

A 1991 graduate of LSU, Elliott was a four-time NCAA All-American while competing for the Tigers and was a member of four-straight outdoor national championship teams (two at LSU and two at Blinn Junior College). Individually, Elliott earned runner-up honors in the 3,000 meters at the 1989 NCAA Indoor Championships and was a top-five finisher on three different occasions in a variety of other distance events, including the 5,000 and 10,000-meter races. At the conference level, Elliott won the SEC 10,000-meter title in 1989, as well as the SEC Indoor crown in the 5,000 meters in 1990. Prior to his career at LSU, Elliott was a 14-time junior college All-American at Blinn Junior College in Brenham, Texas.

A native of Spanish Town, Jamaica, Elliott earned his Bachelor of Science degree from LSU in 1991 and his associate of arts degree from Blinn Junior College in 1988. Elliott later added a master's degree in kinesiology to his resume in 2000. Born on October 21, 1966, in Kingston, Jamaica, Elliott and his wife, Kareth, have two children, Breanna (12) and Ashley (8).



Marvin Gibson

Assistant Coach • Fifth Season • LSU, 1996

Marvin Gibson enters his fifth season as an assistant coach on the LSU staff where he is responsible for not only recruiting the nation's premier athletes, but also assisting head coach Dennis Shaver in implementing the team's sprints and hurdles program. This group flourished with Gibson's assistance a season ago as LSU's sprinters racked up 15 All-America honors while leading the Tigers to a pair of top-five finishes at the NCAA Championships.

None were more dominant than Trindon Holliday, who became the third different LSU Tiger in four seasons to be crowned NCAA champion in the 100-meter dash at the NCAA Division I Outdoor Track and Field Championships. Holliday captured his first career individual NCAA crown by running a new personal-best time of 10.00 seconds in the national final. Not only that, but the Zachary native was the NCAA runner-up in the 60 meters during the indoor season and anchored the Tigers' 4x100-meter relay team to an NCAA runner-up finish during the outdoor season.

The Tigers also dominated the men's sprints at the NCAA level in 2008, led by LSU great and international superstar Richard Thompson, who burst onto the international scene as one of the top young sprinters in the world with his silver-medal winning run in the 100-meter dash at the Olympic Games in Beijing. Thompson, a native of Trinidad and Tobago, tied the collegiate record of 9.89 seconds in the final to finish second behind only world-record holder and gold medalist Usain Bolt of Jamaica. He went on to win Olympic silver in the 4x100-meter relay.

Thompson wrapped up his collegiate career in 2008 by being named the NCAA Men's Outdoor Track Athlete of the Year after Gibson helped coach him to a sweep of NCAA titles in the 60 meters and 100 meters, while also adding a runner-up finish in the 200 meters at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa. He became the first sprinter in the history of LSU track and field to break the 10-second barrier in the 100-meter dash with a winning time of 9.93 at the SEC Championships.

Thompson's personal-best times of 6.51 in the 60 meters and 9.89 in the 100 meters are school records that may never be broken. Not only did Thompson tie the collegiate record in the 100 meters at the Olympic Games, but his winning time of 6.51 in the 60 meters at the NCAA Indoor Championships is a meet record.

LSU is world-renown for its performance in the relays, and the Tigers added yet another national title in the 4x100-meter relay to their already impressive resume in 2008 as the team of Armanti Hayes, Thompson, Gabriel Mvumvure and Holliday clocked the sixth-fastest time in collegiate history at 38.42 in the NCAA final. For LSU, it was their seventh national title in the 4x100 relay in program history.

Gibson also helped coach Holliday to another impressive season as the Tiger sprint star finished runner-up in the 60 meters at the NCAA Indoor Championships before taking third place in the 100 meters at the NCAA Outdoor meet in 2008. Gibson's efforts helped LSU earn its third-straight runner-up finish at the NCAA Outdoor Championships and fourth second-place finish in NCAA competition since joining the staff as an assistant coach in 2005.

The Tigers earned a runner-up finish at the 2007 NCAA Outdoor Championships as Gibson coached former LSU standout Isa Phillips to a national title in the 400-meter hurdles. The Jamaican star cut 0.8 seconds off of his personal best with a time of 48.51 in the national final, becoming the first Tiger to win a national title in the 400 hurdles since Billy Hardin accomplished the feat in 1964.

In addition to Phillips' success, Holliday sprinted to NCAA runner-up honors in the 100-meter dash at the NCAA Championships, where he clocked a 10.06 in the final after setting a then school record in the event with a time of 10.02 in the national semifinal. Holliday also anchored the Tigers' 4x100 relay to a runner-up finish at the NCAA meet after clocking a seasonal-best time of 38.85 in the final.

The 2006 season was also a banner year for the men's sprints and hurdles with Gibson's help as he was instrumental in the development of former LSU star Xavier Carter, who became the first athlete since Jesse Owens in 1935 and 1936 to capture four national titles at a single NCAA Championships. Carter took top honors in the 100 meters and 400 meters, as well as the 4x100 and 4x400-meter relays at the NCAA Outdoor Championships in 2006. In fact, he became the first athlete in the 85-year history of the meet to double in both the 100 meters and 400 meters. Carter posted the fastest collegiate times in three sprint races during the 2006 season, including the 100 meters (10.09), 200 meters (20.13) and 400 meters (44.53).

Gibson also worked with LSU great Kelly Willie, who finished his career as the most decorated athlete in the program's storied history with a school-record-tying seven national titles and an LSU best 19 All-America honors. Willie posted outstanding times of his own while competing for the Tigers in the 100 meters (10.18), 200 meters (20.13) and 400 meters (44.63) during the 2006 season.

National champion relay teams have been an integral part of LSU's winning tradition, and Gibson played a vital role in an undefeated season for the Tigers' sprint relay teams in 2006. The men's 4x100 squad capped the 2006 season by winning a national title with a collegiate-best time and the fourth-fastest time in NCAA history at 38.44. The 4x400 team also clocked the nation's fastest time at 3 minutes, 1.58 seconds en route to winning an NCAA title of its own during the outdoor campaign.

Gibson was also instrumental in the record-setting performance of the 4x400-meter relay team at the NCAA Outdoor Championships in 2005 as the team clocked a collegiate record 2:59.59 in winning yet another national title. The team featured four of the nation's premier 400-meter runners that season in Reggie Dardar (46.59), Olympic gold medalist Kelly Willie (44.24), Olympic 400-meter hurdle finalist Bennie Brazzell (44.84) and Xavier Carter (43.99).

Gibson returned to his roots as a volunteer assistant in 2005 after serving five years with the LSU Officials Association. He spent six years coaching on the high school level in the East Baton Rouge Parish School System and one year in the San Antonio Independent School District. During that time, Gibson also started the Louisiana Elite and the Baton Rouge YMCA Youth Track and Field development programs where he coached numerous athletes to All-America honors at the Junior Olympics.



THE GIBSON FILE

COACHING EXPERIENCE

LSU

2005-Present • Assistant Coach

2004-2005 • Volunteer Assistant

CAPITOL HS (LA.)

1999-2003 • Assistant Boy's Track & Field Coach

LOUISIANA ELITE/YMCA

1997-2004 • Track & Field Coach

ATHLETIC EXPERIENCE

- 2-year letterwinner at LSU

RECORDS AND ACHIEVEMENTS AT LSU

- 1 Olympic Medalist
- 10 NCAA Champion athletes winning 11 NCAA titles
- 4 NCAA Champion Relay Teams
- 18 All-American athletes earning 63 All-America honors
- 11 SEC Champion athletes winning 17 SEC titles
- 17 All-SEC athletes earning 60 All-SEC honors
- Has coached athletes to 6 current LSU school records
- Coached Xavier Carter to four individual NCAA titles at the 2006 NCAA

OUTDOOR CHAMPIONSHIPS

- Coached Olympic silver medalist Richard Thompson

A native of West Palm Beach, Fla., Gibson competed for the Tigers under former head coach Pat Henry in 1994-95 following a two-year stint at Long Beach City College where he ran for head coach Ron Alice in 1992-93. Gibson graduated from LSU in 1996 with a bachelor's degree in kinesiology and currently holds a USATF Level II certification in sprints/hurdles.



Debbie Parris-Thymes

Assistant Coach • Fifth Season • LSU, 1995

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Former Lady Tiger standout Debbie Parris-Thymes enters her fifth season working as an assistant to head coach Dennis Shaver as she seeks to help mold the women's sprinters and hurdlers into one of the elite groups in the nation once again in 2010.

Parris-Thymes has brought a wealth of competitive experience and knowledge to the Lady Tiger program as she wrapped up an illustrious 11-year professional career at the IAAF World Outdoor Track and Field Championships in August 2005. She turned that knowledge into immediate success as an assistant at LSU as she has assisted Shaver in coaching nine Lady Tigers to individual national titles and 13 to All-America honors over the past four seasons.

In all, 13 Lady Tiger sprinters have accounted for a total of 75 All-America accolades since Parris-Thymes joined the LSU staff in 2006. That includes 10 All-America selections a year ago as LSU earned a pair sixth-place finishes at the NCAA Indoor and Outdoor Championships.

LSU's sprinters and hurdlers were the catalyst in the Lady Tigers winning their 25th national championship in 2008 with a victory at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa. The group accounted for 59 of 67 points in the team standings as the Lady Tigers won their first NCAA Outdoor crown since 2003. In 2008, Parris-Thymes also helped guide the LSU women to their first sweep of SEC Indoor and SEC Outdoor titles since 1996.

With Parris-Thymes' assistance, Kelly Baptiste became the first Lady Tiger in program history to sweep NCAA titles in the 60 meters and 100 meters in the same season, following in the footsteps of LSU greats Dawn Sowell (1989), Esther Jones (1990), D'Andre Hill (1994, 1995) and Sherry Fletcher (2007) as NCAA 100-meter champions. Baptiste also earned outdoor All-America honors in the 200 meters, 4x100 relay and 4x400 relay to finish as the Lady Tigers' top point scorer at the NCAA Outdoor Championships.

Using her expertise as a 400-meter hurdler, Parris-Thymes also helped coach former Lady Tiger star Nickiesha Wilson to an NCAA title in the event in 2008. By winning the event title, Wilson added her name alongside Schowonda Williams and Parris-Thymes as the only Lady Tigers to be crowned NCAA champion in the event in the history of the program.

That success continued after the completion of the collegiate season as Baptiste (Trinidad and Tobago), Fletcher (Grenada) and Wilson (Jamaica) each represented their respective countries in the 2008 Olympic Games in Beijing, China. They were part of the largest representation of any collegiate track and field program in the United States as 12 current and former LSU athletes participated in the Olympic Games.

In 2007, Parris-Thymes helped guide the Lady Tigers to a pair of NCAA runner-up finishes during both the indoor and outdoor seasons, while the squad added yet another SEC Outdoor title to its resume.

Fletcher was among the athletes to win a national title under Parris-Thymes that season with her improbable victory in the 100-meter dash at the NCAA Championships, her first event title in an LSU uniform. The Lady Tigers also won an NCAA championship in the 4x400-meter relay during the outdoor season.

Her athletes went on to achieve great success in international competition during the summer of 2007, led by Wilson's fourth-place finish in the 400-meter hurdles at the IAAF World Championships in Osaka, Japan. Wilson shattered the school record in the event en route to the final with a time of 53.97 seconds in the semifinal round. The previous record of 54.82 was set by Williams in 1987. In addition to Wilson's performance, Fletcher also competed in the 200 meters at the World Championships.

Having competed extensively at the highest level of international track and field for more than a decade, the former "Tiger of the Year" turned in numerous outstanding performances while under Shaver's guidance. Her professional career included appearances in two Olympic Games, six World Championships, two Commonwealth Games and two Goodwill Games among many other elite international competitions.

A specialist in the 400 hurdles herself, Parris-Thymes' resume boasts three Jamaican national titles, one Central American and Caribbean title, two Commonwealth Games silver medals, a pair of Goodwill Games silver medals, three World Championships finals appearances and two top-10 finishes at the Olympic Games.

Her success was nurtured at the collegiate level while spending two highly successful seasons as a member of the Lady Tigers' national championship squad. An eight-time All-American, Parris-Thymes won a total of five NCAA titles, five SEC titles and was awarded the SEC Commissioner's Trophy in 1994 for her efforts. She currently ranks third on the school's all-time outdoor performance list in the 400 hurdles with a top time of 55.17 seconds during her collegiate career.

A native of Trelawny, Jamaica, Parris-Thymes graduated with a bachelor's degree from LSU in 1995 after earning an associate of arts degree from San Jacinto College in 1992. She is married to Derrick Thymes, a former member of the LSU football and track teams, and they have a daughter named Jana Marie Thymes.



THE PARRIS-THYMES FILE

COACHING EXPERIENCE

LSU

2005-Present • Assistant Coach

ATHLETIC EXPERIENCE

- 2-time Olympian
- 6 World Championships appearances
- 2-time Goodwill Games Silver Medalist
- 2-time Commonwealth Games Silver Medalist
- 3 Jamaican National Titles
- 1 Central American and Caribbean Title
- 5-time NCAA Champion
- 8-time NCAA All-American
- 5 SEC Titles
- 1994 Recipient of the SEC Commissioner's Trophy
- 2-year letterwinner at LSU

RECORDS AND ACHIEVEMENTS AT LSU

- 3 Olympians
- 9 NCAA Champion athletes winning 8 NCAA titles
- 4 NCAA Champion Relay Teams
- 13 All-American athletes earning 75 All-America honors
- 13 SEC Champions winning 17 SEC titles
- 17 All-SEC athletes earning 52 All-SEC honors



Todd Lane

Assistant Coach • Third Season • St. Cloud, 1996

The LSU jumps program boasts one of the proudest traditions in the history of collegiate track and field in the United States, and assistant coach Todd Lane looks to continue that tradition as he enters his third season as a member of the LSU coaching staff in 2010.

The Tigers and Lady Tigers have flourished in two seasons under Lane's direction as he has coached four athletes to seven All-America honors in four different jumping events since joining the LSU coaching staff prior to the 2008 season.

That was certainly evident with the development of former Tiger standout Jeremy Hicks, who enjoyed a tremendous senior season in 2009 as one of the nation's premier long jumpers. Hicks was nearly crowned NCAA champion in the long jump during the indoor season in 2009 as he finished second in the event at the NCAA Indoor Track and Field Championships with a remarkable jump of 26 feet, 3 1/2 inches on his final attempt of the competition. While it may have been Hicks' first time to jump more than 26 feet in his collegiate career, it was not his last as he went on to record a mark of 26 feet or better four times during the outdoor season in 2009.

Hicks earned his third career All-America honor in the long jump in his final collegiate meet while placing fifth in the event at the NCAA Outdoor Track and Field Championships, posting a mark of 26-1 1/2. He finished with an outdoor seasonal-best effort of 26-3 to win the long jump title at the 115th Penn Relays Carnival.

Brittani Carter also enjoyed one of the most prolific seasons for a Lady Tiger high jumper in 2009 while earning a pair of All-America honors at the NCAA Championships. Carter became the first Lady Tiger in 22 years to receive indoor All-America honors in the high jump with a personal-best clearance of 6-0 to take third place in the event at the NCAA Indoor Championships. Carter carried that success into the outdoor season when she earned her second career All-America honor by tying for fifth place at the NCAA Outdoor Championships with another 6-0 clearance.

The 2009 NCAA Indoor Championships was a special meet for Lane's athletes as senior Andrea Linton and freshman Rachel Laurent also reached All-America status with their effort.

Linton wrapped up her collegiate career as a four-time All-American following her fifth-place finish in the triple jump at the indoor national meet. Lane coached Linton to a pair of those All-America accolades that included a seventh-place finish in the long jump at the NCAA Indoor meet in 2008, as well as an SEC title in the triple jump at the SEC Indoor meet that same year.

Laurent also made history under Lane's guidance during her freshman season in 2009 as she became the first Lady Tiger in program history to reach All-America status in the pole vault with a fifth-place finish in the event at the NCAA Indoor Championships. Laurent also became the first pole vaulter in Lady Tiger history to win an SEC title and clear 14 feet in the event when she captured the SEC Indoor crown with a mark of 14-0 1/2. Laurent went on to set an overall personal best and 2009 seasonal best with a clearance of 14-1 1/4 to win the event title at the Texas Relays. She was also crowned the pole vault champion at the Penn Relays before earning her second All-SEC honor of the season with a runner-up finish at the 2009 SEC Outdoor Championships.

Lane joined the LSU coaching staff after spending one season at the University of Miami, where he was voted the top women's jumps and combined events assistant in the East Region in 2007 by the U.S. Track and Field and Cross Country Coaches Association.

The Hurricanes enjoyed great success under Lane's tutelage as he coached his athletes to a total of three All-America honors, eight All-Atlantic Coast Conference accolades, four ACC titles and one current school record. In addition, Hurricane standouts Brenda Faluade and Amy Seward swept postseason awards in 2007 while being named the ACC Indoor Field Performer of the Year and ACC Outdoor Field Performer of the Year, respectively.

Prior to joining the staff at Miami, Lane served as an assistant coach at Ball State University of the Mid-American Conference. In 2006, he helped guide BSU to a runner-up finish at the MAC Indoor Championships and a third-place showing at the MAC Outdoor Championships before being named interim head coach following the season.

Lane is not without head coaching experience as he was the head track and field coach at Georgia Southern University for five years where he oversaw the program from its inception in 1999. He was named the SoCon Outdoor Coach of the Year in 2003 and 2004 after leading Georgia Southern to back-to-back runner-up finishes at the SoCon Outdoor Championships.

Lane is a Level II certified coach and currently serves as a Level II jump instructor. A native of Iowa City, Iowa, the 36-year-old Lane graduated from Luther College (Iowa) in May 1995 with a bachelor's degree in political science. He has also received two master's degrees from Georgia Southern University, including one in sport management in May 1997 and a second in exercise science in December 2005.



THE LANE FILE

COACHING EXPERIENCE

LSU

2007-Present • Assistant Coach

MIAMI

2006-07 • Assistant Coach

BALL STATE

2004-06 • Assistant Coach

GEORGIA SOUTHERN

1999-2004 • Head Women's Track & Field Coach

1997-2004 • Head Cross Country Coach

1995-96 • Graduate Assistant Cross Country Coach

ST. CLOUD STATE

1996-97 • Head Cross Country Coach; Assistant Track & Field Coach

RECORDS AND ACHIEVEMENTS AT LSU

- 4 All-American athletes earning 7 All-America honors
- 18 NCAA Championships qualifiers
- 2 SEC Champion athletes winning 2 SEC titles
- 5 All-SEC athletes earning 9 All-SEC honors



Derek Yush

Assistant Coach • Third Season • Connecticut, 1997

INTRO

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RECORDS

The LSU throws group has flourished in two seasons under assistant coach Derek Yush, and 2009 proved to be a banner season for the Tigers and Lady Tigers as the squad made history with its performance during both the indoor and outdoor seasons.

All-American Walter Henning led the charge with his performance as he put an exclamation point onto the end of an outstanding sophomore season with a national runner-up finish in the hammer throw at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. Henning also earned All-America honors during the 2009 indoor season with a fourth-place finish in the 35-pound weight throw at the NCAA Indoor Championships. Henning broke a 16-year drought by becoming the first LSU Tiger since David Paddison in 1993 to earn All-America honors in both the weight throw and hammer throw in the same year.

The first-year transfer from North Carolina also made history by becoming LSU's first Southeastern Conference champion in both the weight throw and hammer throw with his effort at the SEC Indoor and Outdoor Championships.

With Yush's guidance, Henning cemented his place among the all-time great throwers to wear the LSU uniform as he wrapped up his first season with the Tigers as the school-record holder in both the weight throw and hammer throw. Henning shattered the weight throw mark by nearly five feet with a seasonal best of 74-5 1/2 before breaking the hammer throw mark by nearly 14 feet with a seasonal-best throw of 235-11.

Not only has Henning added the title of All-American to his resume under Yush's guidance, but he was also crowned World Junior Champion in the summer of 2008 with his gold-medal winning performance in the 6-kg. hammer throw at the IAAF World Junior Championships in Bydgoszcz, Poland, after transferring to LSU from the University of North Carolina. His throw of 252-4 at the IAAF World Junior Championships was an American junior record in the event.

Following his performance as a sophomore, there is no doubt that Henning will help lead the Tigers as an NCAA title contender once again in 2010.

Henning was not the only LSU thrower to earn recognition for a tremendous 2009 season as Anthony Martel and Kim Williams also earned All-SEC honors in their respective events at the SEC Outdoor Championships. Martel finished runner-up in the javelin throw with a new personal-best mark of 221-7, while Williams also earned a second-place finish in the hammer throw with a seasonal-best mark of 192-3.

Yush also coached a pair of LSU javelin throwers into the NCAA Championships during the 2009 outdoor season as Anna Lyons and Aaron Moore joined Henning in Fayetteville.

Yush has now guided his athletes to a total of three All-America honors during his tenure as the LSU's throws coach as former Tiger javelin thrower Preston Chatham earned his first career All-America honor during the 2008 outdoor season with a fourth-place finish at the NCAA Outdoor Championships while setting a personal best of 234-7.

Yush came to LSU in 2007 after spending the previous eight seasons at the University of Rhode Island, where he coached the men's throws, jumps and multi-events while also acting as an assistant with the cross country team. Rhode Island enjoyed tremendous success under Yush's guidance as he helped lead the squad to 11 Atlantic-10 Conference titles from 2001-07, including five indoor and six outdoor crowns.

The Rams also excelled individually on a national level as Yush coached a total of 24 NCAA Regional qualifiers in six events, while also guiding his athletes to 51 Atlantic-10 championships and 15 New England individual titles in eight events during his tenure at the school.

In addition to his experience at Rhode Island, Yush brings head coaching experience to the position as he served as the head men's and women's coach at Eastern Connecticut State University from 1998-99. He actually got his start in the coaching profession at ECSU as he was named the assistant sprints, jumps and throws coach in 1997.

During his time at East Connecticut State, Yush helped develop several All-Eastern College Athletic Conference and All-New England performers as well as an All-American long jumper.

The Enfield, Conn., native also served two seasons as an administrative assistant at the University of Connecticut where he served as a team captain and helped lead the Huskies to Big East and New England championships as a senior. He was a consistent scorer at the Big East Championships and was an Intercollegiate Association of Amateur Athletes of America performer.

Yush has earned a USA Track and Field Level II Coaching Certificate as he is fully certified to coach sprints, hurdles, relays, jumps, throws and multi-events. He is also a certified strength and conditioning specialist after joining the National Strength and Conditioning Association in 1997. He earned a bachelor's degree in dietetics from Connecticut in May 1997.

His wife, Kristal, is one of the world's premier hammer throwers as she represented the United States at the 2007 IAAF World Championships in Athletics in Osaka, Japan. She made her first career appearance at the World Championships after winning a silver medal at the 2007 AT&T USA Outdoor Track and Field Championships.



THE YUSH FILE

COACHING EXPERIENCE

LSU

2007-Present • Assistant Coach

RHODE ISLAND

1999-2007 • Assistant Coach

EASTERN CONNECTICUT STATE

1998-99 • Head Coach

1997-98 • Assistant Coach

RECORDS AND ACHIEVEMENTS AT LSU

- 2 All-American athletes earning 3 All-America honors
- 9 NCAA Championships qualifiers
- 1 SEC Champion athlete winning 2 SEC titles
- 3 All-SEC athletes earning 4 All-SEC honors

Support Staff



Will Stafford
Sports Information Director



Angelia Jefferson
Coordinator



Keith Thompson
Associate Athletic Trainer



Kelly Abendschoen
Graduate Assistant
Athletic Trainer



Ben Stollberg
Graduate Assistant
Athletic Trainer



Zac Benjamin
Student Athletic Trainer



Sarah O'Keefe
Student Athletic Trainer



Kelly Sanders
Student Athletic Trainer



Loren Johnson
Manager



Alex Ramirez
Manager



Jeffrey Schexnayder
Manager



John Troutman
Manager



Dana Dolliole
Student Worker



Jeremy Kenny
Student Worker



Brittany Hall



Ade Alleyne-Forte
So./So. – 5-10 – San Fernando, Trinidad
St. Stephens HS
Major: Kinesiology
Event: 400M (IN: 47.65; OUT: 46.27)

2-time All-American
All-SEC

2009

A 400-meter specialist who earned a pair of All-America honors during his freshman season as a member of LSU's 4x400-meter relay team ... Ran as part of the foursome that earned a sixth-place finish at both the NCAA Indoor and Outdoor Championships in 2009 ... Ran the second leg on the team that took sixth at the NCAA Indoor meet with a time of 3 minutes, 8.47 seconds in the national final ... Anchored the Tigers to All-America honors with a sixth-place finish at the NCAA Outdoor meet while running a seasonal best of 3:03.81 ... Also earned his first career All-SEC honor during the outdoor season while running the second leg on the 4x400-meter relay that took second place at the SEC Outdoor Championships with a time of 3:04.75 ... Placed fifth in the mile relay at the SEC Indoor Championships ... Was an NCAA Mideast Regional qualifier in the 400 meters while clocking a seasonal-best time of 47.05 seconds to take 11th place at the SEC Outdoor Championships ... Also finished 11th in the open quarter at the SEC Indoor meet while running an indoor best of 47.65 ... Recorded a time of 21.79 in his only 200-meter race of the 2009 outdoor season at the Louisiana Classics ... Competed in a total of 15 meets during his freshman season at LSU.

PRIOR TO LSU

Signed with LSU as one of the premier young 400-meter runners in the world for the Class of 2008 ... Represented his country at the 2007 IAAF World Championships in Osaka, Japan, as part of Trinidad's 4x400-meter relay pool ... Won two medals at the 2007 Pan American Junior Championships in Sao Paulo, Brazil, after anchoring Trinidad's 4x400-meter relay to a gold medal and winning the bronze medal in the 400 meters with a personal-best time of 46.27 seconds ... His personal best was the 12th-fastest time in the world in 2007 by an athlete under the age of 20 ... Also competed in the 400 meters and ran on his country's silver-medal winning sprint medley relay at the 2005 World Youth Championships in Morocco.

PERSONAL

Full name is Ade Franci Alleyne-Forte ... Born on Oct. 11, 1988 ... Pursuing a degree in kinesiology.



Chris Bless
Sr./Sr. - 5-10 - Fair Oaks, Calif.
Del Campo HS
Major: Kinesiology
Events: Weight Throw (55-9 ¼), Hammer Throw (197-2)

2009

Showed tremendous improvement in his performance as a junior in 2009 ... Was an NCAA Mideast Regional qualifier in the hammer throw for the second-straight season ... Earned an 11th-place finish at the

NCAA Mideast Regional Championships with a mark of 194-11 ... Qualified for the regional meet with a new personal-best and seasonal-best throw of 197-2 to take fifth place at the LSU Alumni Gold ... Posted six regional qualifying marks in the hammer throw during the outdoor season ... Finished 10th in the event at the SEC Outdoor Championships with a toss of 192-10 ... Also competed in the event at the Sun Angel Classic (196-7), Penn Relays (190-11), Louisiana Classics (189-4), LSU Tiger Relays (187-1) and Texas Relays (183-6) ... Competed in the weight throw during the indoor season ... Recorded a new personal best in the event with a throw of 55-9 ¼ at the LSU NCAA Indoor Qualifier ... Threw 54-8 ¾ at the LSU Twilight and 53-5 ½ at the Purple Tiger Classic ... His personal best in the hammer throw ranks No. 8 on LSU's all-time performance list in the event.

2008

Improved his personal best in the hammer throw by nearly 23 feet from his top mark entering the season ... Was an NCAA Mideast Regional qualifier in the event for the first time in his career ... Placed 15th in the hammer throw at the NCAA Mideast Regional Championships with a personal-best mark of 191 feet, 4 inches ... Qualified for the regional meet with a throw of 186-6 at the Cole/Lancon Twilight Classic on April 30, finishing the event in second place ... Also finished runner-up in the hammer throw at the LSU Tiger Relays (181-0) and LSU Alumni Gold (182-8) during the outdoor season ... Was the 10th-place finisher in the event at the SEC Outdoor Championships ... Concentrated on the weight throw during the indoor season ... Set a personal best of 51-11 ¾ in a second-place finish at the LSU Twilight Invitational ... Competed in a total of 11 meets for the Tigers in 2008.

2007

Competed in seven home meets for the Tigers during his redshirt freshman season ... Won the weight throw title at the LSU NCAA Indoor Qualifier with a heave of 49-3 ½ ... Placed second in the event in the Tigers' season opener at the Purple Tiger Classic ... Recorded a seasonal-best throw of 50-5 ¼ to finish eighth at the Bayou Bengal Invitational ... Posted a mark of 48-6 at the LSU Twilight Invitational ... Also threw the shot put at the LSU NCAA Indoor Qualifier, finishing fourth with a mark of 42-9 ¾ ... Threw the hammer during the outdoor season ... Won the hammer throw title at the LSU Tiger Relays with a seasonal-best toss of 163-10 ... Matched his seasonal best at the LSU Alumni Gold where he placed seventh ... Took fifth place at the LSU Tiger Classic (158-9) ... Was named to the SEC Academic Honor Roll following the season.

2006

Did not compete for the Tigers as he received a redshirt in 2006.

PRIOR TO LSU

Three-year letterwinner in track and field for coach Michael Reid at Del Campo High School ... Posted personal bests of 53-0 in the shot put, 147-3 in the discus and 168-7 in the hammer ... Was given the team's Coaches Award in 2005, the Most Improved Award in 2004 and was named the Team MVP in 2003 ... Helped his team to league titles during both his junior and senior seasons ... A member of the National Honor Roll, he was also named to Who's Who Among American High School Students.

PERSONAL

Full name is Christopher Robin Bless ... Born on Nov. 7, 1986 ... Son of Bob and Teresa Brewer ... Has an older brother, Tristan ... Majoring in kinesiology.



Frank Bohn
So./So. – 5-11 – Galveston, Texas
Ball HS
Major: Construction Management
Events: 1,500M (4:12.40), 3,000M (9:04.47), 5,000M (15:47.95)

2009

Competed in six meets during the 2009 season ... Competed in the mile and 3,000 meters during the indoor season ... Ran 4:32.49 to take fourth in the mile at the LSU NCAA Indoor Qualifier ... Recorded a seasonal best of 9:04.47 in the 3,000 meters to take fifth place in the event at the LSU Twilight ... Also ran the 3,000 meters at the Purple Tiger Classic (9:19.45) ... Competed in the 1,500 meters and 5,000 meters in the outdoor season ... Clocked 4:12.40 in his only 1,500-meter race of the outdoor season at the Louisiana Classics ... Posted a seasonal-best time of 15:47.95 in the 5,000 meters at the LSU Alumni Gold ... Took a sixth-place finish in the 5k at the LSU Tiger Relays (15:53.53).

PRIOR TO LSU

Wrapped up his prep career with personal bests of 4:30 in the 1,600 meters, 9:48 in the 3,200 meters and 15:37 in the 5,000 meters ... Was a two-time first-team all-district selection in cross country in 2006 and 2007 ... Was also a first-team all-region performer and a state qualifier in 2007 ... A three-time MVP of his high school cross country team from 2005-07.

PERSONAL

Full name is Frank Hawkins Bohn ... Born on March 1, 1990 ... Parents are Paul and Linda Bohn ... Has three siblings: Kathy, David and Allison ... Was an honor roll student and member of the National Honor Society at Ball High School ... Majoring in construction management.



Joseph Caraway
Fr./Fr. – 5-9 - Lacassine, La.
Lacassine HS
Major: Nutritional Science
Event: Pole Vault (IN: 16-2; OUT: 16-0)

PRIOR TO LSU

One of the top pole vaulters in the state of Louisiana for the Class of 2009 ... Wrapped up his senior season at Lacassine High School by winning the Louisiana High School Athletics Association Division II indoor state title and Class B outdoor state title in the pole vault ... Set a new overall personal best and LHSAA Division II Indoor State Championships meet record of 16-2 to win the 2009 indoor state title ... Finished the 2009 indoor season as the nation's fifth-ranked boy's pole vaulter with his top mark of 16-2 ... Also set a new outdoor personal best and LHSAA Class B Outdoor State Championships meet record of 16-0 to win the 2009 outdoor state title ... Also swept indoor and outdoor state titles during his junior season in 2008 ... Improved his overall PR by nearly two feet between his junior and senior seasons ... Competed at the 2008 USA Track & Field National Junior Olympic Championships, where he earned a sixth-place finish in the young men's division ... Wrapped up his high school career with 14 meet records in the state.

PERSONAL

Full name is Joseph Calloura Caraway ... Born on Oct. 13, 1990 ... Son of Julius Caraway III and LaDonna Caraway ... Has three older siblings: Julius IV, Barbara and Katarina ... Father played football at McNeese State ... His two sisters also ran track at McNeese State ... Graduated from Lacassine High School with a perfect 4.0 grade-point average ... Was the valedictorian of his senior class ... Winner of the Wendy's High School Heisman for the state of Louisiana during his senior year ... Served as Class President for two years and was a member of the Student Council for four years ... Four-time recipient of JDPB Outstanding Achievement honor ... Plans to major in nutritional science at LSU.



Richard Chautin
So./So. – 5-10 – Arnaudville, La.
Beau Chene HS
Major: Mechanical Engineering
Events: 3,000M (8:49.63), 5,000M (IN: 15:03.42; OUT: 14:50.25)

2009

Lettered for the Tigers during the indoor season ... Competed in the 5,000 meters at the SEC Indoor Track and Field Championships where he did not finish the race ... Recorded an indoor personal best of 15:03.42 in the 5,000 meters at the SEC/Big12 Challenge during the indoor season ... Also com-

peted in the 5k at the Tyson Invitational (15:33.80) where he finished in ninth place ... Also competed in the mile and 3,000 meters during the indoor campaign ... Recorded top times of 4:24.16 in the mile and 8:49.63 in the 3,000 meters at the LSU Twilight ... Competed in the 1,500 meters and 5,000 meters during the outdoor season ... Clocks bests of 4:00.05 in the 1,500 meters at the LSU Alumni Gold and 14:50.25 in the 5,000 meters at the Sun Angel Classic.

2008

Received a redshirt during the 2008 season.

PRIOR TO LSU

A standout distance runner at Beau Chene High School in Amadville, La. ... Led his squad to a state championship as a sophomore in 2005 ... Joined the LSU program with personal bests of 4:23 in the 1,600 meters and 9:35 in the 3,200 meters.

PERSONAL

Full name is Richard Francis Chautin ... Born on March 31, 1989 ... Parents are Myran and Karen Chautin ... Has two older brothers, Andy and Justin ... Majoring in mechanical engineering.



Roger Cooke

Fr./Fr. - 6-0 - Glen Allen, Va.

Hermitage HS

Major: Elementary Education

Events: Distance

PRIOR TO LSU

Earned five letters in cross country under head coach Joe Pardue at Hermitage High School ... Was a district champion in cross country in 2008 ... Was also named to the all-district and all-region teams for his high school ... Comes to LSU with a personal best of 16:11 in the 5,000 meters.

PERSONAL

Full name is Roger Paul Cooke III ... Born on Sept. 8, 1990 ... Parents are Roger Cooke Jr. and Robin Foster ... Has one brother named Matthew ... An honor student at Hermitage High School who was a member of the National Honor Society ... Plans to pursue a degree in elementary education at LSU.



Will Copping

Sr./Sr. - 6-1 - Alexandria, La.

Alexandria Senior HS

Major: Sociology

Events: Long Jump (IN: 25-7 ¼; OUT: 25-3 ¼)

2-time All-American

NCAA Midwest Regional Champion

2-time All-SEC

2009

Earned All-America honors as a member of LSU's 4x100-meter relay team ... Ran the second leg on the foursome that clocked a seasonal-best time of 38.67 seconds to finish as the NCAA runner-up at the NCAA Outdoor Track and Field Championships in Fayetteville, Ark. ... Also ran the second leg on the team that captured the NCAA Midwest Regional crown in 39.13 and All-SEC honors with a second-place finish at the SEC Outdoor Championships with a time of 38.86 ... Was also an NCAA Championships participant in the long jump during both the indoor and outdoor seasons ... Earned an 11th-place finish in the event at the NCAA Indoor Championships in College Station, Texas, with a jump of 24-8 ¼ ... Followed with a 13th-place finish at the NCAA Outdoor Championships with a wind-aided mark of 25-4 ¾ ... Recorded a new overall personal best of 25-7 ¼ to win the long jump title at the New Balance Collegiate Invitational at the Armory in New York ... Also recorded a jump of 25-5 ¼ at the LSU NCAA Indoor Qualifier ... Just missed earning individual All-SEC honors at the SEC Outdoor Championships as he placed third overall in the long jump with a new outdoor PR of 25-3 ¼ ... Tied for 11th place in the event at the NCAA Midwest Regional Championships with a legal jump of 24-7 ... Did not record a mark in three appearances in the triple jump during the 2009 season ... Ran on the 4x100-meter relay team that finish third at both the Texas Relays and Penn Relays.

2008

Was an NCAA Championships participant in the long jump during the indoor season for the second-straight year ... Placed 16th in the event at the national meet, recording a mark of 23 feet, 10 inches ... Punched his ticket to the NCAA Championships with a strong provisional qualifying mark and seasonal best of 25-4 ¾ at the LSU Twilight Invitational ... Was the seventh-place finisher in the long jump at the SEC Indoor Championships (24-10 ½) ... Also competed in the triple jump at the conference meet, finishing ninth with a mark of 46-9 ... Recorded an outdoor seasonal best of 23-11 in the long jump to place ninth at the SEC Outdoor Championships ... Was an NCAA Regional qualifier in the 100-meter dash during the outdoor season with a personal best wind-aided time of 10.53 at the Tiger Invitational ... Recorded a wind-legal personal best of 10.54 at the SEC Outdoor Championships ... Finished in 11th place in the 100 meters at the conference meet.

2007

Proved to be one of the Tigers' top newcomers during the 2007 campaign ... Earned his first career All-America honor at the NCAA Indoor Track and Field Championships ... Finished fifth in the long jump at the national meet after shattering his previous personal best with a jump of 25-6 ¼ ... Was the only Tiger to post a mark of more than 25 feet in the long jump in 2007 ... Earned a spot in the event at the NCAA Indoor Championships by recording a provisional qualifying mark of 25-2 ¾ at the Tyson Invitational ... Won long jump titles at the Bayou Bengal Invitational (24-9) and LSU

NCAA Indoor Qualifier (25-2 ½) ... Secured a fifth-place finish at the SEC Indoor Championships ... Competed in the triple jump at three meets during the indoor season ... Placed 14th in the triple jump at the indoor conference meet with a jump of 46-3 ½ ... His indoor seasonal-best leap of 46-11 ¾ earned him a sixth-place finish at the Lobo Invitational ... Just missed earning All-SEC honors in the long jump during the outdoor season with a third-place finish at the SEC Outdoor Championships ... Set an outdoor PR at the SEC meet with a mark of 24-11 ¼ ... Nearly won the long jump title at the prestigious Penn Relays, finishing second with a regional qualifying jump of 24-3 ¾ ... Registered five NCAA regional qualifying marks during the outdoor season ... Displayed his versatility as a member of the Tigers' 4x100-meter relay team ... Received his first career all-conference honor by running the second leg on the foursome that finished second in the sprint relay at the SEC Outdoor meet ... Squad carried the stick around the track in 39.37 ... Also ran the second leg on the sprint relay team that won its third straight "Championship of America" title at the Penn Relays ... Nipped the top-ranked foursome from Florida State at the tape with a time of 39.73 ... LSU's 4x100 team also won its fourth consecutive title at the prestigious Texas Relays with a time of 40.57 in the final.

PRIOR TO LSU

Arguably the nation's top recruit in the long jump as a senior at Alexandria Senior High School ... Joined the LSU program with personal bests of 24-11 in the long jump, 47-4 in the triple jump and 6-8 in the high jump ... Posted the nation's top four marks in the long jump during the indoor season in 2006 with efforts of 24-11, 24-7 ¾, 24-3 and 24-1 ¼ ... Won the boy's long jump title at the 2006 National Scholastic Indoor Championships with his personal-best leap of 24-11 ... Enjoyed a stellar senior season in which he won individual state titles in the long jump during both the indoor and outdoor seasons, while also leading his team to a pair of state championships at the Division I Indoor Championships and Class 4A Outdoor Track and Field Championships ... Also won a pair individual state titles in the long jump as a junior in 2005, while also winning a state title in the high jump during the indoor campaign.

PERSONAL

Full name is William L'mont Coppage ... Born on June 2, 1987 ... Son of Greg and Gloria Coppage ... Has two older brothers, Greg and Fred ... Was also a standout in football and basketball at the high school level ... Earned two letters in football while playing wide receiver, while also earning three letters in basketball as a shooting guard ... Majoring in sociology.



Mark DeBlanc

Jr./Jr. - 6-0 - Lafayette, La.

St. Thomas More HS

Major: Finance

Event: Javelin (216-4)

2009

Competed in the javelin at the NCAA Midwest Regional Championships for the second-straight season ... Earned a 12th-place finish in the event at the regional meet with a mark of 206-11 ... Scored one point for the Tigers at the SEC Outdoor Championships with an eighth-place finish in the javelin ... Recorded a mark of 207-11 at the conference meet ... Took third-place in the event at the LSU Tiger Relays with a new personal-best throw of 216-4 ... Made his second career appearance at the Texas Relays (203-9) and the Penn Relays (208-3) ... Finished seventh in the university division at the Texas Relays and fifth overall at the Penn Relays ... Also threw the javelin at the Louisiana Classics (196-3), Sun Angel Classic (196-1) and LSU Alumni Gold (206-3) ... Did not compete during the indoor season.

2008

Improved his personal best in the javelin by more than 26 feet during the 2008 season ... Was an NCAA Midwest Regional participant for the first time in his career ... Just missed earning an automatic qualifying spot into the NCAA Championships with a seasonal-best and personal-best throw of 216 feet, 1 inch to finish in sixth place ... Qualified for the regional meet with a throw of 212-5 at the Tiger Invitational ... Participated in the javelin at the SEC Outdoor Championships in Auburn, Ala., where he fouled on his three attempts ... Also threw the javelin at the Willie Williams Classic (198-3), LSU Tiger Relays (200-10), Texas Relays (192-2) and Penn Relays (202-4) ... Did not compete during the indoor season.

2007

Received a redshirt during the 2007 season.

PRIOR TO LSU

Earned three letters in track and field at St. Thomas More High School under the direction of head coach Sam Heinnen ... Won a state title in the javelin during the 2005 outdoor campaign with a heave of 180-10 ... Came to LSU with a personal best in the event of 189-10 ... Also competed in football and baseball during his high school career ... Graduated with a stellar 3.86 grade-point average.

PERSONAL

Full name is Mark Robert DeBlanc ... Born on Aug. 7, 1987 ... Son of Cyrus and Diane DeBlanc ... Has four older siblings: Dawn, Beth, Chris and Eric ... Majoring in finance.



Luke Dessauer

Fr./So. - 5-10 - Folsom, La.
St. Paul's HS
Major: Business
Events: 5,000M (16:02.28)

2009

Competed in the 5,000 meters during the outdoor season ... Recorded a new personal best in the event with a time of 16:02.28 to finish in 19th place at the LSU Alumni Gold ... Also saw action at the Louisiana Classics (16:23.41) and LSU Tiger Relays (17:08.80) during his true freshman season ... Took fourth place in the 5,000 meters at the Louisiana Classics ... Followed that performance with a 19th-place finish at the LSU Tiger Relays ... Did not compete during the indoor season.

PRIOR TO LSU

A former two-time district champion in the 3,200 meters at St. Paul's High School ... Competed in the event at the state indoor meet as a senior in 2008 ... Helped lead his team to district and metro cross country championships during his high school career.

PERSONAL

Full name Luke Jacob Dessauer ... Born on April 3, 1989 ... Parents are David and Lana Dessauer ... Father is a graduate of LSU ... Has three siblings: Carly, David and Seth ... Majoring in business.



Josh Dominguez

Sr./Sr. - 5-8 - Ponchatoula, La.
Ponchatoula HS
Major: Kinesiology
Event: Pole Vault (IN: 17-0 ¾; OUT: 17-5)

2009

Competed in the pole vault at the NCAA Mid-east Regional Championships for the third time in his career ... Placed 22nd in the event at the regional meet with a clearance of 16 feet, 1 ¼ inches ... Cleared an outdoor seasonal best of 17-0 ¾ to finish in a tie for sixth place at the Penn Relays and qualify for the regional meet ... Tied for seventh place at the SEC Outdoor Track and Field Championships with a mark of 16-6 ¾ ... Also recorded an NCAA regional qualifying mark of 16-6 ¾ at the Sun Angel Classic ... Set a new indoor personal best of 17-0 ¾ in back-to-back meets at the New Balance Collegiate Invitational and Tyson Invitational ... Placed eighth at the New Balance Collegiate Invitational and tied for third at the Tyson meet ... Scored four points for the Tigers with a fifth-place finish at the SEC Indoor Championships ... Competed in a total of 14 meets during his junior season.

2008

Represented LSU at the NCAA Outdoor Track and Field Championships for the first time in his career ... Finished tied for 16th in the pole vault at the national meet in Des Moines, Iowa, clearing the bar at 16 feet, 8 ¾ inches ... Earned an automatic qualifying spot into the NCAA Championships with a third-place finish at the NCAA Mid-east Regional Championships in Fayetteville, Ark. ... Cleared a personal-best height of 17-5 at the regional meet to move into a tie for the No. 7 spot on the school's all-time outdoor performance list in the event ... Scored three points for LSU with a sixth-place finish at the SEC Outdoor Championships in Auburn, Ala. (16-2 ¾) ... Qualified for the NCAA Mid-east Regional with a clearance of 16-10 ¾ at the Tiger Invitational during the regular season ... Won three pole vault titles during the indoor season ... Was the first-place finisher at the Bayou Bengal Invitational (16-8 ¾), LSU Twilight Invitational (16-4 ¾) and LSU NCAA Indoor Qualifier (16-6 ¾) ... Tied for ninth place at the SEC Indoor meet with a mark of 15-11 ... Saw action in a total of 17 meets for the Tigers during the 2008 season.

2007

Enjoyed an outstanding freshman season for the Tigers as he was the team's top pole vaulter in 2007 ... Made his first career appearance in the event at the NCAA Mid-east Regional Championships ... Became the first LSU athlete since Daniel Trosclair in 2004 to clear 17 feet in the pole vault, posting a new personal best and NCAA regional qualifying mark of 17-0 ¾ at the LSU Tiger Relays in his outdoor debut ... Helped the Tigers to a runner-up finish at the SEC Outdoor Track and Field Championships by earning a fourth-place finish in his specialty with a clearance of 16-6 ¾ ... Earned runner-up finishes at the LSU Tiger Relays (17-0 ¾), Sun Angel Classic (16-6 ¾) and LSU Alumni Gold (16-10 ¾) during the outdoor season ... Placed third at the prestigious Penn Relays ... Posted a total of four NCAA regional qualifying marks during the outdoor campaign ... During the indoor season, recorded a new indoor personal best of 16-6 ¾ to take second place at the LSU NCAA Indoor Qualifier ... Tied for fifth at the SEC Indoor Championships with a mark of 16-2 ¾ ... Finished third at the Purple Tiger Classic (16-0 ¾) and Bayou Bengal Invitational (15-11) ... Also competed in the event at the Lobo Invitational, New Balance Collegiate Invitational and Tyson Invitational during the indoor season.

PRIOR TO LSU

Was a four-year letterwinner for head coach Tim Mattei at Ponchatoula High School ... One of the most prolific pole vaulters in the state's history ... Came to LSU with a PR of 16-6 in the event ... Captured the 2006 Class 5A outdoor state championship with a vault of 16-0 to set the new state record in the event ... Won the Class 5A indoor state championship in 2005 and 2006 ... Was the pole vault champion in the high school boys division at the 2006 Penn Relays with an effort of 15-9 ... Took third place in the outdoor state championships in 2004 ... Placed second at the 2006 Challenge of Champions in Mobile, Ala., with a vault of 16-0 ... Captured three regional championships (2004-06) and four district championships (2003-06) while competing for Ponchatoula High School ... Was named Ponchatoula's Track Team MVP in 2006.

PERSONAL

Full name is Joshua Beau Dominguez ... Born on Nov. 22, 1987 ... Son of Rose and Charles Dominguez ... Has one sibling, Alexis ... Also played basketball at Ponchatoula High School for head coach Frank Schneider ... Served as Senior Class President in 2006 ... Recipient of both the Army ROTC Athletic/Scholar Award and the Brittany Landaiche Memorial Scholarship ... Was a member of the National Honor Roll and named to the Who's Who Among America's High School Students ... Majoring in kinesiology.



Cullen Doody

Fr./Fr. - 5-7 - Arabi, La.
Jesuit HS
Major: Biology
Events: Distance

2009

Received a redshirt in 2009 and will compete as a redshirt freshman this spring.

PRIOR TO LSU

Finished his high school career with personal bests of 4:31 in the 1,600 meters, 9:58 in the 3,200 meters and 16:13 in the 5,000 meters ... Was the runner-up in the 1,600 meters in District 8-5A ... Helped lead his high school cross country team to three Class 5A state titles ... Also played baseball and basketball during his career at Jesuit High School.

PERSONAL

Full name is Cullen Reynolds Doody ... Born on Oct. 21, 1989 ... Parents are Tim and Ellen Doody ... Has a young sister, Erin ... Mother and father graduated from LSU ... Majoring in biology.



Jordan Early

Fr./Fr. - 5-11 - Zachary, La.
Zachary HS
Major: Mechanical Engineering
Events: Long Jump (22-3 ¼), Triple Jump (47-2)

PRIOR TO LSU

A standout jumper at Zachary High School under head coach Ben Cupitid ... Comes to LSU with a personal best of 22-3 ¼ in the long jump and 47-2 in the triple jump.

PERSONAL

Full name is Jordan Isaiah Early ... Born on Jan. 25, 1991 ... Parents are Jimmie and Andrea Early ... Has two brothers, Jermain and Chase, and one sister, Faith ... Plans to major in mechanical engineering at LSU.



Ken Ehrhardt

So./So. - 5-9 - New Orleans, La.
Jesuit HS
Major: Biochemistry
Events: Mile (4:41.65), 3,000M (9:07.47), 5,000M (15:54.07)

2009

Competed in four meets during his redshirt freshman season ... Finished eighth in the mile at the LSU NCAA Indoor Qualifier with a time of 4:41.65 ... Also placed eighth in the 3,000 meters at the LSU

Twilight with a time of 9:07.47 ... Lined up in the 5,000 meters at two meets during the outdoor season ... Took seventh place in the event at the LSU Tiger Relays with a seasonal-best time of 15:54.07 ... Placed 21st in the 5k at the LSU Alumni Gold with a time of 16:06.90.

2008

Received a redshirt during the 2008 season.

PRIOR TO LSU

Was the Class 5A state runner-up in cross country in 2006 en route to being named the Times Picayune Metro Runner of the Year ... Was a two-time all-state and all-metro selection in 2005 and 2006 ... Helped lead the cross country team at Jesuit High School to three straight state championships from 2004-06 ... During his senior season, clocked a personal-best time of 9:41 in the 3,200 meters and a personal-best time of 15:45 in the three mile.

PERSONAL

Full name is Ken Philip Ehrhardt, Jr. ... Born on June 14, 1989 ... Parents are Ken and Liz Ehrhardt ... Father graduated from LSU ... Has a younger brother named Ryan ... Was a National Merit Finalist and a Ochsner Future Physician Award recipient in 2007 ... Was also a member of the National Honor Society while at Jesuit High School ... Earned the rank of Eagle Scout as an active participant with the Boy Scouts of America ... Majoring in biochemistry.



Richard Fisher
Fr./Fr. - 5-7 - West Berlin, N.J.
Holy Cross HS
Major: Kinesiology
Events: 400M (49.48), 800M (1:56.98)

PRIOR TO LSU

A 400-meter and 800-meter runner during his high school career at Holy Cross High School ... Coached in high school by Barey Harper ... Comes to LSU with personal bests of 49.48 in the 400 meters and 1:56.98 in the 800 meters ... Helped guide his high school team to a state championship in 2008 ... Also guided his team to four-straight sectional championships from 2006-09.

PERSONAL

Full name is Richard W Fisher IV ... Born on July 11, 1991 ... Parents are Richard and Ruthann Fisher ... Has an older sister named Megan ... Will pursue a degree in kinesiology at LSU.



Andy Florek
Jr./Jr. - 5-7 - Kenner, La.
Brother Martin HS
Major: Petroleum Engineering
Events: 1,500M (3:50.25), 3,000M (8:46.03), 5,000M (IN: 15:02.58; OUT: 14:54.67)

2009

Competed in the 1,500 meters and 5,000 meters at the SEC Outdoor Track and Field Championships during his junior season ... Finished in 12th place in the 1,500 meters at the conference meet with a time of 4:00.19 ... Set a new personal best of 3:50.25 to qualify for the 1,500-meter final at the SEC Championships ... Did not finish the 5,000 meters at the SEC Outdoor meet ... Also ran the 1,500 meters at the Louisiana Classics (4:01.18) and LSU Alumni Gold (3:53.97) ... Recorded a seasonal-best time of 14:56.91 in the 5,000 meters at the Sun Angel Classic, finishing the race in 21st place ... Also competed in the 5,000 meters at the New Balance Collegiate Invitational during the indoor season, crossing the finish line in 12th place in the college division with a time of 15:18.21 ... Also ran the mile leg on LSU's distance medley relay team at the New Balance Collegiate Invitational ... Anchored the foursome to a 15th-place finish with a time of 10:06.10 ... Also ran on the distance medley relay team during the outdoor campaign, anchoring the squad to a sixth-place finish at the Texas Relays (10:05.33).

2008

Participated in the 5,000 meters at the SEC Championships during both the indoor and outdoor seasons ... Finished 15th in the event at the SEC Indoor Championships, crossing the finish line with a time of 15 minutes, 31.23 seconds ... Did not finish the race at the SEC Outdoor Championships ... Clocking an overall personal best of 14:54.67 in the 5k at the LSU Alumni Gold during the outdoor season ... Also ran the mile and 3,000 meters during the indoor season ... Recorded seasonal bests of 4:23.40 in the mile at the Bayou Bengal Invitational and 8:46.03 in the 3,000 meters Purple Tiger Classic ... Ran two races at 1,500 meters outdoors, finishing the season with a personal best of 3:59.54 at the Warhawk Classic ... Competed in a total of 11 meets during the 2008 season.

2007

Received a redshirt prior to the 2007 season.

PRIOR TO LSU

One of the most prolific distance runners in the state during his career at Brother Martin High School ... Won an indoor state title in the 3,200 meters in 2004, while finishing runner-up in the event in 2005 and 2006 ... Led his team to a pair of district and regional championships in 2004 and 2006 ... Also ran cross country for his high school team, finishing fifth in the state during his senior season ... Guided the squad to a cross country state championship in 2002, while also earning three-straight runner-up finishes as a team from 2003-05 ... Was voted his school's most athletic male athlete during his senior year.

PERSONAL

Full name is Michael Andrew Florek ... Born on Aug. 19, 1987 ... Parents are Michael and Maria Florek ... Has one younger sister, Katie ... Was a member of the Beta Honor Roll in high school ... Majoring in petroleum engineering.



Damar Forbes
Fr./Fr. - 6-1 - Decatur, Ga.
Martin Luther King, Jr. HS
Major: Undecided
Events: Long Jump (IN: 24-6 ½; OUT: 24-8 ¼), Triple Jump (48-1 ¼)

PRIOR TO LSU

One of the top jumps prospects in the United States for the Class of 2009 ... Boasts an impressive personal best of 24 feet, 8 ¼ inches in the long jump ... Also competes in the triple jump in which he has an overall personal best of 48-1 ¼ ... Won the long jump title at the 2008 USATF National Junior Olympic Championships in Omaha, Neb., with his personal-best mark of 24-8 ¼ ... Mark ranked No. 7 overall by a high school boy in the United States in 2008 and No. 2 by a member of the Class of 2009 ... Was the Georgia Class 5A state champion in the long jump as a junior in 2008 after jumping 23-10 ½ at the state championship meet ... Was the nation's No. 2-ranked long jumper in the 2009 indoor season after setting a mark of

24-6 ½ to win the event title at the LSU High School Classic ... He also set his overall personal best of 48-1 ¼ to win the triple jump title at the LSU High School Classic ... Coached at the club level by Eric T. Merriweather of the Sprint Athletics Track Club.

PERSONAL

Full name is Damar Hopeton Forbes ... Born on Sept. 11, 1990, in St. Ann, Jamaica ... Son of Joan and Hopeton Forbes ... Has an older brother, Damion Ricketts, who is a member of the U.S. Marine Corps. ... Has two brothers, Valentine and Dujon, and one sister, Deaundra ... Lived in Kingston, Jamaica, before moving to Pittsburgh, Pa., at the age of 7 ... Was a member of the Technology Student Association at his high school for two years ... Currently undecided on a major.



Scott Gibson
Jr./Jr. - 5-8 - New Orleans, La.
Dulles HS
Major: Undecided
Events: 100M (10.81), 200M (21.85), 400M (49.09)

2009

Competed in six meets during his sophomore season in 2009 ... Lined up in the 60-meter dash at the Purple Tiger Classic during the indoor season, where he finished 52nd with a time of 7.21 ... Earned a runner-up finish in the 200 meters at the LSU NCAA Indoor Qualifier after clocking a time of 23.09 ... Competed in the 400 meters at the LSU Twilight, finishing the race in sixth place with a time of 52.57 ... Lined up in the 200 meters in two meets during the outdoor season ... Clocking a seasonal-best time of 23.04 to place 25th at the Louisiana Classics ... Also ran 23.13 to take 27th place in the B section at the LSU Alumni Gold ... Ran 52.05 in the 400 meters at the Louisiana Classics ... Ran the anchor leg on LSU's B team in the 4x400 relay at the LSU Tiger Relays.

2008

Saw action in three meets during the 2008 season ... Ran the 400 meters at the Bayou Bengal Invitational during the indoor season, crossing the finish line in 17th place with a time of 52.66 ... Finished 15th in the 100-meter dash at the Tiger Invitational during the outdoor season with a time of 11.44 ... Lined up in two 200-meter races outdoors ... Clocking a 23.23 at the LSU Alumni Gold and a 23.25 at the Tiger Invitational.

PRIOR TO LSU

Was a key contributor to a pair of district champion 4x100 and 4x200-meter relay teams in 2006 ... Also helped lead his team to a district championship in 2006 ... Wrapped up his high school career in 2007 by taking second place in the 4x200 and 4x400 relays at the district meet ... Came to LSU with personal bests of 10.81 in the 100 meters, 21.85 in the 200 meters and 49.09 in the 400 meters.

PERSONAL

Full name is Scott Chioke Gibson ... Born on Aug. 16, 1989 ... Parents are Johnny and Genelle Gibson ... Currently undecided on a major.



Brandon Gordon
So./So. - 5-10 - Plaquemine, La.
Plaquemine HS
Major: Finance
Events: Long Jump (23-0), Triple Jump (46-9 ½)

2009

Competed in seven meets during his true freshman season ... Recorded a 2009 seasonal best of 21 feet, 11 inches in the long jump at the LSU NCAA Indoor Qualifier during the indoor season ... Also competed in the long jump at the Purple Tiger Classic (21-2 ½) and LSU Twilight (21-5 ¼) during the indoor campaign ... Posted an indoor seasonal-best mark of 45-8 in the triple jump at the LSU Twilight ... Set a new overall personal best of 46-9 ½ to take third place in the triple jump at the Pelican Relays during the outdoor season ... Recorded an outdoor seasonal-best mark of 21-4 in the long jump at the Louisiana Classics.

PRIOR TO LSU

One of the top jumps prospects in the state of Louisiana for the Class of 2008 ... Won indoor and outdoor state titles in the triple jump during his senior season in 2008 ... Finished his high school career with personal bests of 23-0 in the long jump and 46-8 in the triple jump.

PERSONAL

Full name is Brandon Isiah Gordon ... Born on May 16, 1990 ... Parents are Kenneth Gordon and Octavia Holland ... Has three siblings: Breia, Devin and Myles ... Was on the Principal's List all four years of high school ... Majoring in finance.



Earnest Green

So./So. - 5-10 - Chicago, Ill.

St. Rita HS/Illinois

Major: Sociology

Events: Long Jump (23-10), Triple Jump (48-0)

PRIOR TO LSU

Transferred to LSU from the University of Illinois ... Comes to LSU with personal bests of 23-10 in the long jump and 48-0 in the triple jump ... Competed in 11 meets for the Fighting Illini as a true freshman in 2009 ... Saw action in the long jump and triple jump at the Big 10 Championships during both the indoor and outdoor seasons ... Earned a ninth-place finish in the triple jump at the Big 10 Indoor Championships with a mark of 47-2 1/2 ... Recorded an indoor seasonal best of 47-6 1/4 in the triple jump ... Placed 17th in the long jump at the indoor conference meet with a jump of 20-10 3/4 ... Posted and indoor seasonal best of 22-1 3/4 in the long jump ... Finished 11th in the triple jump at the Big 10 Outdoor Championships with a mark of 46-7 1/2 ... Best triple jump mark during the outdoor season was 47-10 1/2 ... Placed 21st in the long jump at the outdoor conference meet with a mark of 20-7 3/4 ... Top mark in the event during the outdoor season was 21-4 ... Enjoyed an outstanding high school career at St. Rita High School in Chicago where he finished third in the triple jump and fourth in the long jump at the state meet in 2007 ... Placed fifth in the long jump at the 2007 Junior Olympic Championships.

PERSONAL

Full name is Earnest Terrell Green ... Born on Oct. 4, 1988 ... Parents are Kennia and Joyce Green ... Has two siblings named Kennia Jr. and Cory ... Plans to pursue a degree in sociology at LSU.



Ben Guarisco

Fr./Fr. - 5-11 - Baton Rouge, La.

Catholic HS

Major: Biology

Events: 100M (10.60), 200M (21.36w)

PRIOR TO LSU

One of Louisiana's top high school sprinters in the Class of 2009 ... Wrapped up his senior season at Catholic High School by capturing three Louisiana High School Athletics Association Class 5A outdoor state titles in the 100 meters, 200 meters and 4x100-meter relay ... Set a new personal best of 10.60 seconds to win the state title in the 100-meter dash ... Followed that with a wind-aided time of 21.36 to take home the state title in the 200-meter dash ... Ran the second leg on Catholic High's state champion 4x100-meter relay ... Was named the meet's Most Outstanding Performer for Class 5A for his performance at the 2009 LHSAA Class 5A Outdoor State Championships ... Also captured an LHSAA Division I indoor state title in the 4x200-meter relay during his senior season ... Was the state runner-up in the 55 meters indoors and 4x200-meter relay outdoors in 2009 ... Was an all-state and all-metro selection following his senior season ... Was the catalyst in Catholic High School defending its LHSAA Division I Indoor and LHSAA Class 5A Outdoor state championships in 2009.

PERSONAL

Full name is Benjamin Peter Guarisco ... Born on Feb. 26, 1991 ... Parents are Peter and Gerre Guarisco ... Has a sister named Emily ... Graduated from Catholic High School with honors with a 3.5 cumulative grade-point average ... A member of the National Honor Society at Catholic High ... Has also earned distinction as an Eagle Scout ... Plans to major in biology at LSU.



Jeremy Handy

So./So. - 5-7 - Houston, Texas

American School of Dubai

Major: Chemical Engineering

Events: 400M (49.98), 800M (1:59)

2009

Competed in the 800 meters for the Tigers during the 2009 season ... Clocked a top time of 2:07.20 during the indoor season at the LSU NCAA Indoor Qualifier ... Recorded an outdoor seasonal best of 1:59.22 to finish in 11th place at the Louisiana Classics ... Also ran 2:02.49 at the LSU Alumni Gold ... Ran the third leg on LSU's B 4x400-meter relay team at the LSU Tiger Relays ... The foursome finished in eighth place with a time of 3:26.91.

2008

Received a redshirt during the 2008 season.

PRIOR TO LSU

Served as the team captain and was named MVP of the track and field team during his senior season at the American School of Dubai ... Joined the LSU program with personal bests of 49.98 in the 400 meters and 1:59.00 in the 800 meters.

PERSONAL

Full name is Jeremy Keith Handy ... Born on Jan. 15, 1989 ... Parents are Jarrot and Sheryl Handy ... Has a younger sister named Amanda ... Was a member of the National Honor Society at the American School of Dubai ... Majoring in chemical engineering.



Reggie Haslom

Sr./Sr. - 5-8 - Baton Rouge, La.

Southern Lab HS

Major: General Studies

Events: Long Jump (IN: 22-3 3/4; OUT: 23-5 1/2), Triple Jump (IN: 49-11; OUT: 50-11 1/2)

2009

Was an NCAA Midwest Regional qualifier in the triple jump for the second time in his career ... Earned an 11th-place finish in the triple jump at the regional meet with a wind-legal mark of 50 feet, 3/4 inch ... Qualified for the regional meet with a new personal-best mark of 50-11 1/2 at the SEC Outdoor Track and Field Championships ... Scored four points for the Tigers with a fifth-place finish at the conference meet ... Recorded a seasonal-best wind-aided mark of 51-0 1/4 at the LSU Alumni Gold ... Also competed in the triple jump at the Louisiana Classics, LSU Tiger Relays, Texas Relays, Sun Angel Classic and Penn Relays during the outdoor season ... Earned an 11th-place finish in the long jump at the SEC Outdoor meet, posting a mark of 23-8 3/4 with the aid of a 4.8 tailwind ... Set a new overall personal best in the long jump with a wind-legal mark of 23-5 1/2 to finish in eighth place at the LSU Tiger Relays ... Concentrated on the triple jump during the indoor season ... Placed 10th in the event at the SEC Indoor Championships with a mark of 46-11 1/2 ... Won the triple jump title at the Purple Tiger Classic with an indoor seasonal best of 49-5 3/4 ... Jumped 49 feet at both the SEC/Big 12 Challenge (49-1 1/2) and LSU Twilight (49-5) during the indoor season.

2008

Saw action in eight meets during the indoor season in 2008 ... Recorded a seasonal-best mark of 49 feet, 7 1/4 inches in his season opener at the Purple Tiger Classic to finish the meet in fourth place ... Helped the Tigers to a runner-up finish in the team standings at the SEC Indoor Track and Field Championships ... Was the seventh-place finisher in the triple jump at the conference meet with a mark of 48-7 1/2 ... Earned a pair of runner-up finishes in the triple jump at the LSU Twilight Invitational (47-11 3/4) and the LSU NCAA Indoor Qualifier (49-3) ... Also competed in the event at the Razorback Invitational (46-4 3/4), Bayou Bengal Invitational (48-8), New Balance Collegiate Invitational (47-7) and Tyson Invitational (47-4 1/4) ... Competed in just one meet during the outdoor season ... Scored two points in the triple jump with a mark of 49-7 3/4 for a seventh-place finish at the SEC Outdoor Championships.

2007

Was an NCAA Midwest Regional participant in the triple jump as a freshman ... Placed 18th in the event at the regional meet with a mark of 48-4 ... Posted a mark of 48-10 1/4 to finish eighth at the SEC Outdoor Track and Field Championships ... Also competed in the long jump at the SEC meet, finishing 15th with a jump of 21-0 3/4 ... Earned a runner-up finish in the triple jump at the LSU Tiger Relays with a personal best wind-aided leap of 50-11 1/2 ... Recorded a new wind-legal PR of 50-3 1/2 at the LSU Alumni Gold ... Recorded an outdoor personal best in the long jump at the LSU Tiger Relays (22-5 1/4) ... Also competed in the long jump at the LSU Tiger Classic (22-10) and Sun Angel Classic (21-9) ... During the indoor season, finished 11th in the triple jump at the SEC Indoor Championships with a jump of 47-1 3/4 ... Posted a new indoor PR of 49-11 at the Tyson Invitational ... Was runner-up in the event at the LSU NCAA Indoor Qualifier (48-2) ... Also competed in the triple jump at the Bayou Bengal Invitational (48-0 1/2) and New Balance Collegiate Invitational (46-6 1/4) during the indoor season ... Participated in the long jump at three indoor meets ... Recorded a new indoor PR of 22-3 3/4 at the LSU NCAA Indoor Qualifier ... Jumped 22-1 3/4 at the LSU Twilight Invitational and 22-0 3/4 at the Tyson Invitational.

PRIOR TO LSU

Enjoyed a stellar career at Southern Lab High School in Baton Rouge where he competed for head coach Henry Combs ... Came to LSU with personal bests of 23 feet, 10 inches in the long jump and 49-3 in the triple jump ... Was the nation's third-ranked triple jumper during the outdoor season, while also being ranked No. 8 in the country in the long jump ... Finished his career as a two-time All-American, while also combining to win four state titles in his two specialty events ... Led his team to five state championships during his career, including one indoor and four outdoor titles ... Was also a four-time letterwinner in football as both a wide receiver and defensive back.

PERSONAL

Full name is Reginald James Haslom, Jr. ... Born on Feb. 20, 1988 ... Son of Reginald, Sr. and Sylvia Haslom ... Is related to Arizona Cardinals starting cornerback Antrell Rolle ... Majoring in general studies.



Armanti Hayes

Sr./Sr. - 5-10 - Moultrie, Ga.

Colquitt County HS

Major: Sports Administration

Events: 200M (IN: 21.10; OUT: 21.16), 400M (IN: 46.93; OUT: 45.67)

NCAA Champion

7-time All-American

NCAA Midwest Regional Champion

2-time SEC Champion

6-time All-SEC

2009

Earned three All-America honors as a member of LSU's relay teams in 2009 ... Ran the third leg on the Tigers' 4x100-meter relay team that finished as the NCAA runner-up with a seasonal-best time of 38.67 in the national final at the NCAA Outdoor Track and Field Championships ... Then ran the leadoff leg on the foursome that earned a sixth-place finish in the 4x400-meter relay at the NCAA

Outdoor Championships with a seasonal-best time of 3:03.81 ... Also ran the leadoff leg on LSU's 4x400-meter relay team that took sixth place at the NCAA Indoor Championships with an indoor seasonal-best time of 3:08.47 ... Also earned a pair of All-SEC honors in the 4x100 and 4x400 relays at the SEC Outdoor meet ... Led off LSU's 4x100-meter relay team that finished second at the conference meet with a time of 38.86 in the final ... Ran the anchor leg on the 4x400-meter relay team that finished runner-up with a time of 3:04.75 ... Ran leadoff on the 4x100 team that took home the title at the NCAA Mid-east Regional Championships with a time of 39.13 ... Shattered his own personal-best time in the 400-meter dash during the outdoor season with a top time of 45.67 in the SEC final ... Top time of 45.67 ranks No. 9 on LSU's all-time outdoor performance list in the event ... Scored five points with a fourth-place finish in the 400 meters at the SEC Outdoor meet ... Also broke the 46-second barrier in the preliminary round at the SEC Championships (45.78) and in the final round at the NCAA Mid-east Regional Championships (45.74) ... Earned an automatic berth into the NCAA Outdoor Championships with a runner-up finish in the 400 meters at the regional meet ... Finished in 20th place in the qualifying round at the NCAA meet with a time of 46.62 ... Scored one point with an eighth-place finish in the open quarter at the SEC Indoor Championships ... Set a 2009 indoor seasonal best and a new indoor personal-best time of 46.93 to finish sixth at the Tyson Invitational ... His indoor PR was an NCAA provisional qualifying performance ... Ran two 200-meter races during the indoor season, clocking a seasonal best of 21.49 in a 17th-place finish in the SEC meet.

2008

Continued his development as one of the top quartermilers in the Southeastern Conference in 2008 ... Set personal bests in the 400 meters during both the indoor and outdoor seasons ... Set a new indoor personal best of 46.97 to finish fourth at the SEC Indoor Championships ... Also placed fourth in the open quarter at the SEC Outdoor Championships with an overall personal-best time of 46.10 ... Scored a total of 14 points individually to help lead the Tigers to runner-up finishes in the team standings at the SEC meet during both the indoor and outdoor seasons ... Competed in the 400 meters at the NCAA Mid-east Regional, finishing in sixth place with a time of 46.63 in the final ... Also ran the 200 meters during the 2008 season ... Was the fifth-place finisher in the event at the SEC Indoor Championships with a new overall personal best of 21.10 to qualify provisionally for the NCAA Indoor Championships in the event ... Finished with an outdoor seasonal best of 21.28 ... In addition, was a key contributor to LSU's relay teams throughout the 2008 season ... Ran the lead leg on the Tigers' NCAA champion 4x100-meter relay team that clocked the third-fastest time in school history and sixth-fastest time in the history of collegiate track and field at 38.42 in the national final ... Also led off the 4x100-meter relay team that won a SEC title during the outdoor season while clocking a meet record 38.67 at the conference championships ... Earned All-America honors during the indoor season while running the 400-meter leg of LSU's distance medley relay team that finished sixth at the NCAA Indoor Championships ... Was the first time in the history of the LSU track and field program that its DMR received All-America honors for its performance ... Also ran the 400-meter leg on the distance medley relay that set a new school record at the Tyson Invitational with a time of 9 minutes, 35.31 seconds ... Was also a staple in the foursome that ran the 4x400-meter relay for the Tigers during both the indoor and outdoor seasons in 2008 ... Ran the second leg on the foursome that received all-conference honors with a second-place finish at the SEC Indoor Championships (3:07.79).

2007

Earned a pair of All-America honors during his freshman season as a member of the Tigers' 4x400-meter relay team ... Ran the third leg on the foursome that crossed the finish line in 3:02.97 to place third at the NCAA Outdoor Track and Field Championships ... Helped the squad to a fourth-place finish at the NCAA Indoor Championships with a time of 3:07.11 ... Also ran the third leg on the long relay that captured the SEC Outdoor title in 3:03.62 ... As a freshman, anchored LSU's 1,600-meter relay to its seventh title all-time at the 80th Texas Relays and its third "Championship of America" title all-time at the 113th Penn Relays ... Earned his first career all-conference honor during the indoor season as the 4x400 relay was the SEC runner-up at the SEC Indoor Championships ... Individually, ran the 200 meters and 400 meters during the 2007 season ... Set new indoor and outdoor personal bests in both events as a freshman ... Was an NCAA Mid-east Regional participant in the 400 meters, finishing the meet in 24th place ... Finished ninth in the event at both the SEC Indoor and Outdoor Championships ... Clocking an indoor PR of 47.04 in the finals at the indoor conference meet ... Finished the SEC Outdoor meet with a personal best of 46.67 ... Posted an eighth-place finish in the 200-meter dash at the SEC Indoor Championships after clocking an indoor PR of 21.22 in the prelims ... Took 15th in the event at the outdoor conference meet ... Also lined up in the 200 at the LSU Tiger Classic, placing seventh with a PR of 21.16.

PRIOR TO LSU

Competed in the 200 meters and 400 meters for head coach Dextra Polite at Colquitt County High School in Moultrie, Ga. ... Came to LSU with PRs of 21.49 in the 200 meters and 47.23 in the 400 meters ... Captured the USAF National Junior Olympic Championship in the 400 meters in 2006 with a time of 47.23 ... Ran on the 4x400-meter relay team that captured the national championship at the 2005 USAF National Junior Olympic Championships ... Earned All-America honors at the 2006 National Scholastic Indoor Championships by finishing fifth in the 200 meters with a time of 22.26 ... Was an AAU Junior Olympics and USAF Junior Olympics bronze medalist in the 400 meters in 2005.

PERSONAL

Full name is Armanti Jamal Hayes ... Born on Sept. 23, 1987 ... Son of Gloria Hayes-Thomas and Curtis Green ... Has one sister, Danielle, and one brother, Tony ... Recipient of the Jesse Owens Lifetime Achievement Award for speaking and being an inspiration to students at his former elementary school ... Also ran cross country and played basketball in high school ... Majoring in sports administration.



Kyle Hecker

Jr./Jr. - 5-6 - Harahan, La.
 Brother Martin HS
 Major: Kinesiology
 Events: 1,500M (4:21.29), 3,000M (9:29.87)

2009

Competed in one meet for the Tigers during the 2009 season ... Earned a 16th-place finish in the 3,000 meters at the Purple Tiger Classic in the 2009 indoor season opener ... Clocking a time of 9:29.87 in his only action of the season.

2008

Competed in two meets during the outdoor season in 2008 ... Placed 14th in the 1,500 meters at the Warhawk Classic with a time of 4 minutes, 21.29 seconds ... Did not finish the 5,000 meters at the Tiger Invitational ... Did not compete for the Tigers during the indoor season.

2007

Did not compete for the Tigers during the 2007 indoor and outdoor seasons while receiving a redshirt.

PRIOR TO LSU

Was a three-year letterwinner in both cross country and track and field at Brother Martin High School ... Coached in cross country by Dennis Panipento and in track and field by Brad Puplachine ... Led his team to three state runner-up finishes in cross country during his high school career ... Served as team captain of his cross country team in 2005 and 2006 ... Came to LSU with a personal-best time of 16:18 in cross country ... Also recorded a personal-best time of 10:10 in the 3,200 meters during his senior season.

PERSONAL

Full name is Kyle Grayson Hecker ... Born on Oct. 6, 1987 ... Son of Robert and Karen Hecker ... Has a sister named Kayla ... Majoring in kinesiology.



Walter Henning

Jr./Jr. - 6-0 - Kings Park, N.Y.
 St. Anthony's HS/North Carolina
 Major: General Studies
 Events: Weight Throw (74-5 ½), Hammer Throw (235-11)

3-time All-American
 NCAA Mid-east Regional Champion
 2-time SEC Champion
 2-time All-SEC

2009

Enjoyed a record-setting sophomore campaign in his first season at LSU in 2009 ... Shattered LSU school records in both the weight throw (74-5 ½) and hammer throw (235-11) while setting new personal bests in the events ... Wrapped up the collegiate season by winning NCAA runner-up honors in the hammer throw with a mark of 232-0 in the national final at the NCAA Division I Outdoor Track and Field Championships ... Became the first LSU Tiger to be crowned SEC champion in the hammer throw with his performance at the SEC Outdoor Championships ... Won an SEC title in the event after throwing 229-5 at the conference meet ... Also captured the event crown at the NCAA Mid-east Regional Championships with a mark of 231-6 ... Established his personal best of 235-11 in winning the hammer throw title at the LSU Alumni Gold ... Also won hammer throw titles at the Sun Angel Classic (235-5) and Penn Relays (225-6) ... Earned All-America honors during the indoor season with a fourth-place finish in the weight throw at the NCAA Indoor Championships in College Station, Texas ... Threw 73-4 ½ in the weight throw at the NCAA Indoor meet ... Was crowned conference champion in the weight throw with a personal-best mark of 74-5 ½ at the SEC Indoor Championships ... Also won weight throw titles at the Purple Tiger Classic (72-3 ¾), SEC/Big 12 Challenge (73-4 ¾), New Balance Collegiate Invitational (72-8 ½) and Tyson Invitational (72-3 ¾) ... His performance at the Purple Tiger Classic, SEC/Big 12 Challenge and New Balance Collegiate Invitational are meet records ... Also competed in the shot put in three meets during the indoor season ... Finished in 12th-place at the SEC Indoor Championships with a seasonal-best throw of 54-1 ¾ ... Followed the collegiate season with a fifth-place finish in the hammer competition at the USA Outdoor Championships in Eugene, Ore.

2008 (at North Carolina)

Made an immediate impact during his freshman season at the University of North Carolina where he established himself as the premier young thrower in collegiate track and field ... Earned All-America honors during the 2008 indoor season after finishing third in the weight throw at the NCAA Indoor Championships with a school-record mark of 72 feet, 3 inches ... His mark of 72-3 in the weight throw is also a world junior record in the event ... Was a two-time ACC champion during his freshman season as he captured conference titles in the weight throw (71-0 ¾) and the hammer throw (225-5) at the ACC Championships ... His personal-best mark of 225-5 in the 16-lb. hammer ranks No. 2 all-time at North Carolina and is the national junior record in the event ... It was also the fourth-ranked throw in the country at the time of his transfer in April 2008 ... Also scored in the shot put at the ACC Indoor Championships with a seventh-place finish in the event.

PRIOR TO LSU

Erased any doubts that he is the premier young hammer thrower in the world with his gold-medal winning performance in the 6-kg. hammer throw at the 2008 IAAF World Junior Championships in Bydgoszcz, Poland ... Became the first American to win the World Junior title in the event by breaking his own American junior record on his sixth and final attempt with a throw of 252 feet, 4 inches ...

Is the first American to bring home a gold medal in the hammer throw in any major international competition since Harold Connolly at the 1956 Olympic Games ... Earned the right to represent the United States at the meet by winning a gold medal at the 2008 USA Junior Outdoor Championships with a meet-record throw of 242-4 ... Was a two-time Track and Field News Athlete of the Year and a two-time New York Gatorade Athlete of the Year while competing for St. Anthony's High School in South Huntington, N.Y. ... Considered the nation's top throws recruit for the Class of 2007 ... Was a seven-time high school national champion as he wrapped up his high school career as a four-time national champion in the weight throw, a two-time national champion in the hammer throw and a national champion in the shot put ... Is the national record holder in both the 25-lb. weight throw and 12-lb. hammer throw ... Competed internationally in the hammer throw while representing the United States at the 2005 IAAF World Youth Championships and the 2006 IAAF World Junior Championships ... Won a gold medal in the event at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Was a member of the Pro-Team and Kolbe Society during his career at St. Anthony's.

PERSONAL

Full name is Walter John Henning ... Born on Jan. 24, 1989 in Smithtown, N.Y. ... Parents are Walter and Mary Beth Henning ... Majoring in general studies ... Plans to become a Louisiana State Trooper following his athletic career.



Jere Hill

Sr./Sr. - 5-10 - Vicksburg, Miss.

Vicksburg HS/Hinds CC

Major: General Studies

Events: 60M (6.78), 100M (10.38), 200M (21.05)

2009

Qualified for the NCAA Midwest Regional Championships in the 100-meter dash in his first season with the Tigers ... Finished in 13th place in the first-round of qualifying at the regional meet with a time of 10.56 seconds ... Qualified for the NCAA Midwest Regional with a seasonal-best time of 10.54 in a 16th-place finish at the SEC Outdoor Track and Field Championships ... Also ran the 100 meters at the Louisiana Classics (10.66), Texas Relays (10.63), Sun Angel Classic (10.59) and LSU Alumni Gold (10.60) ... Lined up in the 200-meter dash in four meets during the outdoor season, recording a seasonal-best wind-legal time of 21.63 at the SEC Outdoor meet ... Placed 22nd in the event at the conference meet ... Ran a seasonal-best wind-legal time of 21.41 at the LSU Alumni Gold ... Competed primarily in the 60-meter dash during the indoor season ... Clocking a seasonal best of 6.78 to win the 60-meter title at the Purple Tiger Classic ... Ran 6.89 in the qualifying round to finish in 20th place at the SEC Indoor Championships ... Wrapped up the indoor season with a seasonal-best time of 21.76 in the 200-meter dash at the SEC/Big 12 Challenge.

PRIOR TO LSU

A three-time All-American in the National Junior College Athletic Association while competing for Hinds Community College ... Was the third-place finisher in the 100-meter dash at the 2008 NJCAA Outdoor Championships ... Ran on the 4x100-meter relay that clocked a 39.38 to win the national title at the NJCAA Outdoor Championships in 2007 ... Also finished sixth in the 55-meter dash at the NJCAA indoor meet in 2007 ... Finished his career at Hinds CC with personal bests of 10.38 in the 100 meters and 21.05 in the 200 meters ... Was the state runner-up in the 200 meters while running for Vicksburg High School in 2005.

PERSONAL

Full name is Jere Deonne Hill ... Born on Sept. 13, 1987 ... Parents are Robert and Velma Hill ... Has two older brothers, Jay and John, and one older sister, Joy ... Majoring in general studies.



Trindon Holliday

Sr./Gr. - 5-6 - Zachary, La.

Northeast HS

Major: General Studies

Events: 60M (6.54), 100M (10.00)

2-time NCAA Champion

8-time All-American

4-time NCAA Midwest Regional Champion

4-time SEC Champion

8-time All-SEC

2009

Reclaimed the title of the world's fastest football player by running a new personal best of 10.00 seconds in the 100-meter dash during the 2009 season ... Has run the 100-meter dash faster than any other football player in the history of the sport ... Is the reigning NCAA champion in the 100-meter dash with his victory at the 2009 NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. ... Is the third LSU Tiger to win the NCAA 100-meter title in the last four years, joining former LSU greats Xavier Carter (2006) and Richard Thompson (2008) ... Clocking 10.00 twice at the NCAA Championships, including the first round of qualifying and the national final ... Also anchored the Tigers to an NCAA runner-up finish in the 4x100-meter relay at the national meet ... Teamed with Barrett Nugent, Will Coppage and Armanti Hayes for a seasonal-best time of 38.67 in the national final ... Clocking a 10.01 in the conference final to become the first male athlete in LSU history to win two career SEC titles in the 100-meter dash ... Also captured his second career NCAA Midwest Regional crown in the 100 meters with a wind-aided time of 10.03 in the regional final ... Became the first LSU Tiger to win the 100-meter title at the prestigious Penn Relays while running a time of 10.16 into a -1.6 headwind ... A staple on the anchor leg of LSU's sprint relay team throughout the outdoor season ... Anchored the team to All-SEC honors with a runner-up finish at the SEC Outdoor

Championships (38.86) and a regional title at the NCAA Midwest Regional Championships (39.13) ... Earned All-America honors during the 2009 indoor season while finishing as the NCAA runner-up in the 60-meter dash ... Matched his seasonal best with a time of 6.55 in the final at the NCAA Indoor meet in College Station, Texas ... With his three All-America honors, Holliday helped lead the Tigers to a fourth-place finish at the NCAA Indoor Championships and a fifth-place finish at the NCAA Outdoor Championships in 2009 ... In addition to his second SEC title in the 100 meters outdoors, Holliday won his first career SEC championship in the 60-meter dash during the indoor season ... Crossed the finish line in 6.58 seconds in the conference final ... Followed the collegiate season with an appearance in the 100-meter dash at the USA Outdoor Championships in Eugene, Ore. ... Finished ninth in the event in a windy 10.03 in the semifinal round.

2008

Continued to show why he is considered one of the elite sprinters in collegiate track and field with his performance in 2008 ... Earned a total of three All-America honors in leading the Tigers to a fourth-place finish at the NCAA Indoor Championships and a runner-up finish at the NCAA Outdoor Championships ... Anchored LSU's 4x100-meter relay team to its sixth NCAA title all-time with the third-fastest time in school history and the sixth-fastest time in collegiate history at 38.42 seconds at the NCAA Outdoor Championships in Des Moines, Iowa ... Added six more points at the NCAA Outdoor meet with a third-place finish in the 100-meter dash ... Clocking a time of 10.18 seconds in the national final ... Qualified for the NCAA meet with a second-place finish in the 100 meters at the NCAA Midwest Regional Championships where he clocked a 10.07 in the final ... Earned his first career indoor All-America honor with a runner-up finish in the 60-meter dash at the NCAA Indoor Championships in Fayetteville, Ark. ... Recorded a seasonal best and new personal-best time of 6.54 in the 60-meter final at the national meet to finish the season with the third-fastest time in the world in 2008 ... His time ranks No. 2 all-time in the history of LSU track and field ... Was also a three-time All-SEC performer in 2008 ... Earned all-conference honors in the short sprints with runner-up finishes in the 60 meters and 100 meters at the SEC Indoor and Outdoor Championships ... Recorded a seasonal-best time of 10.05 in the 100-meter final at the SEC Outdoor Championships ... Ran the anchor leg on the Tigers' winning 4x100-meter relay that crossed the finish line in 38.67 at the conference meet ... Also ran anchor on LSU's sprint relay teams that captured titles at the prestigious Texas Relays (38.74) and Penn Relays (39.18) ... Won five individual event titles on the year, including 60-meter titles at the Bayou Bengal Invitational (6.67) and Tyson Invitational (6.60) during the indoor season and 100-meter titles at the Texas Relays (10.20), Tiger Invitational (10.23) and LSU Alumni Gold (10.17) during the outdoor season ... Followed the collegiate season by lining up in the 100-meter dash at the U.S. Olympic Track and Field Trials in Eugene, Ore. ... Advanced to the semifinal round where he finished the meet in 11th place in his first Olympic Trials experience.

2007

Enjoyed a breakout sophomore season on the track in 2007 ... Led the Tigers to a second-place finish at the NCAA Outdoor Track and Field Championships after earning a pair of All-America honors at the national meet ... Was the national runner-up in the 100-meter dash after clocking a time of 10.06 seconds in the final ... Shattered his own school record in the event with a blistering time of 10.02 in the national semifinal ... Also anchored the Tigers' 4x100-meter relay team to an NCAA runner-up finish with a seasonal-best time of 38.85 in the final at the NCAA Outdoor meet ... Broke LSU great Xavier Carter's school record in the 100 meters when he won the SEC title in 10.08 ... Set the school record in the 100 meters an impressive four times in 2007 ... Also won NCAA Midwest Regional titles in the 100 meters and sprint relay ... Helped the Tigers continue their tradition of excellence in the sprint relay by running the leadoff leg on the foursome that won the title at the prestigious Penn Relays (39.73) ... Followed his performance at the NCAA Outdoor Championships by winning a silver medal in the 100-meter dash at the AT&T USA Outdoor Track and Field Championships in Indianapolis, Ind. ... Earned the right to represent the United States in the 100-meter dash and as a member of the 400-meter relay pool at the 2007 IAAF World Championships in Athletics in Osaka, Japan ... Elected to sacrifice his spot on Team USA in order to prepare himself to compete for the Tigers during the 2007 football season ... Did not compete during the indoor season while taking part in spring practice with the football team.

2006

Competed primarily during the indoor campaign in his first season with the Tigers ... Earned a spot in the final heat of the 55 meters at the SEC Indoor Championships after finishing fifth in the prelims with a time of 6.28 ... Clocking a seasonal-best time of 6.74 in the 60 meters at the Tyson Invitational, finishing the meet in 13th place in the collegiate division ... Posted fourth-place finishes at both the UNM Lobo Invitational and LSU Twilight with times of 6.76 and 6.81, respectively ... Only competed in one meet during the outdoor season ... Finished in 24th place in the 100 meters at the SEC Outdoor Championships with a time of 11.01.

PRIOR TO LSU

Coached by Darren Wicker at Northeast High School in Zachary, La. ... Was the nation's No. 1-ranked sprinter in the 60-meter dash in 2005 ... Won the event at the Nike Indoor Nationals, clocking 6.64 ... Time ranks as the fourth-fastest ever run by a high school athlete in the event ... A six-time Louisiana state champion, he won three titles in the 200 meters (2003-05), two titles in the 100 meters (2004-05) and one in the 55 meters ... Helped his team to state title in 2003 and 2005 ... Will also play on the Tigers' football team ... Twice earned all-state and all-district honors as a running back ... Accumulated 2,210 yards rushing (11.4 per carry) on 193 carries and 34 touchdowns as a senior ... Rushed for 1,870 yards and 26 touchdowns as a junior ... Also averaged 27.6 yards per punt return.

PERSONAL

Full name is Trindon Jerard Holliday ... Born on April 27, 1986 ... Son of Dennis and Gwendolyn Richardson ... Has three siblings named Treavion, Dennis and Damonte' ... Majoring in general studies.



Jamaal James
Sr./Sr. - 6-0 - Trincity, Trinidad
Trinity College
Major: Communication Studies
Event: 800M (IN: 1:48.58; OUT: 1:47.00)

2-time All-American
2-time SEC Champion
5-time All-SEC

2009

Competed in the 800 meters at the NCAA Outdoor Track and Field Championships for the second time in his career ... Earned a 23rd-place finish at the national meet after running 1:50.43 in the first round of qualifying ... Qualified automatically for the NCAA Outdoor meet with a third-place finish in the 800 meters at the NCAA Midwest Regional Championships ... Crossed the finish line in 1:49.17 in the regional final ... Clocking an outdoor seasonal best with a time of 1:48.86 at the Sun Angel Classic to qualify for the NCAA Midwest Regional Championships ... Earned a 15th-place finish in his specialty at the SEC Outdoor Championships, running a time of 1:51.50 at the conference meet ... Scored three points for the Tigers with a sixth-place finish in the 800 meters at the SEC Indoor meet ... Ran 1:51.01 in the conference final ... Ran an indoor seasonal best of 1:49.85 in a fourth-place finish at the New Balance Collegiate Invitational ... His time at the New Balance Collegiate Invitational was an NCAA provisional qualifying time ... Also ran NCAA provisional qualifying times at the Tyson Invitational (1:50.37) and Cyclone National Qualifier (1:49.94).

2008

A key member of one of the deepest and more talented groups of middle distance runners in the nation in 2008 ... Earned a pair of All-SEC honors by finishing runner-up in the 800 meters at both the SEC Indoor and Outdoor Championships ... Recorded seasonal bests in the 800-meter final at both conference meets ... Was second at the SEC Indoor Championships with a time of 1 minute, 48.73 seconds ... Finished runner-up at the SEC Outdoor Championships with a time of 1:47.91 ... Earned the right to compete in the 800 meters at both the NCAA Indoor and Outdoor Championships ... Placed 14th at the indoor national meet with a time of 1:52.37 in the qualifying round ... Went on to place 16th in the event at the NCAA Outdoor meet with a time of 1:49.43 ... Received an at-large berth into the NCAA Outdoor Championships following his seventh-place finish in the 800 meters at the NCAA Midwest Regional ... Clocking a time of 1:48.87 in the finals at the regional meet ... Also a key contributor to LSU's 4x400-meter relay throughout the 2008 season ... Ran the second leg on the foursome that earned all-conference honors with a runner-up finish at the SEC Indoor Championships (3:07.79) ... Earned All-America honors during the indoor season while running the 800-meter leg of the Tigers' distance medley relay team ... Teamed with Michael Hendry (1,200 meters), Armanti Hayes (400 meters) and John Kosgei (mile) to place sixth at the NCAA Indoor Championships with a time of 9:35.72 ... Marked the first time that the Tigers earned All-America honors in the distance medley relay in the history of the LSU track and field program ... Also ran the 800-meter leg on the DMR that set the school record with a time of 9:35.31 at the Tyson Invitational.

2007

Proved to be one of the nation's premier 800-meter runners during his freshman season ... Earned his first career All-America honor in the event during the indoor season ... Crossed the finish line in fifth place at the NCAA Indoor Track and Field Championships with a time of 1:49.69 in the final ... Was the top freshman finisher at the NCAA meet ... Clocking the fastest preliminary time at the indoor national meet with a new indoor PR of 1:48.58 ... Time ranks No. 2 on the school's all-time indoor performance list ... Became the first SEC athlete since South Carolina's Otukile Lekote in 2002 to sweep SEC Indoor and SEC Outdoor titles in the 800 meters ... Crossed the finish line in 1:49.08 at the indoor conference meet ... His outdoor PR of 1:47.00 in the final at the SEC Outdoor Championships shattered the 33-year-old national junior record for Trinidad & Tobago for an athlete under the age of 20 ... It also moved him into the No. 4 spot on LSU's all-time outdoor list in the event ... Was the top-ranked freshman in the 800 meters on the national descending order list during both the indoor and outdoor seasons ... Missed his opportunity to represent the Tigers at the NCAA Outdoor Championships as he finished 14th in his specialty at the NCAA Midwest Regional Championships ... Followed the collegiate season by representing Trinidad & Tobago at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Won a silver medal in the 800 meters with a time of 1:48.87 in the final ... Earned the right to represent his country at the Pan Am Juniors by striking gold at the Sagcor National Open Track and Field Championships ... Was also a standout in the classroom during his first season with the Tigers ... Was one of two Tigers to be named to the SEC Freshman Academic Honor Roll.

PRIOR TO LSU

One of the world's premier junior performers in the 800 meters in 2006 ... Clocking the fourth-best 800-meter time in the world by an athlete under the age of 18 with a PR of 1:48.64 ... Won a gold medal in the event at the 2006 Carifta Games after clocking a time of 1:52.64 in the final heat ... Was a finalist in the 800 meters at the 2005 IAAF World Junior Championships, finishing the meet in fifth place ... Advanced to the finals at the World Championships in 2005 with a time of 1:50.31 in his semifinal heat, becoming the only athlete from the Western Hemisphere to compete in the event finals ... Won a gold medal at the Central American and Caribbean Championships in 2004 and 2006 ... Was a five-time Jamaican Junior National Champion in the 800 meters from 2002 through 2006.

PERSONAL

Full name is Jamaal Kamau James ... Born on Sept. 4, 1988 ... Was born in Canada but is a resident of Trincity, Trinidad ... Has a brother, Plabel, who plays professional basketball in France ... Majoring in communication studies.



Jaora Johnson
Fr./Fr. - 5-6 - Gray, La.
Vandebilt Catholic HS
Major: Pre-Medicine
Events: Pole Vault (15-7 ¼)

PRIOR TO LSU

A standout pole vaulter at Vandebilt Catholic High School ... Comes to LSU as the school-record holder in the event with a personal-best mark of 15 feet, 7 ¼ inches ... Was the indoor and outdoor state runner-up in the pole vault in 2009 ... Named a first-team all-state performer for his performance during the 2009 season ... Helped lead his high school team to three-straight district championships in 2006, 2007 and 2008 ... Also guided his team to a regional title in 2007.

PERSONAL

Full name is Jaora Ramon Johnson ... Born on Dec. 11, 1990 ... Parents are Van and Alfredia Johnson ... Has three siblings named Van Jr., Jade and Seth ... Brother, Seth, ran track at Northwestern State ... Was a standout in the classroom as a member of the honor roll at Vandebilt Catholic High School ... Will pursue a degree in pre-medicine at LSU.



Johnathan Johnson
Fr./Fr. - 5-9 - Port Allen, La.
Port Allen HS
Major: Undecided
Events: 100M (10.44w/10.53), 200M (21.65)

PRIOR TO LSU

The most dominant sprinter in Class 3A in the state of Louisiana for the Class of 2009 ... Won the Class 3A state championship in the 100-meter dash with a wind-aided time of 10.44 seconds in the final at the LHSAA Class 3A Outdoor State Championships in May 2009 ... Was also the state runner-up in the 200-meter dash after clocking a new personal best of 21.65 in the state final ... Set a wind-legal personal best of 10.53 to win the 100-meter title at the Mobile Challenge of Champions in 2009 ... Earned distinction as the Division II indoor state runner-up in the 55-meter dash as a senior in 2009, running a time of 6.35 in the final heat.

PERSONAL

Full name is Johnathan Neal Johnson ... Born on Aug. 6, 1991 ... Parents are Russell and Barbara Johnson ... Has five siblings: Akitra, Russell, Tirinco, Jarell and Anna ... Was a member of the honor roll at Port Allen High School in 2008 and 2009 ... Undecided on a major.



Richard Jones
Jr./Sr. - 5-11 - Benicia, Calif.
Benicia HS/Central Arizona JC
Major: General Studies
Events: 800M (IN: 1:49.66; OUT: 1:47.10)

2-time All-American

2009

Emerged as one of the nation's premier 800-meter runners while earning All-America honors in the event at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. ... Scored four points for the Tigers with a fifth-place finish in the 800-meter final at the national meet ... Established a new personal-best time of 1 minute, 47.10 seconds in the NCAA final to move into the No. 6 spot on LSU's all-time outdoor performance list in the event ... Recorded three-straight personal-best times at the national meet, including performances of 1:47.62 in the first round of qualifying and 1:47.27 in the national semifinal ... Qualified automatically for the NCAA Outdoor meet with a fourth-place finish in the half mile at the NCAA Midwest Regional Championships (1:49.28) ... Clocking 1:47.70 in the regional semifinals ... Also earned All-America honors at the NCAA Outdoor meet while running the third leg on LSU's 4x400-meter relay team ... Teamed with Armanti Hayes, Jamar Howard and Ade Alleyne-Forte to run a seasonal best of 3:03.81 for a sixth-place finish in the NCAA final ... Split 45.70 on the relay just one hour after running the 800-meter final at the national meet ... Finished in 19th place in the 800 meters at the SEC Outdoor Championships (1:51.50) ... Qualified for the regional meet following a runner-up finish at the Sun Angel Classic, running a time of 1:48.85 ... Was the ninth-place finisher in the half mile at the SEC Indoor Championships (1:51.87) ... Recorded a seasonal best NCAA provisional qualifying time at 1:49.66 at the Cyclone National Qualifier ... Time of 1:49.66 is an indoor personal best.

PRIOR TO LSU

Joined the LSU program following an outstanding two-year career at Central Arizona Junior College ... Set a personal best of 1:48.82 in the 800 meters to win the event title at the Willie Williams Classic in Tuscon, Ariz., during the 2008 outdoor season ... Earned NJCAA All-America honors with a third-place finish in the 800 meters at the 2008 NJCAA Outdoor Championships ... Clocking a time of 1:49.64 in the national final in 2008 ... Also earned NJCAA All-America honors as a freshman in 2007 after finishing as the national runner-up at 800 meters with a time of 1:51.18 in the national final.

PERSONAL

Full name is Richard Justin Jones ... Born on July 15, 1988 ... Parents are Richard and Janice Jones ... Has two sisters, Janice and Joelle ... Majoring in general studies.



Tim Landry

So./So. - 5-10 - Birmingham, Ala.
Hoover HS/Troy
Major: Sports Administration
Events: 800M (1:58), 1,500M (4:01), 5,000M (15:57)

2009

Elected to redshirt during the 2009 season.

PRIOR TO LSU

Transferred to LSU after spending his true freshman season at Troy University ... Ran track and cross country during his prep career at Hoover High School ... Named all-state during his sophomore, junior and senior seasons ... Qualified for the state championships all three years during prep career ... Helped team capture three state championships ... Was the indoor state champion in the 1,600 meters ... Was the Class 6A outdoor state runner-up in the 1,600 meters and 3,200 meters in 2007 ... Was also the state runner-up in the 3,200 meters in 2005.

PERSONAL

Full name is Timothy James Landry ... Born on Sept. 17, 1988 ... Son of Marvin and Stephanie Landry ... Has two older sisters, Erin and Colleen, and one younger brother, Ryan ... Majoring in sports administration.



Michael Lauro

So./So. - 5-9 - Providence, R.I.
Classical HS/Rhode Island
Major: Marketing
Events: Weight Throw (66-5 ¾), Hammer Throw (214-4)

2009

Was an NCAA Regional qualifier in the hammer throw during his freshman season at LSU ... Just missed qualifying for the NCAA Championships with a sixth-place finish in the hammer throw at the

NCAA Midwest Regional Championships ... Recorded a throw of 200 feet, 9 inches at the regional meet ... Scored two points for the Tigers with a seventh-place finish in the hammer at the SEC Outdoor Championships ... Posted a mark of 203-5 at the SEC Outdoor meet ... Finished the 2009 collegiate season with a top mark of 205-0 in a third-place finish at the LSU Alumni Gold ... Set a new personal best of 214-4 at the USATF Hammerama in Wakefield, R.I., during the summer ... PR ranks No. 5 on LSU's all-time outdoor performance list in the event ... Recorded a total of six NCAA Regional qualifying marks on the year ... Also threw the hammer at the LSU Tiger Relays (200-9), Texas Relays (203-2), Sun Angel Classic (201-2) and Penn Relays (198-3) ... Competed in the weight throw during the indoor season ... Won the weight throw title at the LSU Twilight with a personal best of 66-5 ¾, which ranks No. 4 on LSU's all-time indoor performance list ... Performance was also an NCAA provisional qualifying mark ... Scored five points for the Tigers with a fourth-place finish at the SEC Indoor Championships ... Recorded an NCAA provisional mark of 64-3 ¼ at the conference meet ... Also posted an NCAA provisional qualifying mark of 64-4 at the LSU NCAA Indoor Qualifier.

PRIOR TO LSU

Spent his true freshman season at Rhode Island before transferring to LSU in the fall of 2008 ... Competed unattached in the weight throw indoors and hammer throw outdoors during the 2008 season ... Coached at Rhode Island by Tom Petranoff, who is a former world-record holder in the javelin ... Finished the 2008 season with bests of 190 feet in the hammer throw and 60 feet in the weight throw ... Threw both implements during his prep career at Classical High School in Providence ... Threw 65 feet in the weight throw and 210 feet in the hammer throw during his senior season ... Was a division and class champion in the hammer throw ... Helped lead his high school team to freshman state, division and class titles.

PERSONAL

Full name is Michael Hays Lauro ... Born on July 1, 1989 ... Son of Michael and Teresa Lauro ... Has a younger sister named Catherine ... Was a member of the honor roll for four years in high school ... Was an Academic All-State and All-America selection in high school ... Majoring in marketing.



Phillip LeBlanc

Fr./Fr. - 6-0 - Rayne, La.
Notre Dame HS
Major: Kinesiology
Events: Javelin (195-5)

PRIOR TO LSU

A standout javelin thrower at Notre Dame High School ... Comes to LSU with a personal best of 195 feet, 5 inches ... Was a state runner-up in the javelin during his high school career ... Coached in track and field by

Jimmy McCleary ... Was also a four-year letterwinner on the football team at Notre Dame High School ... Played tight end ... Helped lead his team to a state runner-up finish ... Was a first-team all-state, all-district and all-parish selection in 2008 ... Also earned second-team academic all-state honors in football.

PERSONAL

Full name is Phillip Michael LeBlanc ... Born on Feb. 27, 1991 ... Parents are Brandon and Caroline LeBlanc ... Has two younger siblings, Morgan and Landon ... Was a member of Beta Club at Notre Dame High School ... Majoring in kinesiology.



Anthony Martel

So./So. - 6-0 - Slidell, La.
Northshore HS
Major: Mechanical Engineering
Events: Javelin (221-7)

All-SEC

2009

Earned All-SEC honors during the outdoor season with a second-place finish in the javelin at the SEC Outdoor Track and Field Championships in Gainesville, Fla. ... Shattered his own personal best with a seasonal-best mark of 221 feet, 7 inches at the conference meet en route to earning all-conference honors ... His personal best ranks No. 8 on LSU's all-time outdoor performance list in the javelin ... Was also an NCAA Regional qualifier in the javelin for the first time in his career ... Finished in 23rd place at the NCAA Midwest Regional Championships with a throw of 191-11 ... Also recorded a regional qualifying mark of 209-7 in a fourth-place finish at the LSU Alumni Gold ... Also threw the javelin at the Louisiana Classics (183-3) and LSU Tiger Relays (175-10) during the outdoor season ... Did not compete during the indoor season.

2008

Received a redshirt during the 2008 season.

PRIOR TO LSU

Earned two letters as a member of the track and field and football teams at Northshore High School ... Was the district 4-5A runner-up in the javelin during his senior season ... Also competed in the long jump and triple jump during his high school career.

PERSONAL

Full name is Anthony Tyrone Martel ... Born on Oct. 27, 1988 ... Mother is Colette Martel ... Has a younger brother named Jeremy ... Majoring in mechanical engineering.



Marcus McGehee

So./Jr. - 6-0 - Ethel, La.
Silliman Institute
Major: Mass Communication
Event: Pole Vault (IN: 16-8 ¾; OUT: 16-6 ¾)

2009

Competed at the NCAA Midwest Regional Championships for the first time in his collegiate career ... Did not record a height at the regional meet ... Qualified for the NCAA Midwest Regional Championships with a new outdoor personal-best mark of 16 feet, 6 ¾ inches at the Texas Relays ... Finished in 14th place at the SEC Outdoor Track and Field Championships with a clearance of 16-0 ¾ ... Cleared 16-0 ¾ at three other outdoor meets at the Louisiana Classics, LSU Tiger Relays and Sun Angel Classic ... Recorded a new overall personal best of 16-8 ¾ at the LSU Twilight during the indoor season ... Scored three points with a sixth-place finish in the pole vault at the SEC Indoor Championships with a clearance of 16-4 ¾ ... Kicked off the 2009 indoor season by winning the event title at the Purple Tiger Classic with a mark of 16-4 ¾.

2008

Competed in four outdoor meets during his freshman season at LSU ... Recorded a new personal best in the pole vault with a clearance of 15 feet, 7 ¾ inches at the LSU Alumni Gold ... Took third place in the event at the Cole/Lancon Twilight Classic after clearing the bar at 15-7 ... Also competed in the pole vault at the LSU Tiger Relays (14-7 ¾) and Tiger Invitational (14-7 ¾) during the outdoor season ... Received a redshirt during the indoor season.

PRIOR TO LSU

Competed in the Mississippi Private School Association at Silliman Institute ... Was a district, south state and state champion in the pole vault during his junior and senior seasons at Silliman ... Set new district and state records in his specialty in 2007.

PERSONAL

Full name is Marcus McGehee ... Born on July 30, 1989 ... Parents are Marlin and Robin McGehee ... Majoring in mass communication.



Aaron Moore

Fr./So. - 6-2 - Mandeville, La.
Fontainebleau HS
Major: Civil Engineering
Event: Javelin (220-3)

2009

An NCAA Championships qualifier in his first season with the Tigers ... Recorded a mark of 213 feet, 6 inches en route to a 15th-place finish at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. ... Earned an at-large berth into the NCAA Outdoor meet with a seasonal best and new personal-best mark of 220-3 at the Cole Lancon Twilight ... Also posted a regional qualifying mark of 209-1 in a seventh-place finish at the SEC Outdoor Championships ... Finished in 10th place in his first career appearance at the NCAA Midwest Regional Championships with a throw of 207-10

... Also threw the javelin at the LSU Tiger Relays (195-10), LSU Alumni Gold (193-9) and Northwestern State Invitational (199-9) ... Did not compete during the indoor season.

PRIOR TO LSU

A javelin thrower who came to LSU with a personal best of 188 feet, 3 inches in the event ... Won the District 4-5A title in the javelin in 2007 and 2008 ... Placed second in Region 2-5A in 2007 and third in the region in 2008 ... Capped his high school career with a third-place finish in his specialty at the state meet.

PERSONAL

Full name is Aaron Joseph Atticus Moore ... Born on Oct. 2, 1989 ... Son of Joseph and Terrice Moore ... Has a younger brother, Patrick ... Majoring in civil engineering.



Cody Muse

Fr./Fr. - 5-11 - Grenwell Springs, La.

Catholic HS

Major: Accounting

Event: Shot Put

2009

Received a redshirt and did not compete for the Tigers in 2009.

PRIOR TO LSU

A shot putter who helped lead Catholic High School to four district, three regional and two state championships during his high school career ... Won two regional titles and one district title in the shot put ... Was the third-place finisher in the event at the state indoor meet during his senior season ... Went on to finish fifth outdoors in 2008 ... Was a three-time all-parish selection ... Finished his prep career with a personal best of 55-4 ... Also played football and was a member of the wrestling team at Catholic High School ... Team won three district championships on the gridiron during his prep career ... Served as team captain and was a first-team all-district selection in football.

PERSONAL

Full name is Cody Randall Muse ... Born on Nov. 4, 1989 ... Parents are Randy and Renee Muse ... Has an older sister named Tasha ... Majoring in accounting.



Gabriel Mvumvure

Jr./Jr. - 5-7 - Harare, Zimbabwe

Churchill HS

Major: International Studies

Events: 60M (6.77), 100M (10.37), 200M (IN: 21.45; OUT: 20.72)

NCAA Champion

All-American

NCAA Mid-east Regional Champion

SEC Champion

2-time All-SEC

2009

Competed in the 200-meter dash at the NCAA Division I Outdoor Track and Field Championships for the second time in his career ... Qualified automatically for the NCAA Outdoor meet with a fifth-place finish in the 200 meters at the NCAA Mid-east Regional Championships, clocking a new wind-legal personal best of 20.72 seconds in the regional final ... Committed a false start in the preliminary round at the national meet ... Scored three points for the Tigers with a sixth-place finish in the 200 meters at the SEC Outdoor Championships ... Recorded regional qualifying times of 20.95 and 21.00 at the conference meet ... Also recorded regional qualifying times at the Louisiana Classics (21.15), Sun Angel Classic (21.00) and LSU Alumni Gold (20.89) ... Also competed in the 100-meter dash during the outdoor season ... Set a wind-legal seasonal best of 10.48 en route to a 14th-place finish in the 100 meters at the SEC meet ... Took fourth place in the event at the Penn Relays with a time of 10.51 ... Finished sixth in the 100 meters at the Texas Relays with a wind-aided time of 10.42 ... Ran the third leg on LSU's 4x100-meter relay team throughout the outdoor season ... Earned his second career All-SEC honor in the event while running the third leg on the foursome that finished second at the SEC Outdoor Championships with a time of 38.86 ... Also ran on the foursome that captured the event title at the NCAA Mid-east Regional Championships with a winning time of 39.13 ... Competed primarily in the 60-meter dash during the indoor season ... Recorded a new PR with a seasonal-best time of 6.77 in the prelims at the New Balance Collegiate Invitational ... Finished the event in 14th place at the SEC Indoor Championships with a time of 6.82 in the preliminary round ... Ran a time of 6.79 at the Purple Tiger Classic and LSU Twilight ... Competed in the 200 meters in three meets during the indoor campaign, finishing the season with a seasonal best and indoor personal best of 21.45 in a 15th-place finish at the SEC Indoor meet.

2008

Proved to be one of the top freshman sprinters in all of collegiate track and field with his performance in 2008 ... Ran the third leg on the Tigers' 4x100-meter relay team that won an NCAA title at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa ... Teamed with Armanti Hayes, Richard Thompson and Trindon Holliday to run 38.42 in the national final, which is the third-fastest time in school history and the sixth-fastest time in the history of collegiate track and field ... Also qualified for the 200-meter dash at the NCAA Outdoor Championships ... Just missed earning All-America honors and advancing to the 200-meter final as he finished the event in 12th place with a time of 20.84 in the semifinal round ... Received an at-large bid to compete in the 200 meters at the national meet following his sixth-place finish in the event at the NCAA Mid-east Regional

Championships ... Set a new wind-legal personal best of 20.83 in the regional final ... Also clocked a wind-aided time of 20.68 in the prelims at the regional meet ... Opened the outdoor season by winning the 200-meter title at the Willie Williams Classic (21.23) ... Not only ran on the LSU's national champion 4x100-meter relay team, but also ran the third leg on the foursome that set a new meet record of 38.62 to claim the SEC title at the SEC Outdoor Championships ... Scored two points with a seventh-place finish in the 200 meters at the SEC Outdoor meet, clocking a 21.27 in the final ... Also ran the 100-meter dash during the outdoor season ... Was an NCAA Regional participant in the event, finishing the meet in 12th place with a wind-aided time of 10.30 ... Placed 18th in the 100 meters at the SEC Championships (10.71) ... Set a new wind-legal personal best with a time of 10.37 to win the 100-meter title at the Willie Williams Classic ... Followed by winning the event title at the LSU Tiger Relays with a time of 10.47 ... Ran on LSU's sprint relay teams that won titles at the prestigious Texas Relays (38.74) and Penn Relays (39.18) during the 2008 season ... Saw limited action during the indoor season after coming to LSU at mid-term ... Lined up in the 60 meters and 200 meters at the SEC Indoor Championships ... Finished 11th and 22nd, respectively.

PRIOR TO LSU

One of the world's premier junior sprinters who joins the LSU track and field program from Churchill High School in Harare, Zimbabwe ... Joined the LSU program as Zimbabwe's national junior record holder in both the 100 meters (10.45) and 200 meters (20.91) ... Represented his country in the 200-meter dash at the 2006 IAAF World Junior Championships in Beijing, China ... Was the African Junior Athletics champion in the 100 and 200 meters ... Competed for Team Zimbabwe at the 2007 All-Africa Games in Algiers, winning a bronze medal as a member of Zimbabwe's 4x100-meter relay team and finishing sixth in the 200 meters ... Earned National Junior Athlete of the Year honors for his performance in 2007 ... Was also named the Provincial Athlete of the Year in his home country in 2004 ... Led his high school track and field team to provisional and national championships during his high school career.

PERSONAL

Full name is Gabriel Mvumvure ... Born on Feb. 23, 1988 ... Son of Francis and Jenipher Mvumvure ... Has two older siblings named Bethel and Privilege ... Majoring in international studies.



Barrett Nugent

So./So. - 6-1 - Maurice, La.

North Vermillion HS

Major: Disaster Science Management

Events: 60H (7.93), 110H (13.66)

All-American

NCAA Mid-east Regional Champion

2009

Emerged as one of the nation's top sprint hurdlers in his first season with the Tigers ... Was an NCAA finalist in the 110-meter hurdles in his first career appearance at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. ... Just missed earning All-America honors with a ninth-place finish in the event at the NCAA Outdoor meet ... Clocking a time of 14.01 seconds into a -2.0 headwind in the national final ... Qualified for the NCAA final after finishing fifth in both the first round of qualifying and semifinal rounds at the national meet ... Was crowned the event champion in the 110-meter hurdles at the NCAA Mid-east Regional Championships ... Took home the regional crown with a new wind-legal PR of 13.66 in the regional final ... His seasonal-best and personal-best time ranks No. 6 on LSU's all-time outdoor performance list in the 110 hurdles ... Scored three points with a sixth-place finish in the event at the SEC Outdoor Championships (13.88) ... Earned his first career All-America honor as a member of the Tigers' 4x100-meter relay team that finished as the NCAA runner-up in 2009 ... Ran the leadoff leg on the foursome that clocked a seasonal-best time of 38.67 en route to a second-place finish at the NCAA Outdoor Championships ... Also ran on the 4x100 relay that qualified for the national final with a time of 38.72 in the qualifying round ... Competed in the 60-meter hurdles during the indoor season ... Recorded a seasonal best and personal best of 7.93 at the Tyson Invitational ... Indoor season was cut short due to an injury suffered in the preliminary round at the Tyson Invitational.

PRIOR TO LSU

One of the elite hurdle prospects in the United States for the Class of 2008 ... Personal-best time of 13.70 in the 110-meter hurdles ranked No. 7 in the nation in 2007 ... Was the second-fastest time recorded by a member of the Class of 2008 ... Was a three-time Class 3A state champion in the 100-meter dash (10.46), the 110 hurdles (13.72) and the 300 hurdles (37.40) while competing at the 2007 LHSAA State Outdoor Championships ... Actually broke his own state record in the 300 hurdles with his time of 37.40 at the state meet en route to being named the meet's Most Outstanding Performer for Class 3A ... Followed that effort by successfully defending his title in the 110 hurdles at the state meet in 2008 ... Also played football and basketball during his high school career.

PERSONAL

Full name is Barrett Adam Nugent ... Born on Jan. 29, 1990 ... Son of Keith and Denise Nugent ... Has two sisters, Simone and Olivia ... Sister Simone attends LSU Law School ... Majoring in disaster science management.



Rynell Parson

Fr./Fr. - 5-8 - San Antonio, Texas
John Paul Stevens HS
Major: Management
Events: 60M (6.67), 100M (10.23), 200M (21.05)

PRIOR TO LSU

The No. 1 high school sprinter in the United States for the Class of 2009 ... Has set personal bests of 6.67 in the 60 meters, 10.23 in the 100 meters and 21.05 in the 200 meters ... Garnered worldwide attention as a sophomore in 2007 by setting the World Youth Record in the 100 meters with his time of 10.23 to win the event title at the 2007 USA Junior Outdoor Track and Field Championships in Indianapolis, Ind. ... The youth level of track and field includes all athletes in the history of the sport under the age of 18 ... His time is also a sophomore class record for high school boys in the United States ... It also ranked No. 1 by a high school boy in the United States in 2007 regardless of class and No. 3 in the world by an athlete under the age of 20 ... Set his personal-best time of 6.67 in the 60-meter dash as a junior in 2008 to rank No. 4 nationally and No. 2 by a member of the Class of 2009 ... Won a bronze medal in the 60 meters at the 2007 Nike Indoor Nationals in Landover, Md. ... Unmatched by his peers in high school track and field in the state of Texas ... Was the University Interscholastic League Class 5A state champion in the 100 meters in 2007 after clocking a wind-legal time of 10.37 in the state final.

PERSONAL

Full name is Rynell Deon Parson ... Born on Nov. 7, 1990 ... Son of Roger and Sondra Parson ... Has an older brother, Roger Parson II, of the United States Navy, sister-in-law, Priscilla, and niece, Leah Elizabeth ... An avid bowler who was also a member of his high school bowling team ... Served as a motivational speaker to different schools and organizations in San Antonio ... Is a greeter at True Vine Baptist Church ... Majoring in management.



Ryan Penn

Jr./Jr. - 5-9 - Freeport, Bahamas
Southwestern Christian College
Major: General Studies
Events: 100M (10.37), 200M (20.78)

2009

Received a redshirt in his first season at LSU ... Did not compete for the Tigers in 2009.

PRIOR TO LSU

A standout at Southwestern Christian College who finished the 2008 season as one of the top sprinters in the National Junior College Athletic Association ... Set personal bests of 10.37 in the 100 meters and 20.78 in the 200 meters ... Finished the season ranked No. 2 in the NJCAA in the 200 meters and No. 3 in the 100 meters ... Set both personal bests at the Abilene Christian Twilight Open on May 8, 2008 ... Competed in both sprint events at the 2005 World Youth Championships in Morocco.

PERSONAL

Full name is Ryan Lea' Penn ... Born on April 6, 1988 ... Son of Lea' Penn and Shurn Brown ... Has four older siblings: Michael, Mia, Lief and Cassie ... Majoring in general studies.



Thomas Reinecke

Fr./Fr. - 5-9 - Lake Charles, La.
St. Louis Catholic HS
Major: Chemistry
Event: Pole Vault (16-2)

PRIOR TO LSU

A standout pole vaulter at St. Louis Catholic High School who comes to LSU with a personal best of 16 feet, 2 inches in the event ... His personal best is also a school record at his alma mater ... Set his personal best of 16-2 in winning the Class 3A outdoor state championship in the event as a senior in 2009 ... Cleared a height of 15-6 to win the young men's pole vault title at the 2009 AAU Junior Olympics ... Was the outdoor state runner-up in 2008 ... Captured the indoor state crown in the pole vault in 2008 ... A two-time all-state selection in 2008 and 2009 ... Won back-to-back pole vault titles at the Mobile Challenge of Champions in 2008 and 2009.

PERSONAL

Full name is Thomas Charles Reinecke ... Born on Sept. 30, 1990 ... Parents are Bill and Pat Reinecke ... Has three older siblings: Jennifer, Will and Paul ... Majoring in chemistry.



Kyle Rose

Jr./Jr. - 5-11 - New Orleans, La.
Jesuit HS
Major: Pre-Medicine
Event: Pole Vault (IN: 16-2 ¾; OUT: 16-1 ¾)

2009

Set a new overall personal best during the 2009 indoor season with a top mark of 16 feet, 2 ¾ inches en route to a fifth-place finish at the LSU Twilight ... Earned a 12th-place finish at the SEC Indoor Track and Field Championships with a clearance of 15-7 ... Opened the season by earning a fourth-place finish

with a clearance of 15-11 at the Purple Tiger Classic ... Also competed in the pole vault at the SEC/Big 12 Challenge (15-7), New Balance Collegiate Invitational (15-9), Tyson Invitational (15-1 ½) and LSU NCAA Indoor Qualifier (15-7 ¾) ... Competed in three meets during the outdoor season ... Cleared 15-7 at the Louisiana Classics and LSU Tiger Relays ... Did not record a height at the Texas Relays.

2008

Set new indoor and outdoor personal bests in the pole vault in his first season with the Tigers ... Cleared the bar at 15 feet, 9 inches at the Razorback Invitational during the indoor season ... Posted a mark of 16-1 ¾ at the LSU Alumni Gold during the outdoor campaign to place fifth place in the event ... Finished second at the LSU Twilight Invitational (15-5) and third at the Bayou Bengal Invitational (15-7) during the indoor season ... Broke the 16-foot barrier for the first time in his career at the Tiger Invitational ... Finished the meet in third place with a clearance of 16-0 ¾ ... Placed fourth at the LSU Tiger Relays (15-7) and fifth at the Willie Williams Classic (15-9) ... Did not record a height in the pole vault in his first career appearance at both the SEC Indoor and Outdoor Championships ... Competed in a total of 14 meets during his freshman season in 2008.

PRIOR TO LSU

Signed with LSU as the top pole vault recruit in the state for the Class of 2007 ... Wrapped up his high school career at Jesuit High School by winning indoor and outdoor state titles in the event ... Set a state indoor record with a clearance of 15-6 at the indoor state championship meet ... Was also crowned district and regional champion in 2007 en route to being named New Orleans Track and Field Athlete of the Year and the Jesuit High School Athlete of the Year ... Ended his career as a three-time district and regional champion ... Competed in the pole vault at the 2007 Nike Indoor National Championships ... Won a bronze medal in the event at the 2006 AAU Junior Olympics ... Comes to LSU with a personal best of 15-8 in his specialty.

PERSONAL

Full name is Kyle Matthew Rose ... Born on April 17, 1989 ... Son of Mark and Kelly Rose ... Has a younger sister named Laura ... Both his mother and father graduated from LSU ... Majoring in pre-medicine.



Ross Roubion

Jr./Jr. - 6-2 - New Orleans, La.
Brother Martin HS
Major: History
Event: Weight Throw (57-8 ½), Hammer Throw (188-1)

2009

Continued to show dramatic improvement in the hammer throw during his sophomore season ... Improved his personal best by nearly 18 feet over the course of the 2009 season ... Set a new personal best at the Northwestern State Invitational with a regional qualifying throw of 188 feet, 1 inch ... Competed at the NCAA Midwest Regional Championships for the first time in his collegiate career ... Finished in 26th place in the event at the regional meet with a throw of 176-9 ... Also threw the hammer at the LSU Tiger Relays (183-2) and LSU Alumni Gold (173-5) ... Competed in the weight throw during the indoor season ... Set a new personal best of 57-8 ½ in a third-place finish at the LSU Twilight ... Also threw the 35-pound weight implement at the Purple Tiger Classic (52-2 ¾) and LSU NCAA Indoor Qualifier (57-5 ½).

2008

Improved his personal best in the hammer throw by nearly 26 feet from his top mark entering the season ... Took third place in the event at the Cole/Lancon Twilight Classic with a career-best throw of 170 feet, 6 inches ... Opened the outdoor season by setting a then personal best of 164-0 at the LSU Tiger Relays ... Also threw the hammer at the LSU Alumni Gold (157-9) and Tiger Invitational (143-5) outdoors ... Competed in the weight throw at three home meets during the indoor season ... Recorded a seasonal best of 49-2 ½ in a fourth place finish at the LSU NCAA Indoor Qualifier ... Also threw the weight at the Bayou Bengal Invitational (45-5 ¼) and LSU Twilight Invitational (46-9).

2007

Received a redshirt and did not compete for the Tigers as a true freshman in 2007.

PRIOR TO LSU

Earned four letters while throwing the discus for coaches Brad Dupelchen, David Guillot and Dennis Panepento at Brother Martin High School ... Had his most prolific season throwing the discus in 2004 ... Led the Crusaders to the varsity District 10-5A and Region III-5A Track Championships in 2004, marking the first time in school history that both titles were won in the same year ... Captured individual titles at both meets that same year ... Finished fourth in the discus at the Class 5A Outdoor Championships in 2004.

PERSONAL

Full name is Ross Francis Roubion ... Born on Dec. 14, 1987 ... Parents are Richard and Vickie Roubion ... Has two brothers, Reid and Ryan ... Brother Ryan throws the javelin at LSU ... Majoring in history.



Ryan Roubion
Fr./So. – 5-8 – Drestrehan, La.
Brother Martin HS
Major: Pre-Medicine
Event: Javelin (210-10)

2009

One of the top javelin throwers in the Southeastern Conference in 2009 ... Shattered his own personal best by more than 15 feet over the course of the season ... Scored four points for the Tigers with a fifth-place finish in the javelin at the SEC Outdoor Track and Field Championships ... Recorded a new personal best of 210 feet, 10 inches at the conference meet ... Also recorded a regional qualifying mark of 206-8 in a sixth-place finish at the LSU Alumni Gold ... Competed in the javelin at the NCAA Mid-east Regional Championships for the first time in his career ... Placed 22nd at the regional meet with a throw of 192-5 ... Also competed in the javelin at the Louisiana Classics (197-6), LSU Tiger Relays (188-3), Texas Relays (195-9), Sun Angel Classic (193-5) and Penn Relays (190-1) ... Did not compete during the indoor season.

PRIOR TO LSU

Finished his high school career with a personal best of 195 feet, 1 inch in the javelin ... Is a former second-place finisher and third-place finisher in the event at the state meet ... Helped lead his team to two district championships and two regional championships during his high school career ... Also a standout on the football field ... Earned three letters while playing linebacker at Brother Martin High School.

PERSONAL

Full name is Ryan Charles Roubion ... Born on Feb. 17, 1990 ... Son of Richard and Vickie Roubion ... Has two brothers, Reid and Ross ... Ross is a hammer thrower at LSU ... A standout in the classroom at Brother Martin High School ... Was named a WWL A+ Athlete and a National Merit Finalist ... Majoring in pre-medicine.



Kenneth Schiffman
Fr./So. – 5-10 – Metairie, La.
Brother Martin HS
Major: Undecided
Events: 1,500M (4:09.65)

2009

Ran the 1,500 meters in two meets during the outdoor season ... Set a personal best of 4 minutes, 9.65 seconds in a sixth-place finish at the LSU Tiger Relays ... Also clocked 4:10.18 in an 11th-place finish at the Louisiana Classics ... Ran the second leg on LSU's 4x800-meter relay at the LSU Tiger Relays ... Ran on the foursome that took fourth place with a time of 7:52.52 ... Did not compete for the Tigers during the indoor season.

PRIOR TO LSU

Finished his prep career with personal bests of 1:56 in the 800 meters, 4:17 in the 1,600 meters, and 9:48 in the 3,200 meters ... Was a two-time metro champion in cross country in 2006 and 2007 ... Also won the district title in 2007 ... Was crowned state champion in the mile in 2007 en route to being named the state's Most Outstanding Athlete ... Also played soccer at Brother Martin High School.

PERSONAL

Full name is Kenneth Ernest Schiffman ... Born on Oct. 7, 1989 ... Son of Lance and Nancy Schiffman ... Currently undecided on a major.



Paras Shah
Fr./Fr. – 5-5 – Austin, Texas
Bowie HS
Major: Finance
Events: Distance

PRIOR TO LSU

A four-time letterwinner in cross country and track and field at Bowie High School in Austin, Texas ... Comes to LSU with a top time of 16:24 in the 5k ... Was a four-time regional qualifier in cross country in his high school career ... Was also a regional qualifier on the track.

PERSONAL

Full name is Paras Vivek Shah ... Born on Dec. 28, 1990 ... Parents are Vivek and Aika Shah ... Has a younger sister, Ami ... An honor roll student for four years at Bowie High School ... Majoring in finance.



Robert Simmons
So./So. – 5-9 – Missouri City, Texas
Fort Bend Hightower HS
Major: Undecided
Events: 400M (IN: 46.22; OUT: 45.84)

**2-time All-American
SEC Champion
2-time All-SEC**

2009

Proved to be one of the top 400-meter runners in the country during his true freshman season ... Earned his first career individual All-America honor with a fourth-place finish in the event at the NCAA Division I Indoor Track and Field Championships in College Station, Texas ... Crossed the finish line in fourth place with a time of 46.28 seconds in the national final ... Qualified for the final with the fastest preliminary time of 46.63 at the NCAA Indoor meet ... Also earned All-America honors during the indoor season as a member of LSU's 4x400-meter relay team ... Anchored the team to a sixth-place finish at the national meet with an indoor seasonal-best time of 3:08.47 ... Was crowned SEC champion in the 400-meter dash during the indoor season with an indoor personal best and NCAA provisional qualifying time of 46.22 in the conference final ... Broke the 47-second barrier indoors for the first time at the Tyson Invitational where he finished in third place with a time of 46.55 ... Finished the 2009 indoor season ranked No. 7 on LSU's all-time indoor performance list in the 400 meters ... Was also an NCAA Championships qualifier in the 400 meters during the outdoor season ... Set a new overall personal best of 45.84 in the national semifinal to qualify for the NCAA final in his first career appearance at the NCAA Outdoor Championships ... Did not finish the race in the NCAA final after pulling up on the backstretch with a leg injury ... Qualified automatically for the national meet with a fifth-place finish in the open quarter at the NCAA Mid-east Regional Championships, clocking a time of 46.01 in the regional final ... Also earned a fifth-place finish in the event at the SEC Outdoor Championships ... Clocking 46.08 in the final at the SEC Outdoor meet ... Earned all-conference honors while running the leadoff leg on the Tigers' 4x400-meter relay team that took second place at the SEC Outdoor Championships ... Led off the foursome that ran 3:04.75 at the SEC meet ... Also led off the relay that finished in fifth place at the regional meet with a time of 3:06.79.

PRIOR TO LSU

Signed with LSU as one of the premier 400-meter recruits in the world for the Class of 2008 ... Burst onto the international scene at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Ran a personal best and the fourth-fastest time in the nation by a high school boy with a time of 46.40 in the semifinal round ... His time also ranked No. 1 in the United States by a member of the Class of 2008 ... It was also ranked No. 20 in the world by an athlete under the age of 20 ... Went on to finish fourth in the 400 meters at the Pan Am Juniors with a time of 46.46 in the final ... Did not come home from the Pan Am Juniors empty-handed as he ran the leadoff leg on the foursome that won silver in the 4x400-meter relay with a time of 3:06.15 ... Also competed in numerous national competitions, including the 2007 USA Track & Field Junior Olympic Championships where he won silver in the 200 meters with a personal-best time of 21.11 and bronze in the 400 meters with a time of 47.28 ... Won two gold medals at the 2007 Nike Outdoor Nationals as a member of the 4x100 and 4x200 relays for Team Texas ... Was named to the 2007 Boys All-USA Track and Field Team by USA Today for his performance ... Followed the success of his junior season by winning a silver medal in the 400 meters at the 2008 National Scholastic Indoor Championships, clocking an indoor personal best of 47.80 at The Armory Track & Field Center in New York ... Led Fort Bend Hightower to the University Interscholastic League Class 5A state championship in 2007.

PERSONAL

Full name is Robert Rapheal Simmons ... Born on July 18, 1989 ... Parents are John and Jacqueline Mamon ... Has one sister, Racheal, and two brothers, Rodrick and Rondell ... Currently undecided on a major.



Kyle Steele
Fr./Fr. – 5-10 – Denham Springs, La.
Walker HS
Major: Kinesiology
Events: Distance

PRIOR TO LSU

Earned three letters in cross country and four letters in track and field under head coach Will Silk at Walker High School ... Earned all-state honors in cross country in 2008...Was crowned indoor state champion in the mile as a high school senior in 2009 ... Broke Walker High's mile record with a top time of 4:19.

PERSONAL

Full name is Kyle James Steele ... Born on Nov. 17, 1990 ... Mother is Loralee Charpentier ... Has one sister, Sarah LeBlanc ... Majoring in kinesiology.



Alan Sticker

Jr./Jr. - 6-2 - Pineville, La.
Pineville HS
Major: Kinesiology
Events: 800M (IN: 1:54.09; OUT: 1:54.26), 1,500M (3:49.29), Mile (4:08.55)

2009

A miler for the Tigers during the indoor season ... Crossed the finish line in fifth place in the mile with a personal-best time of 4:08.55 at the Tyson Invitational ... Placed 10th in the event at the SEC Indoor Track and Field Championships with a time of 4:11.68 in the conference final ... Ran the mile leg on LSU's distance medley relay team that finished ninth at the SEC Indoor Championships with a time of 10:14.17 ... Also ran the mile at the New Balance Collegiate Invitational (4:11.33) ... Lined up in the 800 meters at the SEC/Big 12 Challenge, finishing 11th with a time of 1:54.30 ... Opened up the 2009 season by running the 3,000 meters at the Purple Tiger Classic, finishing the race in 8:39.24 ... Competed in just two meets during the outdoor season ... Ran the 1,500 meters at the Sun Angel Classic (3:56.47) and LSU Alumni Gold (3:59.58) ... Also ran the 5,000 meters at the LSU Alumni Gold (16:09.09).

2008

A middle distance runner for the Tigers while concentrating on the 1,500 meters and the mile during the 2008 season ... Finished 13th in the mile in his first career appearance at the SEC Indoor Championships with a time of 4 minutes, 14.68 seconds ... Also ran the 3,000 meters at the SEC Indoor meet, but did not finish the race ... Set a new personal best in the mile with a time of 4:11.57 at the Razorback Invitational ... Also ran the mile at the New Balance Collegiate Invitational (4:14.05) and Purple Tiger Classic (4:17.37) ... Recorded a time of 3:51.58 to place 15th in the 1,500 at the SEC Outdoor Championships ... Set a new personal best of 3:49.29 to finish fourth in the event at the LSU Alumni Gold ... Also ran the 1,500 meters at the LSU Tiger Relays (3:58.62) and Willie Williams Classic (3:59.74) ... Ran two 800-meter races during both the indoor and outdoor seasons ... Finished the season with an indoor personal best of 1:54.09 and an outdoor personal best of 1:54.26.

2007

Received a redshirt and did not compete for the Tigers during the 2007 season.

PRIOR TO LSU

Earned four varsity letters while competing in the 800 meters, 1,600 meters and 3,200 meters under the direction of head coach Kevin Kessler at Pineville High School ... Helped lead Pineville to the Class 4A outdoor state championship in 2005 and a state runner-up finish in cross country as a senior in 2006 ... Was a five-time individual state champion ... Was the state cross country champion and outdoor 1,600-meter champion as a junior in 2005 ... Capped his senior season by winning state titles in the 3,200 meters during the indoor season, as well as the 1,600 meters and 3,200 meters during the outdoor season ... Was also a four-year letterwinner on the baseball team, earning a pair of first-team all-district 3-4A honors during his career.

PERSONAL

Full name is Alan Levi Sticker ... Born on Nov. 18, 1987 ... Parents are Brad and Leeann Sticker, both of whom are graduates of LSU ... Graduated high school with a stellar 3.7 grade-point average ... Member of the National Honors Society ... Majoring in kinesiology.



Sean Swanner

Jr./Jr. - 5-9 - Baton Rouge, La.
Episcopal HS/Texas A&M
Major: International Studies
Events: 3,000M (9:18.42), 5,000M (16:21.74)

2009

Competed in five meets during the 2009 season ... Opened the 2009 indoor season by running the 3,000 meters at the Purple Tiger Classic, finishing 10th in the event with a personal-best time of 9:18.42 ... Also ran the 3,000 meters at the LSU Twilight (9:19.31) ... Finished seventh in the mile at the LSU NCAA Indoor Qualifier with a time of 4:38.32 ... Competed in the 5,000 meters at two meets during the outdoor season ... Ran the 5,000 meters at the LSU Tiger Relays (16:42.67) and LSU Alumni Gold (16:21.74).

2008

Did not compete in his first season with the Tigers after transferring to LSU from Texas A&M.

PRIOR TO LSU

A standout distance runner at Episcopal High School in Baton Rouge ... Was a four-time all-state performer in cross country from 2002-05 and an all-state selection in track in 2006 ... Won an individual state title in cross country in 2005 ... Was named the Class 2A MVP at the state meet in 2006 ... Led his team to four state cross country titles from 2002-05 ... Team also swept indoor and outdoor state titles in 2004 and won an indoor crown in 2005 ... Came to LSU with personal bests of 4:23 in the 1,600 meters, 9:44 in the 3,200 meters and 15:25 in the three-mile race.

PERSONAL

Full name is Sean Webb Swanner ... Born on Dec. 21, 1987 ... Parents are John and Sherry Swanner ... Has an older brother, Matt, and an older sister, Allison ... Father and brother are graduates of LSU ... Was a National Merit Scholar and a National AP Scholar in high school ... Majoring in international studies.



Phillip Thomas

So./So. - 6-0 - Baton Rouge, La.
Broadmoor HS
Major: Electrical Engineering
Event: High Jump (6-6), Triple Jump (43-11 ¼)

2009

A high jumper and triple jumper for the Tigers during his true freshman season ... Posted an indoor seasonal-best clearance of 6-3 ¼ in the high jump at the LSU NCAA Indoor Qualifier ... Cleared 6-2 ¼ at the LSU Twilight ... Recorded a new overall personal best of 43-11 ¼ in the triple jump in a ninth-place finish at the LSU Twilight during the indoor season ... Cleared an outdoor seasonal best of 6-4 ¾ in a third-place finish at the Pelican Relays ... Also cleared 6-2 ¾ at the LSU Tiger Relays ... Finished eighth in the triple jump at the Louisiana Classics with an outdoor seasonal best of 43-10 ½.

PRIOR TO LSU

Won district titles in the high jump and triple jump during his prep career ... Finished his senior season with a personal best of 6-6 in the high jump ... Also played baseball, basketball and football at Broadmoor High School ... Helped lead his baseball team to the District 7-4A title as a senior in 2008.

PERSONAL

Full name is Phillip Micah Thomas ... Born on March 1, 1990 ... Parents are Juan Thomas and Earlett Buckley ... Has three siblings: Juan, Jonathan and Alana ... Was a four-year member of the Academic Honor Roll at Broadmoor High School ... Was also a member of the National Honor Society ... Majoring in electrical engineering.



Zedric Thomas

Jr./Jr. - 5-11 - New Iberia, La.
New Iberia Senior HS
Major: Sports Administration
Events: Long Jump (IN: 24-10; OUT: 24-9 ¾), Triple Jump (IN: 50-5 ½; OUT: 52-3 ¾)

2009

Competed in both the long jump and triple jump at the NCAA Midwest Regional Championships ... Finished eighth in the triple jump at the regional meet with a wind-aided mark of 51 feet, 7 ¾ inches ... Earned a ninth-place finish in the long jump at the regional meet with a wind-aided mark of 24-11 ... Scored five points for the Tigers with a fourth-place finish in the triple jump at the SEC Outdoor Track and Field Championships, posting a seasonal-best wind-legal jump of 51-0 ¼ ... Also soared more than 50 feet at the Texas Relays (50-6) and LSU Alumni Gold (50-11) during the outdoor season ... Recorded a new wind-legal outdoor personal best in the long jump with a mark of 24-9 ¾ in a second-place finish at the LSU Tiger Relays ... Finished 23rd in the event at the SEC Outdoor Championships (18-1 ¾) ... Recorded a new indoor personal best in the long jump with a mark of 24-10 to finish runner-up at the Purple Tiger Classic ... Placed third in the triple jump at the SEC/Big 12 Challenge with a mark of 49-8 ¼ ... Was his only triple jump competition during the indoor season ... Saw limited action during the indoor season due to a knee injury.

2008

Competed in the triple jump at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa, in his first season with the program ... Finished in 18th place at the national meet with a top mark of 50 feet, 10 ¾ inches ... Earned an automatic qualifying spot into the NCAA meet with a fifth-place finish in the triple jump at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Recorded a new overall personal best at the regional meet with a wind-legal jump of 52-3 ¼ ... Was the top mark recorded by an LSU triple jumper during the 2008 season ... Scored three points with a sixth-place finish in the event at the SEC Outdoor Championships (49-11) ... Broke the 50-foot barrier for the first time at the Tiger Invitational, where he finished runner-up with a mark of 50-2 ... Also competed in the long jump at the SEC Outdoor meet, finishing in 12th place with a jump of 23-1 ¼ ... Set a new outdoor personal best in the long jump at the LSU Alumni Gold (23-8 ¾) ... Competed in both events during the indoor season ... Was the fifth-place finisher in the triple jump at the SEC Indoor Championships with an indoor personal best of 50-5 ½ ... Won triple jump titles at the LSU Twilight Invitational (49-11) and LSU NCAA Indoor Qualifier (49-11 ¼) ... Placed 17th in the long jump at the SEC Indoor meet ... Set an indoor personal best of 24-1 ¾ at the Bayou Bengal Invitational ... Competed in a total of 17 meets during his freshman season.

PRIOR TO LSU

Arguably the nation's top recruit in the triple jump for the Class of 2007 ... Finished his high school career at New Iberia High School as a five-time All-American ... Won an indoor national title in the event by taking top honors at the 2007 National Scholastic Indoor Championships with a jump of 49 feet, ¼ inch at the Armory Track and Field Center in New York ... Capped his illustrious high school career by winning indoor and outdoor state titles in the triple jump ... Recorded the third-best jump in the nation with a mark of 49-8 in the finals of the triple jump at the 2007 Division I Indoor State Championships ... Also won an indoor state championship in the long jump during his senior season ... Won three-straight outdoor state titles in the triple jump from 2005-07.

PERSONAL

Full name is Zedric Ramone Thomas ... Born on June 21, 1988 ... Parents are Jimmy and Daphne Thomas ... Has one brother, Zhamal, and one sister, Amber ... Majoring in sports administration.



Garrek Thompson
So./So. – 5-7 – Memphis, Tenn.
White Station HS
Major: Advertising
Event: 800M (IN: 1:52.36, OUT: 1:51.37)

2009

Showed tremendous potential as an 800-meter runner during his true freshman season with the Tigers ... Shattered his overall personal best by eight seconds over the course of the 2009 season ... Finished the year with a new overall personal best of 1:51.37 in a 14th-place finish at the SEC Outdoor Track and Field Championships ... Also ran an impressive time of 1:51.95 in a 15th-place finish at the Sun Angel Classic ... Competed in the 800 meters at the Louisiana Classics (1:55.84) and LSU Tiger Relays (DNF) during the outdoor season ... Set a new indoor personal best of 1:52.36 in a 12th-place finish at the SEC Indoor Championships ... Also saw action in the half mile at the SEC/Big 12 Challenge (1:55.15), New Balance Collegiate Invitational (1:53.24) and Tyson Invitational (1:53.51) during the indoor season.

PRIOR TO LSU

A 400-meter and 800-meter runner at White Station High School in Memphis, Tenn. ... Was the runner-up in the 400 meters at the Tennessee 3A Sectional meet during his senior season in 2008 ... Placed third in the 800 meters at the Memphis City Championships with a time of 2:03 ... Finished his high school career with personal bests of 49.78 in the 400 meters and 1:59.15 in the 800 meters.

PERSONAL

Full name is Garrek Jordan Thompson ... Born on May 6, 1990 ... Mother is Nina Thompson ... A member of the National Honor Society at White Station High School ... Majoring in advertising



James Thurn
So./So. – 5-8 – Cicero, N.Y.
Cicero North Syracuse HS/Buffalo
Major: Information Systems and Decision Sciences
Event: 400H (52.59)

PRIOR TO LSU

Came to LSU after competing as a freshman at the University of Buffalo ... A 400-meter hurdler who earned a sixth-place finish in the event at the Mid American Conference Outdoor Track and Field Championships in 2009 ... Clocked a time of 54.50 seconds in the conference final ... Finished his freshman campaign with a seasonal-best time of 53.22 to rank second on the Buffalo squad ... Boasts a PR of 52.59 in the 400-meter hurdles ... Recorded his personal best in the event in a fourth-place finish at the Nike Outdoor Nationals in 2008 ... Won a bronze medal with a third-place finish in the 400 hurdles at the New York state meet as a junior in 2007 ... Coached in high school by Curtis Merrick and Sandy Burns.

PERSONAL

Full name is James Patrick Thurn ... Born on April 19, 1990 ... Parents are John and Susan Thurn ... Has one sister, Jennell, and one brother, John Thurn II ... Was an honor student at Cicero North Syracuse High School ... Majoring in information systems and decision sciences.



Tristan Walker
Jr./Sr. – 6-3 – Brooklyn, N.Y.
South Shore HS/Central Arizona JC
Major: Sports Administration
Event: 100M (10.72), 200M (21.15)

2009

Competed in eight meets during his first season with the Tigers ... Set a new personal best of 10.72 seconds in the 100-meter dash in a fourth-place finish at the Louisiana Classics ... Also lined up in the 100 meters at the LSU Tiger Relays (10.76) and LSU Alumni Gold (10.99) ... Also earned a fourth-place finish in the 200 meters at the Louisiana Classics with a seasonal-best time of 21.40 ... Ran 21.48 in the 200 at the LSU Alumni Gold ... Competed in the 60-meter dash during the indoor season ... Clocked a seasonal-best time of 7.02 in the 60 meters at the LSU NCAA Indoor Qualifier ... Placed 10th in the event at the SEC/Big 12 Challenge with a time of 7.08 ... Also ran the 60 meters at the LSU Twilight (7.08) and finals at the LSU NCAA Indoor Qualifier (7.06).

PRIOR TO LSU

Transferred to LSU following a two-year stint at Central Arizona Junior College ... Was a two-time National Junior College Athletics Association All-American as a member of the 4x100-meter relay team at Central Arizona ... Helped lead his team to the NJCAA Outdoor team championship in 2007 ... Came to LSU with wind-legal personal bests of 10.78 in the 100-meter dash and 21.15 in the 200-meter dash ... Was a standout sprinter at South Shore High School in Brooklyn, N.Y. ... Was crowned the outdoor state champion in the 200 meters during the 2005 season ... Also captured the Eastern States crown in the 200 meters in 2005 ... Coached in high school by Phil Zodda.

PERSONAL

Full name is Tristan Gordon Walker ... Born on Oct. 24, 1987 ... Parents are Gordon and Audrey Walker ... Has three siblings: Dwayne, Adrian and Trisha ... Trisha is his twin sister ... Majoring in sports administration.



Anthony Whitaker
Fr./Fr. – 5-10 – Houston, Texas
Houston Christian HS
Major: Civil Engineering
Event: 400M (49.80)

PRIOR TO LSU

A 400-meter runner and jumper during his high school career at Houston Christian High School ... Guided his high school track team to district and regional championships in 2009 ... Was a first-team all-state selection as a senior in 2009 ... Won a state title in the 400 meters ... Also finished second in the 4x400-meter relay and third in the long jump at the state meet in 2009 ... Finished his career with a personal best of 49.80 in the 400-meter run ... Also recorded personal-best marks of 21-4 in the long jump and 42-2 in the triple jump ... Wrapped up his high school career as the school-record holder at Houston Christian High School in the 400 meters, long jump and triple jump.

PERSONAL

Full name is Anthony Alphonse Whitaker ... Born on Aug. 14, 1991 ... Parents are Tony and Karen Whitaker ... Has one sister, Amber ... An honor student at Houston Christian High School ... Named to the Principal's Honor Roll ... Was also a member of the Young Philosopher's Club and Jack and Jill Teens of America ... Majoring in civil engineering.



Sadiki White
Fr./Fr. – 6-4 – Millstone Township, N.J.
Allentown HS
Major: Finance
Event: 800M (IN: 1:52.40; OUT: 1:52.92), 1,500M (3:57.56)

PRIOR TO LSU

One of the top middle distance recruits in the United States for the Class of 2009 ... Comes to LSU with an overall personal best of 1 minute, 52.40 seconds in the 800-meter run ... Set his overall personal best of 1:52.40 in winning a bronze medal at the National Scholastic Indoor Championships at The Armory Track and Field Center in New York in March 2009 ... Time ranked No. 4 among all high school athletes in the United States during the 2009 indoor season ... Set his outdoor personal best of 1:52.92 to win the 800-meter title in the young men's division at the 2009 USA Youth Outdoor Track and Field Championships ... Also captured the young men's 1,500-meter title at the 2009 USA Youth Outdoor Track and Field Championships ... Won the 1,500 meters in his age group at the 2008 USA Track & Field Junior Olympic Championships while running a personal-best time of 3:57.56 ... Was also the bronze medalist in the intermediate boys division of the 800 meters at the 2007 USA Youth Outdoor Track and Field Championships in Lisle, Ill. ... Recorded a time of 2:25.99 in the 1,000 meters in the 2009 indoor season to rank No. 8 all-time among high school boys in the United States.

PERSONAL

Full name is Sadiki Jabari White ... Born on Feb. 6, 1991 ... Son of Newell and Eleith White ... Is the youngest of five children ... Has four older siblings: Erica, Keisha, Raheid and Safiya ... Sister, Erica, played college basketball for George Washington and Seton Hall ... Majoring in finance.



Caleb Williams
Fr./Fr. – 5-9 – Houma, La.
H.L. Bourgeois HS
Major: Undecided
Event: 200M (20.95w), 400M (47.02)

PRIOR TO LSU

The premier 400-meter runner in the state of Louisiana for the Class of 2009 ... Comes to LSU with personal bests of 20.95w in the 200 meters and 47.02 in the 400 meters ... Wrapped up his high school career at H.L. Bourgeois by winning back-to-back state championships in the 400 in 2008 and 2009 ... Was the Class 4A state champion in the 400 meters during his senior season in 2009, winning with a time of 47.49 in the state final ... Also captured the Class 5A state title in the event as a junior in 2008 with a winning time of 48.10 at the state meet ... Recorded a time of 21.32 in the 200 meters in a runner-up finish at the Mobile Challenge of Champions on April 4, 2009 ... Also clocked 47.20 in the 400 meters in a runner-up finish at the Mobile Challenge of Champions on the same day.

PERSONAL

Full name is Caleb Butch Williams ... Born on Dec. 14, 1990 ... Mother is Debra Williams ... Has two brothers, Charles and Cobe ... A recipient of the American Legion Award at H.L. Bourgeois High School ... Was named a U.S. Marine Most Distinguished Athlete ... Currently undecided on a major.



Amber Abbott

Fr./Fr. – 5-4 – Walker, La.
Walker HS
Major: Kinesiology
Events: Distance

2009

Did not compete for the Lady Tigers as a true freshman ... Will compete as a redshirt freshman in 2010.

PRIOR TO LSU

Was an all-state performer in cross country in 2006 and 2008 ... Finished her high school career with personal bests of 5:21 in the mile, 11:36 in the two mile and 18:57 in the three mile ... Also played basketball at Walker High School.

PERSONAL

Full name is Amber Andrea Abbott ... Born on Jan. 18, 1990 ... Parents are Kenny and Sheila Abbott ... Has a younger sister named Megan ... Majoring in kinesiology with a concentration in human movement.



Weslie Barry

So./So. – 5-5 – Cypress, Texas
Cypress Springs HS/Lone Star College
Major: Communication Studies
Events: Discus (128-10), Javelin

PRIOR TO LSU

Transferred to LSU from Lone Star College prior to the 2010 season ... Enjoyed an outstanding high school career at Cypress Springs High School where she guided her team to the Region III team title during the 2007 season ... Was crowned the District 17-5A champion in the discus in 2007 after recording a school-record mark of 128 feet, 10 inches.

PERSONAL

Full name is Weslie Alexandria Barry ... Born on Oct. 4, 1988 ... Parents are Eddie and Clarissa Barry ... A member of the honor roll at Cypress Springs High School ... Was also a member of her high school band from 2003-07 ... Plans to major in communication studies at LSU.



Niketra Beraud

Fr./Fr. – 5-8 – Rosedale, La.
North Iberville HS
Major: Animal Sciences
Event: 800M

PRIOR TO LSU

A standout 800-meter runner at North Iberville High School ... Coached in high school by Ron Allen ... Earned back-to-back third-place finishes in the 800-meter run at the state meet in 2007 and 2008 ... Guided her high school team to the district title in 2008 ... Earned four letters in track and field during her high school career ... Was also a two-year letterwinner in basketball and volleyball in high school.

PERSONAL

Full name is Niketra Shavonne Beraud ... Born on Jan. 21, 1991 ... Parents are Elston and Darlene Beraud ... Has two sisters, Mika and Kyra ... An honor student who graduated as class salutatorian at North Iberville High School ... Was also a member of Beta Club and served as Junior Class President ... Plans to pursue a degree in animal sciences at LSU.



Brianne Bergeron

Fr./Fr. – 5-3 – Houma, La.
H.L. Bourgeois HS
Major: Biological Sciences
Event: Pole Vault

PRIOR TO LSU

Wrapped up her senior season at H.L. Bourgeois High School as one of the top pole vaulters in the state of Louisiana ... Earned a bronze medal with a third-place finish in the pole vault at the state meet in 2009 ... Captured district and regional titles in the event during her senior season ... A three-time all-district performer in track and field in 2006, 2007 and 2008 ... An outstanding athlete who also earned all-state and district MVP honors in volleyball in 2008 ... Led her volleyball team to the Class 5A state quarterfinals during her senior season ... Earned a pair of all-district honors as a forward on her high school soccer team in 2007 and 2008 ... Also earned three all-district honors in swimming from 2006-08.

PERSONAL

Full name is Brianne Leigh Bergeron ... Born on Dec. 23, 1990 ... Parents are Todd and Sydney Bergeron ... Has a younger brother named Brady ... Was the valedictorian of her senior class at H.L. Bourgeois High School in Houma ... Served as Senior Class President and Student Council Vice President ... Was also honored as the school's homecoming queen ... Winner of the Wendy's High School Heisman award during her senior season ... Recognized as a WWL A+ Athlete ... Plans to major in biological sciences at LSU.



Camille Brian

Fr./Fr. – 5-8 – Slaughter, La.
Silliman Institute
Major: Accounting
Events: Shot Put (42-2)

PRIOR TO LSU

A shot put specialist who comes to LSU with a personal best of 42 feet, 2 inches ... Was a five-time letterwinner at Silliman Institute under head coach Sharon Kline ... Helped lead her high school team to five state championships in track and field ... Also a standout in basketball and softball during her high school career.

PERSONAL

Full name is Andrea Camille Brian ... Born on Feb. 11, 1991 ... Daughter of Greg and Shanon Brian ... Has a brother named Jamie ... An honor student at Silliman Institute who served as vice president of both the Beta Club and Student Council ... Plans to major in accounting at LSU.



Laura Carleton

Fr./So. – 5-5 – Lake Charles, La.
St. Louis HS
Major: Management
Events: 800M (2:14.71), 1,500M (4:40.04)

2009

Competed in the 800 meters and 1,500 meters during the 2009 outdoor season ... Ran the leadoff leg on the Lady Tigers' 4x800-meter relay team that won its second-straight title at the Clyde Littlefield Texas Relays ... Combined with Kayann Thompson, Brittany Hall and LaTavia Thomas to run a time of 8 minutes, 46.23 seconds ... Finished her freshman campaign with personal bests of 2:14.71 in the 800 meters and 4:40.04 in the 1,500 meters ... Lined up in both events at the SEC Outdoor Championships ... Placed 17th in the 800 meters (2:14.71) and 20th in the 1,500 meters (4:48.89) at the conference meet ... Was the third-place finisher in both events in her collegiate debut at the Louisiana Classics ... Also competed at the LSU Tiger Relays, LSU Alumni Gold and Sun Angel Classic during the outdoor season ... Did not compete during the indoor season.

PRIOR TO LSU

One of the top distance runners in the state of Louisiana for the Class of 2008 ... Won state titles in the 1,600 meters and 3,200 meters during her senior season ... Finished runner-up in the 800 meters at the state meet in 2007 and 2008 ... Was an all-state performer in cross country in 2007 ... Also the district and regional MVP in cross country in 2008 ... Finished her high school career with personal bests of 2:15 in the 800 meters, 5:10 in the mile, 11:45 in the 3,200 meters and 18:58 in the three mile.

PERSONAL

Full name is Laura Catherine Carleton ... Born on Sept. 23, 1989 ... Parents are Mike and Jackie Carleton ... Has two younger sisters, Rebecca and Ellen ... Parents are graduates of LSU ... Graduated from St. Louis High School with honors as she was ranked third in her class ... Majoring in management.



Brittani Carter

Jr./Jr. – 5-9 – Missouri City, Texas
Thurgood Marshall HS
Major: Sports Administration
Event: High Jump (IN: 6-0; OUT: 6-0)

2-time All-American

2-time All-SEC

2009

Enjoyed a breakout sophomore season as one of the premier high jumpers in all of collegiate track and field ... Earned a pair of All-America honors in 2009 ... Was the third-place finisher in the high jump at the NCAA Indoor Track and Field Championships after clearing the six-foot mark for the first time in her LSU career ... Became the first Lady Tiger since Kym Carter in 1987 to receive indoor All-America honors ... Was also the first Lady Tiger to clear the 6-0 barrier since Gretchen Francois did so indoors in 1998 ... She followed that performance by tying for fifth place with a clearance of 6-0 to earn All-America honors at the NCAA Outdoor Championships ... Became the first Lady Tiger since Gai Kapernick in 1994 to receive outdoor All-America honors ... Was also a two-time All-SEC performer in 2009 ... Cleared 5-11 1/2 to take second place at both the SEC Indoor Championships and SEC Outdoor Championships ... Earned her spot in the NCAA Outdoor meet by tying for third place at the NCAA Midwest Regional Championships ... Won the high jump title in LSU's indoor season opener at the Purple Tiger Classic (5-8 3/4) ... Was runner-up in the event at the SEC/Big 12 Challenge (5-10) during the indoor season ... Captured three high jump titles during the outdoor season ... Won top honors at the LSU Tiger Relays (6-0), Sun Angel Classic (5-10 3/4) and LSU Alumni Gold (5-10) ... Finished runner-up in the event at the Clyde Littlefield Texas Relays at 6-0 ... Cleared the 6-0 mark four times during her sophomore season.

2008

Was an NCAA Midwest Regional qualifier in the high jump in her first season as a Lady Tiger ... Qualified for the NCAA Midwest Regional Championships with an outdoor seasonal best of 5 feet, 8 3/4 inches ... Did not record a height at the regional meet ... Earned Freshman All-SEC honors at the

Lady Tigers

SEC Outdoor Track and Field Championships as the highest freshman finisher in the high jump ... Just missed winning all-conference honors by tying for third place at the outdoor conference meet with a clearance of 5-8 ¾ ... Was the fifth-place finisher in her specialty at the SEC Indoor Championships with a seasonal-best clearance of 5-9 ¼ ... Helped the Lady Tigers sweep SEC Indoor and Outdoor titles by scoring a total of 9.5 points in conference action ... Won the high jump title at both the Willie Williams Classic (5-8 ¾) and Tiger Invitational (5-8 ¾) during the outdoor season ... Won four high jump titles during the indoor season, including the Razorback Invitational (5-8), Bayou Bengal Invitational (5-8 ½), LSU Twilight (5-6 ½) and LSU NCAA Indoor Qualifier (5-8 ½) ... Competed in a total of 16 meets during her freshman season.

PRIOR TO LSU

One of the nation's premier high jumpers during her senior season at Thurgood Marshall High School ... Finished the outdoor campaign ranked No. 2 in the country with a seasonal-best and personal-best clearance of 6-0 ... Cleared 6-0 in a silver-medal winning performance at the state championship meet in 2007 ... Also won district and regional titles in the high jump during her junior and senior seasons ... Was named an American Track and Field Second-Team All-American in 2006 following an outstanding junior season ... Was named MVP of the Carl Lewis Relays during her high school career.

PERSONAL

Full name is Brittani Lanell Carter ... Born on Sept. 29, 1988 ... Parents are Floyd and Kimberly Carter ... Has two younger brothers, Marcus and Marvel ... Majoring in sports administration.



Makenzie Chaumont

Fr./Fr. – 5-4 – Lake Charles, La.

Barbe HS

Major: Kinesiology

Events: Javelin (142-3)

PRIOR TO LSU

A javelin thrower who comes to LSU with a personal best of 142 feet, 3 inches ... Was a four-year letterwinner at Barbe High School ... Coached in high school by Steven Richard ... Was a two-time state runner-up in the javelin ... Helped guide her high school team to three state championships during her high school career ... Was also a member of the soccer and softball teams at Barbe High School ... Honored as an all-state selection in soccer during her high school career.

PERSONAL

Full name is Makenzie Lynne Chaumont ... Born on Feb. 19, 1991 ... Parents are Jerry and Tara Chaumont ... Has two younger sisters, Turney and Madalyn, and one younger brother, Reese ... An honor student at Barbe High School ... Was a member of the Banner Roll, National Honor Society, Student Council and Beta Club ... Was the recipient of the Freshman Merit Award ... Plans to major in kinesiology at LSU.



Kristina Davis

Sr./Sr. – 5-4 – Union City, Calif.

James Logan HS

Major: Communication Studies

Events: 60M (7.44), 100M (11.49), 200M (IN: 24.20; OUT: 23.85)

2009

Was an NCAA Championships qualifier for the first time in her career ... Finished 18th in the 100-meter dash at the NCAA Outdoor Track and Field Championships after advancing to the semifinal round ... Set a new personal best wind-legal time of 11.49 to qualify for the NCAA semifinal ... Clocking an 11.82 in the semifinal round ... Earned an automatic berth into the NCAA Championships with a fifth-place finish in the 100 meters at the NCAA Midwest Regional Championships in Louisville, Ky. ... Recorded a then personal-best time of 11.56 in the regional final ... Competed in both the 100 meters and 200 meters at the SEC Outdoor Championships ... Scored two points for the Lady Tigers with a seventh-place finish in the 200 meters at the SEC Outdoor meet while recording a new collegiate-best time of 23.85 ... Earned a ninth-place finish in the 100 meters at the conference meet with a wind-aided time of 11.65 ... Competed in the 60 meters and 200 meters during the indoor season ... Matched her personal best in the 60-meter dash with a time of 7.44 in the preliminary round at the SEC Indoor Championships ... Went on to finish eighth in the final with a time of 7.53 ... Also ran the 200 meters at the SEC Indoor meet, finishing in 10th place with an indoor personal-best time of 24.20 ... Ran the leadoff leg on the Lady Tigers' 4x100-meter relay team five times during the outdoor season ... Ran on the foursome that finished runner-up in the sprint relay at the Clyde Littlefield Texas Relays with a time of 43.99 in the final ... Ran the lead leg on the team that brought home the title from the Sun Angel Classic with a time of 43.76.

2008

Competed in the 100-meter dash at the NCAA Midwest Regional Championships for the second-straight season ... Placed 13th in the event at the regional meet with a seasonal best wind-aided time of 11.58 seconds ... Clocking a new wind-legal personal best of 11.68 at the Tiger Invitational where she finished in sixth place ... Lined up in both the 100 meters and 200 meters at the SEC Outdoor Track and Field Championships, finishing in 16th and 20th, respectively ... Also set a new personal best of 23.97 in the 200 meters at the LSU Alumni Gold ... Competed in both the 60 meters and 200 meters during the indoor season ... Recorded a seasonal best of 7.57 in the 60-meter dash at the SEC Indoor Championships where she finished in 17th place ... Was disqualified from the 200 meters at the indoor conference meet ... Saw action in a total of 14 meets during her sophomore season.

2007

Was an NCAA Midwest Regional participant in her first season with the Lady Tigers ... Placed 16th in the 100-meter dash at the regional meet ... Clocking a new personal-best time of 11.72 to finish fourth at the LSU Alumni Gold ... Took second place in the 100 at the LSU Tiger Classic with a wind-aided time of 11.73 ... Also recorded a new personal best in the 200 meters at the LSU Tiger Classic with a time of 24.24 ... Finished 12th in the 100 meters (11.77) and 19th in the 200 meters (24.26) at the SEC Outdoor Championships ... Competed in the 60 meters and 200 meters during the indoor season ... Posted a seasonal-best time of 7.54 in the prelims of the 60-meter dash at the New Balance Collegiate Invitational ... Crossed the finish line in fourth place in the 60 meters at the LSU Twilight Invitational ... Finished 18th in the 200 meters at the SEC Indoor Championships with a new indoor personal-best time of 24.50 ... Also competed in the 100 meters at the indoor conference meet with a 15th-place finish.

PRIOR TO LSU

Competed on the track for four years at James Logan High School ... Member of the 4x100-meter relay team that won a gold medal for Team USA at the 2005 Pan American Junior Championships with a blistering time of 43.97 ... Named a Nike Indoor All-American in 2006 for her performance in the 60 meters ... Clocking the seventh-fastest 60-meter time in the nation during the indoor season with a personal best of 7.44 ... Led her high school team to its first ever outdoor state championship in 2006 ... Ran on the 4x100 team at James Logan that clocked the second-fastest time in the country during the outdoor campaign with a time of 45.66 ... Came to LSU with PRs of 11.56 in the 100 meters and 23.80 in the 200 meters ... Ranked seventh in the country in the 100 meters as a junior in 2005.

PERSONAL

Full name is Kristina Jalesha Davis ... Born on March 28, 1988 ... Daughter of Keith and Shena Davis ... Has four siblings: Keisha, Keyanna, Keith and Keleena ... Majoring in communication studies.



Jessica Deutsch

So./So. – 5-1 – West Monroe, La.

West Monroe HS

Major: History

Events: Distance

2009

Did not compete for the Lady Tigers in 2009.

PRIOR TO LSU

Was a two-time all-state performer in cross country in 2005 and 2006 ... Helped her team win the District 2-5A championship in 2004 ... Finished sixth at the Class 5A cross country meet in 2006.

PERSONAL

Full name is Jessica Erin Deutsch ... Born on May 23, 1989 ... Daughter of Joseph and Dee Deutsch ... Has three siblings: Katie, Derek and Josh ... Maintained a 4.0 grade-point average in four years of high school ... Was the Student of the Year as a senior at West Monroe High School ... Majoring in history.



Kimberlyn Duncan

Fr./Fr. – 5-8 – Katy, Texas

Cypress Springs HS

Major: History

Events: 200M (23.46)

PRIOR TO LSU

Captured the Region 2-5A championship in the 200 meters with a personal-best time of 23.46 seconds during her senior season at Cypress Springs High School ... Her time ranked No. 3 among high school sprinters during the 2009 outdoor season ... Went on to win the Texas Class 5A state title in the 200 meters with a time of 23.59 in the final at the 2009 University Interscholastic League State Championships held at Mike A. Myers Stadium in Austin, Texas ... Recorded a then personal best of 24.33 in the 200 meters to finish fourth in the event in the young women's age group at the 2008 AAU Junior Olympics ... Also ran the 100 meters at the meet ... Competed in the 200 meters and 4x100-meter relay at the 2007 AAU Junior Olympic Championships in Knoxville, Tenn. ... Won a pair of District 17-5A titles in the 200 meters and 4x100 relay while running for Cypress Springs in 2007 ... Successfully defended her district title in the 200 meters as a junior in 2008.

PERSONAL

Full name is Kimberlyn Archea' Duncan ... Born on Aug. 2, 1991 ... Parents are Antonne Duncan, Jr., and Schrylean Duncan ... Has a younger sister named Kiersten ... An outstanding student who posted a weighted grade-point average of 4.85 during her high school career ... Plans to major in history at LSU.



Amal Esmail

Sr./Sr. - 5-6 - Dhahran, Saudi Arabia
Dhahran HS
Major: Journalism
Events: Distance

2009

Did not compete for the Lady Tigers in 2009 ... Will compete as a redshirt senior in 2010.

PRIOR TO LSU

A distance runner who also played soccer and softball in high school ... Was the team captain of her high school soccer team.

PERSONAL

Full name is Amal Walid Esmail ... Born on Sept. 14, 1986 ... Parents are Walid and Dina Esmail ... Has two siblings, Khalid and Hala ... Majoring in journalism.



Brittany Hall

Jr./Jr. - 5-3 - Norcross, Ga.
Meadowcreek HS
Major: Kinesiology
Event: 800M (IN: 2:05.70; OUT: 2:03.68)

2-time All-American

2-time NCAA Midwest Regional Champion
SEC Champion
All-SEC

2009

Continued her development as one of the top middle distance runners in all of collegiate track and field ... Earned her first career All-America honor in the 800 meters with a sixth-place finish in the event at the NCAA Outdoor Track and Field Championships ... Recorded a time of 2 minutes, 4.06 seconds in the national final ... Advanced to the final after clocking a time of 2:03.73 in the semifinal round ... Earned an automatic berth into the NCAA Championships with a fourth-place finish in the 800 meters at the NCAA Midwest Regional Championships ... Crossed the finish line in 2:04.25 in the regional final ... Set a new overall personal-best time of 2:03.68 to finish sixth in the event at the SEC Outdoor Championships ... Her personal best ranks No. 9 on LSU's all-time outdoor performance list ... Earned a second All-America honor during the outdoor season after running the leadoff leg on the Lady Tigers' 4x400-meter relay that finished as the NCAA runner-up with a seasonal best of 3:28.82 at the NCAA Outdoor Championships ... A member of LSU's 4x400-meter relay team that captured titles at both the SEC Championships (3:34.11) and NCAA Midwest Regional Championships (3:31.53) ... Ran a 53.94 split on the leadoff leg as LSU won the 4x400-meter relay title at the Clyde Littlefield Texas Relays ... Competed in both the 800 meters and 4x400-meter relay during the indoor season ... Recorded a new indoor PR of 2:05.70 to finish fourth in the 800 meters at the SEC Indoor meet ... Finished 14th in the 800 meters at the NCAA Indoor Championships after clocking 2:09.81 in the qualifying round ... A member of LSU's sprint medley relay team that earned victories at the Clyde Littlefield Texas Relays (3:50.89) and Penn Relays (3:47.26).

2008

An impact newcomer for the Lady Tigers in 2008 as one of the team's leading middle distance runners ... Was an NCAA Regional participant in the 800 meters in her rookie season ... Finished 14th in the event at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Won an NCAA Midwest Regional title as a member of LSU's winning 4x400-meter relay team ... Ran the leadoff leg on the foursome that clocked a top time of 3 minutes, 32.22 seconds at the regional meet ... Clocking a new personal best of 2:05.95 seconds to finish fifth in the 800 meters at the SEC Outdoor Track and Field Championships ... Was the eighth-place finisher in the event at the SEC Indoor Championships ... Scored a total of five points in conference action to help lead the Lady Tigers to a sweep of SEC Indoor and Outdoor titles in 2008 ... Earned SEC Freshman All-SEC honors during both the indoor and outdoor seasons as the top freshman finisher in the 800 meters at the conference championships ... Also ran on the Lady Tigers' 4x800-meter relay team that captured titles at the prestigious Texas Relays and Penn Relays ... Teamed with Lindsay Day, Kayann Thompson and LaTavia Thomas to win the "Championship of America" title at the Penn Relays with the fourth-fastest time in school history at 8:30.98 ... Competed in a total of 14 meets during her first season in the purple and gold.

PRIOR TO LSU

Signed with LSU as one of the nation's top recruits in the 800 meters ... Is a former national record holder in the event after clocking a personal best of 2:08.47 to capture the USATF Junior Olympic title in Indianapolis, Ind., in July 2005 ... Captured back-to-back-to-back Class 5A state titles in the 800 meters as a sophomore, junior and senior at Meadowcreek High School ... Was the state runner-up as a freshman ... Set a new state record during her junior season with a top time of 2:08.58 ... Eclipsed the previous Class 5A best of 2:08.75 set by Susan Crisp of Brookwood High School in 1985 ... Time also ranked No. 5 among all high school performers for 2006.

PERSONAL

Full name is Brittany Mirae Hall ... Born on May 7, 1989 ... Parents are Whitney and Angela Riddle ... Has two siblings: Antwan and Tanan ... Pursuing a degree in kinesiology.



Katie Hamel

Jr./Jr. - 5-4 - Madisonville, La.
St. Scholastica Academy/Tulane
Major: Biology/Pre-Medicine
Events: Distance

PRIOR TO LSU

Transferred to LSU from Tulane in 2007 ... Attended LSU in 2006 before transferring to Tulane prior to her sophomore season in 2007 ... Earned four letters in cross country under head coaches Bobby Thomas and Chris Pool at St. Scholastica Academy ... Recorded a personal-best time of 18:30 in the 5k ... Was a three-time all-district selection during her high school career ... Was the overall Louisiana state champion in 2003 ... Finished third at the Louisiana state meet in 2005 ... Named to the girl's composite all-state team in 2005 ... As a sophomore, broke the school record in the two-mile.

PERSONAL

Full name is Katie Marie Hamel ... Born on Nov. 2, 1987 ... Parents are Steve and Kathleen Hamel ... Has one sister, Melissa ... Majoring in biology/pre-medicine at LSU.



Samantha Henry

Sr./Sr. - 5-3 - Kingston, Jamaica
The Queen's School for Girls
Major: Accounting
Events: 60M (7.18), 100M (11.14), 200M (IN: 23.01; OUT: 22.80)

10-time All-American

4-time NCAA Midwest Regional Champion
4-time SEC Champion
7-time All-SEC

2009

A leader of the LSU sprint group while earning five All-America honors during her junior season in 2009 ... Placed eighth in the 100 meters (11.42) and sixth in the 200 meters (23.07) at the NCAA Outdoor Track and Field Championships ... Earned a seventh-place finish in both the 60 meters (7.34) and 200 meters (23.34) at the NCAA Indoor Championships ... Also ran a blistering 51.86-second sprint on the third leg of the Lady Tigers' 4x400-meter relay that finished as the NCAA runner-up during the outdoor season ... Teamed with Brittany Hall, Kayann Thompson and LaTavia Thomas to run a seasonal-best time of 3 minutes, 28.82 seconds in the NCAA final ... Captured three individual SEC titles during her junior season ... Swept SEC titles in the 60 meters (7.21) and 200 meters (23.45) during the indoor season ... Is the third Lady Tiger in program history to sweep sprint titles at the SEC Indoor Championships and the first since former LSU star Muna Lee in 2002 ... Followed that performance by winning an SEC title in the 200 meters (23.36) during the outdoor season ... Also earned a fourth All-SEC honor with a runner-up finish in the 100-meter dash at the SEC Outdoor meet ... Was also crowned NCAA Midwest Regional champion in the 200-meter dash after clocking a seasonal best and new personal-best time of 22.80 in the regional final ... Became the 12th Lady Tiger all-time to win the 100-meter title at the Penn Relays while crossing the finish line with a time of 11.22 in the final ... Clocking a seasonal best and new personal-best time of 11.14 in the first round of qualifying of the 100-meter dash at the NCAA Outdoor Championships ... Also ran the third leg of the Lady Tigers' 4x100-meter relay throughout the 2009 outdoor season ... Helped clock a seasonal-best time of 43.39 at the Alumni Gold ... Ran a 200-meter leg on LSU's dominating sprint medley relay team that captured prestigious titles at the Clyde Littlefield Texas Relays (3:50.89) and Penn Relays (3:47.26).

2008

One of the top sprinters in all of collegiate track and field in 2008 ... Scored a total of eight points toward LSU's final total to help lead the Lady Tigers to a national championship at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa ... Scored two points with a seventh-place finish in the 100-meter dash on the third day of the NCAA Championships while clocking a time of 11.63 seconds in the final ... Added four more points on the final day of the meet with a fifth-place finish in the 200 meters with a time of 23.22 in the event final ... Also ran the second leg on the Lady Tigers' 4x100-meter relay team that finished as the national runner-up with a time of 42.85 in the final ... Also ran the second leg on LSU's sprint relay team that won titles at the NCAA Midwest Regional Championships (43.60) and SEC Outdoor Championships (42.80) ... Time of 42.80 at the SEC Championships is a meet record ... Punched her ticket to the NCAA Championships with a seventh-place finish in both the 100 meters and 200 meters at the NCAA Midwest Regional Championships ... Her finish was high enough to receive an at-large bid into the national meet ... Was the third-place finisher in the 100 and 200 at the SEC Outdoor Championships to help lead the Lady Tigers to the team title ... A member of the Lady Tigers' 4x100-meter relay that clocked three of the Top 10 times all-time in the history of women's collegiate track and field ... Foursome clocked a seasonal best and the third-fastest time in collegiate history at 42.59 to win the "Championship of America" title at the 114th Penn Relays ... Time was also a meet record ... Also ran the leadoff 200-meter leg of the sprint medley relay that won the "Championship of America" title at the Penn Relays ... Wrapped up the outdoor season at the Jamaica Olympic Trials, where she set a new personal best of 11.16 in the prelims of the 100-meter dash to move into ninth place on LSU's all-time outdoor performance list in the event ... Earned her first individual All-America honor during the indoor season with a fifth-place finish in the 60-meter dash at the NCAA Indoor Track and Field Championships ... Clocking a time of 7.24 in the national final ... Just missed earning indoor All-America honors in the 200 meters after finishing ninth in the event at the NCAA meet ... Seasonal bests of 7.18 in the 60 meters and 23.01 in the 200 meters rank third and eighth, respectively, in school history ... Helped lead the Lady Tigers to the team title at the SEC Indoor Championships with a pair of second-place finishes in both short sprints ... Earned All-SEC honors for her performance.

Lady Tigers

2007

Proved to be one of the top newcomers to the LSU women's track and field program during the 2007 season ... Was instrumental in leading the Lady Tigers to national runner-up finishes at the NCAA Indoor and Outdoor Championships ... Ran the second leg on the Lady Tigers' 4x100-meter relay team that finished as the national runner-up at the outdoor national meet ... Foursome clocked a seasonal-best time of 43.15 seconds in the final ... Just missed earning her first career individual All-America honor as she finished ninth in the finals of the 200 meters at the NCAA Outdoor Championships ... Finished 23rd in the 100 meters at the NCAA meet ... Punched her ticket to Sacramento with a sixth-place finish in the 100 meters and fifth-place finish in the 200 meters at the NCAA Midwest Regional Championships ... Also ran on the foursome that won the 4x100-meter relay title at the regional meet in 44.20 ... Helped the Lady Tigers win their first SEC Outdoor title since 1996 as she finished fifth in both the 100 and 200 meters at the SEC Outdoor Championships ... Clocked a new personal-best time of 22.84 in the 200-meter prelims at the SEC meet ... Led the Lady Tigers to "Championship of America" titles in both the 4x100-meter relay the sprint medley relay at the prestigious 113th Penn Relays ... Ran one of the 200-meter legs on the sprint medley foursome that clocked the eighth-fastest time in school history at 3:47.09 ... Competed in the 60 meters and 200 meters during the indoor season ... Made her first career appearance in both events at the NCAA Indoor Championships in Fayetteville, Ark. ... Placed 16th in the 60 meters and 14th in the 200 meters at the indoor national meet ... Seasonal-best time of 23.38 in the 200-meter prelims at the NCAA meet was also a personal best ... Recorded a personal-best time of 7.29 in the 60-meter dash at the LSU NCAA Indoor Qualifier to move her into a tie for seventh on the school's all-time indoor performance list ... Followed the collegiate season by competing in the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Won a pair of bronze medals for her native Jamaica in the 200 meters and 4x400-meter relay ... Also placed fifth in the 100-meter dash at the Pan Am Juniors ... Captured 100-meter and 200-meter titles in the Under-20 division at the Jamaica National Junior Championships ... Clocked back-to-back personal bests of 11.44 in the semifinal and 11.21 in the final to win gold in the 100 ... Was named to the SEC Freshman Academic Honor Roll for her outstanding performance in the classroom in 2007.

PRIOR TO LSU

Competed on the track for head coach Lloyd Clarke at The Queen's School for Girls ... Represented her country at the 2006 Carifta Games in Guadeloupe ... Earned a runner-up finish in the Under-20 100-meter final at the Carifta Games in with a time of 11.68 ... Won a silver medal in the 100 meters at the 2003 World Youth Games in Quebec, Canada.

PERSONAL

Full name is Samantha Sashana Henry ... Born on Sept. 25, 1988 ... Daughter of Allan Henry and Rebecca Thomas ... Has two older siblings: Donna Wedderburn and Leon Henry ... Majoring in accounting.



Jenna Henssler

Fr./So. - 5-10 - Slidell, La.

Northshore HS

Major: Biology

Events: 1,500M (5:01.56), 5,000M (18:30.69)

2009

Competed in four meets during the outdoor season ... Set a personal best of 5 minutes, 1.56 seconds in the 1,500 meters at the LSU Alumni Gold ... Also ran the 5,000 meters at the LSU Alumni Gold ... Finished

10th in the 5,000 meters at the LSU Tiger Relays with a time of 18:56.73 ... Recorded a personal best of 18:30.69 to finish 21st in the 5,000 meters at the Sun Angel Classic ... Did not finish the 5,000 meters at the SEC Outdoor Track and Field Championships ... Did not compete during the indoor season.

PRIOR TO LSU

Finished her high school career with a personal best of 19:10 in the three mile ... Finished sixth at the state cross country meet during her senior season ... Named the Most Outstanding Performer of her high school team.

PERSONAL

Full name is Jenna Marie Henssler ... Born on April 30, 1990 ... Has four siblings: Tess, Hans, Shelly and Dane ... Graduated in the top 5 percent of her high school class ... Majoring in biology.



Siedda Herbert

Fr./Fr. - 5-6 - Port Allen, La.

Port Allen HS

Major: Finance

Events: 100M (11.78), 200M (24.62w)

PRIOR TO LSU

A standout athlete throughout her career at Port Allen High School ... A sprinter and jumper who wrapped up her senior season with two state titles and two state runner-up honors at the LHSAA Class 3A Outdoor State Championships at the Bernie Moore Track Stadium on LSU's campus ... Won the Class 3A state title in the long jump as a senior in 2009 with a wind-aided jump of 19 feet, 5 1/4 inches ... Followed by winning the state title in the triple jump with a wind-legal jump of 37-9 3/4 ... Finished as the 2009 state runner-up in both the 100 meters (12.05) and 200 meters (24.62w) ... Captured District 8-3A crowns in both sprint races during the 2009 season ... Set her personal best of 11.78 in the 100 meters to win the regional title in 2009.

PERSONAL

Full name is Siedda Monique Herbert ... Born on Feb. 10, 1991 ... Parents are Antonio Herbert and Delois Hall ... Has one sister named Courtney Simmons ... Has one brother named Antonio Herbert, Jr. ... A standout in the classroom at Port Allen High School ... Named to the Principal's List in all four years of high school ... Was also a member of the Beta Club and the National Society of High School Scholars Association ... Served as a People to People Student Ambassador and a United States Achievement member ... Her sister is currently a women's basketball assistant coach at the University of Louisiana at Lafayette and played college basketball at Tulane and Louisville ... Plans to major in finance at LSU.



Allison Horner

So./Fr. - 5-6 - Marietta, Ga.

Lovett HS

Major: Mass Communication

Events: Weight Throw (54-6 1/2), Hammer Throw (194-1)

2009

An indoor letterwinner during her rookie season with the Lady Tigers ... Was the fifth-place finisher in the weight throw at the SEC Indoor Track and Field Championships after posting a seasonal-best mark of 53 feet, 10 1/2 inches ... Also competed in the weight throw at the Purple Tiger Classic (50-4 1/2), SEC/Big 12 Challenge (51-2 3/4), New Balance Collegiate Invitational (FOUL), Tyson Invitational (47-3 3/4), LSU Twilight (48-5 1/4) and LSU NCAA Indoor Qualifier (47-11 3/4) during the indoor season ... Was a hammer throw specialist during the outdoor season ... Recorded a seasonal best of 175-5 to finish fourth at the LSU Tiger Relays ... Recorded marks of 169-5 at the Louisiana Classics and 163-8 at the Sun Angel Classic for the outdoor season ... Season was cut short due to a foot injury ... Received a medical redshirt during the outdoor season.

PRIOR TO LSU

One of the top hammer throw prospects to come out of the high school ranks ... Wrapped up her career at Lovett High School as a 13-time high school All-American ... Was the nation's top-ranked high school hammer thrower for the Class of 2008 with a seasonal best and personal-best mark of 194 feet, 1 inch ... Her performance also ranks No. 2 all-time by a high school girl in the United States ... Finished the 2007 season with the nation's top mark at 177-9 ... Won the hammer throw title at the 2007 Nike Outdoor Nationals with a mark of 166-11 to finish nearly nine feet ahead of her nearest competitor ... Was also the intermediate girl's hammer throw champion at the 2005 USATF Junior Olympic Track and Field Championships in Indianapolis, Ind. ... Won Region 6-2A and Class 2A state titles in the shot put at Lovett High School during the 2007 season.

PERSONAL

Full name is Allison Paige Horner ... Born on Sept. 28, 1989 ... Daughter of Drew and Jane Horner ... Has an older brother named Andrew ... A standout in the classroom as a member of the National Honor Society and Cum Laude Society at Lovett High School ... Pursuing a degree in mass communication at LSU.



Gabrielle Jackson

Fr./Fr. - 5-7 - Midwest City, Okla.

Midwest City HS

Major: Sports Administration

Events: 400M (54.10)

PRIOR TO LSU

The top 400-meter runner in the state of Oklahoma for the Class of 2009 ... Comes to LSU with a personal best of 54.10 seconds in the event ... A two-time Oklahoma Class 6A state champion in the 400 meters after capturing back-to-back state titles in 2008 and 2009 ... Is also a state champion hurdler after winning the Class 6A title in the 100-meter hurdles in 2009 with a personal-best time of 13.87 ... A member of four state champion relay teams during her two-year career at Midwest City High School ... Won state titles in the 4x100, 4x200 and 4x400 relays in 2008 ... Also ran the anchor leg on the state champion 4x400-meter relay team in 2009 ... Led Midwest City High School to back-to-back Class 6A state championships as a team in 2008 and 2009 ... Set her personal best of 54.10 in the 400 meters to win the Texas Class 4A state title while running for Mineral Wells High School in Mineral Wells, Texas ... Transferred to Midwest City High School prior to the start of her junior season.

PERSONAL

Full name is Gabrielle Chris-T' Anna Nicole Jackson ... Born on Dec. 6, 1990 ... Daughter of Andrew and Kimberly Jackson ... Has one younger sister named Raquelle ... Also has two younger brothers named Gabriel and Chase ... Graduated from Midwest City High School with a weighted grade-point average of 4.15 ... Member of the National Honor Society at her high school ... Plans to major in sports administration at LSU.



Whitney Johnson

Fr./Fr. - 5-9 - Houston, Texas
Northshore Senior HS
Major: Undecided
Events: Long Jump (19-4 ¾), Triple Jump (40-4)

PRIOR TO LSU

One of the top jumps prospects in the nation for the Class of 2009 ... Set a personal best of 40 feet, 4 inches in the triple jump to win the event title while competing for Northshore Senior High School at the 2008 Region 3-5A Track and Field Championships ... Set a personal best of 19-4 ¾ in the long jump to earn a silver medal at the University Interscholastic League Class 5A State Championships in 2008 ... Was also a state qualifier in the triple jump in 2008 where she placed seventh in Class 5A ... Won the Class 5A state title in the long jump as a sophomore in 2007 with a wind-aided jump of 19-2.

PERSONAL

Full name is Whitney Lynn Johnson ... Born on Nov. 10, 1990 ... Parents are William and Rosaline Johnson ... Has an older brother, William Johnson, Jr., and a younger brother, Noah Arnold ... An honor student at Northshore High School who was a member of the National Honor Roll during her high school career ... Currently undecided on a major.



Tenaya Jones

Jr./Jr. - 5-4 - Dallas, Texas
Lancaster HS
Major: Sports Administration
Events: 60H (8.20), 100H (13.28)

All-SEC

2009

An NCAA Championships participant in both the 60-meter hurdles and 100-meter hurdles during the 2009 season ... Just missed earning All-America honors with an 11th-place finish in the 60 hurdles at the NCAA Indoor Track and Field Championships ... Clocked a time of 8.37 seconds in the first round of qualifying at the NCAA Indoor meet ... Earned her first career All-SEC honor with a second-place finish in the 60-meter hurdles at the SEC Indoor Championships ... Set a new personal best in the event with a time of 8.20 in the conference final ... Her time was a provisional qualifying mark for the national meet and finished the 2009 indoor season ranked No. 13 among all hurdlers in the NCAA ... Also recorded NCAA provisional qualifying times at the SEC Championships (8.24), LSU Twilight (8.33), Tyson Invitational (8.34) and LSU NCAA Indoor Qualifier (8.42) ... Won the 60-meter hurdles at the SEC/Big 12 Challenge with a time of 8.46 in the final ... Earned a 14th-place finish in the 100-meter hurdles at the NCAA Outdoor Championships in Fayetteville, Ark. ... Clocked a time of 13.51 in the NCAA semifinal ... Earned an at-large berth into the NCAA Outdoor meet following an eighth-place finish at the NCAA Mideast Regional Championships ... Recorded a time of 13.70 in the regional final ... Nearly earned a second All-SEC honor with a third-place finish in the 100 hurdles at the SEC Championships ... Recorded a time of 13.47 in the conference final ... Shattered her own personal best in the event with a wind-legal time of 13.28 in the final at the Clyde Littlefield Texas Relays ... Was the third-place finisher in the 100-meter hurdles at the Texas Relays ... Competed in a total of 16 meets during her sophomore season.

2008

Proved to be one of the top freshman hurdlers in the country in 2008 ... Was an NCAA Regional qualifier during her rookie season ... Was the 12th-place finisher in the 100-meter hurdles at the NCAA Mideast Regional Championships in Fayetteville, Ark. ... Clocked a personal best wind-aided time of 13.43 seconds at the regional meet ... Set a personal best wind-legal time of 13.62 at the LSU Alumni Gold ... Ran the leadoff leg on the Lady Tigers' shuttle hurdle relay team that won the "Championship of America" title at the 114th Penn Relays in record-setting fashion ... Teamed with Angel Boyd, Jessica Ohanaja and Nickiesha Wilson to set a new collegiate record in the event with a time of 52.77, eclipsing the previous record of 52.85 set by Illinois in 2001 ... Finished 10th in the 100-meter hurdles at the SEC Outdoor Championships ... Helped lead the Lady Tigers to the team title at the SEC Indoor Championships by finishing third in the 60-meter hurdles en route to a 1-2-3 LSU sweep in the event ... Her time of 8.30 in the final at the indoor conference meet was the fastest time recorded by a freshman in the NCAA in 2008 ... Competed in a total of 16 meets during her freshman season.

PRIOR TO LSU

Wrapped up an outstanding high school career in 2007 by successfully defending her state title in the 100-meter hurdles with a time of 13.85 seconds in the final ... Her performance helped Lancaster High School win its seventh-straight Class 4A state championship at the state meet in Austin, Texas ... Signed with LSU after winning three gold medals at the state meet in the spring of 2006 ... Won state championships in the 100-meter hurdles, the 4x100-meter relay and the 4x200-meter relay as a junior ... Clocked a personal-best time of 13.65 in the 100 hurdles during her junior season to rank among the top 10 high school performers in the nation for the 2006 season ... Coached at the high school level by Beverly Humphrey.

PERSONAL

Full name is Tenaya Monet Jones ... Born on March 22, 1989 ... Parents are Warren and Teresa Jones ... Has one younger sibling, Travia ... Majoring in sports administration.



Abbey Karin

Fr./Fr. - 5-4 - Byfield, Mass.
The Governors Academy
Major: Kinesiology
Events: Javelin (145-1)

PRIOR TO LSU

A javelin thrower who comes to LSU with a personal best of 145 feet, 1 inch in the event ... Coached in the javelin by Tom Petranoff, who is a former U.S. Olympian and former world-record holder in the event ... Won a silver medal in the intermediate girls javelin throw at the 2007 USATF Junior Olympic National Championships in Walnut, Calif., while recording a throw of 138-8 at the meet ... Named the USATF New England Girls Athlete of the Month in July 2007 for her performance at the USATF Junior Olympics ... Was the fifth-place finisher in the javelin at the 2007 Nike Outdoor Nationals in Greensboro, N.C., with a throw of 135-7 ... Was also a member of the soccer team and a two-year captain of the hockey team at The Governors Academy.

PERSONAL

Full name is Abbey Lee Karin ... Born on March 14, 1991 ... Parents are Michael and Mary Ellen Karin ... Has an older sister, Tara, and a younger brother, Matthew ... Mother ran track at the University of New Hampshire and sister is currently a member of the track team at the University of Virginia ... Father played hockey at Bates College ... Was a member of the honor roll at The Governors Academy ... A recipient of the Carl A. Pescosolido Athletic Award at her high school, which is given to the outstanding junior scholar-athlete ... Plans to major in kinesiology at LSU.



Liann Kellman

Jr./Sr. - 5-4 - St. Thomas, Barbados
The Lester Vaughan HS/Central Arizona JC
Major: Sports Administration
Events: 60M (7.68), 100M (11.59), 200M (23.48)

2009

Was an NCAA Mideast Regional participant in both the 100 meters and 200 meters in her first season at LSU ... Placed 14th in the 100 meters at the NCAA Mideast Regional Championships ... Qualified for the regional meet with a seasonal-best time of 11.69 seconds at the SEC Outdoor Championships ... Took 13th place at the conference meet ... Finished 16th in the 200 meters at the regional meet ... Clocked a seasonal best wind-legal time of 23.78 to win the university division of the 200 meters at the Sun Angel Classic ... Scored three points for the Lady Tigers with a sixth-place finish in the 200-meter dash at the SEC Outdoor meet ... Ran the leadoff leg on LSU's 4x200-meter relay team that finished third at the 115th Penn Relays, recording a seasonal-best time of 1:32.03 ... Competed in the 60-meter dash during the indoor season ... Clocked a seasonal best of 7.68 in the preliminary round at the LSU Twilight ... Competed in a total of 13 meets during the 2009 season.

PRIOR TO LSU

Joined the LSU program following a brilliant two-year career at Central Arizona Junior College ... A six-time Junior College All-American ... Was crowned the 100-meter champion at the 2007 National Junior College Athletics Association Outdoor Track & Field Championships ... Was the NJCAA runner-up in the 100 meters during the 2008 season ... Earned back-to-back NJCAA runner-up honors in the 200 meters in 2007 and 2008 ... Also earned a pair of All-America honors in the 4x100-meter relay ... Her performance helped Central Arizona win back-to-back team titles at the NJCAA Outdoor Track & Field Championships ... Finished her career at Central Arizona Junior College with wind-legal personal bests of 11.59 in the 100 meters and 23.48 in the 200 meters ... Coached at Central Arizona by Kimberly Dismuke.

PERSONAL

Full name is Liann Olivia Amanda Kellman ... Born on March 1, 1987 ... Parents are Emmerson and Annette Scott ... Has one older sister, Angelina, and one brother, Selwin ... Majoring in sports administration at LSU.



Brianna Kennedy

So./So. - 5-8 - Wilmington, Del.
Caravel Academy
Major: Kinesiology
Events: Shot Put (IN: 46-10 ¼; OUT: 45-11 ¼), Discus (149-3), Javelin (151-6), Hammer Throw (162-7)

2009

One of the Lady Tigers' top throwers during her freshman season in 2009 ... Posted five top-10 marks all-time at LSU as a freshman ... Competed in the shot put and weight throw during the indoor season ... Recorded a new overall personal best of 46 feet, 10 ¼ inches in the shot put at the New Balance Collegiate Invitational ... Finished 21st in the event at the SEC Indoor Track and Field Championships ... Set a personal best of 54-4 in the weight throw in a runner-up finish at the LSU Twilight ... Just missed scoring for the Lady Tigers at the SEC Indoor meet with a ninth-place finish in the weight throw while posting a mark of 51-2 ¾ ... Competed in the shot put, javelin, discus and hammer throw during the outdoor season ... Scored two points for the Lady Tigers at the SEC Outdoor meet with a seventh-place finish in the javelin ... Recorded a mark of 137-6 in the javelin at the conference meet ... Established a new personal best in the javelin with a top mark of 151-6 at the Texas Relays ... Was 10th in the hammer throw, 13th in the discus throw and 14th in the shot put at the SEC Outdoor Championships ... Posted outdoor seasonal bests of 45-11 ¼ in the shot put, 146-11 in the discus and 162-7 in the hammer throw ... Unable to compete in the javelin at the NCAA Mideast Regional Championships due to injury.

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PRIOR TO LSU

One of the nation's top throws prospects for the Class of 2008 ... Wrapped up her high school career at Caravel Academy as a 16-time Junior Olympic All-American and a two-time high school All-American ... Set her personal best in the javelin with a silver-medal winning performance at the Nike Outdoor Nationals in 2006 ... Her personal best in the javelin ranked No. 8 in the United States by a high school girl in 2006 ... Followed by winning another silver medal in the event at the Nike Outdoor Nationals in 2007 ... Set a meet record of 146-5 in winning the young women's javelin title at the 2007 USATF National Junior Olympic Track and Field Championships in Walnut, Calif. ... Also won the Junior Olympic title in the young women's discus in 2007 with her personal best of 149-3 ... Won a total of eight state titles in the discus and shot put during her high school career ... Was the Delaware high school state record holder in both the shot put and discus at the time she signed with the Lady Tigers.

PERSONAL

Full name is Brianna Maria Kennedy ... Born on Feb. 24, 1990 ... Parents are Robert and Catherine Kennedy ... Father played college football at the University of Delaware ... Has one younger brother, Bobby, and one younger sister, Gabrielle ... A standout in the classroom, was named to the Honor Roll for each semester at Caravel Academy ... Was also a member of the National Honor Society ... Pursuing a degree in kinesiology at LSU.



Rachel Laurent

So./So. - 5-6 - Houma, La.
Vandebilt Catholic HS
Major: Economics
Event: Pole Vault (IN: 14-0 1/2; OUT: 14-1 1/4)

All-American
SEC Champion
2-time All-SEC

2009

Finished her freshman season as the most prolific pole vaulter in the history of the LSU women's track and field program ... Became the first Lady Tiger to win All-America honors in the pole vault with a fifth-place finish at the NCAA Indoor Track and Field Championships in College Station, Texas ... Cleared a mark of 13 feet, 7 1/4 inches at the indoor national meet ... Also became the first Lady Tiger to be crowned SEC champion in the event with an indoor personal-best clearance of 14-0 1/2 at the SEC Indoor meet ... Was an automatic qualifier for the NCAA Indoor Championships after posting a mark of 13-9 1/4 to finish fourth in the event at the Tyson Invitational ... Also made her first career appearance at the NCAA Outdoor Championships, where she finished in 11th place with a clearance of 13-9 1/4 ... Earned her second All-SEC honor of the 2009 season by tying for second place at the SEC Outdoor Championships with a mark of 13-5 1/4 ... Is the only Lady Tiger to win the vault title in the university division at the Clyde Littlefield Texas Relays ... Set a new overall personal best of 14-1 1/4 at the Texas Relays ... Followed that performance by being crowned pole vault champion at the 115th Penn Relays with a meet-record clearance at 13-10 1/2 ... Was named the Women's College Athlete of the Meet for individual events after setting a new Penn Relays meet record ... Is currently the LSU indoor and outdoor school record holder in her specialty.

PRIOR TO LSU

One of the most prolific pole vaulters in the history of high school track and field in the United States ... Was the nation's top-ranked pole vaulter for the Class of 2008 during her senior season ... Ranks No. 2 all-time among high school girls in the history of the sport with a personal-best clearance of 14 feet at the Nollie Arcement Relays during the outdoor season of her senior year ... Was featured in Sports Illustrated's "Faces In The Crowd" in its publication released May 2, 2008, for her record-setting performance ... Was the fourth-place finisher in the pole vault at the 2008 IAAF World Junior Championships in Bydgoszcz, Poland ... Cleared a height of 13-11 1/4 at the World Championships before fouling out of the competition with the bar resting at 14-1 1/4 ... Earned the right to represent her country at the World Championships by winning a gold medal at the USA Junior Championships in Columbus, Ohio, with a meet-record clearance of 13-10 ... Also dominated the competition during the indoor season of her senior year as she swept pole vault titles at the Nike Indoor Nationals in Washington, D.C., and the National Scholastic Indoor Championships in New York ... Successfully defended her title after also winning the pole vault at the Nike Indoor Nationals in 2007 ... Her indoor personal best of 13-9 1/4 set at the state meet in 2008 ranks No. 4 all-time indoors by a high school girl in the United States ... A six-time indoor and outdoor state champion in Louisiana, she won back-to-back Louisiana Gatorade Track and Field Athlete of the Year awards in 2006 and 2007 ... Was named a three-time Track and Field News All-American and a three-time American Track and Field All-American from 2006-08 ... Was also a member of the Girls All-USA Track and Field Team by USA Today for her performance in 2007.

PERSONAL

Full name is Rachel Anne Laurent ... Born on Sept. 21, 1989 ... Daughter of Charlie and Paula Laurent ... Both parents attended LSU ... Has two siblings: Amber and Nicholas ... Was an outstanding student at Vandebilt Catholic High School in Houma, where she was a member of the Honor Roll and National Honor Society ... Majoring in economics.



Genevieve Leslie

Fr./Fr. - 5-6 - Thibodaux, La.
E.D. White HS
Major: English
Event: Distance

PRIOR TO LSU

Earned four letters in cross country and track and field under head coach Eddie Cole at E.D. White High School ... Comes to LSU with a personal record of 19:50 in the three-mile ... Her high school cross country team captured four district titles during her high school career ... Was the state-runner up in cross country during her freshman and sophomore seasons ... Named E.D. White's 2008 Female Scholar-Athlete of the Year ... Was 2008 Class President and a member of the National Honor Society and Fellowship of Christian Athletes.

PERSONAL

Full name is Omega Genevieve Leslie ... Born on April 21, 1990 ... Parents are Paul and Omega Leslie ... Has three brothers named Paul Jr., Perry and Tommy ... Her grandfather, Perry Cole, played golf at LSU ... Plans to pursue a degree in English at LSU.



Charlene Lipsey

Fr./Fr. - 5-6 - Hempstead, N.Y.
Hempstead HS
Major: Undecided
Event: 800M (IN: 2:07.77; OUT: 2:05.83), Mile (4:55.81)

PRIOR TO LSU

One of the nation's top high school middle distance runners in the Class of 2009 ... An 800-meter specialist who has clocked personal bests of 2:05.83 outdoors and 2:07.77 indoors ... Recorded the third-fastest time in the nation in 2009 with an overall personal best of 2:05.83 at the St. Anthony's Invitational ... Set a new indoor personal best of 2:07.77 in winning a silver medal in the 800 meters at the National Scholastic Indoor Championships at The Armory Track and Field Center in New York ... Won the state title in the 800 meters as a junior in 2008 with a then personal best of 2:07.46, which was the eighth-fastest time recorded by a high school girl in the United States and ranked No. 4 by a member of the Class of 2009 ... Won a bronze medal in the 800 meters with a time of 2:09.15 at the 2008 National Scholastic Indoor Championships at The Armory ... Her third-place finish earned her 2008 NSIC All-America honors ... Enjoyed a tremendous 2008 season in which she was named the ESPN Rise New York Girls' Track Athlete of the Year, the New York Gatorade Female Runner of the Year, the Nassau County Indoor and Outdoor Female Runner of the Year and Long Island Girls Runner of the Year ... Ran a personal best of 4:55.81 in the mile during the 2009 indoor season to rank No. 6 in the country in the event ... Recorded her personal best in the mile in just her second career race at that distance ... Was the national leader in the 600-meter run after clocking a time of 1:29.85 to win the girl's invitational race at the New Balance Collegiate Invitational on Feb. 7, 2009 ... Her time, which also came at The Armory, is the fourth-fastest time all-time by a high school girl in the United States.

PERSONAL

Full name is Charlene Monique Lipsey ... Born on July 16, 1991 ... Daughter of Stacey Morse ... Has a younger sister named Kay-Tiarra ... Undecided on what major she will pursue at LSU.



Danielle Martin

So./So. - 5-8 - Chalmette, La.
Chalmette HS
Major: Architecture
Event: Weight Throw (49-1 3/4), Discus (129-11)

2009

Competed in seven meets during her redshirt freshman season ... A weight throw specialist during the indoor season ... Posted a seasonal best and personal best of 49 feet, 1 3/4 inches to finish third in the weight throw at the LSU NCAA Indoor Qualifier ... Also competed in the weight throw at the LSU Twilight (44-5 1/4) and Purple Tiger Classic (FOUL) ... Threw the discus during the outdoor season ... Set a new personal best of 129-11 at the Warhawk Classic ... Also competed in the discus at the LSU Alumni Gold (126-2), LSU Tiger Relays (125-5) and Louisiana Classics (124-2).

2008

Received a redshirt during the 2008 season.

PRIOR TO LSU

Was the top discus thrower in the state of Louisiana for the Class of 2007 ... Set a new school record at Chalmette High School with a seasonal-best and personal-best throw of 125 feet, 10 inches during the outdoor season in 2007 ... Won the Class 4A state title in the event at the 2007 LHSAA Outdoor Track and Field Championships at the Bernie Moore Track Stadium ... Won the most single event titles of any performer in the state in 2007 with 13 ... Helped lead her high school team to its first ever district championship as a senior ... Earned back-to-back Chalmette High School and St. Bernard Athlete of the Year awards in 2006 and 2007.

PERSONAL

Full name is Danielle Frances Martin ... Born on May 13, 1989 ... Parents are Dean and Michelle Martin ... Has an older brother, Dean, and a younger sister, Dana ... Pursuing a degree in architecture.



Latoya McDermott

Fr./Fr. – 5-4 – Kingston, Jamaica
St. Andrew High School for Girls
Major: Communication Studies
Events: 400M (53.48)

PRIOR TO LSU

One of the world's premier 400-meter recruits for the Class of 2009 ... Comes to LSU with a personal-best time of 53.48 seconds in the event ... No stranger to championship meets after competing in such events

as the IAAF World Junior Championships, the IAAF World Youth Championships, the Carifta Games, the Central American and Caribbean Junior Championships and the Jamaican Boys and Girls Championships ... Competed in the 400 meters and 4x400 relay at the 2008 IAAF World Junior Championships in Bydgoszcz, Poland ... Was a semifinalist in the 400 meters at the meet ... Won a silver medal in the 400 meters at the 2007 IAAF World Youth Championships in Ostrava, Czech Republic, while running a time of 54.12 in the final ... Also anchored Jamaica's medley relay team to a silver medal at the World Youth Championships in 2007 with a time of 2:06.77 ... Set her personal-best time of 53.48 in the 400 meters in a runner-up finish at the 2007 Jamaican Boys and Girls Championships in Kingston ... Won a bronze medal while running the leadoff leg of Jamaica's 4x400-meter relay team at the 2006 IAAF World Junior Championships in Beijing, China ... Won a gold medal in the Under-17 division of the 400 meters at the 2006 Central American and Caribbean Junior Championships in Port-of-Spain, Trinidad, after running a time of 54.10 in the final ... Also won a gold medal in the U-17 division at the 2006 Carifta Games with a time of 54.03 in the final ... Has broken 54 seconds in the 400 meters five times during her high school career, including a seasonal-best time of 53.50 in 2009.

PERSONAL

Full name is Latoya Anneika McDermott ... Born on Jan. 7, 1990 ... Parents are Robert and Denise Lee McDermott ... Will pursue a degree in communication studies at LSU.



Leigh-Ann Naccari

Fr./Fr. – 5-4 – Kenner, La.
Mount Carmel Academy
Major: Biology
Events: Distance

PRIOR TO LSU

Lettered in cross country and track and field under head coach Chris Kelley ... Helped Mount Carmel Academy win a state championship as a junior in 2007 with a fifth-place finish at the state meet ... Helped her team claim the district championship all four years of high school between 2005-08 ... Co-captain of the team during her senior year with current teammate Hope Phelps ... Recipient of the Coach's Award in 2008 ... Member of the Principal's Honor Roll and National Honor Society.

PERSONAL

Full name is Leigh-Ann Marie Naccari ... Born on Oct. 12, 1990 ... Daughter of Brian and Maria Naccari ... Has three siblings, Derek, Kelsey and Marisa ... Pursuing a degree in biology at LSU.



Melissa Ogbourne

Jr./Jr. – 5-10 – St. Catherine, Jamaica
St. Jago HS
Major: Nutrition
Events: Long Jump (IN: 19-11 ¾; OUT: 20-4 ½), Triple Jump (IN: 39-10 ¾; OUT: 43-2 ¼)

2009

Enjoyed an outstanding sophomore season with the Lady Tigers in 2009 ... Made her first career appearance in the triple jump at the

NCAA Outdoor Track and Field Championships ... Earned a 19th-place finish at the NCAA Outdoor meet with a wind-aided mark of 42 feet, ¾ inch ... Qualified automatically for the NCAA meet with a third-place finish at the NCAA Mid-east Regional Championships ... Shattered her overall personal best in the triple jump with a wind-legal mark of 43-2 ¼ at the regional meet ... Won the college division of the triple jump at the 115th Penn Relays with a wind-aided mark of 42-6 ¾ ... Also won the college division of the long jump at the Penn Relays with a wind-aided mark of 20-0 ½ ... Competed in both the long jump and triple jump at the SEC Outdoor Championships ... Scored eight points for the Lady Tigers at the SEC Outdoor meet with a third-place finish in the long jump (20-4 ½) and a seventh-place finish in the triple jump (40-6) ... Seasonal-best mark of 20-4 ½ in the long jump was also a personal best ... Competed in the long jump at the NCAA Mid-east Regional Championships, where she finished in 12th place with a jump of 19-9 ... Competed only in the long jump during the indoor season ... Posted an indoor seasonal best of 19-10 ¼ at the New Balance Collegiate Invitational ... Scored five points with a fourth-place finish in the long jump at the SEC Indoor Championships (19-9 ¾) ... Scored a total of 13 points SEC competition during the 2009 season.

2008

Proved to be one of the premier young jumps prospects in the Southeastern Conference with her performance in 2008 ... Earned three Freshman All-SEC honors as the highest freshman finisher in her respective events at the conference meet ... Was a Freshman All-SEC performer in both the long jump and triple jump at the SEC Indoor Championships ... Finished seventh in the long jump at the indoor conference meet with a new overall personal-best mark of 19 feet, 11 ¾ inches ... Contributed two points to the Lady Tigers' final total as they won their first SEC Indoor team title since 1999 ... Placed 10th in the triple jump at the SEC Indoor meet with a new indoor personal best of 39-10 ¾ ... Continued to perform well at the conference level during the outdoor season as she finished seventh

in both the long jump (19-5 ½) and triple jump (40-11w) at the SEC Outdoor Championships ... Her finish in the triple jump was good enough for Freshman All-SEC recognition ... Scored four points for the Lady Tigers as they won the team title at the outdoor conference meet ... Qualified for the NCAA Mid-east Regional Championships in the triple jump, finishing the meet in seventh place with a mark of 41-8 ... Won the long jump title at the Willie Williams Classic (19-6) and the triple jump title at both the LSU Tiger Relays (40-0) and Tiger Invitational (40-6) during the outdoor season ... Set a new overall personal best in the triple jump after the collegiate season with a mark of 41-10 ¾ to finish fourth at the Jamaican Olympic Trials ... Competed in a total of 12 meets for the Lady Tigers during her freshman season.

PRIOR TO LSU

A product of one of Jamaica's premier high school track and field programs at St. Jago High School ... One of the top jumps prospects to come out of her native Jamaica for the 2007 signing class ... Joined the Lady Tigers with overall personal bests of 19-3 ¼ in the long jump and 41-5 ¾ in the triple jump ... Won a silver medal in the long jump and a bronze medal in the triple jump at the Jamaica Boy's and Girl's Championships as a high school senior.

PERSONAL

Full name is Melissa Rumona Ogbourne ... Born on Jan. 23, 1988 ... Parents are Dawnlyn Walters and Calvin Ogbourne ... Pursuing a degree in nutrition.



Kelli Owens

Fr./Fr. – 5-4 – McDonough, Ga.
Luella HS
Major: Psychology
Event: 100M (11.96)

PRIOR TO LSU

A four-year letterwinner on the track at Luella High School ... Comes to LSU with a personal best of 11.96 seconds in the 100-meter dash ... Was the eighth-place finisher in the 400 meters at the region meet

during her senior season in 2009 ... Guided her high school team to the Region 25A crown during the 2008 season ... Won a Region 25A title in the 4x100-meter relay during her junior season with a winning time of 47.38 ... Also finished fifth in the 100-meter dash at the regional meet in 2008 ... Helped her high school's 4x100-meter relay team to a fourth-place finish at the Georgia state meet that same season.

PERSONAL

Full name is Kelli Denise Owens ... Born on Jan. 18, 1991 ... Parents are James and Loletha Lewis ... Has three siblings: Cortez, Deion and Jamii ... Was the co-captain of the cheerleading squad at Luella High School during her senior year ... Was an all-star cheerleader for the Premier Atlanta Bears while competing with the group for five years ... Graduated in the top 25 percent of her senior class with a 3.8 cumulative grade-point average ... Had the opportunity to study abroad on an academic program at Cambridge University in England for one year during high school ... Was a member of the honor roll for four years at Luella High School ... Was also an active member of Beta Club in high school ... Plans to pursue a degree in psychology at LSU.



Hope Phelps

Fr./Fr. – 5-4 – New Orleans, La.
Mount Carmel Academy
Major: Pre-Law/English Literature
Event: Distance

PRIOR TO LSU

Lettered in cross country and track and field under head coach Chris Kelley ... Helped her high school team to the Louisiana state championship as a junior in 2007 with a 15th-place finish at the state meet ... Helped team to four-straight district titles from 2005-08 ... Co-captain of her high school team during her senior year with current LSU teammate Leigh-Ann Naccari ... Member of the National Honor Society.

PERSONAL

Full name is Hope Ann Phelps ... Born on Jan. 20, 1991 ... Parents are Ray and Ann Phelps ... Has one younger brother, Lance ... Pursuing a degree in pre-law and English literature at LSU.



Takeia Pinckney

Fr./Fr. – 5-4 – Atlanta, Ga.
Columbia HS
Major: Undecided
Event: 60M (7.45), 100M (11.54), 200M (24.38)

PRIOR TO LSU

Burst onto the scene as one of the elite high school sprinters in the United States after being crowned the 2008 AAU Junior Olympic Champion in the 100-meter dash with a winning time and personal best of

11.54 seconds ... Has also clocked a wind-aided time of 11.53 at 100 meters ... Her personal best in the 100 meters ranked No. 5 overall by a high school girl in the United States and No. 2 nationally by a member of the Class of 2009 ... Her top time of 7.51 in the 60-meter dash in 2008 ranked No. 3 nationally by a sprinter in the Class of 2009 ... Set a personal best in the 60 meters during the 2009 indoor season, clocking a national-leading time of 7.45 on Jan. 30 ... Won a bronze medal in the 100 meters in the GHSA Class 4A State Championships during her junior season in 2008 ... Won a pair of

Lady Tigers

silver medals in the 100 meters and 4x100-meter relay at the Class 4A state meet in 2007 ... Won an individual state title in the 200 meters in 2006 while clocking a 24.38 in her only time competing in the event at the state meet ... Did not run the 200 meters in 2007 or 2008 ... Also plays basketball for her high school team.

PERSONAL

Full name is Takeia Lshay Pinckney ... Born on July 24, 1991 ... Parents are Tracey Stroud and Lucious Pinckney ... Has an older sister, Terasa, and an older brother, Bishara ... Also a standout in the classroom as she posted an impressive 3.57 grade-point average ... Currently undecided on a major.



Brittany Porter

Fr./Fr. - 5-9 - Decatur, Ga.

Towers HS

Major: Undecided

Event: Long Jump (20-7 ¼)

PRIOR TO LSU

The most prolific long jumper in the high school ranks during the 2009 season ... Was crowned the long jump champion at the 2009 Nike Indoor Nationals with a personal-best mark of 20 feet, 7 ¼ inches ... Her personal best is a Nike Indoor Nationals meet record and ranked No. 1 among high school jumpers in the United States during the 2009 indoor season ... It was also the nation's No. 2 composite mark in 2009 ... Soared to a wind-aided jump of 21-3 ½ to take the title at the Dekalb County Championships during her senior season ... Recorded an outdoor personal best of 20-3 to win the long jump title at the Taco Bell Classic ... Her effort at the Taco Bell Classic was also a meet record ... Wrapped up a brilliant high school career as a three-time Class 3A state champion in the long jump in the state of Georgia.

PERSONAL

Full name is Brittany Nicole Porter ... Born on Nov. 7, 1990 ... Mother is April Porter ... Has one younger sister, Tiffany Porter ... Also has two older brothers, Gregory Porter and Demond Porter, and one younger brother, Alton Lumpkin ... Was a member of the honor roll at Towers High School ... Currently undecided on a major.



Katelyn Rodrigue

Sr./Sr. - 5-0 - New Orleans, La.

Dominican HS

Major: Communication Disorders

Event: Pole Vault (IN: 13-6 ½; OUT: 13-7 ¼)

All-SEC

2009

Continued her development as one of the top pole vaulters in the SEC ... Made her third career appearance in the pole vault at the NCAA Outdoor Track and Field Championships ... Did not record a height at the national meet ... Earned a fifth-place finish in the event at the SEC Indoor Championships with a clearance of 13 feet, 1 ½ inches ... Also cleared 13-1 ½ to finish sixth at the SEC Outdoor Championships ... Posted a 2009 seasonal-best mark of 13-6 ¼ during the outdoor campaign to win the pole vault title at the LSU Alumni Gold ... Also opened the outdoor season by winning the event title at the Louisiana Classics (13-1 ½) ... Cleared 13-5 ¼ to take third place in the university division at the Clyde Littlefield Texas Relays ... Just missed qualifying for the NCAA Indoor Championships with an indoor seasonal best provisional mark of 13-5 set at the LSU NCAA Indoor Qualifier ... Won the event title at the Purple Tiger Classic (12-11 ½) in LSU's season opener.

2008

Followed a brilliant freshman season with an even better sophomore campaign as she continued to set records in the pole vault for the Lady Tigers ... Competed for the Lady Tigers at both the NCAA Indoor and Outdoor Championships in 2008 ... Became the first Lady Tiger to compete in both national meets in the same season ... Finished 17th in the pole vault at the NCAA Indoor Championships with a clearance of 12 feet, 9 ½ inches ... Tied for 23rd in the event at the NCAA Outdoor Championships with the same mark ... Received an at-large bid into the NCAA Outdoor meet following a ninth-place finish at the NCAA Mideast Regional Championships (12-11 ¾) ... Became the first Lady Tiger to earn All-SEC honors in the pole vault with a runner-up finish at the SEC Outdoor Championships (13-4 ½) ... Her eight points helped the Lady Tigers win their second-straight team championship at the SEC Outdoor meet ... Also became the first Lady Tiger to win the pole vault title at the prestigious Penn Relays, breaking her own school record in the event with a clearance of 13-7 ¼ ... Just missed earning all-conference honors during the indoor season with a third-place finish in the pole vault at the SEC Indoor Championships ... Scored six points to help LSU win its first SEC Indoor title since 1999 ... Broke her own indoor school record three times in 2008 with her seasonal best of 13-6 ½ coming in a winning performance at the LSU Twilight Invitational ... Also won event titles at the Bayou Bengal Invitational (13-1 ½) and LSU NCAA Indoor Qualifier (13-3 ½) during the indoor season and the LSU Tiger Relays (13-1 ½) during the outdoor season ... Competed in a total of 17 meets for the Lady Tigers in 2008.

2007

Enjoyed a record-setting freshman season for the Lady Tigers in 2007 ... Shattered LSU's school records in the pole vault during both the indoor and outdoor seasons ... Eclipsed the previous indoor mark by more than one foot with a seasonal-best clearance of 12-10 ¾ ... Was the first ever Lady Tiger to clear 13 feet in the pole vault as she established a new outdoor school record of 13-3 ¾ ...

Became the first Lady Tiger in the program's storied history to compete in the event at the NCAA Outdoor Track and Field Championships ... Finished in a tie for 10th place at the national meet after clearing a height of 13-3 ½ in the final ... Automatically qualified for the NCAA meet with a second-place finish at the NCAA Mideast Regional Championships ... Posted a total of six NCAA Regional qualifying marks during the outdoor season ... Also became the first Lady Tiger in program history to score points in the pole vault at the conference meet as she placed fourth at both the SEC Indoor and Outdoor Championships ... Helped LSU win its first SEC Outdoor title since the 1996 season with her performance ... Earned a third-place finish at the prestigious 113th Penn Relays where she became the first Lady Tiger to clear 13 feet with a mark of 13-1 ½ ... Broke the indoor school record three times and the outdoor school record four times ... Won pole vault titles at the Lobo Invitational (12-5 ½) and the LSU NCAA Indoor Qualifier (12-5 ½) during the indoor season ... Won titles at the LSU Tiger Relays (12-5 ½) and the LSU Tiger Classic (12-9 ½) during the outdoor season ... Followed the collegiate season by competing in the event at the USA Junior Outdoor Track and Field Championships ... Was named to the SEC Freshman Academic Honor Roll for her outstanding performance in the classroom.

PRIOR TO LSU

Arguably the state's top recruit in the pole vault for the Class of 2006 ... Earned four letters while competing for head coach John Mayer at Dominican High School in New Orleans ... Capped her high school career in 2006 with a stellar senior season unmatched by any other pole vaulter in the state ... Took top honors at the 2006 AAU Junior Olympics with a height of 12-2 ... Earned a runner-up finish at the 2006 Nike Outdoor Nationals with a vault of 12-4 ¾ ... Won a pair of state titles in the event during the indoor and outdoor seasons ... Took first place at the 2006 Division I Indoor State Championships with a vault of 12-4 ... Also took first place at the 2006 Class 5A Outdoor State Championships with a mark of 11-10 ... Captured the Region 3-5A (12-0) and District 8-5A (12-3) titles during the outdoor season ... Was named the Sugar Bowl Outstanding Field Athlete of the Year in 2006 ... Also on outdoor regional and state titles during her junior season.

PERSONAL

Full name is Katelyn Danielle Rodrigue ... Born on Jan. 29, 1988 ... Parents are Brian and Kathy Rodrigue ... Has two brothers, Brian Jr. and Casey ... Member of the National Honors Society throughout her four years of high school ... Received the Presidential Service Award at her high school in 2005 and 2006 ... Was named the Outstanding Youth of St. Charles Borromeo Church in 2006 ... Majoring in communication disorders.



Lauren Saucier

Jr./Jr. - 5-3 - Gonzales, La.

St. Amant HS

Major: Kinesiology

Event: Pole Vault (IN: 11-9; OUT: 11-1 ¾)

2009

Competed in six meets during her sophomore season ... Recorded an indoor seasonal-best clearance of 11 feet, 3 ½ inches in the pole vault to finish third at the LSU NCAA Indoor Qualifier ... Did not record a height at the Purple Tiger Classic and LSU Twilight during the indoor season ... Posted an outdoor best of 11-1 ¾ at both the LSU Tiger Relays and LSU Alumni Gold ... Also competed in the pole vault at the Louisiana Classics (10-8).

2008

Competed in eight meets for the Lady Tigers as a freshman in 2008 ... Set a new indoor personal best of 11 feet, 9 inches in the pole vault at the LSU Twilight Invitational ... Also competed in the Purple Tiger Classic (10-6), Bayou Bengal Invitational (11-3 ¾) and LSU NCAA Indoor Qualifier (NH) during the indoor season ... Established a new outdoor personal best of 11-1 ¾ at both the Willie Williams Classic and LSU Tiger Relays ... Stepped onto the pole vault runway at the LSU Alumni Gold (10-8 ¾) and Tiger Invitational (NH) during the outdoor season.

PRIOR TO LSU

One of the top pole vaulters in the state of Louisiana during her high school career ... Won a bronze medal in the event at the state championship meet as a junior and senior ... Won back-to-back district titles in her specialty in 2006 and 2007 ... Also won a regional title in the pole vault during her senior season ... Came to LSU with a personal best of 10 feet, 8 inches.

PERSONAL

Full name is Lauren Day Saucier ... Born on April 24, 1989 ... Parents are Buddy and Penny Saucier ... Has a younger brother, Steven ... Was an American Citizenship Award recipient in 2004 and 2006 ... Named to her school's honor roll in each of her four years of high school ... Was a Student of the Year nominee at St. Amant High School in 2007 ... Pursuing a degree in kinesiology.



Samia Stokes

So./So. – 6-2 – Tempe, Ariz.
Corona Del Sol HS/Mesa CC
Major: Psychology
Events: Discus (163-10), Hammer Throw (164-6)

PRIOR TO LSU

A two-time National Junior College Athletics Association All-American during the 2009 season at Mesa Community College ... Signed with LSU as one of the premier throws prospects in the JUCO ranks ... Earned JUCO All-America honors in the discus throw with a national runner-up finish at the 2009 NJCAA Outdoor Track and Field Championships ... Also earned JUCO All-America honors during the indoor season with a third-place finish in the weight throw at the 2009 NJCAA Indoor Championships with a mark of 52-8 3/4 ... Set her personal best in the discus at the 2009 Mesa Classic where she unleashed a throw of 163-10 to finish second in the invitational event ... Her personal-best mark of 163-10 in the discus would have earned All-America honors with a seventh-place finish in the event final at the 2009 NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. ... Captured the NJCAA Region I championship in the discus with a throw of 156-2 at the 2009 NJCAA Region I Track and Field Championships ... Possesses tremendous potential as a hammer thrower as she will also compete in the event at LSU ... Has only thrown the hammer one time during her career, posting a personal-best mark of 164-6 ... Originally signed with Mesa Community College on a basketball scholarship.

PERSONAL

Full name is Samia Stokes ... Born on July 22, 1989 ... Daughter of Sam Stokes and Evangeline Bundy ... Has five siblings ... Has four older brothers named Michael Bundy, Joseph Counts, Evan Stokes and Garrett Stokes ... Has one younger sister named Eleya Stokes ... Graduated from Mesa Community College with distinction with a 3.5 cumulative grade-point average and her Associate in Arts degree ... Was an AIA Scholar Athlete in basketball during her high school career at Corona Del Sol High School ... Cousin of professional sprinter Marcus Brunson, who runs the 100 meters and 400 meters ... Also supported in her athletic career by her aunt, Essie Brunson, and her cousin Damien Brunson ... Plans to major in psychology at LSU.



Cassandra Tate

So./So. – 5-8 – Hammond, La.
Loranger HS
Major: Undecided
Events: 100M (11.79), 200M (IN: 24.04; OUT: 23.68)

NCAA Midwest Regional Champion
SEC Champion
All-SEC

2009

Showed tremendous potential as one of the Lady Tigers' top newcomers in 2009 ... Competed primarily in the 200-meter dash throughout her freshman season ... Competed in the event at the 2009 NCAA Midwest Regional Championships where she earned a 10th-place finish ... Scored one point for the Lady Tigers with an eighth-place finish in the 200 meters at the SEC Indoor Championships, running an indoor personal-best time of 24.04 at the conference meet ... Followed by finishing 10th in the event at the SEC Outdoor meet in a time of 23.97 ... Set a new overall personal best in the event with a time of 23.68 to take sixth at the Sun Angel Classic during the outdoor season ... Won the 200-meter title at the Louisiana Classics (23.96) in the outdoor season opener ... Also ran the 100-meter dash in one meet during the outdoor season, finishing in third place at the Louisiana Classics with a time of 11.83 ... Also competed in the 60 meters and 60 hurdles during the indoor season ... Posted a best of 7.61 in the 60 meters and 8.61 in the 60 hurdles ... Ran a leg on LSU's 4x400-meter relay throughout her freshman season ... Ran the leadoff leg on the relay team that won a conference title at the SEC Outdoor Championships with a time of 3 minutes, 34.11 seconds ... Also ran the lead leg on the relay team that won the title at the NCAA Midwest Regional Championships in 3:31.53 ... Also led off the relay team that finished fourth at the SEC Indoor Championships with a time of 3:37.50 to qualify provisionally for the NCAA Indoor meet.

PRIOR TO LSU

Dominated the sprints and hurdles at the Class 2A and 3A levels during her brilliant four-year career at Loranger High School in Hammond ... Developed into the state's top prospect in the sprint hurdles after winning eight individual state titles since 2005 ... Won state championships in the 100 meters, 200 meters and 100 hurdles at the state meet in 2007 as she was named the meet Most Outstanding Performer for Class 3A ... Followed that performance by defending her state titles in the 100 meters and 200 meters in 2008 ... Set new personal bests in the 100 meters (11.79), 200 meters (24.21) and 100 hurdles (14.11) as a senior in 2008 ... No stranger to national competition as she lined up against the nation's best at the 2007 AAU Junior Olympics where she finished 15th in the 100 hurdles and 20th in the 200 meters ... Was also among the field that competed at the AAU Junior Olympics in 2005 and 2006.

PERSONAL

Full name is Cassandra Lena Tate ... Born on Sept. 11, 1990 ... Parents are Titus and Phyllis Cochran ... Has an older sister, Lataisha, and an older brother, Adrian ... Was a four-year member of the Beta Club at Loranger High School ... Undecided on what major she will pursue at LSU.



LaTavia Thomas

Sr./Sr. – 5-8 – Philadelphia, Pa.
West Catholic HS
Major: Communication Studies
Events: 400M (IN: 53.99; OUT: 53.17), 800M (IN: 2:04.27; OUT: 2:01.56)

3-time NCAA Champion
8-time All-American
3-time NCAA Midwest Regional Champion
8-time SEC Champion
10-time All-SEC

2009

Continued her development as one of the top middle distance runners in the NCAA ... Earned a pair of All-America honors in the 800-meter run ... Opened up the season by finishing fifth in the event at the NCAA Indoor Track and Field Championships with a time of 2 minutes, 48.89 seconds in the national final ... Went on to earn a third-place finish in the 800 meters at the NCAA Outdoor Championships ... Clocking a new overall personal best of 2:01.56 at the NCAA Outdoor meet to move into the No. 2 spot on the school's all-time outdoor performance list ... Qualified automatically for the NCAA Outdoor Championships with a third-place finish at the NCAA Midwest Regional Championships ... Also earned a pair of All-SEC honors with runner-up finishes in the 800 meters at both the SEC Indoor and Outdoor Championships ... Set a new indoor personal best of 2:04.27 to finish second at the SEC Indoor meet ... A staple as a member of LSU's 4x400-meter relay team ... Anchored the relay team to an NCAA runner-up finish at the NCAA Outdoor Championships for the second-straight season ... Blistered the oval with a 51.22-second split on the anchor leg to earn All-America honors in the event ... Teamed with Brittany Hall, Kayann Thompson and Samantha Henry to run a seasonal-best time of 3:28.82 in the national final ... Also anchored the relay to wins at the SEC Outdoor Championships (3:34.11) and NCAA Midwest Regional Championships (3:31.53) ... The 4x400-meter relay team also captured the event title at the Clyde Littlefield Texas Relays with a then seasonal-best time of 3:31.81 ... Ran on LSU's sprint medley relay team that captured titles at both the Texas Relays and Penn Relays during the 2009 season ... Also anchored the Lady Tigers to a victory in the 4x800-meter relay at the Texas Relays.

2008

Became just the fourth athlete in the history of the LSU women's track and field program to win an NCAA title in the 800-meter run with her victory at the NCAA Indoor Track and Field Championships in Fayetteville, Ark. ... Beat defending NCAA Indoor champion Alysia Johnson of California to the finish line with a time of 2 minutes, 5.07 seconds in the national final ... Added her second individual All-America honor of 2008 during the outdoor season with a runner-up finish in the 800 meters at the NCAA Outdoor Championships ... Crossed the finish line with a time of 2:04.38 at the national meet ... Swept SEC Indoor and SEC Outdoor titles in the half mile for the second-straight season ... Clocking a time 2:06.56 to win the SEC Indoor title and a time of 2:03.39 to retain her SEC Outdoor crown ... Punched her ticket to the NCAA Championships with a runner-up finish in the 800 meters at the NCAA Midwest Regional (2:04.06) ... Set a new indoor personal best of 2:04.66 at the New Balance Collegiate Invitational and a new outdoor personal best of 2:03.22 at the LSU Alumni Gold ... Went on to compete in the 800 meters at the U.S. Olympic Trials in Eugene, Ore. ... Advanced to the final and finished in 11th place against the top 800-meter runners in the United States in her first Olympic Trials experience ... Was also an integral part of the Lady Tigers' national champion 4x400-meter relay team in 2008 ... Ran the third leg on the squad that won the NCAA Indoor title with a time of 3:31.14 ... Also ran the third leg on the foursome that finished runner-up to Penn State at the NCAA Outdoor Championships with a seasonal-best time of 3:28.33 ... Their second-place finish in the 4x400-meter relay clinched the team title at the NCAA Outdoor Championships for the Lady Tigers ... It was their first national championship since winning the NCAA Outdoor crown in 2004 ... Was a member of LSU's 4x400 relay that swept titles at the SEC Indoor Championships (3:31.89), SEC Outdoor Championships (3:32.09) and NCAA Midwest Regional (3:32.22) ... Was named the College Women's Athlete of the Meet for relay events with her outstanding performance at the 114th Penn Relays in her hometown of Philadelphia ... Anchored the Lady Tigers to a pair of "Championship of America" relay titles in both the 4x800 and sprint medley relays ... Winning time of 8:30.98 in the 4x800-meter relay at the Penn Relays ranks No. 4 all-time at LSU ... Joined a select group of Lady Tiger greats to be recognized as the meet's top women's collegiate relay runner, including Cheryl Taplin in 1994, D'Andre Hill in 1996 and Muna Lee in 2003.

2007

Established herself as one of the top young 800-meter runners in the country with her outstanding performance as a freshman in 2007 ... Won an NCAA title during the outdoor season as a member of the nation's premier 4x400-meter relay team ... Ran the third leg on the foursome that successfully defended its title at the NCAA Outdoor Track and Field Championships with the seventh-fastest time in school history at 3:28.07 ... Made her first career appearance in the 800 meters at both the NCAA Indoor and Outdoor Championships ... Just missed earning individual All-America honors as she finished 11th in the event at both meets ... Earned an automatic berth into the NCAA Outdoor Championships with a third-place finish at the NCAA Midwest Regional Championships ... Clocking a new overall personal best at the regional meet with a time of 2:03.89 in the final ... Earned her spot in the NCAA Indoor Championships with a provisional qualifying time of 2:05.76 at the indoor conference meet ... Became the first athlete since Florida's Tamiaka Grizzle in 2000 to sweep SEC Indoor and SEC Outdoor titles in the 800 meters ... Also won an SEC Indoor title as a member of the 4x400-meter relay team ... Ran the third leg on the foursome that clocked the third-fastest time in school history at 3:29.86 ... Finished second in the 800 meters and the Tyson Invitational (2:06.44) during the indoor season ... Placed third in the event at the New Balance Collegiate Invitational (2:07.73) ... Won the 800-meter title at the Sun Angel Classic (2:06.71) during the outdoor season ... Followed the collegiate season by winning the USA Junior title in the 800 meters at the USA Junior Outdoor Track and Field Championships in Indianapolis ... Won a gold medal in the event at the 2007

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Lady Tigers

Pan American Junior Championships in Sao Paulo, Brazil ... Finished nearly one second ahead of the silver medalist with a time of 2:06.59 in the final ... Also won a gold medal for the United States at the Pan Am Juniors as the second leg of the 4x400-meter relay team that clocked the fourth-fastest junior time in world history at 3:29.67.

PRIOR TO LSU

Was the nation's top recruit in the 800 meters for the Class of 2006 ... Earned four letters while competing for head coach Tim Hicky at West Catholic High School in Philadelphia ... Ran the fastest 800-meter time in the nation in 2006 with a mark of 2:07.92 during the indoor season ... Was a two-time member of Team USA at the IAAF World Junior Championships in 2004 and 2006 ... Also represented her country at the IAAF World Youth Championships in Morocco in 2005 ... Finished her high school career as a seven-time AAU Junior Olympic champion in the 800 meters ... Won the 800-meter title at the USATF Youth Outdoor Championships in 2004 (2:08.11) and 2005 (2:09.78), while posting a runner-up finish in the event in 2006 ... Won the 800-meter title at the National Scholastic Indoor Championships in 2005 with a time of 2:07.10, a mark that was just one-half second shy of Joetta Clark's U.S. Junior record in the event ... Defended her title at the 2006 National Scholastic Indoor Championships with a time of 2:07.92 ... Named the 2004 Nike Athlete of the Year in the 800 meters after taking top honors at the U.S. Junior Nationals ... Clocking a PR of 2:06.76 in the event at the Arcadia Invitational in Arcadia, Calif., on April 8, 2004 ... Was a four-time outdoor state champion in the 800 meters during her high school career ... Led her high school team to indoor state championships in 2004, 2005 and 2006.

PERSONAL

Full name is LaTavia Vanessa Thomas ... Born on Dec. 14, 1988 ... Parents are Mark and Octavia Thomas ... Has two siblings: Tyeshia and Markeeta ... Majoring in communication studies.



Kayann Thompson

Sr./Sr. - 5-6 - Clarendon, Jamaica

Lindenwood University

Major: General Studies

Event: 800M (IN: 2:05.88; OUT: 2:02.64)

All-American

NCAA Mid-east Regional Champion

2-time SEC Champion

3-time All-SEC

2009

Showed tremendous improvement as an 800-meter runner during her junior season ... Just missed earning All-America honors with a 10th-place finish in the event at the NCAA Outdoor Track and Field Championships ... Recorded a time of 2 minutes, 3.99 seconds in one of the fastest NCAA semifinals of all-time ... Earned an at-large berth into the NCAA Outdoor meet following her seventh-place finish in the 800 meters at the NCAA Mid-east Regional Championships ... Recorded an outdoor seasonal best of 2:03.64 to finish fourth in the 800 meters at the SEC Outdoor Championships ... Won the 800-meter title at the LSU Alumni Gold during the outdoor season with a time of 2:04.25 ... Also competed in her specialty at the NCAA Indoor Championships ... Earned a 15th-place finish with a time of 2:11.79 at the NCAA Indoor meet ... Set a new indoor personal best of 2:05.88 to finish fifth in the 800 meters at the SEC Indoor Championships and qualify provisionally for the national meet ... A member of the Lady Tigers' 4x400-meter relay team throughout the 2009 season ... Earned her first career All-America honor while running a 52.32-second split on the second leg to help the 4x400-meter relay team finish second at the NCAA Outdoor Championships ... Teamed with Brittany Hall, Samantha Henry and LaTavia Thomas to record a seasonal-best time of 3:28.82 in the national final ... Also ran on the 4x400-meter relay team that swept titles at the SEC Outdoor Championships (3:34.11) and NCAA Mid-east Regional Championships (3:31.53) during the outdoor season.

2008

A standout middle distance runner who helped the Lady Tigers form one of the nation's deepest and most talented groups of 800-meter runners in 2008 ... Was an NCAA Championship qualifier in her first year in the program ... Finished in 26th place in the 800 meters at the NCAA Outdoor Championships in Des Moines, Iowa ... Recorded a time of 2 minutes, 13.67 seconds in the qualifying round at the national meet ... Received an at-large bid to compete at the NCAA Championships following a seventh-place finish at the NCAA Mid-east Regional Championships (2:09.55) ... Earned all-conference honors with a second-place finish in the half mile at the SEC Outdoor Championships ... Clocking a seasonal-best time of 2:04.82 in the SEC final ... Her eight points helped the Lady Tigers win their second-straight SEC Outdoor team title ... Also ran the second leg of LSU's 4x400-meter relay that won the SEC Outdoor crown with a time of 3:32.09 ... Proved to be one of the SEC's top middle distance runners during the indoor season as she finished fifth in the 800 meters at the SEC Indoor Championships, clocking a time of 2:08.45 in the final ... The Lady Tigers won the team title at the SEC Indoor meet for the first time since 1999 ... Her indoor seasonal best of 2:07.52 at the New Balance Collegiate Invitational ranks No. 9 in school history ... Won the 800-meter title in the Olympic Development division at the Tyson Invitational during the indoor season (2:07.59) ... Ran the second leg of LSU's 4x800-meter relay team that won the clocked the fourth-fastest time in school history at 8:30.98 to win the "Championship of America" title at the prestigious 114th Penn Relays ... Also ran on the foursome that blew away the competition in winning the title at the Texas Relays with a time of 8:45.04.

PRIOR TO LSU

Signed with LSU as one of the premier 800-meter recruits in the world for the Class of 2007 ... Was the first Jamaican to medal in the event at the IAAF World Junior Championships by winning bronze in Grosseto, Italy, in 2004 ... Enjoyed further success on the international stage as she was the silver medalist at the 2003 Pan American Junior Championships while also winning a pair of silver medals at the Carifta Games in 2002 and 2003 ... Also the Jamaican national junior record holder in the

800 meters after clocking a time of 2:02.64 to win a gold medal at the Jamaican National Junior Championships in 2005.

PERSONAL

Full name is Kayann Thompson ... Born on Jan. 30, 1985 ... Parents are Kennicks Thompson and Gloria Grant ... Majoring in general studies.



Devon Williams

Jr./Jr. - 5-11 - Parkville, Md.

Winston Churchill HS/Arkansas

Major: Communication Studies

Events: 400M (54.64), 800M (2:06.48)

2009

Did not compete for the Lady Tigers in 2009 after transferring to LSU from the University of Arkansas.

PRIOR TO LSU

A middle distance runner at Arkansas during her sophomore season in 2008 ... Finished 12th in the 800 meters at the SEC Outdoor Championships in Auburn, Ala. ... Competed at the University of Texas as a freshman in 2007 ... Ran the 800 meters three times during the outdoor season at Texas ... Finished 10th in the event at the Big 12 Outdoor Championships with a seasonal-best time of 2:09.54 ... Ran in two meets indoors ... Was the third-place finisher in the 600-yard run at the Big 12 Indoor Championships ... Ran the 400 meters at the Tyson Invitational, clocking a time of 57.45 ... Set an overall personal best of 2:06.48 in the indoor 800 meters during her freshman year of high school ... Time ranked No. 2 in the United States by a high school girl regardless of class in 2004 ... Competed in the event at the 2005 IAAF World Youth Championships in Morocco.

PERSONAL

Born on May 29, 1989 ... Father is Robert Williams ... Majoring in communication studies.



Kim Williams

Sr./Sr. - 5-7 - Douglasville, Ga.

Alexander HS

Major: Sports Administration

Events: Weight Throw (58-5 1/4), Hammer Throw (194-2)

All-SEC

2009

Earned her first career All-SEC honor with a runner-up finish in the hammer throw at the SEC Outdoor Track and Field Championships ... Recorded a seasonal-best throw of 192 feet, 3 inches at the conference meet to finish second in the hammer competition ... Also finished runner-up in the hammer throw at the Louisiana Classics (171-6), LSU Tiger Relays (187-3) and LSU Alumni Gold (185-11) during the outdoor season ... Took first place in the university division at the Sun Angel Classic with a throw of 190-11 ... Was an NCAA Regional participant in the hammer throw for the third year in a row ... Placed 12th at the NCAA Mid-east Regional Championships with a throw of 185-0 ... A weight throw specialist during the indoor season ... Set a new personal best in the weight throw with a mark of 58-5 1/4 to finish fifth place at the Tyson Invitational ... Threw the 20-pound implement 57-11 1/4 to earn a fourth-place finish at the SEC Indoor Championships ... Also threw the weight at the Purple Tiger Classic, SEC/Big 12 Challenge, New Balance Collegiate Invitational, LSU Twilight and LSU NCAA Indoor Qualifier.

2008

Proved to be LSU's top thrower during the 2008 season ... Was an NCAA Regional participant in the hammer throw for the second-straight season ... Finished 16th in the event at the NCAA Mid-east Regional Championships with a throw of 177 feet, 8 inches ... Scored five points for the Lady Tigers at the SEC Outdoor Championships after unleashing a personal-best throw of 194-2 to finish fourth in the event ... Is the No. 3 performer all-time in the hammer throw at LSU ... Won the hammer throw title at the LSU Tiger Relays (181-5) ... Finished runner-up in the event at the Willie Williams Classic (183-0) and LSU Alumni Gold (184-5) ... Also competed in the event at the Penn Relays (184-4) and Texas Relays (177-4) ... Stepped into the weight throw circle during the indoor season ... Set a new personal best of 56-1 3/4 at the LSU NCAA Indoor Qualifier to move into No. 5 spot on LSU's all-time indoor list ... Scored three points with a sixth-place finish in the weight throw at the SEC Indoor Championships ... Had a total of eight points in conference action to help lead the Lady Tigers to a sweep of SEC Indoor and SEC Outdoor titles ... Was the second-place finisher in the weight throw at the Purple Tiger Classic (54-10 3/4), LSU Twilight Invitational (55-5 3/4) and LSU NCAA Indoor Qualifier during the indoor season ... Competed in a total of 16 meets for the Lady Tigers in 2008.

2007

Was a participant in the hammer throw at the NCAA Mid-east Regional Championships during her freshman season ... Finished 15th in the event at the regional meet after recording a throw of 180-8 ... Contributed to the Lady Tigers' first outdoor conference title since 1996 as she placed seventh in the hammer at the SEC Outdoor Championships ... Won hammer throw titles at both the LSU Tiger Relays (174-8) and the LSU Tiger Classic (182-9) ... Her mark at the LSU Tiger Classic was a new personal best and the fourth-best throw in school history ... Also qualified her for the NCAA Mid-east Regional ... Finished fourth in the event at the 113th Penn Relays (176-2) ... Competed in the weight throw during the indoor season ... Won event titles at the LSU Twilight Invitational (49-11 1/4) and the LSU NCAA Indoor Qualifier (49-3 1/2) ... Recorded a seasonal-best throw of 50-6 1/4 at the Tyson Invitational.

PRIOR TO LSU

One of the most decorated throwers for the Class of 2006 ... Earned four letters in track and field under head coach Brian Robinson at Alexander High School in Douglasville, Ga. ... Finished her high school career as a four-time All-American while competing in the hammer throw and weight throw ... Ranked No. 1 in the country in the hammer throw as a junior in 2005 ... Ranked No. 2 in the country in the weight throw that same year ... Captured the weight throw title at the 2005 National Scholastic Indoor Championships with a personal-best heave of 56-1 3/4 ... Took sixth place in the hammer throw at the 2005 USATF Junior National Championships with a personal-best throw of 173-0.

PERSONAL

Full name is Kimberly Ann Williams ... Born on Oct. 10, 1987 ... Daughter of Randy and Sandy Williams ... Has an older brother, Jason, and an older sister, Jennifer ... Was a cheerleader for four years at Alexander High School ... Majoring in sports administration.



Kenyanna Wilson

Jr./Jr. - 5-4 - Glendale, Ariz.

Peoria HS

Major: Psychology

Events: 60M (7.24), 100M (11.20), 200M (IN: 23.85; OUT: 23.44)

3-time All-American

2-time NCAA Midwest Regional Champion

SEC Champion

2-time All-SEC

2009

Emerged as one of the nation's premier sprinters with her performance in 2009 ... Earned a pair of All-America honors in NCAA competition ... Was the third-place finisher in the 60-meter dash at the NCAA Indoor Track and Field Championships after clocking a time of 7.27 seconds in the national final ... Set a new personal best in the event with a time of 7.24 in the qualifying round at the NCAA Indoor meet ... Advanced to the 60-meter final at the SEC Indoor Championships ... Committed a false start in the race and was disqualified ... Earned the right to compete in the 60 meters at the NCAA Indoor Championships after posting a top NCAA provisional qualifying time of 7.28 in the preliminary heats at the SEC Championships ... Scored five points with a fourth-place finish in the 200-meter dash at the SEC Indoor Championships, clocking a new indoor personal best of 23.85 in the conference final ... Enjoyed a breakout outdoor season in which she earned All-America honors with a third-place finish in the 100-meter dash at the NCAA Outdoor meet ... Crossed the finish line with a time of 11.30 in the NCAA final ... Recorded a new wind-legal personal best of 11.20 in the first round of qualifying at the NCAA Championships ... Was crowned SEC champion in the 100 meters after clocking a time of 11.32 at the conference meet ... Followed that performance by winning the 100-meter title at the NCAA Midwest Regional Championships with a time of 11.39 ... Earned All-SEC honors with a runner-up finish in the 200-meter dash at the SEC Outdoor meet, recording a new overall personal best and NCAA Regional qualifying time of 23.44 in the conference final ... Went on to place 14th in the 200 meters at the regional meet ... Also competed as a member of LSU's 4x100-meter relay team throughout the 2009 outdoor season ... Anchored the Lady Tigers to a regional title in the event with a time of 43.72 at the regional meet ... Anchored the Lady Tigers to a seasonal-best time of 43.39 in a runner-up finish at the LSU Alumni Gold ... LSU's sprint relay team failed to pass the baton around the track in the finals at both the SEC Outdoor Championships and NCAA Outdoor Championships in 2009.

2008

Showed her potential with an outstanding freshman campaign for the Lady Tigers in 2008 ... Earned All-America honors during the outdoor season by running the leadoff leg on LSU's 4x100-meter relay team that finished runner-up at the NCAA Outdoor Championships in Des Moines, Iowa ... Teamed with Samantha Henry, Brooklynn Morris and Kelly Baptiste to clock a time of 42.85 and help the Lady Tigers win their first national championship since 2004 ... Also participated in the 100-meter dash at the NCAA Championships in just her first season at the collegiate level ... Placed 18th in the event at the national meet with a time of 11.93 in the qualifying round ... Punched her ticket to the national meet with a fifth-place finish in the 100 meters at the NCAA Midwest Regional Championships ... Her wind-aided time of 11.31 at the regional meet was a seasonal best ... Clocked a seasonal best wind-legal time of 11.42 to finish third at the Tiger Invitational ... Scored one point for the Lady Tigers at the SEC Outdoor Championships with an eighth-place finish in the 100 meters (11.55) ... Contributed to LSU's second-straight team championship at the SEC Outdoor meet ... Won the 100-meter title at the LSU Tiger Relays (11.54) ... Also ran the 200 meters during the outdoor season ... Was the 16th-place finisher in the event at the SEC meet ... Clocked a seasonal best and new personal best of 23.76 at the LSU Alumni Gold ... Competed in the 60 meters and 200 meters during the indoor season ... Placed 10th in the 60 meters and 16th in the 200 meters at the SEC Indoor Championships ... Won the 60-meter title at the Bayou Bengal Invitational (7.42) and LSU NCAA Indoor Qualifier (7.41) ... Qualified provisionally for the NCAA Indoor Championships in the 60-meter dash with a seasonal-best and personal-best time of 7.38 at the New Balance Collegiate Invitational ... Competed in a total of 17 meets for the Lady Tigers during her freshman season.

PRIOR TO LSU

Signed with LSU as one of the nation's elite performers in the 100 meters with a personal-best time of 11.37 seconds ... Her personal-best time in the event was the fourth-fastest time clocked by a high school athlete in 2006 ... Followed her senior season at Peoria High School by leading the United States to a gold medal in the 4x100-meter relay at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Ran the leadoff leg on the foursome that carried the stick around the track in 43.71 ... Also took sixth place in the 100-meter dash at the Pan Am Junior Championships with a time of 11.58 in the final ... Was named an American Track and Field Second-Team All-American in 2006 after participating in the IAAF World Junior Championships as a member of Team USA's 4x100-meter relay pool ... As a junior, was named the Arizona Republic Girl's Track and Field Athlete of the Year

after winning the Class 5A Division II titles in both the 100 meters and 200 meters.

PERSONAL

Full name is Kenyanna Jovonda Wilson ... Born on Oct. 27, 1988 ... Parents are Demetrius and Yolanda Wilson ... Has two younger siblings: Demetrius and Jasmine ... Majoring in psychology.



Lauren Ybarzabal

So./So. - 5-3 - Kenner, La.

Mount Carmel Academy

Major: Sociology

Events: 3,000M (11:17.49)

2009

Competed in three indoor meets during her redshirt freshman season in 2009 ... Earned a fourth-place finish in both the 800 meters (2:49.32) and mile (5:50.17) at the LSU NCAA Indoor Qualifier ... Finished eighth in the 3,000 meters at the Purple Tiger Classic with a time of 11:29.13 ... Also competed in the 3,000 meters at the LSU Twilight, finishing in eighth place with a seasonal-best time of 11:17.49 ... Did not compete during the outdoor season.

2008

Did not compete for the Lady Tigers while receiving a redshirt during the 2008 season.

PRIOR TO LSU

Helped lead her high school to back-to-back district championships in 2005 and 2006 and a regional championship in 2005 ... Senior season at Mt. Carmel Academy was highlighted by winning a district title in cross country and finishing seventh at the state cross country meet in 2007 ... Also finished third in the two mile at the state meet during the outdoor season in 2007.

PERSONAL

Full name is Lauren Mary Ybarzabal ... Born on Nov. 21, 1988 ... Mother is Susie Ybarzabal ... Has an older sister named Kristi, who is an LSU graduate ... Majoring in sociology.



Kenyanna Wilson

2009 REVIEW

Below: The Tigers earned a fourth-place finish at the 2009 NCAA Division I Indoor Track and Field Championships.



Holliday Sprints to Glory at NCAA Championships

Senior All-American Trindon Holliday became the third different LSU Tiger in four seasons to be crowned NCAA 100-meter champion with his thrilling victory at the 2009 NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. Holliday, who just missed winning NCAA titles with a runner-up finish in 2007 and a third-place finish in 2008 at the NCAA Outdoor Championships, cruised to an easy victory in 10.00 seconds for a new personal best. He joined former Tiger stars Xavier Carter in 2006 and Richard Thompson in 2008 as the only athletes in school history to be crowned NCAA champion in the most prestigious event in the sport. Not only that, but Holliday nearly won an NCAA title during the indoor season as he finished as the national runner-up in the 60-meter dash at the NCAA Indoor Championships.

Henning Enjoys Record-Breaking Sophomore Season

Perhaps no LSU thrower in the modern era enjoyed a season quite like sophomore Walter Henning in 2009. After transferring to LSU from the University of North Carolina, Henning cemented his position among the all-time great throwers to ever wear the LSU uniform with his record-setting performance. He shattered the LSU school record in the weight throw with a personal-best mark of 74 feet, 5 1/2 inches and became the first LSU Tiger since Dave Paddison in 1993 to earn All-America honors in the event with a fourth-place finish at the NCAA Indoor Championships. Henning carried that momentum into the outdoor season in which he finished as the NCAA runner-up in the hammer throw at the NCAA Outdoor meet and finished the season with another school record of 235-11 in the event. Henning also became the first LSU Tiger in program history to win SEC titles in both the weight throw and hammer throw.

Henry Leads Lady Tigers with Five All-America Honors

No other LSU athlete was asked to carry the load at the NCAA Outdoor Championship like Lady Tiger sprinter Samantha Henry, and she responded by earning three All-America honors and scoring six points toward LSU's final team total. Henry ran a leg on the Lady Tigers' 4x400-meter relay team that finished as the NCAA runner-up, while she also finished eighth in the 100 meters and sixth in the 200 meters at the NCAA Outdoor meet. In all, Henry ran a total of 10 races in four days of competition to help lead the Lady Tigers to a sixth-place finish. Henry also earned a pair of All-America honors during the indoor season with seventh-place finishes in both the 60 meters and 200 meters at the NCAA Indoor Championships. She now ranks among the all-time great sprinters to ever don the LSU uniform with 10 career All-America honors in three seasons.

Wilson Emerges as NCAA Title Contender in Sprints

With the departure of NCAA champion sprinter Kelly Baptiste from a team that scored 67 points in winning the team title at the NCAA Outdoor Championships in 2008, the Lady Tigers opened the 2009 season in search of someone to complement returning All-American Samantha Henry and continue LSU's tradition of excellence in the sprinting events. The Lady Tigers found what they were looking for in the form of sophomore Kenyanna Wilson. The Glendale, Ariz., native emerged as one of the premier sprinters in all of collegiate track and field while earning a pair of All-America honors with a third-place finish in both the 60 meters and 100 meters at the NCAA Championships. She shattered personal bests in each event while finishing the season with a time of 7.24 seconds in the 60 meters and 11.20 in the 100 meters.

LSU Relays Earn NCAA Runner-Up Honors in Season Finale

The LSU track and field teams are world-renown for their performance in the relay events, and 2009 proved to be another banner season for both the Tigers and Lady Tigers with their performance at the NCAA Division I Outdoor Track and Field Championships in Fayetteville, Ark. After winning an NCAA title in the 4x100-meter relay in 2008, the Tigers nearly defended their crown in 2009 as they finished as the NCAA runner-up in the event with the foursome of Barrett Nugent, Will Coppage, Armanti Hayes and Trindon Holliday clocking a seasonal-best time of 38.67 seconds in the national final. The Lady Tigers were just as impressive as they finished as the NCAA runner-up in the 4x400 relay with Brittany Hall, Kayann Thompson, Samantha Henry and LaTavia Thomas clocking a three-second seasonal best with a time of 3 minutes, 28.82 in the national final.

Tigers and Lady Tigers Earn Top-Six Finishes at NCAA Outdoors

The men's and women's teams at LSU are among the NCAA title contenders each year at the NCAA Division I Outdoor Track and Field Championships, and 2009 proved to be no different as both teams traveled to Fayetteville, Ark., in search of yet another national championship. In fact, the Lady Tigers entered the meet as the defending national champions after winning their 25th NCAA team title at the NCAA Outdoor meet in 2008. The Lady Tigers scored a total of 29.5 points in four days of competition to earn a sixth-place finish in the final team standings. The Tigers enjoyed a great meet of their own as they scored a total of 37 points to finish fifth in the final men's team standings and earn a top-five finish at the NCAA Outdoor Championships for the 10th-straight season.

Lady Tigers Finish Runner-Up at the SEC Championships

The Lady Tigers saw their run of three-straight SEC team championships come to an end in 2009 as they finished runner-up at the conference meet during both the indoor and outdoor seasons. LSU scored a total of 105 points in three days of competition to finish runner-up to Tennessee (111) at the SEC Indoor Championships in Lexington, Ky. The Lady Tigers then scored 113 points at the SEC Outdoor Championships in Gainesville, Fla., to finish second to the homestanding Florida Gators (135). LSU entered the 2009 season as winners of three-straight conference titles with outdoor titles in 2007 and 2008 and an indoor crown in 2008.

LSU Makes History Once Again at the Penn Relays

While the LSU men and women are the star attraction in the relay events each year at the Penn Relays, the teams made history in 2009 by winning a school record five event titles in individuals events. Senior Jeremy Hicks and freshman Rachel Laurent led the way as each was named the College Athlete of the Meet for individual events on both the men's and women's sides. Hicks won the long jump title in dramatic fashion with an outdoor PR of 26 feet, 3 inches, while Laurent set a new Penn Relays meet record of 13-10 ½ to win the pole vault crown. LSU also swept 100-meter titles in the 115th running of the world's premier relay carnival as Trindon Holliday and Samantha Henry were crowned event champions, while Walter Henning won the hammer throw in his first appearance at the Penn Relays.

LSU Middle Distance Runners Compete with Nation's Best

LSU competes with one of the more talented groups of middle distance runners each season, and 2009 was no exception as three 800-meter runners earned All-America honors with their performance at the NCAA Championships. LaTavia Thomas earned All-America honors during both the indoor and outdoor seasons with a fifth-place finish at the NCAA Indoor Championships and a third-place finish at the NCAA Outdoor Championships. Her seasonal-best time of 2 minutes, 1.56 seconds is just a split-second shy of LSU's school record in the event. She was joined in the event at the NCAA Outdoor meet by teammate Brittany Hall, who earned All-America honors of her own with a sixth-place finish. Richard Jones proved to be the Tigers' top middle distance runner as he earned a fifth-place finish at the NCAA Outdoor meet after setting a new PR of 1:47.10 in the national final.

Tigers Take Place on Medal Stand at NCAA Indoor Championships

The Tigers took their place on the awards stand at the NCAA Indoor Championships a year ago after scoring 29 points over the course of two days of competition to earn a fourth-place finish in the final team standings. The Lady Tigers scored 28 points of their own to finish in sole possession of sixth place in the final women's standings. It marked the second-straight season in which the Tigers earned a fourth-place team finish at the NCAA Indoor meet after equaling the feat during the 2008 season. The Oregon Ducks took home the men's team championship with 54 points for the meet, while the Tennessee Lady Volunteers were crowned national champions on the women's side with 42 points.



Hicks Earns NCAA Runner-Up Honors in Long Jump

After being plagued by injuries throughout his junior season in 2008, Jeremy Hicks returned for his senior season in 2009 looking to recapture the All-America form he enjoyed as a sophomore and reclaim his position among the elite jumpers in collegiate track and field. He did that and more during the indoor season as he soared to a new personal best of 26 feet, 3 ½ inches to finish as the NCAA runner-up in the long jump at the NCAA Indoor Championships, marking the first time in his career to break the 26-foot barrier in the event. Hicks continued his outstanding performance during the outdoor season while earning All-America honors with a fifth-place finish at the NCAA Outdoor Championships. Hicks posted an outdoor best of 26-3 and jumped at least 26 feet five times in 2009.

Laurent Makes History in Pole Vault with Record-Setting Freshman Season

Rachel Laurent enjoyed a record-setting freshman season with the Lady Tigers in 2009 as she became the first athlete in the program's storied history to earn All-America honors in the pole vault with her performance at the NCAA Indoor Championships in College Station, Texas. Laurent cleared a height of 13 feet, 7 ¼ inches at the national meet to earn a fifth-place finish and pick up her first career All-America accolade. She also became the first Lady Tiger to win an SEC title in the event with her victory at the SEC Indoor meet while going up and over the bar at 14-0 ½. She went on to earn All-SEC honors with a runner-up finish at the SEC Outdoor Championships before making her first career appearance at the NCAA Outdoor meet. Laurent wrapped up the season as LSU's indoor (14-0 ½) and outdoor (14-1 ¼) school-record holder in the event.

Carter Earns Pair of All-America Honors in High Jump

No Lady Tiger had earned All-America honors in the high jump since Gai Kapernick in 1994 until Brittani Carter emerged as one of the top high jumpers in the country with her performance in 2009. Carter matched her overall PR with a clearance of 6-0 at the NCAA Indoor Championships to earn a third-place finish and receive

her first career All-America honor as a Lady Tiger. She then matched that performance at the NCAA Outdoor Championships while earning a second All-America honor on the year with a fifth-place finish in the event. Not only was Carter the first Lady Tiger high jumper to earn All-America honors in 15 seasons, but she was also the first to clear 6-0 in the event in 11 seasons since Gretchen Francois in 1998.

LSU Athletes Win SEC Individual Titles in 2009

Six LSU athletes won individual SEC titles during the course of the 2009 season while leading the Tigers and Lady Tigers to another outstanding season in championship competition. Senior Trindon Holliday proved to be the most dominant sprinter in the SEC while capturing a pair of conference titles in the 60 meters and 100 meters. Sophomore Walter Henning also proved to be among the premier throwers in the league while sweeping SEC titles in the weight throw and hammer throw. Lady Tiger sprinter Samantha Henry won a trio of individual titles with victories in the 60 meters indoors and the 200 meters during both the indoor and outdoor seasons. Robert Simmons (400 meters) and Rachel Laurent (pole vault) also won SEC Indoor titles, while Kenyanna Wilson (100 meters) and LSU's 4x400-meter relay team of Brittany Hall, Cassandra Tate, LaTavia Thomas and Kayann Thompson won SEC Outdoor titles.

Thompson Anchors Relay to Silver Medal at IAAF World Championships

Former LSU star Richard Thompson emerged as one of the world's premier sprinters with his performance at the 2008 Olympic Games in Beijing, China, after winning a pair of silver medals in the 100-meter dash and 4x100-meter relay. His time of 9.89 seconds in the Olympic final of the 100 meters is a personal best and a collegiate record in the event. He continued to perform at a world-class level in his first full season as a professional in 2009 as he anchored Trinidad's 4x100-meter relay team to yet another silver medal at the IAAF World Championships in Athletics in Berlin, Germany. Thompson looks to continue his development as one of the world's elite young sprinters as he is already preparing for another Olympic run in 2012.

2009 Men's Indoor Performance List

60 METERS (6.63/6.74)

6.55	Trindon Holliday	NCAA Championships (3/14)
6.77	Gabriel Mvumvure	New Balance Invitational (2/6)
6.78	Jerel Hill	Purple Tiger Classic (1/23)
6.84	Armanti Hayes	Purple Tiger Classic (1/23)
6.87	Will Copping	Purple Tiger Classic (1/23)
6.93	Jeremy Hicks	Tyson Invitational (2/13)
6.93	Ade Alleyne-Forte	Purple Tiger Classic (1/23)
6.95	Zedric Thomas	Purple Tiger Classic (1/23)
6.96	Jeremy Lidell	Purple Tiger Classic (1/23)
7.00	Robert Simmons	Purple Tiger Classic (1/23)
7.02	Jamar Howard	Purple Tiger Classic (1/23)
7.02	Tristan Walker	LSU NCAA Indoor Qualifier (3/6)
7.21	Scott Gibson	Purple Tiger Classic (1/23)

200 METERS (20.83/21.23)

21.31	Trindon Holliday	Tyson Invitational (2/14)
21.45	Gabriel Mvumvure	SEC Championships (2/28)
21.49	Armanti Hayes	SEC Championships (2/28)
21.76	Jerel Hill	SEC/Big 12 Challenge (1/31)
22.02	Tristan Walker	SEC/Big 12 Challenge (1/31)
23.09	c Scott Gibson	LSU NCAA Indoor Qualifier (3/6)

400 METERS (46.15/47.25)

46.22	p Robert Simmons	SEC Championships (3/1)
46.93	p Armanti Hayes	Tyson Invitational (2/13)
47.65	Ade Alleyne-Forte	SEC Championships (2/28)
48.85	Jamar Howard	SEC Championships (2/28)
49.39	Jamaal James	SEC/Big 12 Challenge (1/31)
52.14	c Jeremy Handy	LSU Twilight (2/20)
52.57	c Scott Gibson	LSU Twilight (2/20)

800 METERS (1:48.00/1:50.50)

1:49.66	p Richard Jones	Cyclone National Qualifier (3/7)
1:49.85	p Jamaal James	New Balance Invitational (2/7)
1:52.36	Garrek Thompson	SEC Championships (2/28)
1:54.30	Alan Sticker	SEC/Big 12 Challenge (1/31)
2:07.20	c Jeremy Handy	LSU NCAA Indoor Qualifier (3/6)

MILE (3:59.50/4:04.00)

4:08.55	Alan Sticker	Tyson Invitational (2/13)
4:21.10	Jacob Simmons	Tyson Invitational (2/13)
4:30.59	c Jonathan Thomas	LSU NCAA Indoor Qualifier (3/6)
4:32.49	c Frank Bohn	LSU NCAA Indoor Qualifier (3/6)
4:38.32	c Sean Swanner	LSU NCAA Indoor Qualifier (3/6)
4:41.65	c Ken Ehrhardt	LSU NCAA Indoor Qualifier (3/6)

3,000 METERS (7:54.50/8:05.00)

8:29.24	Jacob Simmons	New Balance Invitational (2/6)
8:39.24	c Alan Sticker	Purple Tiger Classic (1/23)
8:49.63	c Richard Chautin	LSU Twilight (2/20)
9:04.47	c Frank Bohn	LSU Twilight (2/20)
9:07.47	c Ken Ehrhardt	LSU Twilight (2/20)
9:18.42	c Sean Swanner	Purple Tiger Classic (1/23)
9:22.03	c Jonathan Thomas	LSU Twilight (2/20)
9:29.87	c Kyle Hecker	Purple Tiger Classic (1/23)

5,000 METERS (13:47.00/14:10.00)

14:34.75	Jacob Simmons	SEC/Big 12 Challenge (1/31)
15:03.42	Richard Chautin	SEC/Big 12 Challenge (1/31)
15:18.21	Andy Florek	New Balance Invitational (2/7)

60-METER HURDLES (7.70/7.91)

7.86	p Patrick Lee	SEC Championships (2/28)
7.93	Barrett Nugent	Tyson Invitational (2/13)

4X400-METER RELAY (3:06.50/3:10.40)

3:07.29	p Alleyne-Forte, Hayes, Howard, Simmons	Cyclone National Qualifier (3/7)
3:08.47	Hayes, Alleyne-Forte, Howard, Simmons	NCAA Championships (3/14)
3:09.58	p Hayes, Howard, Alleyne-Forte, Simmons	New Balance Invitational (2/7)
3:09.81	p Hayes, Howard, Alleyne-Forte, Simmons	SEC Championships (3/1)
3:10.93	Alleyne-Forte, Jones, Simmons, Hayes	Tyson Invitational (2/14)



Josh Dominguez

DISTANCE MEDLEY RELAY (9:34.00/9:45.70)

10:06.01	Jones, Howard, Thompson, Sticker	SEC/Big 12 Challenge (1/31)
10:06.10	Sticker, Simmons, Thompson, Florek	New Balance Invitational (2/6)
10:14.17	Jones, Mvumvure, Thompson, Sticker	SEC Championships (3/1)

HIGH JUMP [7-4.25 (2.24)/7-0.25 (2.14)]

6-3 1/4 (1.91)	Phillip Thomas	LSU NCAA Indoor Qualifier (3/6)
6-1 1/4 (1.86)	Davide Brown	LSU NCAA Indoor Qualifier (3/6)

POLE VAULT [18-0.5 (5.50)/17-0.75 (5.20)]

17-0 3/4 (5.20)	p Josh Dominguez	Tyson Invitational (2/14)
16-8 3/4 (5.10)	Marcus McGehee	LSU Twilight (2/20)
16-2 3/4 (4.95)	Kyle Rose	LSU Twilight (2/20)

LONG JUMP [25-9.25 (7.85)/24-7.25 (7.50)]

26-3 1/2 (8.01)	Jeremy Hicks	NCAA Championships (3/13)
25-7 1/4 (7.80)	p Will Copping	New Balance Invitational (2/6)
24-10 (7.57)	p Zedric Thomas	Purple Tiger Classic (1/23)
21-11 (6.68)	Brandon Gibson	LSU NCAA Indoor Qualifier (3/6)

TRIPLE JUMP [52-10 (16.10)/50-6.25 (15.40)]

49-8 1/4 (15.14)	Zedric Thomas	SEC/Big 12 Challenge (1/31)
49-5 3/4 (15.08)	Reggie Haslom	Purple Tiger Classic (1/23)
49-5 (15.06)	Jeremy Hicks	New Balance Invitational (2/7)
45-8 (13.92)	Brandon Gordon	LSU Twilight (2/20)
43-11 1/4 (13.39)	Phillip Thomas	LSU Twilight (2/20)

SHOT PUT [63-4 (19.30)/58-3 (17.75)]

55-11 1/4 (17.05)	Adam Wilcox	SEC Championships (2/28)
54-11 1/4 (16.49)	Walter Henning	SEC Championships (2/28)
45-10 3/4 (13.99)	Chris Bless	LSU NCAA Indoor Qualifier (3/6)

WEIGHT THROW [70-6.50 (21.50)/63-11.75 (19.50)]

74-5 1/2 (22.69)	sr/a Walter Henning	SEC Championships (3/1)
66-5 3/4 (20.26)	p Michael Lauro	LSU Twilight (2/20)
65-7 1/2 (20.00)	p Rabun Fox	LSU NCAA Indoor Qualifier (3/6)
57-8 1/2 (17.59)	Ross Roubion	LSU Twilight (2/20)
55-9 1/4 (17.00)	Chris Bless	LSU NCAA Indoor Qualifier (3/6)

HEPTATHLON (5,650/5,300)

No scores

SYMBOL KEY

a = NCAA automatic qualifying mark
 p = NCAA provisional qualifying mark
 sr = School record
 c = Converted time to bank track

2009 Women's Indoor Performance List

LSU

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Kayann Thompson



Brittani Carter

60 METERS (7.26/7.44)

7.19	a	Samantha Henry	SEC Championships (2/28)
7.24		Kenyanna Wilson	NCAA Championships (3/13)
7.44	p	Kristina Davis	SEC Championships (2/28)
7.61		Cassandra Tate	LSU Twilight (2/20)
7.68		Liann Kellman	LSU Twilight (2/20)
7.77		Taylor Evans	Purple Tiger Classic (1/23)
8.22		Katelyn Rodrigue	LSU NCAA Indoor Qualifier (3/6)
8.50		Mallory Thompson	LSU NCAA Indoor Qualifier (3/6)
8.88		Lauren Saucier	LSU NCAA Indoor Qualifier (3/6)

200 METERS (23.20/23.90)

23.30	p	Samantha Henry	SEC Championships (2/28)
23.85	p	Kenyanna Wilson	SEC Championships (3/1)
24.04		Cassandra Tate	SEC Championships (3/1)
24.20		Kristina Davis	SEC Championships (2/28)
24.81	c	Taylor Evans	LSU NCAA Indoor Qualifier (3/6)
25.65		Liann Kellman	SEC/Big 12 Challenge (1/31)

400 METERS (52.40/54.40)

54.13	p	LaTavia Thomas	Tyson Invitational (2/13)
57.37	c	Taylor Evans	LSU Twilight (2/20)

800 METERS (2:05.00/2:09.00)

2:04.27	a	LaTavia Thomas	SEC Championships (3/1)
2:05.70	p	Brittany Hall	SEC Championships (3/1)
2:05.88	p	Kayann Thompson	SEC Championships (3/1)
2:12.30		Lindsay Day	SEC Championships (2/28)
2:49.32	c	Lauren Ybarzabal	LSU NCAA Indoor Qualifier (3/6)

MILE (4:38.00/4:48.00)

5:09.70	c	Lindsay Day	LSU NCAA Indoor Qualifier (3/6)
5:27.62	c	Christina Porter	LSU NCAA Indoor Qualifier (3/6)
5:50.17	c	Lauren Ybarzabal	LSU NCAA Indoor Qualifier (3/6)

3,000 METERS (9:15.00/9:34.00)

11:05.83	c	Christina Porter	Purple Tiger Classic (1/23)
11:17.49	c	Lauren Ybarzabal	LSU Twilight (2/20)

5,000 METERS (16:08.00/16:45.00)

18:36.36		Christina Porter	Tyson Invitational (2/14)
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60-METER HURDLES (8.14/8.43)

8.20	p	Tenaya Jones	SEC Championships (3/1)
8.61		Cassandra Tate	Purple Tiger Classic (1/23)

4X400-METER RELAY (3:33.00/3:40.00)

3:37.07	p	Tate, Thompson, Hall, Thomas	Cyclone National Qualifier (3/7)
3:37.50	p	Tate, Hall, Thompson, Thomas	SEC Championships (3/1)
3:38.84	p	Hall, Thompson, Henry, Thomas	New Balance Invitational (2/7)

3:39.56	p	Hall, Thompson, Tate, Thomas	Tyson Invitational (2/13)
3:42.56	c	Hall, Evans, Thompson, Thomas	Purple Tiger Classic (1/23)

DISTANCE MEDLEY RELAY (11:09.00/11:30.00)

No times

HIGH JUMP [6-0.75 (1.85)/5-10 (1.78)]

6-0 (1.83)		Brittani Carter	NCAA Championships (3/13)
5-5 (1.65)		Mallory Thompson	LSU NCAA Indoor Qualifier (3/6)
5-1 (1.55)		Katelin Palermo	LSU NCAA Indoor Qualifier (3/6)

POLE VAULT [13-9.25 (4.20)/12-11.5 (3.95)]

14-0 1/2 (4.28)	sr/a	Rachel Laurent	SEC Championships (2/28)
13-5 (4.09)	p	Katelyn Rodrigue	LSU NCAA Indoor Qualifier (3/6)
11-9 3/4 (3.60)		Mallory Thompson	New Balance Invitational (2/6)
11-3 1/2 (3.44)		Lauren Saucier	LSU NCAA Indoor Qualifier (3/6)

LONG JUMP [20-10 (6.35)/20-0.25 (6.10)]

20-3 1/2 (6.18)	p	Andrea Linton	LSU Twilight (2/20)
19-10 1/4 (6.05)		Melissa Ogbourne	New Balance Invitational (2/6)
17-3 1/4 (5.26)		Rachel Fountain	LSU Twilight (2/20)
16-7 (5.05)		Katelin Palermo	LSU NCAA Indoor Qualifier (3/6)

TRIPLE JUMP [43-7.75 (13.30)/41-6 (12.65)]

43-5 1/4 (13.24)		Andrea Linton	NCAA Championships (3/14)
37-1 3/4 (11.32)		Rachel Fountain	LSU Twilight (2/20)

SHOT PUT [55-5.50 (16.90)/49-10.50 (15.20)]

46-10 1/4 (14.28)		Brieanna Kennedy	New Balance Invitational (2/6)
38-9 3/4 (11.83)		Allison Horner	LSU NCAA Indoor Qualifier (3/6)
35-1 1/4 (10.70)		Kim Williams	LSU NCAA Indoor Qualifier (3/6)

WEIGHT THROW [68-10.75 (21.00)/61-6.25 (18.75)]

58-5 1/4 (17.81)		Kim Williams	Tyson Invitational (2/13)
54-4 (16.56)		Brieanna Kennedy	LSU Twilight (2/20)
53-10 1/2 (16.42)		Allison Horner	SEC Championships (2/28)
49-1 3/4 (14.98)		Danielle Martin	LSU NCAA Indoor Qualifier (3/6)

PENTATHLON (4,050/3,700)

2,791		Rachel Fountain	LSU Combined Events (1/22)
2,765		Katelin Palermo	LSU Combined Events (1/22)

SYMBOL KEY

a = NCAA automatic qualifying mark
 p = NCAA provisional qualifying mark
 sr = School record
 c = Converted time to bank track

2009 Men's Outdoor Performance List

100 METERS (10.55)

10.00		Trindon Holliday	NCAA Championships (6/12)
10.48	r	Gabriel Mvumvure	SEC Championships (5/16)
10.54	r	Jerel Hill	SEC Championships (5/16)
10.72		Barrett Nugent	Sun Angel Classic (4/11)
10.72		Tristan Walker	Louisiana Classics (3/21)

TOP WIND-AIDED TIMES

10.42	w	Gabriel Mvumvure	Texas Relays (4/4)
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200 METERS (21.35)

20.72		Gabriel Mvumvure	NCAA Midwest Regional (5/30)
21.40		Tristan Walker	Louisiana Classics (3/21)
21.44		Jamar Howard	Louisiana Classics (3/21)
21.63		Jerel Hill	SEC Championships (5/15)
21.79		Ade Alleyne-Forte	Louisiana Classics (3/21)
21.81		Barrett Nugent	Louisiana Classics (3/21)
22.02		Patrick Lee	Louisiana Classics (3/21)
23.04		Scott Gibson	Louisiana Classics (3/21)

TOP WIND-AIDED TIMES

21.41	w	Jerel Hill	LSU Alumni Gold (4/18)
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400 METERS (47.20)

45.67	r	Armani Hayes	SEC Championships (5/17)
45.84		Robert Simmons	NCAA Championships (6/12)
47.05	r	Ade Alleyne-Forte	SEC Championships (5/16)
47.11	r	Jamar Howard	SEC Championships (5/16)
49.47		Garrek Thompson	LSU Alumni Gold (4/18)
52.05		Scott Gibson	Louisiana Classics (3/21)

800 METERS (1:50.40)

1:47.10		Richard Jones	NCAA Championships (6/13)
1:48.86	r	Jamaal James	Sun Angel Classic (4/11)
1:51.37		Garrek Thompson	SEC Championships (5/15)
1:53.26		Jeff Adolph	Louisiana Classics (3/21)
1:59.22		Jeremy Handy	Louisiana Classics (3/21)

1,500 METERS (3:47.80)

3:50.25		Andy Florek	SEC Championships (5/16)
3:51.54		Richard Jones	LSU Alumni Gold (4/18)
3:56.47		Alan Sticker	Sun Angel Classic (4/11)
4:00.05		Richard Chautin	LSU Alumni Gold (4/18)
4:00.83		Jeff Adolph	SEC Championships (5/16)
4:03.28		Jacob Simmons	Louisiana Classics (3/21)
4:09.65		Kenneth Schiffman	LSU Tiger Relays (3/28)
4:12.40		Frank Bohn	Louisiana Classics (3/21)

5,000 METERS (14:12.00)

14:42.99		Jacob Simmons	SEC Championships (5/17)
14:50.25		Richard Chautin	Sun Angel Classic (4/11)
14:56.91		Andy Florek	Sun Angel Classic (4/11)
15:54.07		Ken Ehrhardt	LSU Tiger Relays (3/27)
16:02.28		Luke Dessauer	LSU Alumni Gold (4/18)
16:09.09		Alan Sticker	LSU Alumni Gold (4/18)
16:20.29		Jonathan Thomas	LSU Alumni Gold (4/18)
16:21.74		Sean Swanner	LSU Alumni Gold (4/18)

10,000 METERS (28:45.00/29:30.00)

No times

110-METER HURDLES (14.30)

13.66		Barrett Nugent	NCAA Midwest Regional (5/30)
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400-METER HURDLES (52.51)

50.90		Patrick Lee	NCAA Midwest Regional (5/30)
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3,000-METER STEEPLECHASE (9:07.00)

9:26.86		Jacob Simmons	LSU Tiger Relays (3/28)
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4X100-METER RELAY (40.66)

38.67		Nugent, Coppage, Hayes, Holliday	NCAA Championships (6/12)
38.72		Nugent, Coppage, Hayes, Holliday	NCAA Championships (6/10)
38.86	r	Hayes, Coppage, Mvumvure, Holliday	SEC Championships (5/17)
38.89	r	Hicks, Coppage, Mvumvure, Holliday	Penn Relays (4/25)
39.07	r	Hicks, Coppage, Mvumvure, Holliday	LSU Alumni Gold (4/18)

4X400-METER RELAY (3:10.00)

3:03.81		Hayes, Howard, Jones, Alleyne-Forte	NCAA Championships (6/13)
3:04.75	r	Simmons, Alleyne-Forte, Howard, Hayes	SEC Championships (5/17)



Barrett Nugent

3:05.09		Simmons, Howard, Jones, Hayes	NCAA Championships (6/11)
3:05.97	r	Howard, Hayes, Alleyne-Forte, Simmons	Texas Relays (4/4)
3:06.04	r	Howard, Hayes, Alleyne-Forte, Simmons	Penn Relays (4/25)

HIGH JUMP [6-10 3/4 (2.10)]

6-4 3/4 (1.94)		Phillip Thomas	Pelican Relays (4/11)
6-2 3/4 (1.90)		Daive Brown	LSU Tiger Relays (3/27)

POLE VAULT [16-6 3/4 (5.05)]

17-0 3/4 (5.20)	r	Josh Dominguez	Penn Relays (4/25)
16-6 3/4 (5.05)	r	Marcus McGehee	Texas Relays (4/2)
15-7 (4.75)		Kyle Rose	Louisiana Classics (3/21)

LONG JUMP [24-1 (7.34)]

26-3 (8.00)	r	Jeremy Hicks	Penn Relays (4/24)
25-3 1/4 (7.70)	r	Will Coppage	SEC Championships (5/16)
24-9 3/4 (7.56)	r	Zedric Thomas	LSU Tiger Relays (3/27)
23-5 1/4 (7.14)		Reggie Haslom	LSU Tiger Relays (3/27)
21-4 (6.50)		Brandon Gordon	Louisiana Classics (3/21)

TOP WIND-AIDED MARKS

25-4 3/4 (7.74)	w	Will Coppage	NCAA Championships (6/10)
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TRIPLE JUMP [49-2 1/2 (15.00)]

51-0 1/4 (15.55)	r	Zedric Thomas	SEC Championships (5/17)
50-11 1/2 (15.53)	r	Reggie Haslom	SEC Championships (5/17)
46-9 1/2 (14.26)		Brandon Gordon	Pelican Relays (4/11)
43-10 1/2 (13.37)		Phillip Thomas	Louisiana Classics (3/21)

TOP WIND-AIDED MARKS

51-7 3/4 (15.74)	w	Zedric Thomas	NCAA Midwest Regional (5/30)
51-0 1/4 (15.55)	r/w	Reggie Haslom	LSU Alumni Gold (4/18)

SHOT PUT [55-11/2 (16.80)]

55-5 (16.89)		Adam Wilcox	LSU Alumni Gold (4/18)
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DISCUS [169-7 (51.70)]

No marks

HAMMER [186-4 (56.80)]

235-11 (71.90)	sr/r	Walter Henning	LSU Alumni Gold (4/17)
205-4 (62.60)	r	Rabun Fox	SEC Championships (5/15)
205-0 (62.48)	r	Michael Lauro	LSU Alumni Gold (4/17)
197-2 (60.10)	r	Chris Bless	LSU Alumni Gold (4/17)
188-1 (57.34)	r	Ross Roubion	NSU Invitational (4/25)

JAVELIN [202-1 (61.60)]

221-7 (67.55)	r	Anthony Martel	SEC Championships (5/16)
220-3 (67.14)	r	Aaron Moore	Cole Lancon Twilight (4/30)
216-4 (65.93)	r	Mark DeBlanc	LSU Tiger Relays (3/28)
210-10 (64.26)	r	Ryan Roubion	SEC Championships (5/16)

DECATHLON (7,500/6,900)

No scores

SYMBOL KEY

sr = School record
r = NCAA regional qualifying mark
w = Wind-aided mark

2009 Women's Outdoor Performance List

LSU

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

100 METERS (11.75)

151-6 (46.18)	r	Brianna Kennedy	Texas Relays (4/3)
11.14		Samantha Henry	NCAA Championships (6/10)
11.20		Kenyanna Wilson	NCAA Championships (6/10)
11.45		Monique Cabral	NCAA Championships (6/10)
11.49		Kristina Davis	NCAA Championships (6/10)
11.69	r	Liann Kellman	SEC Championships (5/16)
11.83		Cassandra Tate	Louisiana Classics (3/21)
12.34		Tenaya Jones	Sun Angel Classic (4/11)

200 METERS (23.96)

22.80		Samantha Henry	NCAA Mid-east Regional (5/30)
23.45	r	Kenyanna Wilson	Sun Angel Classic (4/11)
23.68	r	Cassandra Tate	Sun Angel Classic (4/11)
23.78	r	Liann Kellman	Sun Angel Classic (4/11)
23.85	r	Kristina Davis	SEC Championships (5/15)
24.06		Monique Cabral	Sun Angel Classic (4/11)
24.42		Taylor Evans	Louisiana Classics (3/21)
27.56		Katelin Palermo	Louisiana Classics (3/21)

400 METERS (54.61)

55.75		Taylor Evans	Louisiana Classics (3/21)
57.75		Monique Cabral	Louisiana Classics (3/21)

800 METERS (2:09.80)

2:01.56		LaTavia Thomas	NCAA Championships (6/13)
2:03.64	r	Kayann Thompson	SEC Championships (5/17)
2:03.68	r	Brittany Hall	SEC Championships (5/17)
2:15.10		Laura Carleton	LSU Alumni Gold (4/18)

1,500 METERS (4:27.80)

4:40.04		Laura Carleton	Louisiana Classics (3/21)
5:01.56		Jenna Henssler	LSU Alumni Gold (4/18)

5,000 METERS (16:52.00)

18:13.91		Christina Porter	LSU Alumni Gold (4/18)
18:30.69		Jenna Henssler	Sun Angel Classic (4/11)

10,000 METERS (33:30.00/35:00.00)

No times

100-METER HURDLES (13.92)

13.28	r	Tenaya Jones	Texas Relays (4/4)
15.66		Rachel Fountain	Louisiana Classics (3/21)

400-METER HURDLES (1:00.82)

No times

3,000-METER STEEPLECHASE (10:50.25)

No times

4X100-METER RELAY (45.70)

43.20		Cabral, Tate, Henry, Wilson	NCAA Championships (6/10)
43.39	r	Cabral, Tate, Henry, Wilson	LSU Alumni Gold (4/18)
43.72		Cabral, Tate, Henry, Wilson	NCAA Mid-east Regional (5/30)
43.76	r	Davis, Tate, Henry, Wilson	Sun Angel Classic (4/11)
43.84	r	Davis, Tate, Henry, Wilson	LSU Tiger Relays (3/27)

4X400-METER RELAY (3:42.00)

3:28.82		Hall, Thompson, Henry, Thomas	NCAA Championships (6/13)
3:31.09		Hall, Thompson, Henry, Thomas	NCAA Championships (6/11)
3:31.53		Tate, Hall, Thompson, Thomas	NCAA Mid-east Regional (5/30)
3:31.81	r	Hall, Tate, Thompson, Thomas	Texas Relays (4/4)
3:33.96	r	Hall, Tate, Thompson, Thomas	Penn Relays (4/25)

HIGH JUMP [5-8 3/4 (1.75)]

6-0 (1.83)		Brittani Carter	NCAA Championships (6/12)
5-5 (1.65)		Mallory Thompson	LSU Tiger Relays (3/27)
5-1 (1.55)		Katelin Palermo	LSU Tiger Relays (3/27)

POLE VAULT [12-7 1/2 (3.85)]

14-1 1/4 (4.30)	sr/r	Rachel Laurent	Texas Relays (4/4)
13-6 1/4 (4.12)	r	Katelyn Rodrigue	LSU Alumni Gold (4/18)
12-1 1/2 (3.70)		Mallory Thompson	Texas Relays (4/3)
11-1 3/4 (3.40)		Lauren Saucier	LSU Alumni Gold (4/18)



Melissa Ogbourne

LONG JUMP [19-8 1/4 (6.00)]

20-4 1/2 (6.20)	r	Melissa Ogbourne	SEC Championships (5/15)
16-6 (5.02)		Rachel Fountain	Louisiana Classics (3/21)
15-6 (4.72)		Katelin Palermo	Louisiana Classics (3/21)

TOP WIND-AIDED MARKS

18-6 1/2 (5.65)	w	Brittani Carter	LSU Tiger Relays (3/27)
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TRIPLE JUMP [40-5 (12.32)]

43-2 1/4 (13.16)		Melissa Ogbourne	NCAA Mid-east Regional (5/30)
33-0 1/2 (10.07)		Rachel Fountain	Louisiana Classics (3/21)

SHOT PUT [46-11 (14.30)]

45-11 1/4 (14.00)		Brianna Kennedy	LSU Alumni Gold (4/18)
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JAVELIN [142-6 (43.45)]

168-11 (51.48)	r	Anna Lyons	SEC Championships (5/17)
151-6 (46.18)	r	Brianna Kennedy	Texas Relays (4/3)
136-3 (41.54)		Lindsey Turner	Texas Relays (4/3)

DISCUS [155-2 (47.30)]

146-11 (44.80)		Brianna Kennedy	Penn Relays (4/23)
129-11 (39.61)		Danielle Martin	Warhawk Classic (4/25)

HAMMER [177-8 (54.15)]

190-11 (58.20)	r	Kim Williams	Sun Angel Classic (4/10)
175-5 (53.48)		Allison Horner	LSU Tiger Relays (3/27)
162-7 (49.55)		Brianna Kennedy	SEC Championships (5/15)

HEPTATHLON (5,500/5,050)

3,628		Katelin Palermo	LSU Combined Events (4/16-17)
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SYMBOL KEY

sr = School record
r = NCAA regional qualifying mark
w = Wind-aided mark

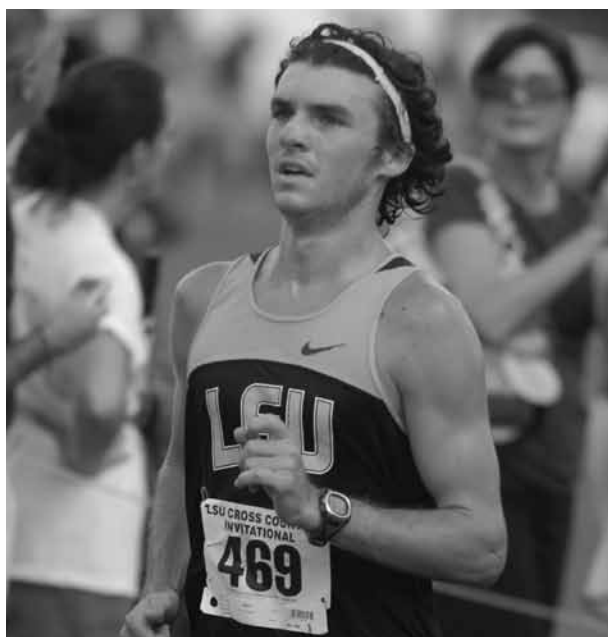
2009 Cross Country Rosters

MEN'S ROSTER

NAME	YEAR	HEIGHT	HOMETOWN (PREVIOUS SCHOOL)
Frank Bohn	So.	5-11	Galveston, Texas (Ball HS)
Richard Chautin	Jr.	5-10	Arnaudville, La. (Beau Chene HS)
Roger Cooke	Fr.	6-0	Glen Allen, Va. (Hermitage HS)
Luke Dessauer	So.	5-10	Folsom, La. (St. Paul's HS)
Cullen Doody	So.	5-7	Arabi, La. (Jesuit HS)
Ken Ehrhardt	Jr.	5-9	New Orleans, La. (Jesuit HS)
Richard Fisher	Fr.	5-9	West Berlin, N.J. (Holy Cross HS)
Andy Florek	Sr.	5-7	Kenner, La. (Brother Martin HS)
Jeremy Handy	So.	5-7	Houston, Texas (American School of Dubai)
Kyle Hecker	Jr.	5-6	Harahan, La. (Brother Martin HS)
Jamaal James	Sr.	6-0	Trincity, Trinidad (Trinity College)
Tim Landry	Jr.	5-10	Birmingham, Ala. (Hoover HS/Troy)
Kenneth Schiffman	So.	5-10	Metairie, La. (Brother Martin HS)
Paras Shah	Fr.	5-5	Austin, Texas (James Bowie HS)
Kyle Steele	Fr.	5-10	Denham Springs, La. (Walker HS)
Alan Sticker	Sr.	6-2	Pineville, La. (Pineville HS)
Sean Swanner	Jr.	5-9	Baton Rouge, La. (Episcopal HS/Texas A&M)
Garrek Thompson	Fr.	5-7	Memphis, Tenn. (White Station HS)
Sadiki White	Fr.	6-4	Millstone Township, N.J. (Allentown HS)

WOMEN'S ROSTER

NAME	YEAR	HEIGHT	HOMETOWN (PREVIOUS SCHOOL)
Amber Abbott	So.	5-4	Walker, La. (Walker HS)
Laura Carleton	So.	5-5	Lake Charles, La. (St. Louis HS)
Jessica Deutsch	So.	5-1	West Monroe, La. (West Monroe HS)
Amal Esmail	Sr.	5-6	Dhahran, Saudi Arabia (Dhahran HS)
Brittany Hall	Jr.	5-3	Norcross, Ga. (Meadowcreek HS)
Katie Hamel	Sr.	5-4	Madisonville, La. (St. Scholastica Academy/Tulane)
Jenna Henssler	So.	5-10	Slidell, La. (Northshore HS)
Genevieve Leslie	Fr.	5-6	Thibodaux, La. (E.D. White HS)
Charlene Lipsey	Fr.	5-6	Hempstead, N.Y. (Hempstead HS)
Leigh-Ann Naccari	Fr.	5-4	Kenner, La. (Mt. Carmel Academy)
Hope Phelps	Fr.	5-1	New Orleans, La. (Mt. Carmel Academy)
LaTavia Thomas	Sr.	5-8	Philadelphia, Pa. (West Catholic HS)
Kayann Thompson	Sr.	5-6	Clarendon, Jamaica (Edwin Allen HS/Lindenwood University)
Devon Williams	Jr.	5-11	Parkville, Md. (Winston Churchill HS/Arkansas)
Lauren Ybarzabal	Jr.	5-3	Kenner, La. (Mt. Carmel Academy)



Cullen Doody



Jenna Henssler

Crimson Classic
Sept. 18, 2009
Men - 8K • Women - 5K
Harry Pritchard Running Course
Tuscaloosa, Ala.

MEN'S TEAM RESULTS

1. Alabama	34
2. Tennessee	55
3. Auburn	76
4. Georgia Tech	153
5. Belmont	156
10. LSU	284

MEN'S INDIVIDUAL RESULTS

1. Tyson David, Alabama	24:25.90
44. Cullen Doody	26:52.30
72. Sean Swanner	27:50.70
74. Luke Dessauer	27:54.60
77. Frank Bohn	27:58.40
79. Roger Cooke	28:04.60
81. Paras Shah	28:08.01
82. Ken Ehrhardt	28:12.80
83. Tim Landry	28:20.10
87. Kenneth Schiffman	28:30.70
89. Kyle Steele	28:41.10
95. Kyle Hecker	29:06.20

WOMEN'S TEAM RESULTS

1. Alabama	43
2. Auburn	75
3. Tennessee	88
4. Georgia Tech	115
5. Samford	137
8. LSU	167

WOMEN'S INDIVIDUAL RESULTS

1. MacKenzie Howe, Kennesaw State	17:13.40
21. Katie Hamel	18:43.50
33. Jenna Henssler	19:13.00
34. Charlene Lipsey	19:16.60
45. Laura Carleton	19:41.30
49. Amber Abbott	19:50.90
58. Kayann Thompson	20:06.40
71. Lauren Ybarzabal	20:34.70
80. Amal Esmail	21:03.30
98. Jessica Deutsch	23:01.40

LSU Invitational
Sept. 26, 2009
Men - 8K • Women - 6K
Highland Road Park
Baton Rouge, La.

MEN'S TEAM RESULTS

1. Houston	29
2. Mississippi Valley State	57
3. LSU	87
4. Southeastern Louisiana	93
5. Louisiana-Lafayette	136

MEN'S INDIVIDUAL RESULTS

1. Kalphys Kemboi, Southeastern La.	25:38.71
16. Cullen Doody	27:19.01
21. Kyle Hecker	27:45.42
23. Kyle Steele	27:50.50
26. Tim Landry	27:55.50
29. Frank Bohn	27:59.69
30. Luke Dessauer	27:59.96
32. Sean Swanner	28:03.27
36. Kenneth Schiffman	28:22.24
38. Paras Shah	28:30.35
51. Roger Cooke	29:25.98
59. Sadiki White	30:11.54

WOMEN'S TEAM RESULTS

1. Houston	40
2. Nicholls State	56
3. Lamar	65
4. LSU	94
5. Tulane	143



Charlene Lipsey

WOMEN'S INDIVIDUAL RESULTS

1. Stephanie Aldea, Houston	19:01.00
13. Jenna Henssler	19:58.49
14. Charlene Lipsey	20:00.69
22. Laura Carleton	20:38.06
24. Amber Abbott	20:41.49
29. Kayann Thompson	20:55.78
47. Lauren Ybarzabal	21:49.33
49. Amal Esmail	22:01.27
61. Devon Williams	22:42.06
74. Jessica Deutsch	23:31.43

Chile Pepper Festival
Oct. 17, 2009
Men - 10K • Women - 6K
Agri Park
Fayetteville, Ark.

MEN'S TEAM RESULTS

1. Oklahoma State	22
2. Oklahoma	54
3. Arkansas	89
4. Virginia Tech	98
5. Texas Tech	214
25. LSU	700

MEN'S INDIVIDUAL RESULTS

1. Colby Lowe, Oklahoma State	29:30.90
135. Cullen Doody	32:51.55
174. Tim Landry	33:49.55
178. Kyle Hecker	33:53.47
179. Sean Swanner	33:56.11
180. Frank Bohn	33:58.17
185. Ken Ehrhardt	34:02.90
193. Kyle Steele	34:14.54
198. Luke Dessauer	34:20.45
204. Kenneth Schiffman	34:32.88
208. Paras Shah	34:38.23
211. Roger Cooke	34:51.79

WOMEN'S TEAM RESULTS

1. Texas Tech	35
2. BYU	77
3. Arkansas	87
4. Missouri	165
5. SMU	179
27. LSU	665

WOMEN'S INDIVIDUAL RESULTS

1. Lillian Badaru, Texas Tech	20:31.52
118. Charlene Lipsey	23:23.97
119. Jenna Henssler	23:24.06
134. Laura Carleton	23:32.09
197. Kayann Thompson	24:46.37
203. Lauren Ybarzabal	24:57.97
207. Amal Esmail	25:12.07

SEC Championships
Oct. 31, 2009
Men - 8K • Women - 6K
Ole Miss Golf Course
Oxford, Miss.

MEN'S TEAM RESULTS

1. Alabama	56
2. Arkansas	61
3. Auburn	86
4. Florida	120
5. Georgia	133
11. LSU	321

MEN'S INDIVIDUAL RESULTS

1. Barnabus Kirui, Ole Miss	24:24.75
71. Cullen Doody	27:55.92
75. Kyle Hecker	28:19.59
78. Sean Swanner	28:29.48
79. Kenneth Schiffman	28:40.18
80. Ken Ehrhardt	28:43.05
81. Paras Shah	28:45.73
82. Luke Dessauer	28:54.22
83. Frank Bohn	29:00.40
86. Tim Landry	29:11.51

WOMEN'S TEAM RESULTS

1. Florida	24
2. Tennessee	80
3. Arkansas	87
4. Georgia	118
5. Alabama	141
11. LSU	335

WOMEN'S INDIVIDUAL RESULTS

1. Rebecca Lowe, Florida	20:57.35
63. Charlene Lipsey	23:38.38
67. Katie Hamel	23:46.92
70. Laura Carleton	23:56.63

85. Jenna Henssler	24:48.50
92. Amal Esmail	25:29.78
95. Lauren Ybarzabal	25:46.41
98. Amber Abbott	26:57.23
101. Jessica Deutsch	29:18.29

NCAA South Central Regional
Nov. 14, 2009
Men - 10K • Women - 6K
Cottonwood Creek Golf Course
Waco, Texas

MEN'S TEAM RESULTS

1. Arkansas	47
2. Texas	74
3. Lamar	83
4. Texas A&M	89
5. Stephen F. Austin	159
18. LSU	486

MEN'S INDIVIDUAL RESULTS

1. Dorian Ulrey, Arkansas	30:24.6
80. Cullen Doody	34:06.8
93. Ken Ehrhardt	34:30.0
110. Luke Dessauer	35:18.9
115. Frank Bohn	35:35.8
117. Sean Swanner	35:48.1
123. Kyle Hecker	36:36.6
132. Paras Shah	38:20.4

WOMEN'S TEAM RESULTS

1. SMU	43
2. Baylor	54
3. Arkansas	66
4. Texas	124
5. Rice	172
21. LSU	500

WOMEN'S INDIVIDUAL RESULTS

1. Silje Fjortoft, SMU	20:29.7
65. Laura Carleton	23:15.5
83. Jenna Henssler	23:43.0
113. Lauren Ybarzabal	24:45.6
128. Amber Abbott	25:47.0
130. Amal Esmail	26:16.2

2009 Accolades

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

Men's Indoor

ALL-AMERICANS

Ade Alleyne-Forte	4x400 Relay
Armanti Hayes	4x400 Relay
Walter Henning	Weight Throw
Jeremy Hicks	Long Jump
Trindon Holliday	60 Meters
Jamar Howard	4x400 Relay
Robert Simmons	400 Meters
	4x400 Relay

SEC CHAMPIONS

Walter Henning	Weight Throw
Trindon Holliday	60 Meters
Robert Simmons	400 Meters

FRESHMAN ALL-SEC

Michael Lauro	Weight Throw
Robert Simmons	400 Meters

NCAA SOUTH CENTRAL REGION MEN'S INDOOR FIELD

ATHLETE OF THE YEAR

Walter Henning

SEC MALE RUNNER OF THE WEEK

Trindon Holliday Feb. 10

SEC MALE FIELD ATHLETE OF THE WEEK

Walter Henning Jan. 27
Will Copping Feb. 10

Women's Indoor

ALL-AMERICANS

Brittani Carter	High Jump
Samantha Henry	60 Meters
	200 Meters
Rachel Laurent	Pole Vault
Andrea Linton	Triple Jump
LaTavia Thomas	800 Meters
Kenyanna Wilson	60 Meters

SEC CHAMPIONS

Samantha Henry	60 Meters
	200 Meters
Rachel Laurent	Pole Vault

ALL-SEC

Brittani Carter	High Jump
Tenaya Jones	60 Hurdles
Andrea Linton	Triple Jump
LaTavia Thomas	800 Meters

FRESHMAN ALL-SEC

Allison Horner	Weight Throw
Rachel Laurent	Pole Vault

NCAA SOUTH CENTRAL REGION WOMEN'S INDOOR TRACK

ATHLETE OF THE YEAR

Samantha Henry

SEC WOMEN'S INDOOR FRESHMAN FIELD ATHLETE OF THE YEAR

Rachel Laurent

SEC FEMALE RUNNER OF THE WEEK

LaTavia Thomas Feb. 10

SEC FEMALE FRESHMAN OF THE WEEK

Rachel Laurent Feb. 17

Men's Outdoor

NCAA CHAMPIONS

Trindon Holliday 100 Meters

ALL-AMERICANS

Ade Alleyne-Forte	4x400 Relay
Will Copping	4x100 Relay



Jeremy Hicks

Armanti Hayes	4x100 Relay
	4x400 Relay
Walter Henning	Hammer Throw
Jeremy Hicks	Long Jump
Trindon Holliday	4x100 Relay
Jamar Howard	4x400 Relay
Richard Jones	800 Meters
	4x400 Relay
Barrett Nugent	4x100 Relay

NCAA MIDEAST REGIONAL CHAMPIONS

Will Copping	4x100 Relay
Armanti Hayes	4x100 Relay
Walter Henning	Hammer Throw
Trindon Holliday	100 Meters
	4x100 Relay
Gabriel Mvumvure	4x100 Relay
Barrett Nugent	110 Hurdles

SEC CHAMPIONS

Walter Henning	Hammer Throw
Trindon Holliday	100 Meters

ALL-SEC

Ade Alleyne-Forte	4x400 Relay
Will Copping	4x100 Relay
Armanti Hayes	4x100 Relay
	4x400 Relay
Jeremy Hicks	Long Jump
Trindon Holliday	4x100 Relay
Jamar Howard	4x400 Relay
Anthony Martel	Javelin
Gabriel Mvumvure	4x100 Relay
Robert Simmons	4x400 Relay

FRESHMAN ALL-SEC

Michael Lauro	Hammer Throw
Robert Simmons	400 Meters

NCAA SOUTH CENTRAL REGION MEN'S OUTDOOR TRACK

ATHLETE OF THE YEAR

Trindon Holliday

SEC MALE RUNNER OF THE WEEK

Trindon Holliday April 7

SEC MALE FIELD ATHLETE OF THE WEEK

Walter Henning April 14
Jeremy Hicks April 28

SEC COMMUNITY SERVICE TEAM

Jeff Adolph

ESPN THE MAGAZINE THIRD-TEAM ACADEMIC ALL-AMERICAN

Rabun Fox

ESPN THE MAGAZINE FIRST-TEAM ACADEMIC ALL-DISTRICT

Rabun Fox



Anna Lyons

Women's Outdoor

ALL-AMERICANS

Brittani Carter	High Jump
Brittany Hall	800 Meters
	4x400 Relay
Samantha Henry	100 Meters
	200 Meters
	4x400 Relay
LaTavia Thomas	800 Meters
	4x400 Relay
Kayann Thompson	4x400 Relay
Kenyanna Wilson	100 Meters

NCAA MIDEAST REGIONAL CHAMPIONS

Monique Cabral	4x100 Relay
Brittany Hall	4x400 Relay
Samantha Henry	200 Meters
	4x100 Relay
Cassandra Tate	4x100 Relay
	4x400 Relay
LaTavia Thomas	4x400 Relay
Kayann Thompson	4x400 Relay
Kenyanna Wilson	100 Meters
	4x100 Relay

SEC CHAMPIONS

Brittany Hall	4x400 Relay
Samantha Henry	200 Meters
Cassandra Tate	4x400 Relay
LaTavia Thomas	4x400 Relay
Kayann Thompson	4x400 Relay
Kenyanna Wilson	100 Meters

ALL-SEC

Brittani Carter	High Jump
Samantha Henry	100 Meters
Rachel Laurent	Pole Vault
LaTavia Thomas	800 Meters
Kim Williams	Hammer Throw
Kenyanna Wilson	200 Meters

FRESHMAN ALL-SEC

Brieanna Kennedy	Javelin
Rachel Laurent	Pole Vault

SEC WOMEN'S OUTDOOR FRESHMAN FIELD ATHLETE OF THE YEAR

Rachel Laurent

SEC FEMALE RUNNER OF THE WEEK

LaTavia Thomas April 7

SEC FEMALE FIELD ATHLETE OF THE WEEK

Rachel Laurent April 7

SEC COMMUNITY SERVICE TEAM

Lauren Saucier

ESPN THE MAGAZINE SECOND-TEAM ACADEMIC ALL-DISTRICT

Samantha Henry
Anna Lyons

Golden TIGERS!



Dating back to Sid Bowman earning a spot on the 1928 U.S. Olympic team, LSU track and field has a long-standing tradition among the forefront of track and field, not only at the collegiate level, but also on the international scene. The following is a list of athletes who have competed in the Olympic Games.

Kelly Willie's gold medal from the 2004 Summer Olympics in Athens, Greece. Willie was a member of the United States' 4x400-meter relay team.



Kelly Willie



Richard Thompson



Lolo Jones



Muna Lee

LSU Olympians

1928, The IX Olympiad - Amsterdam, The Netherlands

Sid Bowman (USA) 6th-Triple Jump

1932, The X Olympiad - Los Angeles, Calif.

Sid Bowman (USA) 7th-Triple Jump
Glenn "Slats" Hardin (USA) 2nd-400 Hurdles

1936, The XI Olympiad - Berlin, Germany

Billy Brown (USA) Triple Jump
Glenn "Slats" Hardin (USA) 1st-400 Hurdles
Jack Torrance (USA) 5th-Shot Put

1964, The XVIII Olympiad - Tokyo, Japan

Billy Hardin (USA) 400 Hurdles

1988, The XXIV Olympiad - Seoul, South Korea

Sheila Echols (USA) 1st-4x100 Relay
Laverne Eve (Bahamas) Javelin
Angela Phipps (Canada) 4x100 Relay
Mikael Olander (Sweden) Decathlon
Robin van Helden (Holland) 800 Meters
Schowonda Williams (USA) 400 Hurdles

1992, The XXV Olympiad - Barcelona, Spain

Kym Carter (USA) 11th-Heptathlon
Dahlia Duhaney (Jamaica) 4x100 Relay
Donald Duprey (Canada) 400 Hurdles
Sheila Echols (USA) 8th-Long Jump
Esther Jones (USA) 1st-4x100 Relay
Lotfi Khaïda (Algeria) Triple Jump
Simon Williams (United Kingdom) Discus

1996, The XXVI Olympiad - Atlanta, Ga.

Kirk Cummins (Barbados) 100 Meters
Laverne Eve (Bahamas) Javelin
Glenroy Gilbert (Canada) 1st-4x100 Relay, 100 Meters
D'Andre Hill (USA) 100 Meters
Sharon Jaklofsky (Holland) 12th-Long Jump
David Kiptoo (Kenya) 6th-800 Meters
Suzette Lee (Jamaica) Triple Jump
Joyce Melendez (Puerto Rico) 400 Hurdles
Debbie Parris (Jamaica) 4th-400 Hurdles

2000, The XXVII Olympiad - Sydney, Australia

Valma Bass (St. Kitts & Nevis) 100 Meters, 200 Meters, 4x100 Relay
Claston Bernard (Jamaica) Decathlon
Celena Clarke (Jamaica) 4x400 Relay
Walter Davis (USA) Triple Jump
Peta-Gaye Dowdie (Jamaica) 100 Meters, 4x100 Relay
Glenroy Gilbert (Canada) 4x100 Relay
Keisha Spencer (Jamaica) Triple Jump
Astia Walker (Jamaica) 200 Meters, 4x100 Relay

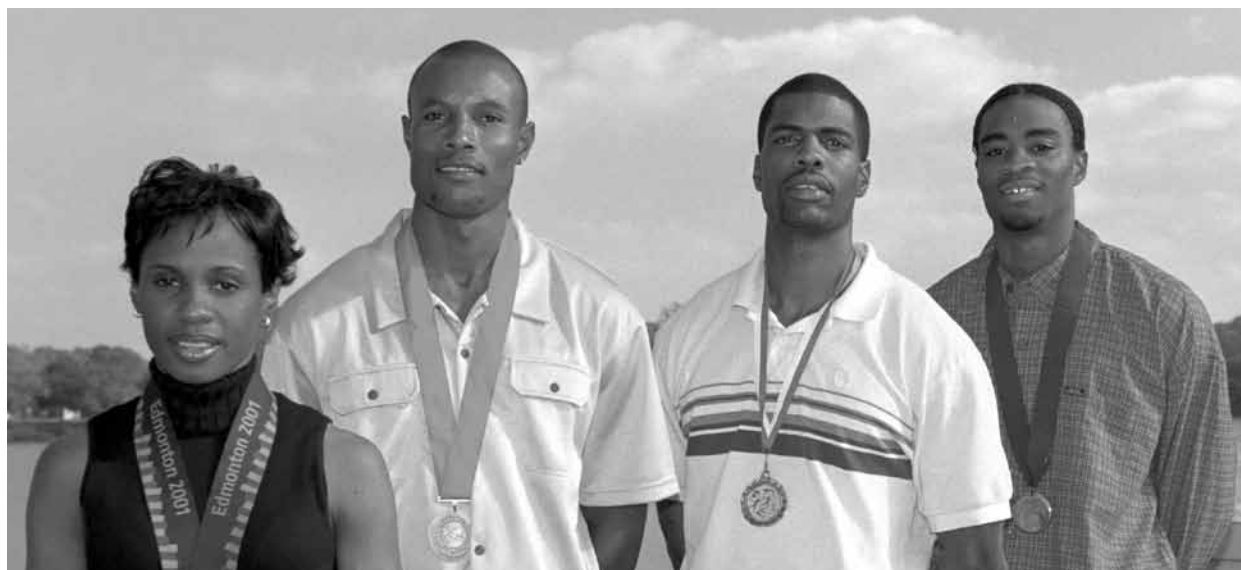
2004, The XXVIII Olympiad - Athens, Greece

Claston Bernard (Jamaica) 9th-Decathlon
Bennie Brazell (USA) 8th-400 Hurdles
Derrick Brew (USA) 3rd-400 Meters, 1st-4x400 Relay
Marian Burnett (Guyana) 22nd-800 Meters
Walter Davis (USA) 23rd-Long Jump, 11th-Triple Jump
Nadia Davy (Jamaica) 25th-400 Meters, 3rd-4x400 Relay
Laverne Eve (Bahamas) 6th-Javelin
Alleyne Francique (Grenada) 4th-400 Meters
Muna Lee (USA) 7th-200 Meters
John Moffitt (USA) 2nd-Long Jump
Debbie Parris (Jamaica) 10th-400 Hurdles
Hazelann Regis (Grenada) 15th-400 Meters
LeJuan Simon (Trinidad & Tobago) 36th-Triple Jump
Ronetta Smith (Jamaica) 3rd-4x400 Relay
Kelly Willie (USA) 1st-4x400 Relay

2008, The XXIX Olympiad - Beijing, China

Kelly Baptiste (Trinidad & Tobago) 22nd-100 Meters, 4x100 Relay
Neisha Bernard-Thomas (Grenada) 21st-800 Meters
Marian Burnett (Guyana) 27th-800 Meters
Laverne Eve (Bahamas) 20th-Javelin
Sherry Fletcher (Grenada) 41st-100 Meters
Alleyne Francique (Grenada) 35th-400 Meters
Lolo Jones (USA) 7th-100 Hurdles
Muna Lee (USA) 5th-100 Meters, 4th-200 Meters
Isa Phillips (Jamaica) 9th-400 Hurdles
Richard Thompson (Trinidad & Tobago) 2nd-100 Meters, 2nd-4x100 Relay
Siraj Williams (Liberia) 52nd-400 Meters
Nickiesha Wilson (Jamaica) 9th-400 Hurdles

World-Class Tigers



Debbie Parris, Alleyne Francique, Derrick Brew, Walter Davis

World Championships

1987 Indoor - Indianapolis, Ind.

Angela Phipps (Canada) 6th-200 Meters

1987 Outdoor - Rome, Italy

Sheila Echols (USA) Long Jump
Laverne Eve (Bahamas) Javelin
Robin van Helden (Holland) 800 Meters
Mikael Olander (Sweden) Decathlon
Angela Phipps (Canada) 100 Meters, 4x100 Relay
Schowonda Williams (USA) 7th-400 Hurdles

1991 Indoor - Tokyo, Japan

Dawn Bowles (USA) 100 Hurdles
Kym Carter (USA) 20th-Heptathlon
Edgar Diaz (Puerto Rico) Pole Vault
Dahlia Duhaney (Jamaica) 1st-4x100 Relay, Long Jump
Donalda Duprey (Canada) 400 Hurdles, 4x400 Relay
Sheila Echols (USA) Long Jump
Laverne Eve (Bahamas) Javelin
Sharon Jaklofsky (Australia) 19th-Heptathlon
Esther Jones (USA) 200 Meters, 4x100 Relay
Lotfi Khaida (Algeria) Long Jump, Triple Jump
Simon Williams (United Kingdom) Discus

1993 Indoor - Toronto, Canada

Kym Carter (USA) 5th-Pentathlon
Donalda Duprey (Canada) 400 Meters, 4x400 Relay, DMR

1993 Outdoor - Stuttgart, Germany

Dawn Bowles (USA) 100 Hurdles
Kym Carter (USA) Heptathlon
Dahlia Duhaney (Jamaica) 200 Meters, 4x100 Relay
Donalda Duprey (Canada) 400 Hurdles
Sheila Echols (USA) Long Jump, 4x100 Relay
Laverne Eve (Bahamas) Javelin
Glenroy Gilbert (Canada) 2nd-100 Meters, 200 Meters, 4x100 Relay
Reggie Jones (USA) Triple Jump
Lotfi Khaida (Algeria) Triple Jump
Joyce Melendez (Puerto Rico) 100 Hurdles
Fabian Muyaba (Zambia) 100 Meters, 200 Meters, 4x100 Relay
Debbie Parris (Jamaica) 400 Hurdles
Daphnie Saunders (Bahamas) Long Jump
Cheryl Taplin (USA) 4x100 Relay
Youlanda Warren (USA) 4x400 Relay

1995 Outdoor - Goteborg, Sweden

Kirk Cummins (Barbados) 100 Meters
Dahlia Duhaney (Jamaica) 200 Meters, 400 Meters
Laverne Eve (Bahamas) Javelin
Passmore Furusa (Zimbabwe) 800 Meters, 1,500 Meters

Glenroy Gilbert (Canada) 100 Meters
D'Andre Hill (USA) 4x100 Relay
Lotfi Khaida (Algeria) Long Jump
Danyel Mitchell (USA) Discus
Debbie Parris (Jamaica) 400 Hurdles

1997 Indoor - Paris, France

Rohsaan Griffin (USA) 5th-200 Meters

1997 Outdoor - Athens, Greece

Dawn Bowles (USA) 100 Hurdles
Kym Carter (USA) Heptathlon
Edgar Diaz (Puerto Rico) Pole Vault
Donalda Duprey (Canada) 400 Hurdles
Laverne Eve (Bahamas) Javelin
Zundra Feagin (USA) 200 Meters
Glenroy Gilbert (Canada) 1st-4x100 Relay
D'Andre Hill (USA) 4x100 Relay
Sharon Jaklofsky (Holland) Long Jump
Suzette Lee (Jamaica) Triple Jump
Debbie Parris (Jamaica) 5th-400 Hurdles
Kathy Rounds (USA) 800 Meters
Cheryl Taplin (USA) 200 Meters
Astia Walker (Jamaica) 100 Hurdles

1999 Indoor - Maebashi, Japan

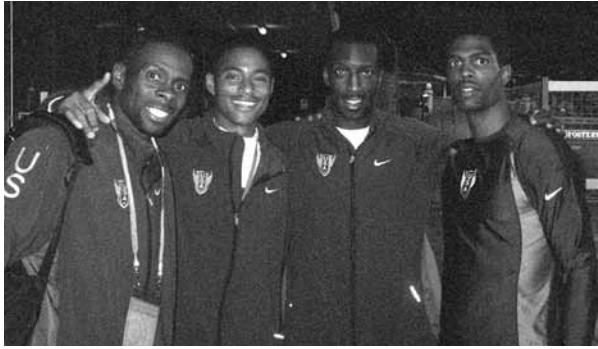
Rohsaan Griffin (USA) 6th-200 Meters
Zundra Feagin-Alexander (USA) 200 Meters

1999 Outdoor - Seville, Spain

Derrick Brew (USA) 4x400 Relay
Peta-Gaye Dowdie (Jamaica) 100 Meters, 3rd-4x100 Relay
Glenroy Gilbert (Canada) 4x100 Relay
Rohsaan Griffin (USA) 200 Meters
Sharon Jaklofsky (Holland) Long Jump
Suzette Lee (Jamaica) Triple Jump
Debbie Parris (Jamaica) 8th-400 Hurdles
Curtis Perry (USA) 200 Meters
Gunnar Pfingsten (Germany) Shot Put
Kathi Rounds (USA) 800 Meters
Cheryl Taplin (USA) 100 Meters, 4th-4x100 Relay
Claudine Williams (Jamaica) 400 Meters, 5th-4x400 Relay

2001 Outdoor - Edmonton, Alberta, Canada

Valma Bass (St. Kitts & Nevis) 100 Meters, 200 Meters, 4x100 Relay
Derrick Brew (USA) 1st-4x400 Relay
Russ Buller (USA) Pole Vault
Walter Davis (USA) 5th-Triple Jump
Alleyne Francique (Grenada) 7th-400 Meters
Glenroy Gilbert (Canada) 4x100 Relay
Debbie Parris (Jamaica) 5th-400 Hurdles, 1st-4x400 Relay
Astia Walker (Jamaica) 100 Meters, 4x100 Relay



Derrick Brew (far right) was a member of the gold-medal-winning 4x400-meter relay teams at both the World Championships and Goodwill Games in 2001, the World Championships in 2003 and the Olympic Games in 2004.

2003 Indoor - Birmingham, United Kingdom

Derrick Brew (USA)	1st-4x400 Relay
Leroy Colquhoun (Jamaica)	2nd-4x400 Relay
Walter Davis (USA)	2nd-Triple Jump
Alleyne Francique (Grenada)	400 Meters
Ronetta Smith (Jamaica)	400 Meters, 2nd-4x400 Relay

2003 Outdoor - Paris, France

Claston Bernard (Jamaica)	9th-Decathlon
Derrick Brew (USA)	1st-4x400 Relay
Walter Davis (USA)	7th-Long Jump
Laverne Eve (Bahamas)	8th-Javelin
Alleyne Francique (Grenada)	8th-400 Meters
Hazelann Regis (Grenada)	400 Meters
Ronetta Smith (Jamaica)	13th-400 Meters, 2nd-4x400 Relay

2004 Indoor - Budapest, Hungary

Valma Bass (St. Kitts & Nevis)	27th-60 Meters
Marian Burnett (Guyana)	13th-800 Meters
Leroy Colquhoun (Jamaica)	1st-4x400 Relay
Alleyne Francique (Grenada)	1st-400 Meters
Ronetta Smith (Jamaica)	13th-400 Meters, 5th-4x400 Relay

2005 Outdoor - Helsinki, Finland

Kelly Baptiste (Trinidad & Tobago)	18th-100 Meters
Claston Bernard (Jamaica)	Decathlon
Neisha Bernard-Thomas (Grenada)	27th-800 Meters
Derrick Brew (USA)	1st-4x400 Relay
Marian Burnett (Guyana)	33rd-800 Meters
Walter Davis (USA)	1st-Triple Jump, 19th-Long Jump
Laverne Eve (Bahamas)	10th-Javelin
Alleyne Francique (Grenada)	13th-400 Meters
Muna Lee (USA)	1st-4x100 Relay, 7th-100 Meters
Debbie Parris (Jamaica)	14th-400 Hurdles
Hazelann Regis (Grenada)	28th-400 Meters
Ronetta Smith (Jamaica)	2nd-4x400 Relay, 25th-400 Meters

2006 Indoor - Moscow, Russia

Marian Burnett (Guyana)	19th-800 Meters
Walter Davis (USA)	1st-Triple Jump
Alleyne Francique (Grenada)	1st-400 Meters
Ronetta Smith (Jamaica)	5th-4x400 Relay, 15th-400 Meters

2007 Outdoor - Osaka, Japan

Marian Burnett (Guyana)	20th-800 Meters
Walter Davis (USA)	3rd-Triple Jump, Long Jump
Laverne Eve (Bahamas)	21st-Javelin
Sherry Fletcher (Grenada)	10th-200 Meters
Alleyne Francique (Grenada)	17th-400 Meters
Lolo Jones (USA)	6th-100 Hurdles
Isa Phillips (Jamaica)	17th-400 Hurdles
Hazelann Regis (Grenada)	39th-400 Meters
Richard Thompson (Trinidad & Tobago)	31st-100 Meters
Nickiesha Wilson (Jamaica)	4th-400 Hurdles

2008 Indoor - Valencia, Spain

Marian Burnett (Guyana)	800 Meters
Alleyne Francique (Grenada)	400 Meters
Lolo Jones (USA)	1st-60 Hurdles
John Moffitt (USA)	Long Jump

2009 Outdoor - Berlin, Germany

Kelly Baptiste (Trinidad & Tobago)	9th-100 Meters, 13th-200 Meters
Neisha Bernard-Thomas (Grenada)	28th-800 Meters
Marian Burnett (Guyana)	21st-800 Meters
Walter Davis (United States)	22nd-Triple Jump
Muna Lee (United States)	10th-100 Meters, 4th-200 Meters
Gabriel Mvumvure (Zimbabwe)	59th-200 Meters
Isa Phillips (Jamaica)	9th-400 Hurdles
Richard Thompson (Trinidad & Tobago)	5th-100 Meters, 2nd-4x100 Relay
Nickiesha Wilson (Jamaica)	10th-400 Hurdles

World Record Holders

* = also American record

Indoor

Jack Torrance (1935)*	Shot Put (53-1 1/2)
Sheldon Blockburger (1987)*	Pentathlon (4,451 points)
Tananjalyn Stanley, Cheryl Wilson, Schowonda Williams, Julie Lewis (1987)*	4x60-Yard Hurdle Relay (31.1)
Cheryl Wilson, Opal Cunningham, Sylvia Brydson, Dawn Sowell (1989)	4x400-Meter Relay (3:33.98)

Outdoor

Glenn "Slats" Hardin (1932)*	400-Meter Hurdles (51.9)
Al Moreau (1933)*	120-Yard Hurdles (14.2)
Glenn "Slats" Hardin (1934)*	220-Yard Hurdles (22.7)
Glenn "Slats" Hardin (1934)*	400-Meter Hurdles (51.8)
Glenn "Slats" Hardin (1934)*	400-Meter Hurdles (50.6)
Jack Torrance (1934)*	Shot Put (53-5 3/4)
Jack Torrance (1934)*	Shot Put (53-6 1/2)
Jack Torrance (1934)*	Shot Put (55-1 1/2)
Jack Torrance (1934)*	Shot Put (55-5)
Jack Torrance (1934)*	Shot Put (57-1)
Al Moreau (1935)*	110-Meter Hurdles (14.2)
Mikael Olander (1986)	Decathlon Javelin (244-3)
Mikael Olander (1987)	Decathlon Javelin (247-0)
Mikael Olander (1987)	Decathlon Javelin (247-11)
Schowonda Williams, Cheryl Wilson, Carlette Smith, Alicia Bass (1986)*	4x100-Meter Hurdle Relay (56.2)
Enno Tjepkema (1989)	Decathlon Javelin (248-10)
Donalda Duprey, Mary Cobb, Dawn Bowles, Cinnamon Sheffield (1991)	4x100-Meter Shuttle Hurdle Relay (53.0)



Cheryl Taplin (above) along with D'Andre Hill, Karen Boone and Eureka Hall set the American record in the 4x200-meter relay in 1994.

American Record Holders

In addition to asterisked record holders above, these athletes hold or have held records at one time.

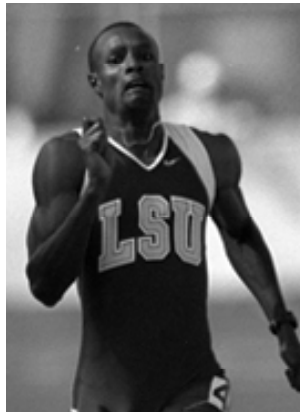
Indoor

Danyel Wofford-Simmons, Sylvia Brydson, Wendy Truvillion, Schowonda Williams (1987)	4x400-Meter Relay (3:35.49)
Bruce Reid (1989)	Pentathlon (4,399)
Dawn Sowell (1989)	60 Meters (7.16)
Dawn Sowell (1989)	200 Meters (22.87)
Rohsaan Griffin (1999)	200 Meters (20.32)
Zundra Feagin (1999)	4x400-Meter Relay (3:27.59)

Outdoor

Lana Zimmerman (1983)	Heptathlon 800 Meters (2:08.15)
Tananjalyn Stanley, Sylvia Brydson, Esther Jones, Dawn Sowell (1989)	4x200-Meter Relay (1:32.57)
D'Andre Hill, Karen Boone, Eureka Hall, Cheryl Taplin (1994)	4x200-Meter Relay (1:32.55)

NCAA Champions



Alleyne Francique



Lejuan Simon



Dawn Sowell



Astia Walker

The following is a listing of LSU athletes who have captured first-place honors at the NCAA Championships in program history. In parenthesis is the winning time or distance of each champion.

MEN'S NCAA INDOOR CHAMPIONS

1965

Leland Albright 600 Yards (1:10.0)

1976

Allen Misher 60 Hurdles (7.29)

1987

Robin van Helden 1,000 Meters (2:20.51)

1992

Tom Lange High Jump (7-6 1/2)

2000

Russ Buller Pole Vault (18-8 1/4)

2001

Leroy Colquhoun 4x400 Relay (3:04.44)

Walter Davis Triple Jump (55-5)

Alleyne Francique 4x400 Relay (3:04.44)

Robert Parham 4x400 Relay (3:04.44)

Pedro Tunon 4x400 Relay (3:04.44)

2002

Walter Davis Triple Jump (56-6 1/2)

Alleyne Francique 400 Meters (45.58)

2003

Bennie Brazell 4x400 Relay (3:04.79)

Pete Coley 4x400 Relay (3:04.79)

Marlon Greensword 4x400 Relay (3:04.79)

Kelly Willie 4x400 Relay (3:04.79)

2004

John Moffitt Long Jump (26-9 3/4)

Lejuan Simon Triple Jump (55-11 3/4)

2006

Xavier Carter 400 Meters (45.28)

Xavier Carter 4x400 Relay (3:04.01)

Reggie Dardar 4x400 Relay (3:04.01)

Melville Rogers 4x400 Relay (3:04.01)

Kelly Willie 4x400 Relay (3:04.01)

2008

Richard Thompson 60 Meters (6.51)

WOMEN'S NCAA INDOOR CHAMPIONS

1985

Christine Slythe 1,000 Meters (2:42.23)

1987

Sylvia Brydson 4x400 Relay (3:35.49)

Sheila Echols Long Jump (21-6)

Wendy Truvillion 4x400 Relay (3:35.49)

Schowonda Williams 4x400 Relay (3:35.49)

Danyel Wofford 4x400 Relay (3:35.49)

1989

Sylvia Brydson 4x400 Relay (3:33.98)

Opal Cunningham 4x400 Relay (3:33.98)

Dawn Sowell 55 Meters (6.62)

Dawn Sowell 200 Meters (22.96)

Dawn Sowell 4x400 Relay (3:33.98)

Tananjalyn Stanley 55 Hurdles (7.47)

Cheryl Wilson 4x400 Relay (3:33.98)

1991

Mary Cobb 55 Hurdles (7.61)

1993

Dahlia Duhaney 4x400 Relay (3:33.63)

Indira Hamilton 4x400 Relay (3:33.63)

Danyel Mitchell Shot Put (55-5 3/4)

Daphnie Saunders Long Jump (21-2 3/4)

Heather Van Norman 4x400 Relay (3:33.63)

Youlanda Warren 4x400 Relay (3:33.63)

1994

Daphnie Saunders Long Jump (22-1)

1995

Youlanda Warren 400 Meters (52.39)

1996

Kim Carson 55 Hurdles (7.44)

D'Andre Hill 55 Meters (6.69)

Charlene Maulseed 4x400 Relay (3:32.53)

Sheila Powell 4x400 Relay (3:32.53)

LaTarsha Stroman 4x400 Relay (3:32.53)

Astia Walker 4x400 Relay (3:32.53)

1997

Suzette Lee Triple Jump (46-9)

LaTarsha Stroman 400 Meters (52.77)

1998

Kwajalein Butler 55 Meters (6.78)

1999

Joyce Bates Hurdles (8.02)

Peta-Gaye Dowdie 200 Meters (22.83)



Muna Lee



Simon Williams

2000

Keisha Spencer Triple Jump (46-11/2)

2002

Marian Burnett 800 Meters (2:05.33)

Muna Lee 200 Meters (22.82)

Nicole Toney Triple Jump (45-0 1/4)

2003

Lolo Jones 60 Hurdles (8.00)

Muna Lee 60 Meters (7.17)

200 Meters (22.61)

2004

Muna Lee 60 Meters (7.21)

2006

Juanita Broaddus 4x400 Relay (3:29.33)

Deonna Lawrence 4x400 Relay (3:29.33)

Brooklynn Morris 4x400 Relay (3:29.33)

Cynetheia Rooks 4x400 Relay (3:29.33)

2008

Kelly Baptiste 60 Meters (7.17)

Deonna Lawrence 4x400 Relay (3:31.14)

Brooklynn Morris 4x400 Relay (3:31.14)

LaTavia Thomas 800 Meters (2:05.07)

4x400 Relay (3:31.14)

Nickiesha Wilson 4x400 Relay (3:31.14)

MEN'S NCAA OUTDOOR CHAMPIONS

1933

Matt Gordy Pole Vault (14-0)

Glenn "Slats" Hardin 440 Yards (47.1)

220 Hurdles (22.9)

Jack Torrance Shot Put (52-10)

1934

Glenn "Slats" Hardin 440 Yards (47.0)

220 Hurdles (22.7)

Jack Torrance Shot Put (54-6 9/16)

1941

Billy Brown Long Jump (24-7 3/8)

1964

Billy Hardin 400 Hurdles (50.2)

1967

Delmon McNabb Javelin (263-5)

1975

Larry Shipp 120 Hurdles (13.91)

1979

Efrem Coley 4x400 Relay (3:04.67)

Greg Hill 4x400 Relay (3:04.67)

Pearson Jordan 4x400 Relay (3:04.67)

ReVey Scott 4x400 Relay (3:04.67)

1987

Eric Reid 110 Hurdles (13.51)

1988

Mikael Olander Decathlon (8,021)

1989

John Nichols Discus (208-1)

1990

Llewellyn Starks Long Jump (26-5 3/4)

1991

Terry Thornton 10,000 Meters (28:25.92)

Simon Williams Shot Put (61-4)

1992

Reggie Jones 4x100 Relay (38.70)

Chris King 4x100 Relay (38.70)

Jason Sanders 4x100 Relay (38.70)

Bryant Williams 4x100 Relay (38.70)

1993

Reggie Jones 4x100 Relay (38.70)

Glenroy Gilbert 4x100 Relay (38.70)

Chris King 4x100 Relay (38.70)

Fabian Muyaba 4x100 Relay (38.70)

1994

Eddie Kennison 4x100 Relay (38.91)

Fabian Muyaba 4x100 Relay (38.91)

Derrick Thymes 4x100 Relay (38.91)

Bryant Williams 4x100 Relay (38.91)

1995

Mario Sategna Decathlon (8,172)

1996

Rohsaan Griffin 200 Meters (20.24)

1998

Curtis Perry 200 Meters (20.40)

1999

LeVar Anderson Triple Jump (56-2)

2000

Russ Buller Pole Vault (18-4 1/2)

NCAA Champions



In 2006, Xavier Carter won four individual titles at the NCAA Outdoor Championships, joining Ohio State's Jesse Owens in 1935 and 1936 as the only collegiate athletes to accomplish the feat.

2001	
Walter Davis	Triple Jump (54-4)
2002	
Claston Bernard	Decathlon (8,094)
Bennie Brazell	4x100 Relay (38.48)
Pete Coley	4x100 Relay (38.48)
Walter Davis	Long Jump (26-6 1/4)
	Triple Jump (56-10 3/4)
	4x100 Relay (38.48)
Robert Parham	4x100 Relay (38.48)
2003	
Bennie Brazell	4x100 Relay (38.65)
	4x400 Relay (3:02.01)
Pete Coley	4x100 Relay (38.65)
	4x400 Relay (3:02.01)
Robert Parham	4x100 Relay (38.65)
	4x400 Relay (3:02.01)
Kelly Willie	4x100 Relay (38.65)
	4x400 Relay (3:02.01)
2004	
John Moffitt	Long Jump (27-6 3/4)
2005	
Bennie Brazell	4x400 Relay (2:59.59)
Xavier Carter	4x400 Relay (2:59.59)
Reggie Dardar	4x400 Relay (2:59.59)
Kelly Willie	4x400 Relay (2:59.59)
2006	
Xavier Carter	100 Meters (10.09)
	400 Meters (44.53)
	4x100 Relay (38.44)
	4x400 Relay (3:01.58)
Reggie Dardar	4x400 Relay (3:01.58)
Melville Rogers	4x400 Relay (3:01.58)
Marvin Stevenson	4x100 Relay (38.44)
	4x400 Relay (3:01.58)
Richard Thompson	4x100 Relay (38.44)
Siraj Williams	4x400 Relay (3:01.58)
Kelly Willie	4x100 Relay (38.44)
	4x400 Relay (3:01.58)
2007	
Isa Phillips	400 Hurdles (48.51)



In 2008, Kelly Baptiste became the fifth Lady Tiger in the program's storied history to win the 100-meter title at the NCAA Outdoor Championships.

2008	
Armanti Hayes	4x100 Relay (38.42)
Trindon Holliday	4x100 Relay (38.42)
Gabriel Mvumvure	4x100 Relay (38.42)
Richard Thompson	100 Meters (10.12)
	4x100 Relay (38.42)
2009	
Trindon Holliday	100 Meters (10.00)

WOMEN'S NCAA OUTDOOR CHAMPIONS

1985	
Carnille Cato	4x400 Relay (3:30.29)
Sheila Echols	4x100 Relay (43.82)
Michelle King	4x100 Relay (43.82)
Michele Morris	4x100 Relay (43.82)
	4x400 Relay (3:30.29)
Angela Phipps	4x100 Relay (43.82)
Wendy Truvillion	4x400 Relay (3:30.29)
Schowonda Williams	4x400 Relay (3:30.29)
1987	
Sheila Echols	Long Jump (22-9 1/4)
Laverne Eve	Javelin (182-5 1/4)
1988	
Schowonda Williams	400 Hurdles (55.53)
1989	
Esther Jones	4x100 Relay (42.50)
Cinnamon Sheffield	4x100 Relay (42.50)
Dawn Sowell	100 Meters (10.78)
	200 Meters (22.04)
	4x100 Relay (42.50)
Tananjalyn Stanley	100 Hurdles (12.70)
	4x100 Relay (42.50)
1990	
Dawn Bowles	4x100 Relay (43.99)
Esther Jones	100 Meters (11.14w)
	200 Meters (22.49)
	4x100 Relay (43.99)
Cinnamon Sheffield	4x100 Relay (43.99)
Tananjalyn Stanley	4x100 Relay (43.99)
1991	
Dawn Bowles	100 Hurdles (12.70)
Sharon Jaklofsky	Heptathlon (5,732)



D'Andre Hill



Neisha Bernard-Thomas

1992

Dawn Bowles	4x100 Relay (43.03)
Dahlia Duhaney	200 Meters (22.80)
	4x100 Relay (43.03)
Cinnamon Sheffield	4x100 Relay (43.03)
Cheryl Taplin	4x100 Relay (43.03)

1993

Indira Hamilton	4x400 Relay (3:27.97)
Danyel Mitchell	Discus (186-6)
Debbie Parris	400 Hurdles (56.37)
	4x100 Relay (43.49)
	4x400 Relay (3:27.97)
Daphnie Saunders	Long Jump (22-2 1/2)
Cheryl Taplin	4x100 Relay (43.49)
Heather Van Norman	4x100 Relay (43.49)
	4x400 Relay (3:27.97)
Youlanda Warren	4x100 Relay (43.49)
	4x400 Relay (3:27.97)

1994

Zundra Feagin	4x100 Relay (43.26)
D'Andre Hill	4x100 Relay (43.26)
Gai Kapernick	High Jump (6-2 1/4)
Danyel Mitchell	Discus (193-10)
Debbie Parris	400 Hurdles (55.54)
	4x100 Relay (43.26)
Cheryl Taplin	4x100 Relay (43.26)

1995

Kwajalein Butler	4x100 Relay (43.10)
Zundra Feagin	4x100 Relay (43.10)
D'Andre Hill	100 Meters (11.11)
	4x100 Relay (43.10)
Marita Hunt	4x100 Relay (43.10)
Charlene Maulseed	4x400 Relay (3:28.26)
Sheila Powell	4x400 Relay (3:28.26)
LaTarsha Stroman	4x400 Relay (3:28.26)
Youlanda Warren	4x400 Relay (3:28.26)

1996

Kwajalein Butler	4x100 Relay (43.03)
Kim Carson	100 Hurdles (12.82)
Zundra Feagin	200 Meters (22.44)
	4x100 Relay (43.03)
D'Andre Hill	100 Meters (11.03)
	4x100 Relay (43.03)
Suzette Lee	Triple Jump (45-1)
Astia Walker	4x100 Relay (43.03)

1997

Kwajalein Butler	4x100 Relay (43.17)
Peta-Gaye Dowdie	4x100 Relay (43.17)
Suzette Lee	Triple Jump (45-8)

LaTarsha Stroman	400 Meters (50.60)
Sa'Donna Thornton	4x100 Relay (43.17)
Astia Walker	100 Hurdles (12.85)
	4x100 Relay (43.17)

1999

Claudine Williams	800 Meters (2:03.38)
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2000

Joyce Bates	100 Hurdles (12.85)
Peta-Gaye Dowdie	200 Meters (22.51)
Keisha Spencer	Triple Jump (45-10)

2001

Myra Combs	4x100 Relay (43.35)
Stephanie Durst	4x100 Relay (43.35)
Muna Lee	4x100 Relay (43.35)
Sa'Donna Thornton	4x100 Relay (43.35)

2003

Stephanie Durst	4x100 Relay (42.55)
Monique Hall	4x100 Relay (42.55)
Lolo Jones	4x100 Relay (42.55)
Muna Lee	4x100 Relay (42.55)

2004

Neisha Bernard-Thomas	4x400 Relay (3:25.26)
	800 Meters (2:02.86)
Nadia Davy	4x400 Relay (3:25.26)
Stephanie Durst	4x100 Relay (42.61)
Monique Hall	4x100 Relay (42.61)
	4x400 Relay (3:25.26)
Lolo Jones	4x100 Relay (42.61)
Muna Lee	4x100 Relay (42.61)
Hazelann Regis	4x400 Relay (3:25.26)

2006

Meisue Francis	4x400 Relay (3:25.78)
Deonna Lawrence	4x400 Relay (3:25.78)
Brooklynn Morris	4x400 Relay (3:25.78)
Cynetheia Rooks	4x400 Relay (3:25.78)

2007

Sherry Fletcher	100 Meters (11.20)
Deonna Lawrence	4x400 Relay (3:28.07)
Cynetheia Rooks	4x400 Relay (3:28.07)
LaTavia Thomas	4x400 Relay (3:28.07)
Nickiesha Wilson	4x400 Relay (3:28.07)

2008

Kelly Baptiste	100 Meters (11.20)
Nickiesha Wilson	400 Hurdles (54.45)



Men's Career NCAA Titles

NAME (YEARS)	INDOOR	OUTDOOR	TOTAL
Xavier Carter (2005-06)	2	5	7
Kelly Willie (2003-06)	2	5	7
Walter Davis (2001-02)	3	3	6
Bennie Brazell (2002-05)	1	4	5
Pete Coley (2001-05)	1	3	4
Glenn "Slats" Hardin (1933-34)	0	4	4
Robert Parham (2001-04)	2	2	4
Richard Thompson (2005-08)	1	3	4
Reggie Dardar (2005-08)	1	2	3
Russ Buller (1997-2000)	1	1	2
Alleyne Francique (2001-02)	2	0	2
Trindon Holliday (2006-present)	0	2	2
Reggie Jones (1992-93)	0	2	2
Chris King (1992-93)	0	2	2
John Moffitt (2003-04)	1	1	2
Fabian Muyaba (1993-94)	0	2	2
Melville Rogers (2006-07)	1	1	2
Marvin Stevenson (2004-07)	0	2	2
Jack Torrance (1933-34)	0	2	2
Bryant Williams (1992, 1994)	0	2	2

There are 33 Tigers tied with one NCAA title each.



Women's Career NCAA Titles

NAME (YEARS)	INDOOR	OUTDOOR	TOTAL
Muna Lee (2001-04)	4	3	7
D'Andre Hill (1994-96)	1	5	6
Dawn Sowell (1989)	3	3	6
Debbie Parris (1993-94)	0	5	5
Youlanda Warren (1991-95)	2	3	5
Kwajalein Butler (1995-98)	1	3	4
Zundra Feagin (1992, 1994-96)	0	4	4
Esther Jones (1989-90)	0	4	4
Deonna Lawrence (2005-08)	2	2	4
Tananjalyan Stanley (1989-90)	1	3	4
LaTarsha Stroman (1994-97)	2	2	4
Astia Walker (1996-98)	1	3	4
Dawn Bowles (1990-92)	0	3	3
Peta-Gaye Dowdie (1997-2000)	1	2	3
Dahlia Duhaney (1992-93)	1	2	3
Stephanie Durst (2001-04)	0	3	3
Sheila Echols (1985-87)	1	2	3
Monique Hall (2003-04)	0	3	3
Lolo Jones (2001-04)	1	2	3
Suzette Lee (1996-97)	1	2	3
Danyel Mitchell (1993-94)	1	2	3
Brooklynn Morris (2005-08)	2	1	3
Cyntheia Rooks (2006-07)	1	2	3
Daphnie Saunders (1993-94)	2	1	3
Cinnamon Sheffield (1989-90)	0	3	3
Cheryl Taplin (1992-94)	0	3	3
LaTavia Thomas (2007-present)	2	1	3
Heather Van Norman (1993)	1	2	3
Schowonda Williams (1987-88)	1	2	3
Nickiesha Wilson (2007-08)	1	2	3
Kelly Baptiste (2005-08)	1	1	2
Joyce Bates (1999-2000)	1	1	2
Neisha Bernard-Thomas (2003-04)	0	2	2
Juanita Broaddus (2006-08)	1	1	2
Sylvia Brydson (1987-88)	2	0	2
Kim Carson (1993-96)	1	1	2
Indira Hamilton (1993)	1	1	2
Charlene Maulseed (1995-96)	1	1	2
Michelle Morris (1985)	0	2	2
Sheila Powell (1994-96)	1	1	2
Keisha Spencer (1999-2000)	1	1	2
Sa'Donna Thornton (1997-98, 2000)	0	2	2
Wendy Truvillion (1985-87)	1	1	2

There are 24 Lady Tigers tied with one NCAA title each.



Seven-Time National Champions

Kelly Willie (left) and Muna Lee (right) along with Xavier Carter hold the career record for individual NCAA championships with seven. Willie won two indoor and five outdoor titles from 2003-06. Lee won four indoor and three outdoor titles from 2001-04.

NCAA Regional Champions

LSU

Men

2003

Bennie Brazell	4x100 Relay (39.82)
Pete Coley	4x100 Relay (39.82)
	4x400 Relay (3:09.90)
Marlon Greensword	4x400 Relay (3:09.90)
Robert Parham	4x100 Relay (39.82)
	4x400 Relay (3:09.90)
Kelly Willie	4x100 Relay (39.82)
	4x400 Relay (3:09.90)

2004

Austin Benton	4x400 Relay (3:05.20)
Marvin Stevenson	4x400 Relay (3:05.20)
Siraj Williams	4x400 Relay (3:05.20)
Kelly Willie	400 Meters (44.81)
	4x400 Relay (3:05.20)

2005

Bennie Brazell	4x400 Relay (3:03.30)
Xavier Carter	200 Meters (20.02)
	4x400 Relay (3:03.30)
Reggie Dardar	4x400 Relay (3:03.30)
Kelly Willie	4x400 Relay (3:03.30)

2006

Xavier Carter	100 Meters (10.22)
	400 Meters (44.84)
	4x100 Relay (39.12)
Reggie Dardar	4x400 Relay (3:02.30)
Melville Rogers	4x400 Relay (3:02.30)
Marvin Stevenson	4x100 Relay (39.12)
	4x400 Relay (3:02.30)
Richard Thompson	4x100 Relay (39.12)
Siraj Williams	4x400 Relay (3:02.30)
Kelly Willie	200 Meters (20.48)
	4x100 Relay (39.12)

2007

Jeremy Hicks	4x100 Relay (39.53)
Trindon Holliday	100 Meters (10.07)
	4x100 Relay (39.53)
Isa Phillips	400 Hurdles (49.68)
Marvin Stevenson	4x100 Relay (39.53)
Richard Thompson	4x100 Relay (39.53)

2008

Richard Thompson	100 Meters (9.97)
	200 Meters (20.21)

2009

Will Coppage	4x100 Relay (39.13)
Armanti Hayes	4x100 Relay (39.13)
Walter Henning	Hammer Throw (231-6)
Trindon Holliday	100 Meters (10.03)
	4x100 Relay (39.13)
Gabriel Mvumvure	4x100 Relay (39.13)
Barrett Nugent	100 Hurdles (13.66)

Women

2003

Neisha Bernard-Thomas	4x400 Relay (3:36.18)
Nadia Davy	4x400 Relay (3:36.18)
Stephanie Durst	4x100 Relay (43.53)
Monique Hall	4x100 Relay (43.53)
	4x400 Relay (3:36.18)
Lolo Jones	4x100 Relay (43.53)
Muna Lee	100 Meters (11.17)
	4x100 Relay (43.53)
Hazelann Regis	4x400 Relay (3:36.18)
Nicole Toney	Triple Jump (44-6 3/4)

2004

Brittney Henry	Hammer Throw (205-11)
Lolo Jones	100 Hurdles (12.83)
Muna Lee	100 Meters (11.00)
	200 Meters (22.22)

2005

Kelly Baptiste	100 Meters (11.26)
Lolo Jones	100 Hurdles (12.83)

2006

Kelly Baptiste	200 Meters (22.73)
	4x100 Relay (43.68)
Juanita Broaddus	4x400 Relay (3:28.93)
Sherry Fletcher	4x100 Relay (43.68)
Meisue Francis	4x400 Relay (3:28.93)
Deonna Lawrence	4x400 Relay (3:28.93)
Brooklynn Morris	4x100 Relay (43.68)
Jessica Ohanaja	4x100 Relay (43.68)
Cynetheia Rooks	4x400 Relay (3:28.93)

2007

Sherry Fletcher	4x100 Relay (44.60)
Samantha Henry	4x100 Relay (44.60)
Deonna Lawrence	4x400 Relay (3:30.40)
Brooklynn Morris	4x100 Relay (44.60)
Jessica Ohanaja	100 Hurdles (13.02)
	4x100 Relay (44.60)
Tanya Osbourne	4x400 Relay (3:30.40)
Cynetheia Rooks	4x400 Relay (3:30.40)
LaTavia Thomas	4x400 Relay (3:30.40)
Nickiesha Wilson	400 Hurdles (55.20)

2008

Kelly Baptiste	100 Meters (10.97w)
	200 Meters (22.67)
	4x100 Relay (43.60)
Juanita Broaddus	4x100 Relay (43.60)
Brittany Hall	4x400 Relay (3:32.22)
Samantha Henry	4x100 Relay (43.60)
Deonna Lawrence	4x400 Relay (3:32.22)
Brooklynn Morris	4x100 Relay (43.60)
	4x400 Relay (3:32.22)
LaTavia Thomas	4x400 Relay (3:32.22)
Nickiesha Wilson	100 Hurdles (12.63w)
	400 Hurdles (55.71)

2009

Monique Cabral	4x100 Relay (43.72)
Brittany Hall	4x400 Relay (3:31.53)
Samantha Henry	200 Meters (22.80)
	4x100 Relay (43.72)
Cassandra Tate	4x100 Relay (43.72)
	4x400 Relay (3:31.53)
LaTavia Thomas	4x400 Relay (3:31.53)
Kayann Thompson	4x400 Relay (3:31.53)
Kenyanna Wilson	100 Meters (11.39)
	4x100 Relay (43.72)

Men's Career NCAA Regional Titles

NAME	TOTAL
Kelly Willie (2002-06)	7
Xavier Carter (2005-06)	5
Trindon Holliday (2006-present)	4
Marvin Stevenson (2004-07)	4
Richard Thompson (2005-08)	4
Bennie Brazell (2002-05)	2
Pete Coley (2001-05)	2
Reggie Dardar (2005-08)	2
Robert Parham (2001-2004)	2
Siraj Williams (2004-07)	2

There are 10 Tigers tied with one NCAA Regional title each.

Women's Career NCAA Regional Titles

NAME	TOTAL
Kelly Baptiste (2005-08)	6
Samantha Henry (2007-present)	4
Muna Lee (2001-04)	4
Brooklynn Morris (2005-08)	4
Deonna Lawrence (2005-08)	3
Jessica Ohanaja (2005-08)	3
LaTavia Thomas (2007-present)	3
Nickiesha Wilson (2007-08)	3
Juanita Broaddus (2006-08)	2
Sherry Fletcher (2006-07)	2
Brittany Hall (2008-present)	2
Monique Hall (2003-04)	2
Lolo Jones (2001-04)	2
Cynetheia Rooks (2006-07)	2
Cassandra Tate (2009-present)	2
Kenyanna Wilson (2008-present)	2

There are 10 Lady Tigers tied with one NCAA Regional title each.

SEC Champions

The following is a list of LSU athletes who have captured first-place honors at the SEC Championships in program history. In parenthesis is the winning time or distance of each champion.

MEN'S SEC INDOOR CHAMPIONS

1957	
Joe Blanchard	60 Low Hurdles (7.3)
Harry Carpenter	300 Yards (32.1)
	Mile Relay (3:33.5)
Tommy Dukes	High Jump (6-0)
	Long Jump (22-10)
Robert Mack	Mile Relay (3:33.5)
Jerry Moore	Pole Vault (13-5 1/2)
King Mott	880 Yards (2:04.4)
	Mile Relay (3:33.5)
Ernest Wall	Mile Relay (3:33.5)
1961	
Joe Harris	Pole Vault (13-6)
1963 (Beginning of SEC Indoor)	
James Andrews	Pole Vault (14-0)
Ron Hernandez	Shot Put (55-11 1/2)
Larry Shirey	Mile (4:26.7)
1965	
Leland Albright	600 Yards (1:13.6)
Pete Boudreaux	Pole Vault (15-1 1/2)
Randy Geyer	High Jump (6-4)
1966	
Robert Cavanaugh	600 Yards (1:14.2)
Randy Geyer	High Jump (6-4)
1967	
David Eckert	Pole Vault (15-0 1/2)
1969	
Al Coffee	60 Meters (6.3)
1970	
Al Coffee	60 Meters (6.2)
1971	
Al Coffee	Mile Relay (3:17.00)
James Epps	600 Yards (1:11.7)
	Mile Relay (3:17.00)
Marc Spangenberg	Mile Relay (3:17.00)
Lloyd Wills	Mile Relay (3:17.00)
1972	
James Epps	600 Meters (1:10.8)
Ted Heroman	High Jump (6-8)
Bob Smith	800 Meters (1:52.4)
1973	
Bob Smith	1,000 Meters (2:08.3)
1974	
Larry Shipp	60 Hurdles (7.1)
Bob Smith	1,000 Meters (2:10.1)
1975	
Larry Shipp	60 Hurdles (7.0)
Bob Smith	1,000 Meters (2:09.4)
1976	
Jim Davis	880 Yards (1:52.5)
Larry Shipp	60 Hurdles (7.0)
1978	
Willie Turner	60 Meters (6.25)
Jim Davis	880 Yards (1:52.5)



Passmore Furusa

1979	
ReVey Scott	440 Yards (48.22)
1980	
Chris Duhon	Pole Vault (16-3)
Eugene McCain	Long Jump (25-7)
Mike Quigley	Two-Mile (8:45.00)
ReVey Scott	440 Yards (48.20)
1981	
Joe Maciejczyk	Shot Put (66-0 1/4)
Eugene McCain	Long Jump (25-3 1/4)
1982	
Larey Weaver	High Jump (7-0 1/4)
1983	
Mark Rose	Pole Vault (17-0)
1984	
Bobby Beck	Mile (4:06.70)
Greg Rappe	Pole Vault (17-3)
1985	
Robin van Helden	880 Yards (1:50.31)
1986	
Bob Dielis	Two-Mile Relay (7:32.93)
Mark Fowler	Two-Mile Relay (7:32.93)
Raven Lewis	Two-Mile Relay (7:32.93)
Mike Smith	Three-Mile (13:46.98)
Robin van Helden	880 Yards (1:50.31)
	Two-Mile Relay (7:32.93)
Bernard Whyte	440 Yards (47.47)
Ricky Wright	Pole Vault (17-5 1/2)
1987	
Sheldon Blockburger	Pentathlon (4,451)
Bob Dielis	4x800 Relay (7:27.66)
Mark Fowler	4x800 Relay (7:27.66)
Paul Marmaro	4x800 Relay (7:27.66)
Robin van Helden	1,000 Meters (2:21.47)
	4x800 Relay (7:27.66)
1988	
Frank Mazza	Shot Put (60-0 1/4)
Bruce Reid	Pentathlon (4,147)
Robin van Helden	Mile (4:09.56)

1989	
Bruce Reid	Pentathlon (4,399)
Terry Thornton	5,000 Meters (14:06.39)

1990	
Mark Elliott	5,000 Meters (13:46.14)
Bruce Reid	Pentathlon (4,182)
Llewellyn Starks	Long Jump (25-8 3/4)
Slip Watkins	55 Meters (6.25)
	200 Meters (21.31)
Simon Williams	Shot Put (63-1 1/4)

1991	
Sherman Morris	55 Hurdles (7.31)

1992	
Chris King	4x400 Relay (3:08.96)
Tom Lange	High Jump (7-2 1/2)
Earl Marcelle	4x400 Relay (3:08.96)
David Singoei	4x400 Relay (3:08.96)
Derrick Thymes	4x400 Relay (3:08.96)

1994	
Passmore Furusa	Mile (4:10.36)

1995	
Rohsaan Griffin	200 Meters (21.00)
	4x400 Relay (3:10.87)
Eddie Kennison	4x400 Relay (3:10.87)
Milton Mallard	4x400 Relay (3:10.87)
Regan Nichols	4x400 Relay (3:10.87)

1996	
Rohsaan Griffin	200 Meters (20.76)
	4x400 Relay (3:07.72)
Eddie Kennison	4x400 Relay (3:07.72)
Regan Nichols	4x400 Relay (3:07.72)
Steve Pettes	4x400 Relay (3:07.72)
Bert Rareshide	60 Hurdles (7.77)

1997	
Byron Logan	200 Meters (21.29)

1998	
Jermaine Grant	200 Meters (21.21)

1999	
LeVar Anderson	Triple Jump (54-8 1/4)
Derrick Brew	400 Meters (46.69)
Russ Buller	Pole Vault (18-2 1/2)



Russ Buller

2000	
Derrick Brew	4x400 Relay (3:08.40)
Russ Buller	Pole Vault (18-4 1/2)
Lueroy Colquhoun	4x400 Relay (3:08.40)
Wynand Dempers	4x400 Relay (3:08.40)
Deryell Patterson	4x400 Relay (3:08.40)
Marcus Thomas	Long Jump (26-3 3/4)

2001	
Lueroy Colquhoun	4x400 Relay (3:06.73)
Walter Davis	Long Jump (26-8 1/2)
	Triple Jump (53-7 1/4)
Alleynne Francique	4x400 Relay (3:06.73)
Robert Parham	4x400 Relay (3:06.73)
Pedro Tunon	4x400 Relay (3:06.73)

2002	
Claston Bernard	Pentathlon (4,350)
Pete Coley	4x400 Relay (3:04.75)
Lueroy Colquhoun	4x400 Relay (3:04.75)
Walter Davis	Triple Jump (56-2 1/2)
Alleynne Francique	400 Meters (45.35)
	4x400 Relay (3:04.75)
Robert Parham	4x400 Relay (3:04.75)

2003	
John Moffitt	Long Jump (26-6 1/4)
Daniel Trosclair	Pole Vault (17-6 1/2)

2004	
Bennie Brazell	4x400 Relay (3:06.79)
Pete Coley	4x400 Relay (3:06.79)
Siraj Williams	4x400 Relay (3:06.79)
Kelly Willie	400 Meters (46.12)
	4x400 Relay (3:06.79)

2005	
Kelly Willie	60 Meters (6.69)

2006	
Edwin Billot	Heptathlon (5,504)
Xavier Carter	400 Meters (46.98)
	4x400 Relay (3:09.67)
Reggie Dardar	4x400 Relay (3:09.67)
Melville Rogers	4x400 Relay (3:09.67)
Kelly Willie	200 Meters (21.01)
	4x400 Relay (3:09.67)



Dawn Sowell

2007	
Reggie Dardar	400 Meters (46.11)
Jamaal James	800 Meters (1:49.08)

2008	
Elkana Kosgei	800 Meters (1:48.18)
John Kosgei	Mile (3:59.85)
	3,000 Meters (7:57.76)
Richard Thompson	60 Meters (6.59)

2009	
Walter Henning	Weight Throw (74-5 1/2)
Trindon Holliday	60 Meters (6.58)
Robert Simmons	400 Meters (46.22)

WOMEN'S SEC INDOOR CHAMPIONS

1985	
Camille Cato	Two-Mile Relay (8:51.66)
Sharon Clarke	Triple Jump (40-8 1/2)
Sheila Echols	Long Jump (20-4 1/2)
Muffy McLeod	Distance Medley Relay (11:37.24)
Leslie Nixon	Two-Mile Relay (8:51.66)
	Distance Medley Relay (11:37.24)

Christine Slythe	1,000 Meters (2:27.13)
	Mile (4:38.67)
	Two-Mile Relay (8:51.66)
	Distance Medley Relay (11:37.24)

Danyel Wofford	Distance Medley Relay (11:37.24)
Lana Zimmerman	Two-Mile Relay (8:51.66)

1986	
Sharon Clarke	Triple Jump (42-7)
Claire Connor	Long Jump (20-2 1/2)
Schowonda Williams	600 Meters (1:19.22)
Teresa Williford	Shot Put (55-2 1/2)

1987	
Sylvia Brydson	500 Meters (1:11.74)
Kym Carter	High Jump (6-0 3/4)
Sheila Echols	Long Jump (21-11 3/4)
Teresa Williford	Shot Put (51-10)
Cheryl Wilson	Pentathlon (3,994)

1988	
Sylvia Brydson	4x400 Relay (3:38.70)
Opal Cunningham	4x400 Relay (3:38.70)
Rhonda Phillips	Pentathlon (3,677)
Schowonda Williams	500 Meters (1:12.21)
	4x400 Relay (3:38.70)
Danyel Wofford	4x400 Relay (3:38.70)

1989	
Sylvia Brydson	500 Meters (1:11.84)
	800 Meters (2:07.68)
	4x400 Relay (3:40.02)
Opal Cunningham	400 Meters (54.55)
	4x400 Relay (3:40.02)
Roslyn Rucker	4x400 Relay (3:40.02)
Dawn Sowell	55 Meters (6.58)
	200 Meters (22.87)
	4x400 Relay (3:40.02)
Tananjalyn Stanley	55 Hurdles (7.68)
Cheryl Wilson	Pentathlon (4,002)

1990	
Esther Jones	200 Meters (23.45)
Cinnamon Sheffield	55 Hurdles (7.69)
Laurie Trapp	Shot Put (46-11 1/2)

1991	
Dahlia Duhaney	Long Jump (20-10 3/4)
Camille Jackson	Triple Jump (42-0 3/4)
Esther Jones	200 Meters (23.95)



Suzette Lee

1992	
Sharon Jaklofsky	Pentathlon (4,212)
Danyel Mitchell	Shot Put (50-3 1/2)
Heather Van Norman	400 Meters (53.05)

1993	
Gai Kapernick	High Jump (6-0)
Danyel Mitchell	Shot Put (51-10)
Daphnie Saunders	Long Jump (20-10)
	Triple Jump (42-8 1/4)
Cheryl Taplin	55 Meters (6.76)
Youlanda Warren	400 Meters (54.19)

1994	
Danyel Mitchell	Shot Put (54-5 1/2)
Debbie Parris	400 Meters (54.05)
Daphnie Saunders	Long Jump (22-4 1/2)
	Triple Jump (43-5 3/4)

1995	
Karen Boone	Long Jump (19-11 3/4)
Zundra Feagin	4x400 Relay (3:37.40)
Gai Kapernick	High Jump (5-9 1/4)
Sheila Powell	4x400 Relay (3:37.40)
LaTarsha Stroman	4x400 Relay (3:37.40)
Youlanda Warren	4x400 Relay (3:37.40)

1996	
Kim Carson	60 Hurdles (8.05)
D'Andre Hill	60 Meters (7.21)
	200 Meters (23.42)
Suzette Lee	Triple Jump (44-8 1/4)

1997	
Carmis Franks	4x400 Relay (3:35.72)
Eureka Hall	4x400 Relay (3:35.72)
Suzette Lee	Triple Jump (45-10 1/2)
LaTarsha Stroman	4x400 Relay (3:35.72)
	400 Meters (52.45)
Astia Walker	200 Meters (23.23)
	4x400 Relay (3:35.72)

1998	
Myra Combs	4x400 Relay (3:40.95)
Peta-Gaye Dowdie	4x400 Relay (3:40.95)
Gretchen Francois	High Jump (6-0)
Carmis Franks	4x400 Relay (3:40.95)
Somalia Lindsay	4x400 Relay (3:40.95)
Astia Walker	200 Meters (23.15)

SEC Champions



Glenn "Slats" Hardin

1999

Joyce Bates	55 Hurdles (7.61)
Celena Clarke	4x400 Relay (3:32.06)
Myra Combs	4x400 Relay (3:32.06)
Peta-Gaye Dowdie	200 Meters (22.99)
	4x400 Relay (3:32.06)
Monique Freeman	Long Jump (21-2)
Keisha Spencer	Triple Jump (43-3)
	High Jump (5-11 1/4)
Claudine Williams	4x400 Relay (3:32.06)

2000

Peta-Gaye Dowdie	60 Meters (7.28)
	200 Meters (23.06)
Keisha Spencer	Triple Jump (46-0 1/2)

2001

Muna Lee	200 Meters (23.36)
Bianca Rockett	Triple Jump (43-3)
Sa'Donna Thornton	60 Meters (7.29)

2002

Marian Burnett	800 Meters (2:06.20)
Lolo Jones	60 Hurdles (8.21)
Muna Lee	60 Meters (7.26)
	200 Meters (22.91)

2003

Marian Burnett	800 Meters (2:05.42)
Lolo Jones	55 Hurdles (7.57)
Muna Lee	200 Meters (23.26)
Hazelann Regis	400 Meters (52.80)

2004

Neisha Bernard-Thomas	4x400 Relay (3:29.42)
Nadia Davy	4x400 Relay (3:29.42)
Monique Hall	4x400 Relay (3:29.42)
Lolo Jones	60 Hurdles (8.08)
Muna Lee	60 Meters (7.17)
Hazelann Regis	400 Meters (51.13)
	4x400 Relay (3:29.42)

2005

Neisha Bernard-Thomas	4x400 Relay (3:29.06)
Deonna Lawrence	4x400 Relay (3:29.06)
Brooklynn Morris	4x400 Relay (3:29.06)
Hazelann Regis	200 Meters (23.02)
	4x400 Relay (3:29.06)

2006

Megan Akre	Pentathlon (3,971)
Juanita Broaddus	4x400 Relay (3:32.20)
Deonna Lawrence	4x400 Relay (3:32.20)
Brooklynn Morris	4x400 Relay (3:32.20)
Cynetheia Rooks	4x400 Relay (3:32.20)

2007

Shaunette Davidson	Pentathlon (3,896)
Deonna Lawrence	4x400 Relay (3:29.86)
Brooklynn Morris	4x400 Relay (3:29.86)
Jessica Ohanaja	60 Hurdles (8.03)
Cynetheia Rooks	4x400 Relay (3:29.86)
LaTavia Thomas	800 Meters (2:05.76)
	4x400 Relay (3:29.86)

2008

Kelly Baptiste	60 Meters (7.13)
Deonna Lawrence	4x400 Relay (3:31.89)
Andrea Linton	Triple Jump (44-6 1/4)
Brooklynn Morris	4x400 Relay (3:31.89)
Jessica Ohanaja	60 Hurdles (8.11)
LaTavia Thomas	800 Meters (2:06.56)
	4x400 Relay (3:31.89)
Nickiesha Wilson	4x400 Relay (3:31.89)

2009

Samantha Henry	60 Meters (7.21)
	200 Meters (23.45)
Rachel Laurent	Pole Vault (14-0 1/2)

MEN'S SEC OUTDOOR CHAMPIONS

1933

Johnny Boughton	Mile Relay (3:21.6)
Bill David	High Jump (6-3)
Matt Gordy	Pole Vault (13-3 1/8)
Glenn "Slats" Hardin	440 Yards (47.3)
	220 Hurdles (23.3)
	Mile Relay (3:21.6)
Al Moreau	120 Hurdles (14.4)
Ted O'Neal	Mile Relay (3:21.6)
E. Scarborough	Mile Relay (3:21.6)
Jack Torrance	Shot Put (49-5 5/8)
	Discus (149-0 1/2)

1934

Buddy Blair	Javelin (199-2 3/4)
Johnny Boughton	Mile Relay (3:22.6)
George Fisher	120 Hurdles (14.7)
Glenn "Slats" Hardin	440 Yards (46.8)
	220 Hurdles (23.4)
Red Lehman	880 Yards (1:55.6)
	Mile Relay (3:22.6)
Ted O'Neal	Mile Relay (3:22.6)
John Sanders	Two-Mile (9:51.5)
E. Scarborough	Mile Relay (3:22.6)
Jack Torrance	Shot Put (53-6 1/2)
	Discus (147-5 1/2)

1935

Buddy Blair	Broad Jump (23-4 1/2)
	Javelin (195-2 3/4)
Glenn "Slats" Hardin	440 Yards (47.2)
	220 Hurdles (23.4)
Ted O'Neal	880 Yards (1:55.2)
Hiney Kent	High Jump (6-4)
John Sanders	Two-Mile (9:54.3)

1936

Arnold Bryan	Pole Vault (12-6)
Ben Friend	Shot Put (47-3 3/4)

1937

Arnold Bryan	Pole Vault (13-4 1/4)
Hiney Kent	High Jump (6-3)
Gordon Lester	Shot Put (47-11 5/8)

1938

Dick Burge	Mile Relay (3:16.5)
Frank Church	Mile Relay (3:16.5)
Dan Rachal	Mile Relay (3:16.5)
Fred Shelton	High Jump (6-3 13/16)
Sal Torros	Mile Relay (3:16.5)
Halliburton Ware	220 Yards (21.8)
Jake Waterer	120 Hurdles (14.5)

1939

Billy Brown	Broad Jump (23-8 1/4)
Dick Burge	Mile Relay (3:19.7)
Frank Church	880 Yards (1:56.2)
	Mile Relay (3:19.7)
Dan Rachal	Mile Relay (3:19.7)
Sal Torros	Mile Relay (3:19.7)

1940

Billy Brown	100 Meters (9.9)
	220 Yards (22.5)
	Broad Jump (22-0)
Frank Church	440 Yards (47.0)
	880 Yards (1:57.1)
J.C. Devall	High Jump (5-11)
Don Siple	Pole Vault (13-0)

1941

Billy Brown	100 Meters (9.5)
	220 Yards (20.6)
	220 Hurdles (24.1)
	Broad Jump (24-2 1/2)
	Mile Relay (3:18.4)
Oris Erwin	880 Yards (1:58.2)
	Mile Relay (3:18.4)
Jim Gilliland	120 Hurdles (14.7)
Woodrow Holland	Mile Relay (3:18.4)
Al Sanders	Mile Relay (3:18.4)

1942

Oris Erwin	440 Yards (48.3)
	Mile Relay (3:26.4)
Jim Gilliland	120 Hurdles (14.7)
Woodrow Holland	Mile Relay (3:26.4)
Felix Jumonville	Mile Relay (3:26.4)
Delwin Laguens	Broad Jump (22-4 3/4)
Al Sanders	Mile Relay (3:26.4)

1943

Jeff Burkett	High Jump (6-0)
Robert Percy	100 Meters (10.2)
	220 Yards (22.8)
Buddy Frank	Pole Vault (11-8)
Leo Pourciau	Pole Vault (11-8)



Jack Torrance

1944	
Al Bourgeois	Mile Relay (3:27.6)
Marty Broussard	Broad Jump (22-0 3/4)
Fabio DeOliverio	Two-Mile (10:13.2)
Clyde Love	Mile Relay (3:27.6)
James Pickett	High Jump (5-11)
Willard	Mile Relay (3:27.6)
Bill Yerger	220 Yards (21.9)
	220 Hurdles (24.9)
	Mile Relay (3:27.6)

1945	
Tom Dickey	100 Meters (9.8)
	220 Yards (21.8)
Gene Knight	Javelin (188-5 3/4)
James Pickett	High Jump (5-11 3/4)

1946	
Tom Dickey	100 Meters (9.8)
	220 Yards (21.6)
	Broad Jump (22-2 1/4)
Ronnie Knecht	High Jump (5-11 3/4)
Bobby Lowther	Pole Vault (12-6)
	Javelin (195-7)
James Pickett	High Jump (5-11 3/4)

1947	
John Breathwit	Mile Relay (3:20.1)
Carroll Butler	Mile Relay (3:20.1)
Tom Dickey	440 Yards (48.2)
	Mile Relay (3:20.1)
Herb Graves	Discus (149-1)
Jim Loffin	Javelin (187-6)
Bobby Lowther	Pole Vault (12-6)
Bill Yerger	Mile Relay (3:20.1)

1948	
Carroll Butler	Mile Relay (3:19.5)
Bill Covington	Mile Relay (3:19.5)
Tom Dickey	440 Yards (48.4)
	Mile Relay (3:19.5)
Herb Graves	Discus (152-5 1/4)
Ronnie Knecht	High Jump (6-5 7/8)
Bobby Lowther	Javelin (195-5 1/4)
Frank Sullwood	Mile Relay (3:19.5)

1949	
Al Bourgeois	Mile Relay (3:18.9)
John Breathwit	Mile Relay (3:18.9)
Bill Covington	Mile Relay (3:18.9)
Frank Sullwood	440 Yards (48.1)
	Mile Relay (3:18.9)
Harold Voss	Shot Put (45-6)



Billy Hardin

1950	
John Breathwit	Mile Relay (3:18.8)
Bill Covington	440 Yards (48.7)
	Mile Relay (3:18.8)
Frank Sullwood	Mile Relay (3:18.8)
John Venable	Mile Relay (3:18.8)

1951	
John Brock	Mile Relay (3:21.7)
Bill Covington	440 Yards (48.7)
	Mile Relay (3:21.7)
Bob Holleman	Mile Relay (3:21.7)
Joe Preston	100 Meters (9.8)
	220 Yards (21.3)
John Venable	Mile Relay (3:21.7)

1952	
Charles Johnson	100 Meters (9.9)
	Broad Jump (21-11 1/4)
Fred Nordier	Pole Vault (13-3)

1953	
Clayton James	Mile Relay (3:20.4)
Paul Adams	Mile Relay (3:20.4)
Charles Smith	Mile Relay (3:20.4)
Herman Sweeney	Mile Relay (3:20.4)

1954	
Joe Childress	Javelin (196-3 3/4)
Charles Henningan	Mile Relay (3:20.6)
Clayton James	Mile Relay (3:20.6)
Charles Smith	Mile Relay (3:20.6)
Lee Yoder	Mile Relay (3:20.6)

1955	
Joe May	Javelin (192-6)

1956	
Harry Carpenter	220 Yards (21.0)
	220 Hurdles (23.1)
	440 Relay (43.0)
John Davis	Broad Jump (23-1 1/4)
Bobby Mack	440 Relay (43.0)
Joe May	440 Relay (43.0)
Bob Westerman	440 Relay (43.0)

1957	
Nathan Blair	Mile Relay (3:20.4)
Harry Carpenter	220 Yards (21.5)
	220 Hurdles (23.7)
	Mile Relay (3:20.4)
Tommy Dukes	High Jump (6-3 1/2)
	Broad Jump (24-1 1/2)
Jerry Moore	Pole Vault (13-6)
King Mott	440 Yards (47.9)
	Mile Relay (3:20.4)
Ernest Wall	Mile Relay (3:20.4)

1958	
Billy Cannon	100 Meters (9.9)
Jack Griswold	Discus (140-4 1/2)
King Mott	Mile Relay (3:19.2)
Ernest Wall	880 Yards (1:55.4)
	Mile Relay (3:19.2)
Carl Seefield	Mile Relay (3:19.2)
Wayne Young	Mile Relay (3:19.2)

1959	
Lloyd Engerson	Broad Jump (22-5 1/2)
Ralph Fabian	100 Meters (10.0)
	220 Yards (21.4)
	220 Hurdles (22.8)
Jesse Featheree	Pole Vault (13-4)



Robin van Helden

1960	
Doug Constant	220 Yards (21.8)
	440 Relay (42.1)
Ralph Fabian	440 Relay (42.1)
Jim Fornaris	440 Relay (42.1)
Joe Harris	Pole Vault (14-1 1/2)
Ross LeFevre	440 Relay (42.1)

1961	
Bo Campbell	Mile Relay (3:17.8)
Doug Constant	100 Meters (9.6)
	220 Yards (21.0)
	440 Relay (41.7)
	Mile Relay (3:17.8)
Jesse Featheree	Pole Vault (14-4 1/4)
Jim Fornaris	440 Relay (41.7)
	Mile Relay (3:17.8)
Joe Harris	Pole Vault (14-4 1/4)
Dave McDonald	440 Relay (41.7)
Jack O'Neil	440 Relay (41.7)
	Mile Relay (3:17.8)
Roy Tregre	Javelin (206-4)

1962	
Billy Hardin	100 Meters (10.0)
	120 Hurdles (14.3)
	220 Hurdles (23.0)
Ron Hernandez	Shot Put (56-0)

1963	
Leland Albright	Mile Relay (3:13.5)
James Andrews	Pole Vault (14-0)
Randy Geyer	High Jump (6-4 3/4)
Billy Hardin	330 Hurdles (37.1)
	Mile Relay (3:13.5)
Ron Hernandez	Shot Put (54-2)
	Discus (157-7)
Jack O'Neil	440 Yards (46.8)
	Mile Relay (3:13.5)
Larry Shirey	Mile (4:14.7)
Robert Yates	Mile Relay (3:13.5)

1964	
Leland Albright	880 Yards (1:52.9)
Buddy Hamic	Javelin (219-4 1/2)
Billy Hardin	120 Hurdles (13.9)
	330 Hurdles (36.9)
Ron Hernandez	Shot Put (55-11 3/4)
	Discus (163-11 1/2)

SEC Champions

LSU

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1965	
Leland Albright	Mile Relay (3:13.3)
Robert Cavanaugh	Mile Relay (3:13.3)
Mike Dougherty	Mile Relay (3:13.3)
David Eckert	Pole Vault (14-7)
Randy Geyer	High Jump (6-10 1/2)
Delmon McNabb	Javelin (225-11)
George Porter	Mile Relay (3:13.3)

1966	
Sammy Grezaffi	100 Meters (9.5)

1967	
Carl Hight	100 Meters (9.8) 220 Yards (21.4)
Delmon McNabb	Javelin (224-7)

1968	
Carl Hight	100 Meters (9.6)

1969	
Al Coffee	440 Yards (45.6)

1970	
Al Coffee	220 Yards (20.8) 440 Yards (46.2)
Mark Lumpkin	Discus (177-4)

1971	
Al Coffee	Mile Relay (3:09.4)
James Epps	Mile Relay (3:09.4)
Tim Olack	Mile Relay (3:09.4)
Lloyd Wills	440 Yards (46.7) Mile Relay (3:09.4)

1972	
Al Coffee	100 Meters (9.7)
Ted Heroman	High Jump (6-11)
Bob Smith	880 Yards (1:47.6)
Greg Stephens	440 Yards (46.4)
John Stewart	Mile (4:03.2)
Lloyd Wills	440 Yards (46.4)

1973	
Tim Olack	Mile Relay (3:08.5)
Bob Smith	Mile Relay (3:08.5)
Greg Stephens	Mile Relay (3:08.5)
Lloyd Wills	Mile Relay (3:08.5)

1974	
Larry Shipp	120 Hurdles (13.7)
Bob Smith	Mile (4:03.0)

1975	
Bob Anding	Pole Vault (17-2)
Carey Schimpf	440 Hurdles (50.6)
Larry Shipp	120 Hurdles (13.4)
Bob Smith	880 Yards (1:49.4)

1979	
Gray Barrow	Javelin (225-10)
Eugene McCain	Long Jump (26-1 1/2)

1980	
Ernest Marvin	Triple Jump (52-5 1/4)
Orlando McDaniel	110 Hurdles (13.8)

1982	
Greg Duplantis	Pole Vault (17-0)
Joe Maciejczyk	Shot Put (65-7)
Larey Weaver	High Jump (7-3 3/4)

1983	
Greg Rappe	Pole Vault (17-0 3/4)



John Nichols

1985	
Bernard Williams	110 Hurdles (13.73)
1986	
Sheldon Blockburger	Decathlon (7,737)
Greg Duplantis	Pole Vault (17-8 1/2)
Robin van Helden	800 Meters (1:48.61)

1987	
Stuart Mee	3,000 Steeplechase (8:49.26)
Mikael Olander	Decathlon (7,815)
Robin van Helden	1,500 Meters (3:43.44)

1988	
John Nichols	Discus (188-0)
Mikael Olander	Decathlon (8,126)
Bernard Williams	400 Hurdles (50.16)

1989	
Mark Elliott	10,000 Meters (29:05.56)
Bengt Jarlso	Decathlon (7,384)
Frank Mazza	Shot Put (59-3 1/2)
John Nichols	Discus (205-9)
Llewellyn Starks	Long Jump (26-3 3/4)
Robin van Helden	1,500 Meters (3:48.32)

1990	
Magnus Bengtsson	3,000 Steeplechase (8:46.76)
Tom Lange	High Jump (7-5 3/4)
John Nichols	Discus (197-9)
Terry Thornton	10,000 Meters (28:47.15)
Simon Williams	Shot Put (60-10 3/4)

1991	
Mark Morris	Javelin (229-2)
Simon Williams	Shot Put (62-10 3/4) Discus (193-8)

1992	
Reggie Jones	4x100 Relay (39.24)
Chris King	4x100 Relay (39.24)
John Nichols	Discus (191-7)
Jason Sanders	4x100 Relay (39.24)
David Singoei	400 Hurdles (50.69)
Bryant Williams	4x100 Relay (39.24)

1993	
Derrick Farrell	Discus (192-5)
Glenroy Gilbert	200 Meters (20.88) 4x100 Relay (39.17)

Reggie Jones	Triple Jump (55-7 3/4) 4x100 Relay (39.17)
Chris King	4x100 Relay (39.17)
Fabian Muyaba	100 Meters (10.21) 4x100 Relay (39.17)

1994	
Passmore Furusa	3,000 Steeplechase (8:51.6)
Eddie Kennison	4x100 Relay (38.92)
Fabian Muyaba	4x100 Relay (38.92)
Mario Sategna	Decathlon (7,489)
Derrick Thymes	4x100 Relay (38.92)
Bryant Williams	4x100 Relay (38.92)

1995	
Passmore Furusa	1,500 Meters (3:39.71)
Rohsaan Griffin	4x400 Relay (3:05.94)
Eddie Kennison	4x400 Relay (3:05.94)
Regan Nichols	400 Hurdles (49.80) 4x400 Relay (3:05.94)
Steve Pettes	4x400 Relay (3:05.94)

1996	
Mike Alridge	4x400 Relay (3:06.37)
Chris Cummings	4x100 Relay (39.23)
Kirk Cummins	4x100 Relay (39.23)
Rohsaan Griffin	200 Meters (20.68) 4x100 Relay (39.23) 4x400 Relay (3:06.37)
Byron Logan	4x100 Relay (39.23)
Regan Nichols	400 Hurdles (50.28) 4x400 Relay (3:06.37)
Steve Pettes	4x400 Relay (3:06.37)

1997	
Russ Buller	Pole Vault (18-4 1/2)
Chris Cummings	100 Meters (10.26) 200 Meters (20.91)

1998	
Mike Alridge	4x100 Relay (38.69)
Russ Buller	Pole Vault (17-9 3/4)
Jermaine Grant	4x100 Relay (38.69)
Byron Logan	100 Meters (10.15) 200 Meters (20.41) 4x100 Relay (38.69)
Curtis Perry	4x100 Relay (38.69)

1999	
Claston Bernard	Decathlon (7,444)
Derrick Brew	400 Meters (44.29)
Russ Buller	Pole Vault (17-4 1/2)



Claston Bernard

2000

Claston Bernard	Decathlon (7,706)
Derrick Brew	400 Meters (44.70)
Russ Buller	Pole Vault (17-11)
Blake Theriot	Javelin (231-8)
Marcus Thomas	Triple Jump (54-6 3/4)

2001

Claston Bernard	Decathlon (8,024)
Pete Coley	4x400 Relay (3:03.63)
Lueroy Colquhoun	4x400 Relay (3:03.63)
Walter Davis	Long Jump (26-9 1/4w) Triple Jump (55-11)
Alleyne Francique	4x400 Relay (3:03.63)
Robert Parham	4x400 Relay (3:03.63)

2002

Lueroy Colquhoun	400 Hurdles (48.91)
Walter Davis	Long Jump (26-5 3/4) Triple Jump (56-2 1/2)

2003

John Moffitt	Long Jump (25-10)
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2004

Kelly Willie	400 Meters (45.16)
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2005

Xavier Carter	200 Meters (20.16)
Kelly Willie	400 Meters (45.51)

2006

Xavier Carter	200 Meters (20.20) 400 Meters (45.26) 4x100 Relay (39.35)
Reggie Dardar	4x400 Relay (3:05.98)
Melville Rogers	4x400 Relay (3:05.98)
Marvin Stevenson	4x100 Relay (39.35) 4x400 Relay (3:05.98)
Richard Thompson	4x100 Relay (39.35)
Siraj Williams	4x400 Relay (3:05.98)
Kelly Willie	4x100 Relay (39.35)

2007

Armanti Hayes	4x400 Relay (3:03.62)
Trindon Holliday	100 Meters (10.08)
Jamaal James	800 Meters (1:47.00)
Chad Radgowski	Javelin (239-8)
Melville Rogers	4x400 Relay (3:03.62)
Marvin Stevenson	4x400 Relay (3:03.62)
Siraj Williams	4x400 Relay (3:03.62)

2008

Elkana Kosgei	800 Meters (1:47.05)
Armanti Hayes	4x100 Relay (38.67)
Trindon Holliday	4x100 Relay (38.67)
Gabriel Mvumvure	4x100 Relay (38.67)
Richard Thompson	100 Meters (9.93) 200 Meters (20.23) 4x100 Relay (38.67)

2009

Walter Henning	Hammer Throw (229-5)
Trindon Holliday	100 Meters (10.01)

WOMEN'S SEC OUTDOOR CHAMPIONS

1984

Teresa Williford	Shot Put (52-6 1/2)
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1985

Camille Cato	800 Meters (2:03.57)
Sharon Clarke	Long Jump (21-5 1/2)
Sheila Echols	4x100 Relay (44.47)
Michelle King	4x100 Relay (44.47)
Julie Lewis	Triple Jump (42-0)
Rose Lofton	4x100 Relay (44.47)
Angela Phipps	4x100 Relay (44.47)
Schowonda Williams	400 Hurdles (56.66)



John Moffitt

1986

Sharon Clarke	Long Jump (20-7 3/4) Triple Jump (42-8)
Schowonda Williams	400 Hurdles (57.64)
Teresa Williford	Shot Put (48-10 3/4)
Cheryl Wilson	Heptathlon (5,627)

1987

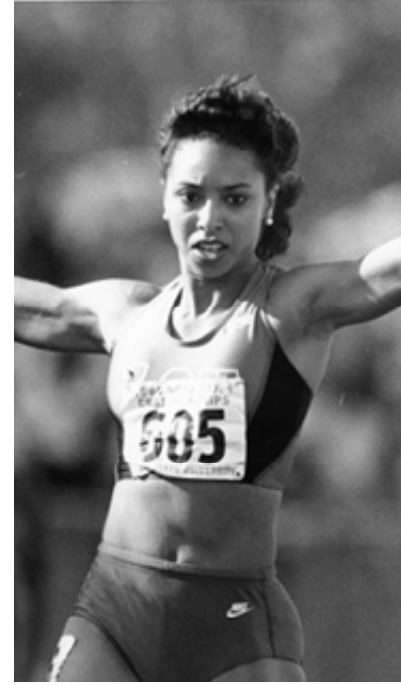
Kym Carter	Shot Put (47-9)
Laverne Eve	Javelin (204-9)
Schowonda Williams	400 Hurdles (56.25)

1988

Zina Age	4x100 Relay (44.23)
Jackie Bobien	4x400 Relay (3:34.85)
Sylvia Brydson	4x400 Relay (3:34.85)
Cheryl Coker	Javelin (165-10)
Claire Connor	Long Jump (21-3 1/2)
Opal Cunningham	4x400 Relay (3:34.85)
Esther Jones	4x100 Relay (44.23)
Julie Lewis	Triple Jump (42-0)
Rhonda Phillips	Heptathlon (5,128)
Tananjalyn Stanley	4x100 Relay (44.23)
Schowonda Williams	400 Hurdles (58.17)
Danyel Wofford	4x100 Relay (44.23)
Tammie Young	4x400 Relay (3:34.85)

1989

Sylvia Brydson	800 Meters (2:03.75) 4x400 Relay (3:35.83)
Opal Cunningham	4x400 Relay (3:35.83)
Donalda Duprey	4x400 Relay (3:35.83)
Esther Jones	4x100 Relay (43.86)
Roslyn Rucker	4x400 Relay (3:35.83)
Cinnamon Sheffield	4x100 Relay (43.86)
Dawn Sowell	100 Meters (11.32) 200 Meters (22.87) 4x100 Relay (43.86)
Tananjalyn Stanley	100 Hurdles (13.26) 4x100 Relay (43.86)
Cheryl Wilson	Heptathlon (5,671)



Cheryl Taplin

1990

Dawn Bowles	4x100 Relay (44.25)
Esther Jones	100 Meters (11.15) 200 Meters (23.19) 4x100 Relay (44.25)
Cinnamon Sheffield	4x100 Relay (44.25)
Tananjalyn Stanley	100 Hurdles (12.92) 4x100 Relay (44.25)

1991

Dawn Bowles	4x100 Relay (43.77)
Mary Cobb	100 Hurdles (13.17)
Dahlia Duhaney	Long Jump (20-8) 4x100 Relay (43.77)
Sharon Jaklofsky	Heptathlon (5,969)
Esther Jones	100 Meters (11.35) 200 Meters (23.23) 4x100 Relay (43.77)
Danyel Mitchell	Shot Put (48-0 3/4)
Cheryl Taplin	4x100 Relay (43.77)

1992

Dawn Bowles	4x100 Relay (43.89)
Dahlia Duhaney	200 Meters (23.04) 4x100 Relay (43.89)
Sharon Jaklofsky	Heptathlon (5,904)
Danyel Mitchell	Shot Put (53-9)
Cinnamon Sheffield	4x100 Relay (43.89)
Cheryl Taplin	4x100 Relay (43.89)

1993

Camille Jackson	Triple Jump (44-3 1/4)
Sharon Jaklofsky	Heptathlon (5,628)
Gai Kapernick	High Jump (6-0 1/2)
Danyel Mitchell	Shot Put (54-1 1/4) Discus (187-2)
Debbie Parris	400 Hurdles (57.50)
Daphnie Saunders	Long Jump (22-6 1/4)
Cheryl Taplin	100 Meters (11.08)
Youlanda Warren	400 Meters (52.23)

SEC Champions



Kelly Baptiste

1994		
Zundra Feagin	4x400 Relay (3:34.72)	
Eureka Hall	4x400 Relay (3:34.72)	
Gai Kapernick	High Jump (6-0 1/2)	
Danyel Mitchell	Shot Put (53-6 1/2)	
	Discus (194-4)	
Debbie Parris	100 Hurdles (13.11w)	
	400 Hurdles (56.82)	
	4x400 Relay (3:34.72)	
Sheila Powell	4x400 Relay (3:34.72)	
Cheryl Taplin	100 Meters (11.14)	
1995		
Kwajalein Butler	4x100 Relay (43.68)	
Kim Carson	100 Hurdles (13.23)	
Zundra Feagin	200 Meters (22.84)	
	4x100 Relay (43.68)	
	4x400 Relay (3:32.67)	
D'Andre Hill	100 Meters (11.10)	
	4x100 Relay (43.68)	
Marita Hunt	Long Jump (21-5 1/2)	
Charlene Maulseed	4x400 Relay (3:32.67)	
Sheila Powell	4x400 Relay (3:32.67)	
Youlanda Warren	400 Meters (51.61)	
	4x100 Relay (43.68)	
	4x400 Relay (3:32.67)	
1996		
Kwajalein Butler	4x100 Relay (43.19)	
Kim Carson	100 Hurdles (12.72)	
Zundra Feagin	200 Meters (22.71)	
	4x100 Relay (43.19)	
D'Andre Hill	100 Meters (11.19)	
	4x100 Relay (43.19)	
Suzette Lee	Triple Jump (45-10 3/4)	
Astia Walker	4x100 Relay (43.19)	
1997		
Hareldau Argyle	High Jump (5-10 1/2)	
Peta-Gaye Dowdie	100 Meters (11.28)	
	4x100 Relay (43.59)	
Marita Hunt	4x100 Relay (43.59)	
Suzette Lee	Triple Jump (43-2 1/4)	
Sa'Donna Thornton	4x100 Relay (43.59)	
Astia Walker	200 Meters (22.69)	
	100 Hurdles (12.82)	
	4x100 Relay (43.59)	



Nickiesha Wilson

1998		
Valma Bass	4x400 Relay (3:30.89)	
Kwajalein Butler	4x100 Relay (43.51)	
Celena Clarke	4x400 Relay (3:30.89)	
Myra Combs	4x100 Relay (43.51)	
	4x400 Relay (3:30.89)	
Peta-Gaye Dowdie	4x100 Relay (43.51)	
	4x400 Relay (3:30.89)	
Sa'Donna Thornton	4x100 Relay (43.51)	
1999		
Joyce Bates	4x100 Relay (43.80)	
Myra Combs	4x100 Relay (43.80)	
Peta-Gaye Dowdie	4x100 Relay (43.80)	
Monique Freeman	Long Jump (20-11)	
Chenelle Marshall	4x100 Relay (43.80)	
Keisha Spencer	Triple Jump (43-8 3/4)	
Claudine Williams	800 Meters (2:02.52)	
2000		
Valma Bass	4x100 Relay (43.83)	
Joyce Bates	100 Hurdles (12.89)	
	4x100 Relay (43.83)	
Myra Combs	4x100 Relay (43.83)	
Peta-Gaye Dowdie	100 Meters (11.20)	
	4x100 Relay (43.83)	
Keisha Spencer	Triple Jump (46-2 3/4w)	
2001		
Myra Combs	Long Jump (20-7 3/4w)	
Muna Lee	100 Meters (11.28)	
	200 Meters (23.13)	
2002		
Stephanie Durst	200 Meters (22.48)	
	4x100 Relay (43.06)	
Lolo Jones	100 Hurdles (13.01)	
	4x100 Relay (43.06)	
Muna Lee	100 Meters (11.19)	
	4x100 Relay (43.06)	
Bianca Rockett	4x100 Relay (43.06)	
Nicole Toney	Triple Jump (43-7)	

2003		
Stephanie Durst	4x100 Relay (43.22)	
Monique Hall	4x100 Relay (43.22)	
Lolo Jones	100 Hurdles (13.05)	
	4x100 Relay (43.22)	
Muna Lee	100 Meters (11.12)	
	4x100 Relay (43.22)	
Nicole Toney	Triple Jump (43-11 3/4)	
2004		
Neisha Bernard-Thomas	4x400 Relay (3:27.04)	
Nadia Davy	4x400 Relay (3:27.04)	
Stephanie Durst	4x100 Relay (43.15)	
Monique Hall	4x100 Relay (43.15)	
	4x400 Relay (3:27.04)	
Lolo Jones	100 Hurdles (12.83)	
	4x100 Relay (43.15)	
Muna Lee	4x100 Relay (43.15)	
Hazelann Regis	400 Meters (50.64)	
	4x400 Relay (3:27.04)	
Maria Romero	Javelin (138-3)	
2006		
Tanya Osbourne	800 Meters (2:06.26)	
2007		
Andrea Linton	Triple Jump (44-1 1/4)	
Jessica Ohanaja	100 Hurdles (13.10)	
LaTavia Thomas	800 Meters (2:05.07)	
Nickiesha Wilson	400 Hurdles (55.77)	
2008		
Kelly Baptiste	100 Meters (11.09)	
	4x100 Relay (42.80)	
Juanita Broaddus	4x100 Relay (42.80)	
Samantha Henry	4x100 Relay (42.80)	
Deonna Lawrence	4x400 Relay (3:32.09)	
Brooklynn Morris	4x100 Relay (42.80)	
LaTavia Thomas	800 Meters (2:03.39)	
	4x400 Relay (3:32.09)	
Kayann Thompson	4x400 Relay (3:32.09)	
Nickiesha Wilson	100 Hurdles (12.81w)	
	4x400 Relay (3:32.09)	
2009		
Brittany Hall	4x400 Relay (3:34.11)	
Samantha Henry	200 Meters (23.36)	
Cassandra Tate	4x400 Relay (3:34.11)	
LaTavia Thomas	4x400 Relay (3:34.11)	
Kayann Thompson	4x400 Relay (3:34.11)	
Kenyanna Wilson	100 Meters (11.32)	

The SEC Indoor Championships were first held in 1963. From 1957-62, the highest-scoring SEC team at the Garrett Coliseum Relays was considered the conference champion.



Men's Career SEC Titles (3 or more total titles)

NAME (YEARS)	INDOOR	OUTDOOR	TOTAL
Billy Brown (1939-41)	0	9	9
Tom Dickey (1945-48)	0	9	9
Robin van Helden (1986-89)	6	3	9
Harry Carpenter (1956-57)	2	6	8
Al Coffee (1970-72)	3	5	8
Rohsaan Griffin (1995-96)	4	4	8
Bob Smith (1972-75)	4	4	8
Kelly Willie (2003-06)	5	3	8
Walter Davis (2001-2002)	3	4	7
Billy Hardin (1962-64)	0	7	7
Glenn "Slat's" Hardin (1933-35)	0	7	7
Russ Buller (1997-2000)	2	4	6
Xavier Carter (2005-06)	2	4	6
Doug Constant (1960-61)	0	6	6
Bill Covington (1948-51)	0	6	6
Ron Hernandez (1962-64)	1	5	6
Regan Nichols (1995-96)	2	4	6
Frank Church (1938-40)	0	5	5
Lueroy Colquhoun (1999-2002)	3	2	5
Byron Logan (1995-98)	1	4	5
King Mott (1957)	2	3	5
Larry Shipp (1974-76)	3	2	5
Richard Thompson (2005-08)	1	4	5
Lloyd Willis (1971-73)	1	4	5
Leland Albright (1963-65)	1	3	4
Claston Bernard (1999-2002)	1	3	4
Derrick Brew (1999-2000)	2	2	4
Tommy Dukes (1957)	2	2	4
James Epps (1971-72)	3	1	4
Oris Erwin (1941-42)	0	4	4
Ralph Fabian (1959-60)	0	4	4
Alleyne Francique (2001-02)	3	1	4
Randy Geyer (1963-66)	2	2	4
Trindon Holliday (2006-present)	1	3	4
Eddie Kennison (1994-96)	2	2	4
Bob Lowther (1946-48)	0	4	4
John Nichols (1988-92)	0	4	4
Jack O'Neil (1961-62)	0	4	4
Frank Sullwood (1948-50)	0	4	4
Jack Torrance (1933-34)	0	4	4
Ernest Wall (1957-58)	1	3	4
Simon Williams (1990-91)	1	3	4
Bill Yerger (1944-47)	0	4	4
Buddy Blair (1934-35)	0	3	3
Jim Breathwit (1947-49)	0	3	3
Pete Coley (2001-05)	2	1	3
Chris Cummings (1995-98)	0	3	3
Reggie Dardar (2005-08)	1	2	3
Jim Fornaris (1960-61)	0	3	3
Joe Harris (1960-61)	1	2	3
Reggie Jones (1992-93)	0	3	3
Chris King (1992-93)	0	3	3
Eugene McCain (1979-81)	2	1	3
Fabian Muyaba (1993-94)	0	3	3
Mikael Olander (1987-88)	0	3	3
Ted O'Neal (1933-35)	0	3	3
Robert Parham (2001-04)	2	1	3
Steve Pettes (1995-97)	1	2	3
James Pickett (1944-46)	0	3	3
Bruce Reid (1988-90)	3	0	3
Melville Rogers (2006-07)	1	2	3
Marvin Stevenson (2004-07)	0	3	3
Siraj Williams (2004-07)	1	2	3



Peta-Gaye Dowdie

Women's Career SEC Titles (3 or more total titles)

NAME (YEARS)	INDOOR	OUTDOOR	TOTAL
Peta-Gaye Dowdie (1997-2000)	5	7	12
Muna Lee (2001-04)	5	7	12
Esther Jones (1989-91)	2	8	10
Lolo Jones (2001-04)	3	6	9
Danyel Mitchell (1991-94)	3	6	9
Sylvia Brydson (1987-89)	5	3	8
LaTavia Thomas (2007-present)	4	4	8
Myra Combs (1998-2001)	2	5	7
Hazelann Regis (2003-05)	5	2	7
Astia Walker (1996-98)	3	4	7
Schowonda Williams (1985-88)	3	4	7
Zundra Feagin (1992-96)	1	5	6
D'Andre Hill (1994-96)	2	4	6
Dawn Sowell (1989)	3	3	6
Tanajalyn Stanley (1988-90)	1	5	6
Youlanda Warren (1991-95)	2	4	6
Sharon Clarke (1985-86)	2	3	5
Opal Cunningham (1988-89)	3	2	5
Dahlia Duhaney (1991-93)	1	4	5
Deonna Lawrence (2005-08)	4	1	5
Debbie Parris (1993-94)	1	4	5
Daphnie Saunders (1993-94)	4	1	5
Keisha Spencer (1999-2000)	3	2	5
Cheryl Taplin (1991-94)	1	4	5
Joyce Bates (1999-2000)	1	3	4
Stephanie Durst (2001-04)	0	4	4
Monique Hall (2003-04)	1	3	4
Samantha Henry (2007-present)	2	2	4
Sharon Jaklofsky (1991-93)	1	3	4
Gai Kapemick (1993-95)	2	2	4
Suzette Lee (1996-97)	2	2	4
Brooklynn Morris (2005-08)	3	1	4
Cinnamon Sheffield (1989-92)	1	3	4
Christine Slythe (1985)	4	0	4
Teresa Williford (1984-86)	2	2	4
Nickiesha Wilson (2007-08)	1	3	4
Kelly Baptiste (2005-08)	1	2	3
Neisha Bernard-Thomas (2003-05)	2	1	3
Dawn Bowles (1990-92)	0	3	3
Kwajalein Butler (1995-99)	0	3	3
Kim Carson (1993-96)	1	2	3
Jessica Ohanaja (2005-08)	2	1	3
LaTarsha Stroman (1994-97)	2	1	3
Sa'Donna Thornton (1997-2001)	1	2	3
Cheryl Wilson (1987-89)	2	1	3
Danyel Wofford (1985-88)	2	1	3

SEC Commisioner's Trophy

LSU

INTRO

THIS IS LSU

PREVIEW

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RECORDS



Schowonda Williams
1988 Commissioner's Trophy



Mikael Olander
1988 Commissioner's Trophy



Dawn Sowell
1989 Commissioner's Trophy



Dahlia Duhaney
1991 Commissioner's Trophy



Sharon Jaklofsky
1993 Commissioner's Trophy



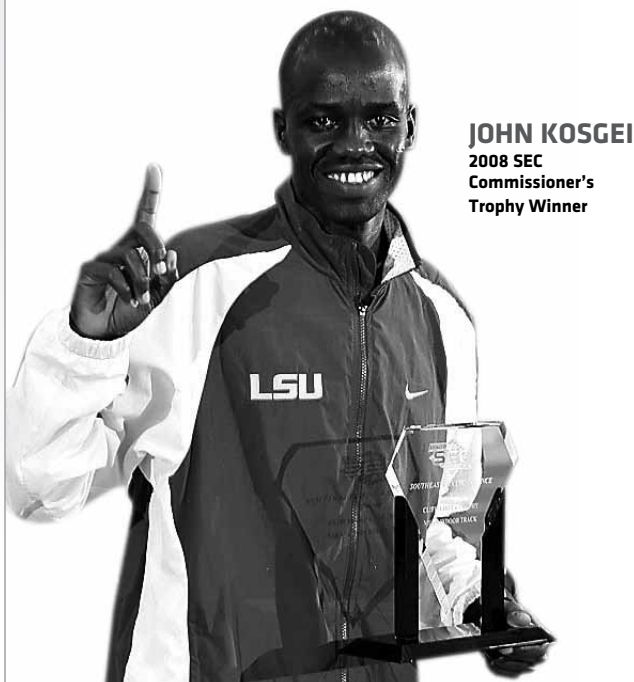
Astia Walker
1997 Commissioner's Trophy



Byron Logan
1998 Commissioner's Trophy



Keisha Spencer
1999 Commissioner's Trophy



JOHN KOSGEI
2008 SEC
Commissioner's
Trophy Winner



Derrick Brew
2000 Commissioner's Trophy



John Kosgei
2008 Commissioner's Trophy

Men's All-Americans

LSU



Walter Davis



Rohsaan Griffin



Billy Brown



Russ Buller



Lueroy Colquhoun



Reggie Jones



Mikael Olander



Simon Williams



Pete Coley



Alleyne Francique



Glenn Hardin



Eddie Kennison

Kelly Willie (19)

Indoor 200 Meters	2006
Indoor 400 Meters	2003-05
Indoor 4x400 Relay	2003-06
Outdoor 200 Meters	2006
Outdoor 400 Meters	2003-05
4x100 Relay	2003, 2005-06
Outdoor 4x400 Relay	2003-06

Bennie Brazell (14)

Indoor 4x400 Relay	2003-05
400 Hurdles	2002-05
4x100 Relay	2002-04
Outdoor 4x400 Relay	2002-05

Pete Coley (12)

Indoor 400 Meters	2002
Indoor 4x400 Relay	2001-05
Outdoor 400 Meters	2002
4x100 Relay	2002-03
Outdoor 4x400 Relay	2002-04

Xavier Carter (10)

Indoor 200 Meters	2006
Indoor 400 Meters	2006
Indoor 4x400 Relay	2006
100 Meters	2006
Outdoor 200 Meters	2005
Outdoor 400 Meters	2006
4x100 Relay	2005-06
Outdoor 4x400 Relay	2005-06

Walter Davis (9)

Indoor Long Jump	2001-02
Indoor Triple Jump	2001-02
Outdoor Long Jump	2001-02
Outdoor Triple Jump	2001-02
4x100 Relay	2002

Rohsaan Griffin (8)

Indoor 200 Meters	1995-96
Indoor 4x400 Relay	1995-96
Outdoor 200 Meters	1995-96
4x100 Relay	1995
Outdoor 4x400 Relay	1995

Trindon Holliday (8)

60 Meters	2008-09
100 Meters	2007-09
4x100 Relay	2007-09

Robert Parham (8)

Indoor 4x400 Relay	2001-03
Outdoor 200 Meters	2002
4x100 Relay	2002-03
Outdoor 4x400 Relay	2001, 2003

Richard Thompson (8)

60 Meters	2008
100 Meters	2007-08
Outdoor 200 Meters	2008
4x100 Relay	2005-08

Billy Brown (7)

Long Jump	1939-41
100 Yards	1940-41
220 Yards	1940-41

Russ Buller (7)

Indoor Pole Vault	1997-2000
Outdoor Pole Vault	2000
4x100 Relay	1997, 2000

Lueroy Colquhoun (7)

Indoor 400 Meters	2000, 2002
Indoor 4x400 Relay	2001-02
400 Hurdles	2002
Outdoor 4x400 Relay	2001-02

Armanti Hayes (7)

Indoor 4x400 Relay	2007, 2009
Distance Medley Relay	2008
4x100 Relay	2008-09
Outdoor 4x400 Relay	2007, 2009

Reggie Jones (7)

Indoor Triple Jump	1992-93
Outdoor Long Jump	1993
Outdoor Triple Jump	1992-93
4x100 Relay	1992-93

Mikael Olander (7)

Javelin	1986-88
Decathlon	1985-88

Marcus Thomas (7)

Indoor Long Jump	2000
Indoor Triple Jump	2000-01
Outdoor Long Jump	2000
Outdoor Triple Jump	1998-2000

Simon Williams (7)

Indoor Shot Put	1990-92
Outdoor Shot Put	1990-91
Discus	1990, 1992

Alleyne Francique (6)

Indoor 400 Meters	2001-02
Indoor 4x400 Relay	2001-02
Outdoor 400 Meters	2001
Outdoor 4x400 Relay	2001

Glenn "Slats" Hardin (6)

220 Yards	1933-35
440 Yards	1933-35

Eddie Kennison (6)

Indoor 4x400 Relay	1995-96
4x100 Relay	1994-95
Outdoor 4x400 Relay	1994-95

John Moffitt (6)

Indoor Long Jump	2003-04
Indoor Triple Jump	2003-04
Outdoor Long Jump	2003-04

Terry Thornton (6)

Cross Country	1989
Indoor 3,000 Meters	1989
Indoor 5,000 Meters	1990
10,000 Meters	1989-91

Slip Watkins (6)

Indoor 200 Meters	1988, 1990
100 Meters	1988-89
Outdoor 200 Meters	1989
4x100 Relay	1989

Mike Alridge (5)

Indoor Long Jump	1996-97
4x100 Relay	1997-98
Outdoor 4x400 Relay	1998

Chris Cummings (5)

100 Meters	1996-97
4x100 Relay	1995, 1997
Outdoor 4x400 Relay	1998

Passmore Furusa (5)

Indoor Mile	1995
Indoor 3,000 Meters	1994
1,500 Meters	1994-95
3,000-Meter Steeplechase	1994

Chris King (5)

Indoor 4x400 Relay	1992
Outdoor 200 Meters	1992
4x100 Relay	1992-93
Outdoor 4x400 Relay	1990

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Men's All-Americans



Terry Thornton



Slip Watkins



Chris Cummings



Passmore Furusa



Robin van Helden



Robert Parham



Llewellyn Starks



LeVar Anderson



Derrick Brew



Mark Elliott



Byron Logan



Joe Maciejczyk

Regan Nichols (5)

Indoor 4x400 Relay	1995-96
400 Hurdles	1995-96
Outdoor 4x400 Relay	1995

Llewellyn Starks (5)

Indoor Long Jump	1989-90
Outdoor Long Jump	1989-90
4x100 Relay	1989

Robin van Helden (5)

Indoor 1,000 Meters	1986-87
Indoor Mile	1988
Outdoor 800 Meters	1987
1,500 Meters	1989

LeVar Anderson (4)

Indoor Triple Jump	1998-99
Outdoor Triple Jump	1998-99

Derrick Brew (4)

Indoor 400 Meters	1999-2000
Outdoor 400 Meters	1999
4x100 Relay	2000

Reggie Dardar (4)

Indoor 4x400 Relay	2006
Outdoor 4x400 Relay	2005-07

Mark Elliott (4)

3,000 Meters	1989
Indoor 5,000 Meters	1990
Outdoor 5,000 Meters	1989
10,000 Meters	1990

Jermaine Grant (4)

4x100 Relay	1995, 1997-98
Outdoor 4x400 Relay	1998

Jeremy Hicks (4)

Indoor Long Jump	2009
Outdoor Long Jump	2007, 2009
4x100 Relay	2007

Lotfi Khaida (4)

Indoor Triple Jump	1992-93
Outdoor Triple Jump	1991, 1993

Byron Logan (4)

Indoor 4x400 Relay	1996
Outdoor 200 Meters	1998
4x100 Relay	1998
Outdoor 4x400 Relay	1998

Joe Maciejczyk (4)

Indoor Shot Put	1980-81
Outdoor Shot Put	1980, 1982

John Nichols (4)

Discus	1988-90, 1992
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Isa Phillips (4)

Indoor 4x400 Relay	2007
400 Hurdles	2006-07
Outdoor 4x400 Relay	2007

Jason Sanders (4)

Indoor 4x400 Relay	1991
100 Meters	1992
4x100 Relay	1992
Outdoor 4x400 Relay	1994

Larry Shipp (4)

Indoor 60-Yard Hurdles	1975
120-Yard Hurdles	1973-75

Marvin Stevenson (4)

4x100 Relay	2006-07
Outdoor 4x400 Relay	2004, 2006

Derrick Thymes (4)

Indoor 4x400 Relay	1991-92
4x100 Relay	1994
Outdoor 4x400 Relay	1994

Bernard Williams (4)

55 Hurdles	1988
400 Hurdles	1985-86, 1988

Siraj Williams (4)

Indoor 4x400 Relay	2007
Outdoor 400 Meters	2007
Outdoor 4x400 Relay	2006-07

Clauston Bernard (3)

Decathlon	1999-2000, 2002
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Glenroy Gilbert (3)

100 Meters	1993
Outdoor 200 Meters	1993
4x100 Relay	1993

Billy Hardin (3)

400 Hurdles	1962-64
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Greg Hill (3)

Indoor 600 Yards	1979
Outdoor 400 Meters	1979
Outdoor 4x400 Relay	1979

Charles James (3)

55 Hurdles	1986
110 Hurdles	1984, 1986

Rolf Kahles (3)

Indoor Shot Put	1997
Outdoor Shot Put	1997-98

Alleyn Lett (3)

60 Hurdles	2007
110 Hurdles	2007
Decathlon	2005

Orlando McDaniel (3)

60-Yard Hurdles	1980
110 Hurdles	1980-81

Fabian Muyaba (3)

100 Meters	1993
4x100 Relay	1993-94

Derrick Prentice (3)

Indoor Pole Vault	1995-96
Outdoor Pole Vault	1996

Eric Reid (3)

55 Hurdles	1987
110 Hurdles	1986-87

Melville Rogers (3)

Indoor 4x400 Relay	2006-07
Outdoor 4x400 Relay	2006

Matthew Rose (3)

Outdoor Long Jump	1988-89
4x100 Relay	1989

Mario Sategna (3)

Decathlon	1993-95
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ReVey Scott (3)

60 Yards	1978
4x100 Relay	1979
Outdoor 4x400 Relay	1979

LeJuan Simon (3)

Indoor Long Jump	2004
Indoor Triple Jump	2004
Outdoor Triple Jump	2003

David Singoei (3)

Indoor 800 Meters	1993
Indoor 4x400 Relay	1992
Outdoor 800 Meters	1993

Men's All-Americans

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John Nichols



Jason Sanders



Larry Shipp



Claston Bernard



Bennie Brazell



Glenroy Gilbert



Billy Hardin



Greg Hill



Charles James



Orlando McDaniel



Fabian Muyaba



Eric Reid

Jack Torrance (3)
 Outdoor Shot Put 1933-34
 Discus 1933

Willie Turner (3)
 60 Yards 1978
 100 Meters 1979
 4x100 Relay 1979

Larry Weaver (3)
 Indoor High Jump 1980-81
 Outdoor High Jump 1981

Bryant Williams (3)
 4x100 Relay 1992, 1994
 Outdoor 4x400 Relay 1994

Ade Alleyne-Forte (2)
 Indoor 4x400 Relay 2009
 Outdoor 4x400 Relay 2009

Austin Benton (2)
 Indoor 4x400 Relay 2005
 Outdoor 4x400 Relay 2004

Buddy Blair (2)
 Javelin 1933-34

Sheldon Blockburger (2)
 Decathlon 1986-87

Willie Bradley (2)
 Indoor Triple Jump 2004
 Outdoor Triple Jump 2004

Efrem Coley (2)
 4x100 Relay 1979
 Outdoor 4x400 Relay 1979

Will Coppage (2)
 Indoor Long Jump 2007
 4x100 Relay 2009

Tom Dickey (2)
 100 Yards 1945
 880 Yards 1946

Marlon Greensword (2)
 Indoor 4x400 Relay 2003
 Outdoor 4x400 Relay 2002

Walter Henning (2)
 Weight Throw 2009
 Hammer Throw 2009

Maurice Horton (2)
 Indoor 4x400 Relay 1991
 Outdoor 4x400 Relay 1990

Jamar Howard (2)
 Indoor 4x400 Relay 2009
 Outdoor 4x400 Relay 2009

Jamaal James (2)
 Indoor 800 Meters 2007
 Distance Medley Relay 2008

Bengt Jarlso (2)
 Decathlon 1989-90

Richard Jones (2)
 Outdoor 800 Meters 2009
 Outdoor 4x400 Relay 2009

Pearson Jordan (2)
 4x100 Relay 1979
 Outdoor 4x400 Relay 1979

Bob Lowther (2)
 Outdoor Pole Vault 1946
 Javelin 1946

Milton Mallard (2)
 Indoor 4x400 Relay 1995
 Outdoor 4x400 Relay 1995

Earl Marcelle (2)
 Indoor 4x400 Relay 1991-92

Ernest Marvin (2)
 Outdoor Triple Jump 1980-81

Eugene McCain (2)
 Outdoor Long Jump 1979, 1981

Delmon McNabb (2)
 Javelin 1966-67

Allen Misher (2)
 60-Yard Hurdles 1975-76

Dino Napier (2)
 Outdoor 200 Meters 1989
 4x100 Relay 1989

David Paddison (2)
 Weight Throw 1993
 Hammer Throw 1993

Curtis Perry (2)
 Outdoor 200 Meters 1998
 4x100 Relay 1998

Scott Petersen (2)
 Indoor Shot Put 1993
 Outdoor Shot Put 1994

Gunnar Pflugsten (2)
 Indoor Shot Put 1997-98

Robert Simmons (2)
 Indoor 400 Meters 2009
 Indoor 4x400 Relay 2009

Daniel Troclair (2)
 Indoor Pole Vault 2003-04

Leland Albright (1)
 Indoor 600 Yards 1965

Dwhyte Barrett (1)
 4x100 Relay 2000

Gray Barrow (1)
 Javelin 1980

Edwin Billot (1)
 Heptathlon 2006

Andre Brown (1)
 4x400 Relay 1990

Shawn Burks (1)
 Javelin 1985

Preston Chatham (1)
 Javelin 2008

Al Coffee (1)
 440 Yards 1969

Arky Erwin (1)
 440 Yards 1942

George Fisher (1)
 110 Hurdles 1934

Alex Forst (1)
 Discus 1998

Mark Fowler (1)
 Indoor 800 Meters 1988

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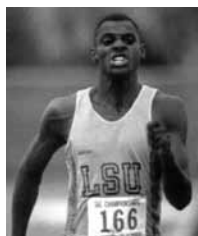
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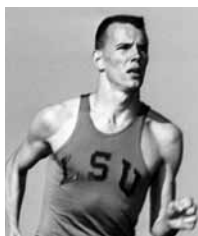
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Men's All-Americans



Dino Napier



Leland Albright



Gray Barrow



Tom Lange



Al Moreau



Javier Nieto



Matthew Rose



Mario Sategna



ReVey Scott



Jack Torrance



Willie Turner



Larry Weaver



John Moffitt



Kelly Willie



Al Coffee



Pearson Jordan



Allen Misher



David Paddison



Sheldon Blockburger



Efrem Coley

Randy Geyer (1)
High Jump

1965

Matt Gordy (1)
Outdoor Pole Vault

1933

Rod Green (1)
Indoor 500 Meters

1984

Michael Hendry (1)
Distance Medley Relay

2008

Charley Johnson (1)
Triple Jump

1952

John Kosgei (1)
Distance Medley Relay

2008

Tom Lange (1)
Indoor High Jump

1992

Ed Lloyd (1)
Indoor Triple Jump

1982

Frank Mazza (1)
Indoor Shot Put

1989

Al Moreau (1)
120-Yard Hurdles

1933

Mark Morris (1)
Javelin

1991

Gabriel Mvumvure (1)
4x100 Relay

2008

Javier Nieto (1)
Hammer Throw

2002

Barrett Nugent (1)
4x100 Relay

2009

Ted O'Neal (1)
880 Yards

1942

Charles Onsare (1)
4x400 Relay

1990

Deryell Patterson (1)
4x100 Relay

2000

Darion Powell (1)
Heptathlon

2006

Chad Radgowski (1)
Javelin

2007

John Sanders (1)
2-Mile Run

1934

Bob Smith (1)
Indoor 1,000 Yards

1974

Traun Smith (1)
Indoor Triple Jump

2002

Blake Theriot (1)
Javelin

2000

Pedro Tunon (1)
Indoor 4x400 Relay

2001

Reuben Twijukye (1)
Indoor 800 Meters

2008

Troy Twillie (1)
Outdoor Long Jump

1995

Bill Yerger (1)
440 Yards

1945

Women's All-Americans

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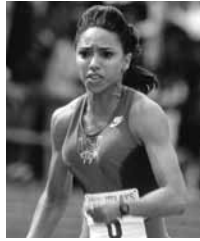
RECORDS



Esther Jones



Peta-Gaye Dowdie



Cheryl Taplin



Schowonda Williams



D'Andre Hill



Sylvia Brydson



Myra Combs



Youlanda Warren



Dahlia Duhaney



Astia Walker



Kwajalein Butler



Muna Lee

Esther Jones (21)

55 Meters	1988-91
Indoor 200 Meters	1988-91
Indoor 4x400 Relay	1991
100 Meters	1988-91
Outdoor 200 Meters	1988-91
4x100 Relay	1988-91

Muna Lee (20)

60 Meters	2002-04
Indoor 200 Meters	2001-04
Indoor 4x400 Relay	2002
100 Meters	2001-04
Outdoor 200 Meters	2001-04
4x100 Relay	2001-04

Peta-Gaye Dowdie (19)

55 Meters	1997-98
60 Meters	2000
Indoor 200 Meters	1998-99
Indoor 4x400 Relay	1998-2000
100 Meters	1997, 1999-2000
Outdoor 200 Meters	1997, 1999-2000
4x100 Relay	1997-98, 2000
Outdoor 4x400 Relay	1999-2000

Cheryl Taplin (16)

55 Meters	1992-94
Indoor 200 Meters	1993
100 Meters	1991-94
Outdoor 200 Meters	1991-94
4x100 Relay	1991-94

Schowonda Williams (16)

55 Hurdles	1988
Indoor 500 Hurdles	1986-87
Indoor 4x400 Relay	1986-87
Indoor 4x800 Relay	1988
100 Hurdles	1986-88
400 Hurdles	1985, 1987-88
Outdoor 4x400 Relay	1985-88

D'Andre Hill (15)

55 Meters	1994-96
Indoor 200 Meters	1994-96
100 Meters	1994-96
Outdoor 200 Meters	1994-96
4x100 Relay	1994-96

Kelly Baptiste (14)

60 Meters	2006-08
Indoor 200 Meters	2006-07
100 Meters	2005, 2008
Outdoor 200 Meters	2005-06, 2008
4x100 Relay	2005-06, 2008
Outdoor 4x400 Relay	2008

Sylvia Brydson (13)

Indoor 800 Meters	1989
Indoor 4x400 Relay	1987, 1989
Indoor 4x800 Relay	1987-89
Outdoor 800 Meters	1987-89
Outdoor 4x400 Relay	1986-89

Myra Combs (13)

Indoor Long Jump	1998-99
Indoor 4x400 Relay	1998-2001
Outdoor 200 Meters	2001
4x100 Relay	1998, 2000-01
Outdoor 4x400 Relay	1998-2001

Youlanda Warren (13)

Indoor 400 Meters	1992-93, 1995
Indoor 4x400 Relay	1991, 1993, 1995
Outdoor 400 Meters	1992-93, 1995
4x100 Relay	1993
Outdoor 4x400 Relay	1992-93, 1995

Dahlia Duhaney (12)

55 Meters	1991-93
Indoor 200 Meters	1992
Indoor Long Jump	1991
100 Meters	1991-92
Outdoor 200 Meters	1992
Outdoor Long Jump	1989
4x100 Relay	1991-92
Outdoor 4x400 Relay	1993

Stephanie Durst (12)

Indoor 200 Meters	2002-04
Indoor 4x400 Relay	2001-03
100 Meters	2002
Outdoor 200 Meters	2002
4x100 Relay	2001-04

Zundra Feagin (12)

55 Meters	1995
Indoor 200 Meters	1995
Indoor 4x400 Relay	1994
100 Meters	1995-96
Outdoor 200 Meters	1992, 1995-96
4x100 Relay	1994-96
Outdoor 4x400 Relay	1994

Astia Walker (12)

55 Meters	1998
55 Hurdles	1997-98
Indoor 200 Meters	1997
Indoor 4x400 Relay	1996, 1998
Outdoor 200 Meters	1996-97
100 Hurdles	1996-97
4x100 Relay	1996-97

Lolo Jones (11)

60 Meters	2003
60 Hurdles	2001-04
100 Hurdles	2002-04
4x100 Relay	2002-04

Brooklynn Morris (11)

Indoor 200 Meters	2006
Indoor 4x400 Relay	2005-08
Outdoor 200 Meters	2006
4x100 Relay	2006-08
Outdoor 4x400 Relay	2006, 2008

Kwajalein Butler (10)

55 Meters	1996-98
100 Meters	1995-97
4x100 Relay	1995-98

Samantha Henry (10)

60 Meters	2008-09
Indoor 200 Meters	2009
100 Meters	2008-09
Outdoor 200 Meters	2008-09
4x100 Relay	2007-08
Outdoor 4x400 Relay	2009

Deonna Lawrence (10)

Indoor 400 Meters	2006
Indoor 4x400 Relay	2005-08
Outdoor 400 Meters	2006
4x100 Relay	2005
Outdoor 4x400 Relay	2006-08

Danyel Mitchell (10)

Indoor Shot Put	1992-94
Outdoor Shot Put	1992-94
Discus	1991-94

Hazelann Regis (10)

Indoor 200 Meters	2005
Indoor 400 Meters	2004-05
Indoor 4x400 Relay	2003-05
Outdoor 400 Meters	2003-04
Outdoor 4x400 Relay	2003-04

Cinnamon Sheffield (10)

55 Hurdles	1990, 1992
100 Meters	1992
100 Hurdles	1989-92
4x100 Relay	1989-90, 1992

Women's All-Americans



Danyel Michell



Cinnamon Sheffield



Debbie Parris



Tananjaly Stanly



LaTarsha Stroman



Dawn Bowles



Kim Carson



Stephanie Durst



Sheila Echols



Camille Cato



Danyel Wofford



Dawn Sowell

Nickiesha Wilson (9)

60 Hurdles	2007-08
Indoor 4x400 Relay	2007-08
100 Hurdles	2007-08
400 Hurdles	2007-08
Outdoor 4x400 Relay	2007

Neisha Bernard-Thomas (8)

Indoor 800 Meters	2004-05
Indoor 4x400 Relay	2004-05
Outdoor 800 Meters	2003-04
Outdoor 4x400 Relay	2003-04

Debbie Parris (8)

Indoor 400 Meters	1994
Indoor 4x400 Relay	1994
400 Hurdles	1993-94
4x100 Relay	1993-94
Outdoor 4x400 Relay	1993-94

Tananjaly Stanly (8)

55 Hurdles	1987-89
100 Hurdles	1989-90
4x100 Relay	1988-90

LaTarsha Stroman (8)

Indoor 400 Meters	1997
Indoor 4x400 Relay	1994-96
Outdoor 400 Meters	1995, 1997
Outdoor 4x400 Relay	1994-95

LaTavia Thomas (8)

Indoor 800 Meters	2008-09
Indoor 4x400 Relay	2008
Outdoor 800 Meters	2008-09
Outdoor 4x400 Relay	2007-09

Dawn Bowles (7)

55 Hurdles	1991
100 Hurdles	1990-92
4x100 Relay	1990-92

Kim Carson (7)

55 Hurdles	1994-96
100 Hurdles	1993-96

Nadia Davy (7)

Indoor 400 Meters	2003-04
Indoor 4x400 Relay	2003-04
Outdoor 400 Meters	2003
Outdoor 4x400 Relay	2003-04

Sheila Echols (7)

55 Meters	1985, 1987
Indoor Long Jump	1987
100 Meters	1987
Outdoor Long Jump	1987
4x100 Relay	1985, 1987

Monique Hall (7)

Indoor 4x400 Relay	2003-04
Outdoor 200 Meters	2003
4x100 Relay	2003-04
Outdoor 4x400 Relay	2003-04

Michele Morris (7)

Indoor 400 Meters	1985
Indoor 4x400 Relay	1985-86
4x100 Relay	1985, 1987
Outdoor 4x400 Relay	1985, 1987

Nicole Toney (7)

Indoor Long Jump	2004
Indoor Triple Jump	2002-04
Outdoor Triple Jump	2002-04

Camille Cato (6)

Indoor 4x400 Relay	1985
Indoor 4x800 Relay	1985, 1987
Outdoor 800 Meters	1987
Outdoor 4x400 Relay	1985-86

Jessica Ohanaja (6)

60 Hurdles	2007-08
100 Hurdles	2007-08
4x100 Relay	2005, 2007

Dawn Sowell (6)

55 Meters	1989
Indoor 200 Meters	1989
Indoor 4x400 Relay	1989
100 Meters	1989
Outdoor 200 Meters	1989
4x100 Relay	1989

Keisha Spencer (6)

Indoor Long Jump	1999
Indoor Triple Jump	1999-2000
Outdoor Long Jump	2000
Outdoor Triple Jump	1999-2000

Heather Van Norman (6)

Indoor 400 Meters	1991
Indoor 4x400 Relay	1991, 1993
4x100 Relay	1993
Outdoor 4x400 Relay	1992-93

Danyel Wofford (6)

Indoor 4x400 Relay	1986-87
4x100 Relay	1987-88
Outdoor 4x400 Relay	1987-88

Valma Bass (5)

Indoor 4x400 Relay	2000
Outdoor 200 Meters	2000
4x100 Relay	2000
Outdoor 4x400 Relay	1998, 2000

Joyce Bates (5)

60 Hurdles	1999-2000
100 Hurdles	1999-2000
4x100 Relay	2000

Claire Connor (5)

Indoor Long Jump	1986-88
Outdoor Long Jump	1987-88

Sherry Fletcher (5)

60 Meters	2007
100 Meters	2007
Outdoor 200 Meters	2007
4x100 Relay	2006-07

Camille Jackson (5)

Indoor Triple Jump	1991
Outdoor Long Jump	1993
Outdoor Triple Jump	1990-91, 1993

Sharon Jaklofsky (5)

Indoor Long Jump	1992-93
Heptathlon	1991-93

Suzette Lee (5)

Indoor Long Jump	1997
Indoor Triple Jump	1996-97
Outdoor Triple Jump	1996-97

Sheila Powell (5)

Indoor 4x400 Relay	1995-96
Outdoor 200 Meters	1996
Outdoor 4x400 Relay	1994-95

Daphnie Saunders (5)

Indoor Long Jump	1993-94
Indoor Triple Jump	1994
Outdoor Long Jump	1993-94

Sa'Donna Thornton (5)

60 Meters	2000
100 Meters	2000
4x100 Relay	1997-98, 2001

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Keisha Spencer



Joyce Bates



Clair Connor



Sharon Jaklofsky



Suzette Lee



Sheila Powell



Daphnie Saunders



Sa'Donna Thornton



Wendy Truvillion



Claudine Williams



Teresa Williford



Lana Zimmerman

Wendy Truvillion (5)

Indoor 500 Meters	1985
Indoor 4x400 Relay	1985-87
Outdoor 4x400 Relay	1985

Claudine Williams (5)

Indoor 800 Meters	1999
Indoor 4x400 Relay	1999-2000
Outdoor 800 Meters	1999
Outdoor 4x400 Relay	1999

Teresa Williford (5)

Indoor Shot Put	1985-87
Outdoor Shot Put	1986
Discus	1987

Lana Zimmerman (5)

Indoor 800 Meters	1983
Indoor 4x800 Relay	1985
Heptathlon	1982-83, 1985

Jackie Bobien (4)

Indoor 4x400 Meters	1985
Indoor 4x800 Meters	1987-88
Outdoor 4x400 Meters	1986

Juanita Broadus (4)

Indoor 4x400 Relay	2006
100 Meters	2008
4x100 Relay	2006
Outdoor 4x400 Relay	2006

Sharon Clarke (4)

Indoor Long Jump	1986
Indoor Triple Jump	1986
Outdoor Long Jump	1986
Outdoor Triple Jump	1986

Mary Cobb (4)

55 Hurdles	1990-91
100 Hurdles	1990-91

Opal Cunningham (4)

Indoor 4x400 Relay	1989
Outdoor 400 Meters	1989
Outdoor 4x400 Relay	1988-89

Andrea Linton (4)

Indoor Long Jump	2008
Indoor Triple Jump	2009
Outdoor Triple Jump	2006-07

Charlene Maulseed (4)

Indoor 4x400 Relay	1995-96
Outdoor 400 Meters	1995
Outdoor 4x400 Relay	1995

Cynetheia Rooks (4)

Indoor 4x400 Relay	2006-07
Outdoor 4x400 Relay	2006-07

Ronetta Smith (4)

Indoor 400 Meters	2001
Indoor 4x400 Relay	2001-02
Outdoor 400 Meters	2001

Cheryl Wilson (4)

Indoor 4x400 Relay	1989
Heptathlon	1985-86, 1989

Marian Burnett (3)

Indoor 800 Meters	2002-03
Indoor 4x400 Relay	2002

Kym Carter (3)

Indoor High Jump	1987
Outdoor High Jump	1987
Heptathlon	1987

Celena Clarke (3)

Indoor 400 Meters	1999
Indoor 4x400 Relay	1999
Outdoor 4x400 Relay	1998

Donalda Duprey (3)

Indoor 4x400 Relay	1991
Indoor 4x800 Relay	1989
Outdoor 4x400 Relay	1989

Monique Freeman (3)

Indoor Long Jump	1999-2000
Outdoor Long Jump	2000

Indira Hamilton (3)

Indoor 4x400 Relay	1993
Outdoor 4x400 Relay	1992-93

Christine Slythe (3)

Indoor 1,000 Meters	1985
Indoor 4x800 Relay	1985
Outdoor 800 Meters	1985

Kenyanna Wilson (3)

60 Meters	2009
100 Meters	2009
4x100 Relay	2008

Zina Age (2)

4x100 Relay	1987-88
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Alicia Bass (2)

55 Hurdles	1986
100 Hurdles	1988

Brittani Carter (2)

Indoor High Jump	2009
Outdoor High Jump	2009

Laverne Eve (2)

Indoor Shot Put	1988
Javelin	1987



Gai Kapernick



Michelle King



Angela Phipps



Roslyn Rucker



Muffy McLeod



Marian Burnett

Women's All-Americans



Jackie Bobien



Sharon Clarke



Mary Cobb



Opal Cunningham



Lolo Jones



Ronetta Smith



Cheryl Wilson



Kym Carter



Donalda Duprey



Monique Freeman



Christine Slythe



Valma Bass



Nicole Toney



Neisha Bernard-Thomas



Laverne Eve



Julie Lewis-Harris

Brittany Hall (2)
Outdoor 800 Meters 2009
Outdoor 4x400 Relay 2009

Marita Hunt (2)
Outdoor Long Jump 1995
4x100 Relay 1995

Julie Lewis-Harris (2)
Indoor Triple Jump 1988
Outdoor Triple Jump 1985

Gai Kapernick (2)
Outdoor High Jump 1993-94

Michelle King (2)
100 Meters 1985
4x100 Relay 1985

Jovennie McDuffie (2)
Heptathlon 1991-92

Rhonda Phillips (2)
Indoor 4x800 Relay 1989
Heptathlon 1988

Angela Phipps (2)
Outdoor 200 Meters 1985
4x100 Relay 1985

Bianca Rockett (2)
Indoor Triple Jump 2002
4x100 Relay 2002

Roslyn Rucker (2)
Indoor 4x800 Relay 1989
Outdoor 4x400 Relay 1989

April Sams (2)
Outdoor 4x400 Relay 1999-2000

Eunice Allen (1)
Outdoor 4x400 Relay 1992

Cheryl Coker (1)
Javelin 1988

Meisue Francis (1)
Outdoor 4x400 Relay 2006

Carmis Franks (1)
Outdoor 4x400 Relay 1998

Eureka Hall (1)
Indoor 4x400 Relay 1994

Kathi Harris (1)
Indoor 4x800 Relay 1987

Tina Harris (1)
Outdoor Long Jump 2004

Rachel Laurent (1)
Indoor Pole Vault 2009

Selena Lewis (1)
60 Hurdles 1999

Somalia Lindsay (1)
Indoor 4x400 Relay 1998

Brittany Littlejohn (1)
100 Hurdles 2004

Xyllena Lynch (1)
Indoor 4x400 Relay 2001

Chenelle Marshall (1)
Outdoor Long Jump 2001

Charlotte Mayock (1)
Indoor Mile 1997

Muffy McLeod (1)
Indoor 4x800 Relay 1985

Leslie Nixon (1)
Indoor 4x800 Relay 1988

Tanya Osbourne (1)
Outdoor 4x400 Relay 2004

Ashley Owens (1)
4x100 Relay 2005

Kayann Thompson (1)
Outdoor 4x400 Relay 2009

Lee Ann Van Landingham (1)
Outdoor 800 Meters 1983

Career All-America Honors

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Pete Coley



Walter Davis



Esther Jones



Peta-Gaye Dowdie

MEN'S CAREER

ALL-AMERICA HONORS

NAME	TOTAL
Kelly Willie	19
Bennie Brazell	14
Pete Coley	12
Xavier Carter	10
Walter Davis	9
Rohsaan Griffin	8
Trindon Holliday	8
Robert Parham	8
Richard Thompson	8
Billy Brown	7
Russ Buller	7
Lueroy Colquhoun	7
Armanti Hayes	7
Reggie Jones	7
Mikael Olander	7
Marcus Thomas	7
Simon Williams	7
Alleyne Francique	6
Glenn "Slats" Hardin	6
Eddie Kennison	6
John Moffitt	6
Terry Thornton	6
Slip Watkins	6
Mike Alridge	5
Chris Cummings	5
Passmore Furusa	5
Robin van Helden	5
Chris King	5
Regan Nichols	5
Llewellyn Starks	5
LeVar Anderson	4
Derrick Brew	4
Reggie Dardar	4
Mark Elliott	4
Jermaine Grant	4
Jeremy Hicks	4
Lotfi Khaida	4
Byron Logan	4
Joe Maciejczyk	4
John Nichols	4
Isa Phillips	4
Jason Sanders	4
Larry Shipp	4
Marvin Stevenson	4
Derrick Thymes	4
Bernard Williams	4

Siraj Williams	4
Claston Bernard	3
Glenroy Gilbert	3
Billy Hardin	3
Greg Hill	3
Charles James	3
Rolf Kahles	3
Alleyne Lett	3
Orlando McDaniel	3
Fabian Muyaba	3
Derrick Prentice	3
Eric Reid	3
Melville Rogers	3
Matthew Rose	3
Mario Sategna	3
ReVey Scott	3
LeJuan Simon	3
David Singoei	3
Jack Torrance	3
Willie Turner	3
Larry Weaver	3
Bryant Williams	3
Ade Alleyne-Forte	2
Austin Benton	2
Buddy Blair	2
Sheldon Blockburger	2
Willie Bradley	2
Efrem Coley	2
Will Coppage	2
Tom Dickey	2
Marlon Greensword	2
Walter Henning	2
Maurice Horton	2
Jamar Howard	2
Jamaal James	2
Bengt Jarlso	2
Richard Jones	2
Pearson Jordan	2
Elkana Kosgei	2
Bob Lowther	2
Milton Mallard	2
Earl Marcelle	2
Ernest Marvin	2
Eugene McCain	2
Delmon McNabb	2
Allen Misher	2
Dino Napier	2
David Paddison	2
Curtis Perry	2

Scott Petersen	2
Gunnar Pflingsten	2
Robert Simmons	2
Daniel Trosclair	2

WOMEN'S CAREER

ALL-AMERICA HONORS

NAME	TOTAL
Esther Jones	21
Muna Lee	20
Peta-Gaye Dowdie	19
Cheryl Taplin	16
Schowonda Williams	16
D'Andre Hill	15
Kelly Baptiste	14
Sylvia Brydson	13
Myra Combs	13
Youlanda Warren	13
Dahlia Duhaney	12
Stephanie Durst	12
Zundra Feagin	12
Astia Walker	12
Lolo Jones	11
Brooklynn Morris	11
Kwajalein Butler	10
Samantha Henry	10
Deonna Lawrence	10
Danyel Mitchell	10
Hazelann Regis	10
Cinnamon Sheffield	10
Nickiesha Wilson	9
Neisha Bernard-Thomas	8
Debbie Parris	8
Tananjalyn Stanley	8
LaTarsha Stroman	8
LaTavia Thomas	8
Dawn Bowles	7
Kim Carson	7
Nadia Davy	7
Sheila Echols	7
Monique Hall	7
Michele Morris	7
Nicole Toney	7
Camille Cato	6
Jessica Ohanaja	6
Dawn Sowell	6
Keisha Spencer	6
Heather Van Norman	6
Danyel Wofford	6

Valma Bass	5
Joyce Bates	5
Claire Connor	5
Sherry Fletcher	5
Camille Jackson	5
Sharon Jaklofsky	5
Suzette Lee	5
Sheila Powell	5
Daphnie Saunders	5
Sa'Donna Thornton	5
Wendy Truvillion	5
Claudine Williams	5
Teresa Williford	5
Lana Zimmerman	5
Jackie Bobien	4
Juanita Broaddus	4
Sharon Clarke	4
Mary Cobb	4
Opal Cunningham	4
Andrea Linton	4
Charlene Maulseed	4
Cynetheia Rooks	4
Ronetta Smith	4
Cheryl Wilson	4
Marian Burnett	3
Kym Carter	3
Celena Clarke	3
Donalda Duprey	3
Monique Freeman	3
Indira Hamilton	3
Christine Slythe	3
Kenyanna Wilson	3
Zina Age	2
Alicia Bass	2
Brittani Carter	2
Laverne Eve	2
Brittany Hall	2
Marita Hunt	2
Gai Kapernick	2
Michelle King	2
Julie Lewis-Harris	2
Jovennie McDuffie	2
Rhonda Phillips	2
Angela Phipps	2
Bianca Rockett	2
Roslyn Rucker	2
April Sams	2

LSU at the Texas Relays

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MEN'S UNIVERSITY EVENT CHAMPIONS

100 Meters		
1978	Revy Scott	10.22
1996	Chris Cummings	10.23
2006	Kelly Willie	10.18
2008	Trindon Holliday	10.20
2008	Richard Thompson*	10.00

1,500 Meters		
1979	Mike Quigley	3:46.99

110-Meter Hurdles		
1975	Larry Shipp	13.7

400-Meter Hurdles		
1964	Billy Hardin	50.8
1983	John Dutton	51.01
1986	Bernard Williams	50.0
2002	Lueroy Colquhoun	50.14
2007	Isa Phillips	50.71

3,000-Meter Steeplechase		
1979	Mark Dobbins	8:43.02
1990	Magnus Bengtsson	8:39.83

Long Jump		
1941	Billy Brown	25-7
1981	Eugene McCain	24-9
1990	Llewellyn Starks	26-3 1/2
1998	Mike Alridge	25-1 3/4
2002	Walter Davis	26-7 3/4
2004	Lejuan Simon	25-8w

Triple Jump		
1998	Levar Anderson	51-5 3/4
2001	Walter Davis	54-11 1/2
2003	John Moffitt	54-6 1/2w

High Jump		
1938	Fred Shelton	6-2
1940	Ivan Devall	6-3 1/2

Pole Vault		
1987	Ricky Wright	16-10
1999	Russ Buller	18-2 1/2
2000	Russ Buller	18-8 3/4

Javelin		
1935	Buddy Blair	206-6
1946	Bob Lowther	197-3 1/2
1965	Delmon McNabb	221-5 1/4
1966	Jack Dyer	235-4
1967	Delmon McNabb	250-0

Discus		
1989	John Nichols	204-1
1990	John Nichols	202-3
1992	John Nichols	201-0

WOMEN'S UNIVERSITY EVENT CHAMPIONS

100 Meters		
1987	Sheila Echols	11.37
1989	Dawn Sowell	10.93
1993	Cheryl Taplin	11.45
1994	Cheryl Taplin	10.99w
1995	Zundra Feagin	11.12w
2003	Muna Lee	10.97w
2004	Muna Lee	11.31
2005	Kelly Baptiste	11.04w
2008	Kelly Baptiste*	11.06

100-Meter Hurdles		
1986	Alicia Bass	13.26
1989	Tananjalyn Stanley	12.94
1991	Mary Cobb	13.15
1992	Dawn Bowles	13.05
1996	Kim Carson	12.73w
2000	Joyce Bates	12.82w
2003	Lolo Jones	12.90
2007	Jessica Ohanaja	13.34
2008	Nickiesha Wilson	12.85

400-Meter Hurdles		
1985	Schowonda Williams	56.57
1986	Schowonda Williams	57.80
1987	Schowonda Williams	58.56
1993	Debbie Parris	58.02
2007	Nickiesha Wilson	57.12

Pole Vault		
2009	Rachel Laurent	14-11/4

Long Jump		
1993	Daphnie Saunders	20-8

Triple Jump		
1996	Suzette Lee	44-6
1997	Suzette Lee	44-11 1/2
2000	Keisha Spencer	45-10
2002	Nicole Toney	43-7 1/4

Discus		
1994	Danyel Mitchell	183-3

* - Indicates winner of an invitational race



Richard Thompson at the 2008 Texas Relays

For many collegiate programs across the country, the Clyde Littlefield Texas Relays marks the true beginning of the outdoor season as many of the nation's top teams travel to Mike A. Myers Stadium in Austin for one of the most prestigious meets during the regular season. LSU is world famous for the performance of its men's and women's relay teams, and its success at the Texas Relays rivals that of any program in the NCAA. The Tigers and Lady Tigers have combined for 59 relay titles and 66 individual titles in the University division at the Texas Relays, and the squads will be looking to add to their impressive resume in 2010.

Texas Relays Most Outstanding Teams

1989	LSU Women
1995	LSU Women
1996	LSU Women
2003	LSU Women

Texas Relays Most Outstanding Performers

1987	Schowonda Williams
1989	Dawn Sowell
1992	Dawn Bowles
1994	Cheryl Taplin
2003	Lolo Jones

Men's University Relay Champions Clyde Littlefield 4x100-Meter Relay (8)

1993 (39.39), 1995 (39.01), 1998 (38.91), 2004 (38.93), 2005 (38.94), 2006 (38.97), 2007 (40.57), 2008 (38.74)

4x200-Meter Relay (8)

1973 (1:23.3), 1978 (1:22.87), 1979 (1:22.37), 1980 (1:22.35), 1996 (1:22.80), 1997 (1:21.78), 1998 (1:21.77), 2007 (1:26.06)

Cleburne Prince, Jr. 4x400-Meter Relay (5)

1939 (3:18.8), 1940 (3:18.4), 2002 (3:06.41), 2006 (3:02.31), 2007 (3:09.93)

4x800-Meter Relay (2)

1935 (7:51.6), 1995 (7:24.64)

4x1,500-Meter Relay (1)

1989 (15:09.74)

Sprint Medley Relay (1)

1972 (3:18.48)

Distance Medley Relay (1)

2008 (9:40.66)

Women's University Relay Champions 4x100-Meter Relay (9)

1989 (43.33), 1991 (43.82), 1992 (43.98), 1994 (43.25), 1995 (43.68), 1996 (43.31), 2001 (43.43), 2003 (42.63), 2004 (43.34)

4x200-Meter Relay (6)

2000 (1:33.77), 2001 (1:31.63), 2002 (1:33.05), 2003 (1:30.07), 2004 (1:30.42), 2006 (1:32.70)

4x400-Meter Relay (5)

1993 (3:30.81), 1994 (3:31.52), 1995 (3:29.82), 2008 (3:29.72), 2009 (3:31.81)

4x800-Meter Relay (3)

1985 (8:34.10), 2008 (8:45.04), 2009 (8:46.23)

Sprint Medley Relay (10)

1987 (1:39.04), 1989 (1:36.81), 1991 (1:38.10), 1992 (1:37.90), 1993 (1:37.95), 1997 (3:50.44), 1999 (3:44.18), 2002 (3:48.54), 2004 (3:44.20), 2009 (3:50.89)



2008 Penn Relays 4x100 Relay Champions

Each year, track athletes from around the world converge on historic Franklin Field in Philadelphia for the annual Penn Relays Carnival to take part in one of the true spectacles in the sport of track and field.

The LSU track and field program is one of the feature attractions year in and year out as the Tigers and Lady Tigers put their talent on

display for the more than 100,000 fans that fill the stands to make the Penn Relays one of the unique events in all of sports. The teams have won a combined 58 Championship of America relay titles, while having 54 athletes crowned University champions throughout the storied history of the meet.

The Lady Tigers are the winningest program in meet

history as their 40 total relay titles all-time is more than any other women's program in collegiate track and field. The Tigers have won 18 relay titles of their own. LSU made history in 2008 by winning a combined six relay titles between the men's and women's teams, which is a meet record for a combined program.

Penn Relays Most Outstanding Athletes

1994	Cheryl Taplin	College Women's Outstanding Relay Runner
1996	D'Andre Hill	College Women's Outstanding Relay Runner
2003	Muna Lee	College Women's Outstanding Relay Runner
2006	Kelly Baptiste	College Women's Individual Athlete of the Meet
2006	Kellie Willie	College Men's Outstanding Relay Runner
2008	LaTavia Thomas	College Women's Outstanding Relay Runner
2009	Rachel Laurent	College Women's Individual Athlete of the Meet
2009	Jeremy Hicks	College Men's Individual Athlete of the Meet

Men's Championship of America Relay Titles

4x100-Meter Relay (8)

1979 (40.00), 1992 (39.70), 1993 (39.49), 1995 (39.47), 2005 (39.06), 2006 (39.22), 2007 (39.73), 2008 (39.18)

4x200-Meter Relay (4)

1992 (1:22.02), 1997 (1:21.50), 1998 (1:22.28), 2006 (1:21.31)

4x400-Meter Relay (3)

2002 (3:05.14), 2006 (3:02.21), 2007 (3:07.34)

4x800-Meter Relay (1)

1935 (7:49.0)

Sprint Medley Relay (1)

2008 (3:16.68)

Shuttle Hurdle Relay (1)

1987 (55.73)

Women's Championship of America Relay Titles

4x100-Meter Relay (12)

1985 (44.61), 1991 (43.96), 1992 (44.14), 1995 (43.99), 1996 (43.66), 1997 (43.51), 1998 (43.42), 2000 (43.98), 2003 (42.73), 2004 (42.92), 2007 (43.66), 2008 (42.59)

4x200-Meter Relay (11)

1991 (1:32.2), 1994 (1:32.55), 1995 (1:32.61), 1996 (1:31.60), 1997 (1:31.29), 1999 (1:32.46), 2001 (1:31.24), 2002 (1:31.58), 2003 (1:29.78), 2004 (1:30.54), 2006 (1:31.65)

4x400-Meter Relay (2)

1987 (3:35.66), 1993 (3:29.91)

4x800-Meter Relay (2)

1987 (8:25.95), 2008 (8:30.98)

Sprint Medley Relay (5)

2002 (3:47.48), 2003 (3:44.68), 2007 (3:47.09), 2008 (3:46.65), 2009 (3:47.26)

Shuttle Hurdle Relay (8)

1991 (53.0), 1992 (53.8), 1999 (54.01), 2000 (54.57), 2003 (53.04), 2004 (53.43), 2006 (54.24), 2008 (52.77)

MEN'S UNIVERSITY EVENT CHAMPIONS

100 Meters		
2009	Trindon Holliday	10.16
400-Meter Hurdles		
1935	Glenn Hardin	54.7
10,000 Meters		
1990	Terry Thornton	28:32.98
Pole Vault		
1997	Russ Buller	18-0 1/2
2000	Russ Buller	18-6 1/2
2004	Daniel Trosclair	17-4 1/2

Long Jump		
2001	Walter Davis	25-10 1/4
2002	Walter Davis	26-8 1/2
2004	John Moffitt	26-5 3/4
2009	Jeremy Hicks	26-3

Triple Jump		
1932	Sid Bowman	47-9 3/8
1935	Buddy Blair	47-6
1999	Levar Anderson	54-2 3/4
2001	Walter Davis	55-0 3/4
2002	Walter Davis	54-11 1/2

Shot Put		
1997	Gunnar Pflingsten	61-5 1/2

Discus		
1999	Alex Forst	184-3
2000	Alex Forst	188-11

Hammer		
2008	Rabun Fox	208-8
2009	Walter Henning	225-6

Javelin		
1991	Mark Morris	225-2
2008	Chad Radgowski	228-8

Decathlon		
1992	Kanon Vanderhoff	7,177

WOMEN'S UNIVERSITY Event CHAMPIONS

100 Meters		
1985	Michelle King	11.66
1991	Esther Jones	11.33
1993	Cheryl Taplin	11.36
1994	Cheryl Taplin	11.16
1995	Kwajalein Butler	11.40
1996	D'Andre Hill	11.14
1998	Peta Gaye-Dowdie	11.37
2001	Muna Lee	11.24
2002	Muna Lee	11.38
2003	Muna Lee	11.23
2006	Kelly Baptiste	11.10
2009	Samantha Henry	11.22

100-Meter Hurdles		
1991	Mary Cobb	13.06
1992	Dawn Bowles	13.06
1996	Kim Carson	13.03
2004	Lolo Jones	13.04w
2007	Jessica Ohanaja	13.09
2008	Nickiesha Wilson	13.03

400-Meter Hurdles		
1986	Schowonda Williams	55.78
1987	Schowonda Williams	56.98
1991	Donalda Duprey	56.99

Pole Vault		
2008	Katelyn Rodrigue	13-7 1/4
2009	Rachel Laurent	13-10 1/2

Long Jump		
1993	Daphnie Saunders	20-1 1/2w

Triple Jump		
1996	Suzette Lee	45-3
2002	Nicole Toney	43-1
2003	Nicole Toney	44-4

Shot Put		
1992	Danyel Mitchell	52-6 1/2

Discus		
1993	Danyel Mitchell	175-7
1994	Danyel Mitchell	183-7

Javelin		
1987	Laverne Eve	174-2

Men's All-Time Indoor Records

ABBREVIATIONS

c = converted from equivalent distance

y = time achieved at yard equivalent

a = time achieved at altitude

55 Meters

1.	Chris Cummings	1998	6.13a
2.	Clyde Bishop	1982	6.14y
3.	Willie Turner	1978	6.19y
4.	Slip Watkins	1990	6.21
5.	Jermaine Grant	1998	6.22a
6.	Glenroy Gilbert	1993	6.24
	ReVey Scott	1978	6.24y
	Efram Coley	1979	6.24y
9.	Anthony Druilhet	1986	6.25y
	Rohsaan Griffin	1996	6.25

60 Meters

1.	Richard Thompson	2008	6.51
2.	Trindon Holliday	2008	6.54
3.	Kelly Willie	2006	6.66
4.	Chris Cummings	1997	6.71
5.	Devery Henderson	2001	6.72
6.	Robert Parham	2003	6.73
7.	Xavier Carter	2005	6.74
8.	Rohsaan Griffin	1996	6.75
9.	Paul Thompson	2004	6.76
10.	Jermaine Grant	1998	6.77
	Derrick Brew	1999	6.77
	Gabriel Mvumvure	2009	6.77

200 Meters

1.	Xavier Carter	2006	20.30
2.	Kelly Willie	2006	20.46
3.	Rohsaan Griffin	1996	20.69
4.	Robert Parham	2003	20.91
5.	Derrick Brew	1999	20.94
6.	Slip Watkins	1990	21.03
7.	Armanti Hayes	2007	21.10
8.	Melville Rogers	2007	21.15
9.	Jermaine Grant	1998	21.21
10.	Curtis Perry	1998	21.24

400 Meters

1.	Xavier Carter	2006	45.28
2.	Alleyne Francique	2002	45.35
3.	Pete Coley	2002	45.37
4.	Kelly Willie	2005	45.41
5.	Reggie Dardar	2007	46.11
6.	Derrick Brew	2000	46.12
7.	Robert Simmons	2009	46.22
8.	Lueroy Colquhoun	2000	46.29
9.	Siraj Williams	2007	46.61
10.	Maurice Horton	1991	46.67

800 Meters

1.	Jeffrey Fisher	2005	1:47.84
2.	Elkana Kosgei	2008	1:48.18
3.	Reuben Twijukye	2008	1:48.29
4.	Jamaal James	2007	1:48.58
5.	Mark Fowler	1988	1:49.31
6.	Passmore Furusa	1995	1:49.40
7.	Robin van Helden	1985	1:49.61c
8.	Richard Jones	2009	1:49.66
9.	David Singoei	1993	1:49.99
10.	Urban Johansson	1987	1:50.84c

Oversized Track:

1.	Jeffrey Fisher	2004	1:48.44
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Mile

1.	Passmore Furusa	1995	3:58.77
2.	John Kosgei	2008	3:59.85
3.	Robin van Helden	1988	4:00.42
4.	Patrick Gavin	2006	4:02.73
5.	Terry Thornton	1990	4:03.06
6.	Bobby Beck	1982	4:03.14
7.	Mike Quigley	1980	4:04.29
8.	Michael Hendry	2008	4:05.03
9.	Mark Elliott	1989	4:06.31
10.	Frans Schimper	1999	4:06.85

3,000 Meters

1.	John Kosgei	2008	7:55.49
2.	Terry Thornton	1989	7:56.66
3.	Mark Elliott	1989	8:00.03
4.	Passmore Furusa	1994	8:04.90
5.	Mike Quigley	1980	8:07.00c
6.	Curtis Conaway	1982	8:08.0
7.	Tom Douple	1975	8:10.4c
8.	Bobby Beck	1980	8:14.14c
9.	Mark Dobbins	1979	8:15.15c
10.	Mike Smith	1986	8:19.78c

5,000 Meters

1.	Terry Thornton	1990	13:39.68
2.	Mark Elliott	1990	13:43.34
3.	Jimmy Wiggins	2005	14:14.94
4.	Mike Smith	1986	14:16.98c
5.	Mark Dobbins	1980	14:21.8c
6.	Joseph Simuchimba	2008	14:24.46
7.	Likhaya Dayile	2000	14:25.85
8.	Jacob Simmons	2009	14:34.75
9.	Sam Mwape	2005	14:36.94
10.	Drew Haro	2006	14:41.27

Oversized Track:

1.	Sam Mwape	2004	14:31.39
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55-Meter Hurdles

1.	Larry Shipp	1976	7.11y
2.	Bernard Williams	1985	7.15y
3.	Orlando McDaniel	1981	7.16y
	Charles James	1986	7.16y
5.	Bert Rareshide	1996	7.17c
6.	Eric Reid	1987	7.19y
7.	Derek Hopkins	1990	7.22
8.	Allen Misher	1973	7.24yc
9.	George Boutte	1978	7.26y
10.	Sherman Morris	1991	7.31

60-Meter Hurdles

1.	Ryan Fontenot	2008	7.69
2.	Alleyne Lett	2007	7.70
3.	Bert Rareshide	1996	7.77
4.	Greg Scott	2000	7.82
5.	Patrick Lee	2009	7.86
6.	Barrett Nugent	2009	7.93
7.	Adrian Mayes	2001	7.98
8.	Braxton Cosby	1997	8.00
9.	Sean Dupigney	1996	8.05
10.	Chris Jackson	2005	8.07

High Jump

1.	Tom Lange	1992	7-6 1/2
2.	Alain Metellus	1986	7-3 1/2
3.	Larey Weaver	1983	7-3
4.	J.J. Barton	1999	7-3
5.	Claston Bernard	2002	7-13/4
6.	Louis Callaway	1987	7-1 1/2
7.	Bruce Reid	1989	6-11 3/4
8.	John Dupont	1995	6-11
9.	Phillip Malcolm	2007	6-10 3/4
	Juan Thomas	1994	6-10 3/4
	Harry Palles	1981	6-10 3/4
	Sheldon Blockburger	1988	6-10 3/4
	Dennis Harris	1990	6-10 3/4

Pole Vault

1.	Russ Buller	1999	19-0 1/4
2.	Greg Rappe	1984	18-1
	Daniel Troclair	2004	18-1
4.	Derrick Prentice	1995	17-7 3/4
5.	Ricky Wright	1987	17-7
6.	Edgar Diaz	1991	17-6 1/4
7.	Greg Duplantiz	1986	17-5 1/2
8.	Efram Melendez	1990	17-3
9.	Bobby DeHollander	1986	17-1 1/2
10.	Josh Dominguez	2009	17-0 3/4

Long Jump

1.	John Moffitt	2004	27-1 3/4
2.	Walter Davis	2002	26-9
3.	Llewellyn Starks	1990	26-7 1/4
4.	Marcus Thomas	2000	26-3 3/4
5.	Jeremy Hicks	2009	26-3 1/2
6.	Matthew Rose	1989	25-10
	Mike Alridge	1996	25-10
8.	Glenroy Gilbert	1993	25-8 3/4
9.	Lotti Khaida	1992	25-8
10.	LeJuan Simon	2004	25-7 1/2

Triple Jump

1.	Walter Davis	2002	56-6 1/2
2.	LeJuan Simon	2004	55-11 1/4
3.	John Moffitt	2004	55-1
4.	LeVar Anderson	1999	55-0 3/4
5.	Willie Bradley	2004	54-5 1/4
6.	Reggie Jones	1993	54-2 3/4
7.	Lotti Khaida	1992	54-1 1/4
8.	Marcus Thomas	2001	54-0 1/2
9.	Ed Lloyd	1981	53-11
10.	Jermaine Grant	1995	52-2

Shot Put

1.	Joe Maciejczyk	1981	66-0 1/4
2.	Simon Williams	1990	63-1 1/4
3.	Rolf Kahles	1997	62-11 1/4
4.	Cunнар Pфingsten	1998	62-10 1/2
5.	Scott Petersen	1994	62-0 1/4
6.	Frank Mazza	1989	61-5 3/4
7.	Christian Nehme	1999	61-5
8.	Ricky Jean-Francois	2006	60-11 1/4
9.	Alex Forst	1999	60-0 1/2
10.	Tom Marshall	1980	59-8 1/4

Weight Throw

1.	Walter Henning	2009	74-5 1/2
2.	Dave Paddison	1994	69-11 1/2
3.	Javier Nieto	2002	66-6 1/2
4.	Michael Lauro	2009	66-5 3/4
5.	Rabun Fox	2009	65-7 1/2
6.	Nigel Green	1997	65-5
7.	Nathan Turner	1997	62-1 1/4
8.	Cunнар Pфingsten	1998	60-2
9.	John Woosley	1998	59-0
10.	Matt Vincent	2004	57-11 3/4

Pentathlon

1.	Sheldon Blockburger	1987	4,451
2.	Bruce Reid	1989	4,399
3.	Claston Bernard	2002	4,350
4.	Bengt Jarlso	1989	4,085
5.	Mikael Olander	1988	4,053
6.	Erno Tjepkema	1988	3,925
7.	Kanon Vanderhoff	1992	3,877

Heptathlon

1.	Darion Powell	2006	5,707
2.	Edwin Billot	2006	5,652
3.	Gavin Fleming	2005	5,077
4.	Alleyne Lett	2005	5,072
5.	Kwami Roberts	2005	4,822

4x400-Meter Relay

1.	Kelly Willie, Reggie Dardar, Melville Rogers, Xavier Carter	2006	3:04.01
2.	Robert Parham, Lueroy Colquhoun, Pedro Tunon, Alleyne Francique	2001	3:04.44
3.	Lueroy Colquhoun, Pete Coley, Robert Parham, Alleyne Francique	2002	3:04.75
4.	Pete Coley, Marlon Greensword, Bennie Brazell, Kelly Willie	2003	3:04.79
5.	Robert Parham, Pete Coley, Bennie Brazell, Kelly Willie	2004	3:04.84

Distance Medley Relay

1.	Elkana Kosgei, Armanti Hayes, Jamaal James, John Kosgei	2008	9:35.31
2.	Michael Hendry, Austin Benton, Isa Phillips, Patrick Gavin	2006	9:41.04
3.	Tre Hendry, Kurt Dietrich, James Hook, Passmore Furusa	1995	9:45.64
4.	Scott Ainsworth, Calvin Kennon, John Sauerhage, Bobby Beck	1982	9:46.24
5.	Ben Shumaker, Anthony Ewers, Tomario Thomas, Andrew Huston	2003	9:50.79

Women's All-Time Indoor Records

ABBREVIATIONS

c = converted from equivalent distance
a = time achieved at altitude

55 Meters

1. Dawn Sowell	1989	6.58
2. D'Andre Hill	1996	6.65
3. Peta-Gaye Dowdie	1998	6.68a
4. Esther Jones	1989	6.69
5. Sheila Echols	1987	6.70
6. Cheryl Taplin	1994	6.72
7. Kelly Baptiste	2006	6.73
8. Muna Lee	2003	6.73
9. Dahlia Duhaney	1993	6.76
10. Kwajalein Butler	1996	6.77

60 Meters

1. Kelly Baptiste	2008	7.13
2. Muna Lee	2003	7.15
3. Samantha Henry	2008	7.18
4. D'Andre Hill	1996	7.21
5. Peta-Gaye Dowdie	1999	7.23
6. Kenyanna Wilson	2009	7.24
7. Juanita Broaddus	2008	7.25
8. Sa'Donna Thornton	2000	7.25
9. Ashley Owens	2005	7.28
10. Lolo Jones	2003	7.29
Sherry Fletcher	2007	7.29

200 Meters

1. Muna Lee	2003	22.49
2. Peta-Gaye Dowdie	1999	22.83
3. Brooklynn Morris	2006	22.84
4. Dawn Sowell	1989	22.87
5. Kelly Baptiste	2007	22.90
6. Stephanie Durst	2002	23.00
7. Samantha Henry	2008	23.01
8. Hazelann Regis	2005	23.02
9. Astia Walker	1998	23.15
10. Esther Jones	1989	23.24
D'Andre Hill	1996	23.24
Sherry Fletcher	2007	23.24

400 Meters

1. Hazelann Regis	2005	50.92
2. Nadia Davy	2004	52.00
3. Youlanda Warren	1995	52.39
4. LaTarsha Stroman	1997	52.45
5. Deonna Lawrence	2005	52.48
6. Ronetta Smith	2002	52.59
7. Nickiesha Wilson	2007	52.82
8. Heather Van Norman	1992	53.05
9. Dawn Sowell	1989	53.08
10. Cynetheia Rooks	2007	53.08

Oversized Track:

1. Hazelann Regis	2004	51.13
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800 Meters

1. Claudine Williams	1999	2:03.38
2. Neisha Bernard-Thomas	2005	2:03.93
3. LaTavia Thomas	2009	2:04.27
4. Marian Burnett	2003	2:04.57
5. Brittany Hall	2009	2:05.70
6. Kayann Thompson	2009	2:05.88
7. Meisue Francis	2007	2:06.02
8. Tanya Osborne	2006	2:06.02
9. Sylvia Brydson	1989	2:06.59
10. Silje Rasmussen	1997	2:06.95

Mile

1. Christine Slythe	1985	4:38.67
2. Muffy McLeod	1985	4:41.54c
3. Charlotte Mayock	1997	4:41.98
4. Silje Rasmussen	1997	4:42.91
5. Lisa Reed	1987	4:45.20
6. Michelle Gross	1980	4:55.3
7. Susanne Strunz	1999	4:57.08
8. Katie Dawson	2007	4:57.55
9. Martina Barkman	2000	4:58.19
10. Ruth Nanyinza	2005	4:58.38

3,000 Meters

1. Lisa Reed	1987	9:19.11
2. Muffy McLeod	1985	9:40.44c
3. Bridget Cusack	2000	9:51.83
4. Susanne Strunz	2001	9:52.71
5. Michelle Gross	1981	10:00.78c
6. Michelle Hymel	2006	10:01.13
7. Kate Accardo	2008	10:02.43
8. Ruth Nanyinza	2005	10:04.15
9. Ann Quigley	1980	10:09.64c
10. Rachael Graham	2007	10:12.78

5,000 Meters

1. Bridgette Cusack	2000	17:16.95c
2. Katie Denton	2005	17:26.60
3. Elaine Gomez	1984	17:30.21c
4. Kate Accardo	2008	17:35.60
5. Lisa Reed	1985	17:36.58c
6. Rachael Graham	2007	17:51.08
7. Megan Broussard	2008	18:11.13
8. Emily Blake	1999	18:30.31
9. Christina Porter	2009	18:36.36
10. Erin Vandivort	2007	19:12.47

55-Meter Hurdles

1. Kim Carson	1996	7.40
2. Astia Walker	1998	7.46a
3. Tananjalyln Stanley	1989	7.47
4. Dawn Bowles	1992	7.51
5. Lolo Jones	2003	7.57
6. Joyce Bates	1999	7.58
7. Cinnamon Sheffield	1992	7.59
8. Mary Cobb	1991	7.61
9. Jessica Ohanaja	2006	7.62
10. Alicia Bass	1986	7.63y

60-Meter Hurdles

1. Joyce Bates	2000	7.99
2. Lolo Jones	2004	8.00
3. Jessica Ohanaja	2007	8.00
4. Nickiesha Wilson	2007	8.05
5. Kim Carson	1996	8.05
6. Astia Walker	1998	8.08
7. Selena Lewis	1999	8.09
8. RaNysha LeBlanc	2005	8.18
9. Tenaya Jones	2009	8.20
10. Angel Boyd	2007	8.24

High Jump

1. Gai Kapernick	1993	6-1 1/2
2. Gretchen Francois	1998	6-1 1/4
3. Kym Carter	1987	6-0 3/4
4. Brittani Carter	2009	6-0
5. Kelli Flynn	1991	5-11 1/2
6. Keisha Spencer	1999	5-11 1/4
7. Hareldau Argyle	1996	5-10 3/4
8. Shaunette Davidson	2006	5-10
9. Kim Fenton	1989	5-10
10. LaTosha Pierce	1998	5-9 3/4

Pole Vault

1. Rachel Laurent	2009	14-0 1/2
2. Katelyn Rodrigue	2008	13-6 1/2
3. Mallory Thompson	2008	12-0
4. Randi Opperman	2002	11-9 3/4
5. Lauren Saucier	2008	11-9
6. Calah Young	2005	11-6 1/4
7. Megan Duet	2005	11-3 3/4
8. Margaret Reaves	2002	10-6
Jackie Dove	2005	10-6
10. Megan Akre	2003	10-4

Long Jump

1. Daphnie Saunders	1994	22-4 1/2
2. Sheila Echols	1987	21-11 3/4
3. Monique Freeman	2000	21-4 1/2
4. Dahlia Duhaney	1991	21-1 1/2
Tina Harris	2005	21-1 1/2
6. Suzette Lee	1997	21-1 1/4
7. Sharon Jaklofsky	1992	20-11 1/4
8. Kathy Coleman	2008	20-10 1/2
9. Andrea Linton	2008	20-10
10. Nicole Toney	2004	20-9 1/4

Triple Jump

1. Suzette Lee	1997	46-9
2. Keisha Spencer	2000	46-11 1/2
3. Nicole Toney	2003	45-2 1/4
4. Andrea Linton	2008	44-6 1/4
5. Daphnie Saunders	1994	44-5 1/4
6. Bianca Rockett	2002	44-0
7. Andria Booker	2002	42-8 3/4
8. Sharon Clarke	1986	42-7
9. Camille Jackson	1991	42-5 1/2
10. Tina Harris	2005	42-11 1/2

Shot Put

1. Danyel Mitchell	1994	55-10 1/2
2. Teresa Williford	1986	55-9 1/4
3. Katie McKeever	2003	52-1
4. Laverne Eve	1987	51-7 3/4
5. Laurie Trapp	1992	49-8 1/4
6. Kym Carter	1987	48-0
7. Jacqui Sheffield	1984	47-1 3/4
8. Mallory McDonald	2002	47-1
9. Brieanna Kennedy	2009	46-10 1/4
10. Stacy Shaw	1987	46-4

Weight Throw

1. Mallory McDonald	2003	65-2 3/4
2. Candice Gonzalez	2002	60-0 1/2
3. Britney Henry	2004	58-8 1/2
4. Kim Williams	2009	58-5 1/4
5. Katie McKeever	2003	57-8 1/2
6. Brieanna Kennedy	2009	54-4
7. Allison Horner	2009	53-10 1/2
8. Amanda Harmata	2007	50-9 3/4

Pentathlon

1. Sharon Jaklofsky	1992	4,212
2. Cheryl Wilson	1989	4,002
Katarina Hallberg	1990	4,002
4. Rhonda Phillips	1989	3,988
5. Megan Akre	2006	3,971
6. Shaunette Davidson	2007	3,896
7. Jovenie McDuffie	1992	3,890
8. Camilla Strid	1991	3,853
9. Lana Zimmerman	1982	3,698
10. Mitzie Plaeger	1991	3,688

4x400-Meter Relay

1. Brooklynn Morris, Neisha Bernard-Thomas, Deonna Lawrence, Hazelann Regis	2005	3:29.06
2. Brooklynn Morris, Juanita Broaddus, Cynetheia Rooks, Deonna Lawrence	2006	3:29.33
3. Brooklynn Morris, Cynetheia Rooks, LaTavia Thomas, Deonna Lawrence	2007	3:29.86
4. Hazelann Regis, Neisha Bernard-Thomas, Monique Hall, Nadia Davy	2004	3:30.14
5. Brooklynn Morris, Nickiesha Wilson, Cynetheia Rooks, Deonna Lawrence	2007	3:30.26

Distance Medley Relay

1. Silje Rasmussen, Eureka Hall, Tanqueray Hayward, Charlotte Maycock	1997	11:29.72
2. Tanqueray Hayward, Eureka Hall, Emily Blake, Charlotte Maycock	1997	11:30.71
3. Jackie Bobien, Wendy Truvillion, Camille Cato, Lisa Reed	1987	11:31.22
4. Franz Battle, LaTarsha Stroman, Shannon Kvien, Silje Rasmussen	1995	11:32.76
5. Leslie Nixon, Danyel Wofford, Christine Slythe, Muffy McLeod	1985	11:34.94

INTRO

THIS IS LSU

PREVIEW

COACHES

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REVIEW

HISTORY

RECORDS

Men's All-Time Outdoor Records

ABBREVIATIONS AND NOTES

c = time converted from yard equivalent

y = time achieved at yard equivalent

s = 200m time on straightaway

w = wind-aided decathlon or heptathlon (over 4.0 mps)

* = decathlon or heptathlon rescored on 1985 IAAF Tables

In running events, hand times are carried in 10ths, while automatic times are carried in 100ths. Hand times are placed with auto times by adding either 0.24 seconds (for events less than 400m), or 0.14 seconds (400m and up) to the hand time. Starting in 1980, only automatic times were accepted for events less than 400 meters. With the exception of the decathlon. Wind-aided performances are not eligible for these lists.

100 Meters

1.	Richard Thompson	2008	9.89
2.	Trindon Holliday	2009	10.00
3.	Xavier Carter	2006	10.09
4.	Slip Watkins	1989	10.15
	Fabian Muyaba	1993	10.15
	Byron Logan	1998	10.15
7.	Glenroy Gilbert	1993	10.16
8.	Chris Cummings	1996	10.17
9.	Kelly Willie	2006	10.19
10.	Reggie Jones	1993	10.25
	Kirk Cummins	1996	10.25

200 Meters

1.	Xavier Carter	2005	20.02
2.	Richard Thompson	2008	20.18
3.	Rohsaan Griffin	1996	20.21
4.	Curtis Perry	1997	20.25
5.	Efram Coley	1980	20.35
6.	Dino Napier	1989	20.37
	Glenroy Gilbert	1993	20.37
8.	Derrick Brew	1999	20.38
9.	Slip Watkins	1989	20.40
10.	Byron Logan	1998	20.41

400 Meters

1.	Derrick Brew	1999	44.29
2.	Xavier Carter	2006	44.53
3.	Kelly Willie	2005	44.63
4.	Alleynne Francique	2002	44.87
5.	Pete Coley	2002	44.89
6.	Al Coffee	1969	45.44c
7.	Lloyd Wills	1972	45.54c
8.	Mike Alridge	1998	45.64
9.	Armani Hayes	2009	45.67
10.	Robert Parham	2001	45.74ht

800 Meters

1.	Robin van Helden	1987	1:45.53
2.	David Singoei	1993	1:45.64
3.	Bob Smith	1972	1:46.9c
4.	Jamaal James	2007	1:47.00
5.	Elkana Kosgei	2008	1:47.05
6.	Richard Jones	2009	1:47.10
7.	Reuben Twijukye	2007	1:47.11
8.	Passmore Furusa	1995	1:47.91
9.	Mark Fowler	1988	1:48.19
10.	Rod Green	1984	1:48.34

1,500 Meters

1.	Passmore Furusa	1995	3:39.71
2.	Bobby Beck	1984	3:41.8
3.	Terry Thornton	1989	3:42.20
4.	Mike Quigley	1980	3:42.36
5.	Robin van Helden	1989	3:42.37
6.	John Kosgei	2008	3:42.98
7.	John Stewart	1972	3:44.2c
8.	Bob Smith	1974	3:44.3c
9.	Mark Elliott	1989	3:44.52
10.	Patrick Gavin	2006	3:45.03

3,000-Meter Steeplechase

1.	Magnus Bengtsson	1990	8:38.14
2.	Mark Dobbins	1979	8:39.72
3.	Terry Thornton	1991	8:44.19
4.	Passmore Furusa	1994	8:45.33
5.	Bobby Beck	1981	8:47.35
6.	Paul Marmaro	1987	8:47.83
7.	Stuart Mee	1987	8:48.26
8.	David Hall	1986	8:56.01
9.	Bob Wyman	1993	9:00.40
10.	Jaime Bastidas	1998	9:02.64

5,000 Meters

1.	Mark Elliott	1989	13:33.10
2.	Terry Thornton	1989	13:49.69
3.	John Kosgei	2008	13:54.40
4.	John Stewart	1971	14:04.0c
5.	Mike Smith	1986	14:10.74
6.	Abderzak Merchoud	1997	14:12.79
7.	Mike Quigley	1980	14:13.43
8.	Tom Douple	1974	14:13.4
9.	Sam Mwape	2004	14:14.52
10.	Jimmy Wiggins	2004	14:14.90

10,000 Meters

1.	Terry Thornton	1990	28:18.68
2.	Mark Elliott	1989	28:32.44
3.	Likhaya Dayile	2001	29:16.82
4.	Mike Smith	1986	29:18.88
5.	Joseph Simuchimba	2007	29:39.83
6.	Jimmy Wiggins	2005	29:50.94
7.	Sam Mwape	2005	30:02.83
8.	Pablo Presedo	1988	30:12.65
9.	Tom Douple	1974	30:40.8c
10.	Ryan Gallup	2003	31:05.71

110-Meter Hurdles

1.	Eric Reid	1987	13.50
2.	Larry Shipp	1975	13.55
3.	Alleynne Lett	2007	13.57
4.	Ryan Fontenot	2008	13.64
	Orlando McDaniel	1980	13.64
6.	Barrett Nugent	2009	13.66
7.	Charles James	1984	13.67
8.	Allen Misher	1973	13.73
	Bernard Williams	1985	13.73
10.	Greg Scott	1999	13.74

400-Meter Hurdles

1.	Bernie Brazell	2005	47.67
2.	Isa Phillips	2007	48.51
3.	Lueroy Colquhoun	2002	48.91
4.	Regan Nichols	1996	49.43
5.	Bernard Williams	1986	49.65
6.	Billy Hardin	1964	49.94c
7.	Carey Schimph	1975	50.44c
8.	David Singoei	1992	50.69
9.	Glenn "Slats" Hardin	1934	50.74c
10.	Patrick Lee	2009	50.90

High Jump

1.	Tom Lange	1990	7-5 3/4
2.	J.J. Barton	1997	7-4 1/2
3.	Larey Weaver	1982	7-3 3/4
4.	Alain Metellus	1986	7-3 1/4
5.	Louis Callaway	1986	7-1
6.	Claston Bernard	2002	7-2 1/4
7.	Bruce Reid	1988	7-0 1/4
8.	John Dupont	1995	6-11 3/4
9.	Juan Thomas	1994	6-11 1/2
10.	Ted Heroman	1972	6-11

Pole Vault

1.	Russ Buller	2000	18-8 3/4
2.	Greg Duplantis	1986	18-5 1/4
3.	Grey Rappe	1983	18-0 1/2
	Derrick Prentice	1996	18-0 1/2
5.	Edgar Daiz	1991	17-9
6.	Ricky Wright	1986	17-8 1/2
7.	Josh Dominguez	2008	17-5
	Mark Rose	1983	17-5
9.	Daniel Trossclair	2002	17-4 3/4
10.	Mario Sategna	1995	17-2 3/4

Long Jump

1.	John Moffitt	2004	27-9 1/2
2.	Llewellyn Starks	1990	27-0 1/2
3.	Walter Davis	2001	26-8 1/4
4.	Reggie Jones	1993	26-5 3/4
5.	LeJuan Simon	2004	26-3 1/2
6.	Jeremy Hicks	2009	26-3
7.	Lotfi Khaida	1992	26-2 1/4
	Matthew Rose	1989	26-2 1/4
9.	Eugene McCain	1979	26-1 1/2
	Marcus Thomas	2000	26-1 1/2

Triple Jump

1.	Walter Davis	2002	57-8 1/2
2.	Reggie Jones	1992	56-2
3.	Lotfi Khaida	1993	55-6 1/4
4.	Marcus Thomas	2000	54-6 3/4
5.	LeJuan Simon	2004	54-4 1/2
6.	John Moffitt	2003	54-2 3/4
	LeVar Anderson	1999	54-2 3/4
8.	Jemaine Grant	1995	53-13/4
9.	Willie Bradley	2004	53-1
10.	Ernest Marvin	1981	52-10 1/2

Shot Put

1.	Joe Maciejczyk	1982	65-7
2.	Simon Williams	1991	62-10 3/4
3.	Gunnar Pffingsten	1997	62-4 1/2
4.	Rolf Kahles	1997	62-3
5.	Scott Petersen	1993	62-1
6.	Alex Forst	2000	60-10 3/4
7.	John Dermody	1996	60-7 1/4
8.	Frank Mazza	1989	60-4 1/2
9.	Tom Marshall	1980	59-8
10.	Christian Nehme	1998	59-7

Discus

1.	John Nichols	1989	209-1
2.	Simon Williams	1992	200-7
3.	Alex Forst	1998	195-7
4.	Mike Yasolsky	1989	193-4
5.	Derrick Farrell	1993	192-5
6.	Dave Paddison	1991	183-11
7.	Dave Grant	1995	183-10
8.	Rolf Kahles	1997	181-3
9.	Frank Mazza	1989	180-2
10.	Alleynne Lett	2005	178-4

Hammer

1.	Walter Henning	2009	235-11
2.	Dave Paddison	1994	222-3
3.	Javier Nieto	1999	216-5
4.	Rabun Fox	2008	215-11
5.	Michael Lauro	2009	214-4
6.	John Woosley	1998	202-1
7.	Nigel Green	1996	201-8
8.	Chris Bless	2009	197-2
9.	Dave Galvan	1996	193-10
10.	Nathan Turner	1997	193-0

Javelin

1.	Mikael Olander	1987	247-11
2.	Chad Radgowski	2007	239-8
3.	Mark Morris	1992	236-1
4.	Preston Chatham	2008	234-7
5.	Willie Boudloche	1993	231-11
6.	Blake Theriot	2000	231-8
7.	Craig Nall	2000	229-6
8.	Anthony Martel	2009	221-7
9.	Enno Tjepkema	1988	220-9
10.	Brandon Racca	2007	220-8

Decathlon (1985 IAAF Tables)

1.	Mario Sategna	1995	8,172
2.	Mikael Olander	1988	8,126
3.	Claston Bernard	2002	8,094
4.	Sheldon Blockburger	1987	7,964
5.	Bruce Reid	1988	7,900w
6.	Bengt Jarlsjo	1989	7,733
7.	Darion Powell	2006	7,640
8.	Alleynne Lett	2005	7,550
9.	Edwin Billot	2006	7,468
10.	Kanon Vanderhoff	1992	7,449w

Women's All-Time Outdoor Records

100 Meters

1.	Dawn Sowell	1989	10.78
2.	D'Andre Hill	1996	10.92
3.	Peta-Gaye Dowdie	1999	11.03
4.	Muna Lee	2003	11.04
5.	Kelly Baptiste	2008	11.06
6.	Cheryl Taplin	1994	11.07
7.	Sheila Echols	1987	11.09
8.	Esther Jones	1991	11.11
9.	Samantha Henry	2009	11.14
10.	Juanita Broaddus	2008	11.17

200 Meters

1.	Dawn Sowell	1989	22.04
2.	Zundra Feagin	1996	22.30
3.	Muna Lee	2004	22.47
4.	Stephanie Durst	2002	22.48
5.	D'Andre Hill	1996	22.49
	Esther Jones	1990	22.49
7.	Peta-Gaye Dowdie	2000	22.51
8.	Kelly Baptiste	2008	22.67
	Sherry Fletcher	2007	22.67
10.	Astia Walker	1997	22.69

400 Meters

1.	LaTarsha Stroman	1997	50.60
2.	Hazelann Regis	2004	50.64
3.	Nadia Davy	2003	50.66
4.	Claudine Williams	1999	51.40
5.	Youlanda Warren	1992	51.55
6.	Ronetta Smith	2002	51.62
7.	Deonna Lawrence	2006	51.75
8.	Monique Hall	2004	51.93
9.	Charlene Maulseed	1995	52.03
10.	Debbie Parris	1994	52.14

800 Meters

1.	Neisha Bernard-Thomas	2004	2:01.32
2.	LaTavia Thomas	2009	2:01.56
3.	Claudine Williams	1999	2:02.52
4.	Camille Cato	1987	2:02.73
5.	Sylvia Brydson	1989	2:03.02
6.	Lee Ann Van Landingham	1982	2:03.54
7.	Christine Slythe	1985	2:03.57
8.	Kayann Thompson	2009	2:03.64
9.	Brittany Hall	2009	2:03.68
10.	Kathi Harris	1987	2:04.70

1,500 Meters

1.	Christine Slythe	1985	4:17.14
2.	Charlotte Mayock	1997	4:18.68
3.	Muffy McLeod	1985	4:20.25
4.	Sijie Rasmussen	1996	4:20.96
5.	Lisa Reed	1987	4:27.1
6.	Ruth Nanyinza	2005	4:30.16
7.	Suzanne Strunz	2001	4:30.19
8.	Tina Bengtson	1981	4:32.8
9.	Katie Dawson	2007	4:35.24
10.	Michelle Gross	1981	4:37.2

3,000 Meters

1.	Lisa Reed	1987	9:22.04
2.	Charlotte Mayock	1997	9:25.58
3.	Muffy McLeod	1985	9:32.28
4.	Suzanne Strunz	2000	9:52.50
5.	Michelle Gross	1981	9:56.1
6.	Colleen Scanlan	1986	9:57.4
7.	Bridget Cusack	2000	9:58.61
8.	Ann Quigley	1980	10:03.92
9.	Megan Broussard	2007	10:06.99
10.	Kate Accardo	2006	10:15.72

5,000 Meters

1.	Muffy McLeod	1985	16:18.89
2.	Lisa Reed	1988	16:27.65
3.	Ruth Nanyinza	2004	17:03.02
4.	Katie Denton	2005	17:10.47
5.	Ann Quigley	1980	17:22.0
6.	Suzanne Strunz	2000	17:22.02
7.	Bridget Cusack	2000	17:27.43
8.	Elaine Gomez	1984	17:28.45
9.	Megan Broussard	2007	17:52.73
10.	Kate Accardo	2007	17:57.53

10,000 Meters

1.	Lisa Reed	1988	35:27.94
2.	Katie Denton	2005	35:39.94
3.	Bridget Cusack	2001	36:32.79
4.	Elaine Gomez	1984	36:37.25
5.	Emily Blake	1997	37:12.76

100-Meter Hurdles

1.	Tananjalyn Stanley	1989	12.70
2.	Kim Carson	1996	12.72
3.	Lolo Jones	2004	12.77
4.	Dawn Bowles	1991	12.82
	Astia Walker	1997	12.82
6.	Nickiesha Wilson	2008	12.85
	Joyce Bates	2000	12.85
8.	Cinnamon Sheffield	1989	12.95
9.	Jessica Ohanaja	2007	13.01
10.	Brittany Littlejohn	2004	13.04

400-Meter Hurdles

1.	Nickiesha Wilson	2007	53.97
2.	Schowonda Williams	1987	54.82
3.	Debbie Parris	1994	55.17
4.	Donalda Duprey	1991	56.29
5.	Sylvia Brydson	1989	57.69
6.	Doria Appleberry	2002	58.16
7.	Leslie Nixon	1988	58.25
8.	Althea Thomas	2003	58.30
9.	Celena Clarke	1998	58.34
10.	Wendy Truvillion	1987	58.40

3,000-Meter Steeplechase

1.	Susanne Strunz	2001	10:18.54ht
2.	Kate Accardo	2006	11:35.10
3.	Sandra Smith	2003	11:57.98

High Jump

1.	Gai Kapernick	1994	6-2 1/4
2.	Kym Carter	1987	6-0 1/2
	Kelli Flynn	1993	6-0 1/2
4.	Hareldau Argyle	1997	6-0
	Brittani Carter	2009	6-0
6.	Gretchen Francois	1998	5-11 1/4
7.	Kim Fenton	1989	5-10 3/4
8.	Sharon Jaklofsky	1991	5-10 1/2
	Shaunette Davidson	2007	5-10 1/2
10.	Leslie Nixon	1988	5-10

Pole Vault

1.	Rachel Laurent	2009	14-1 1/4
2.	Katelyn Rodrigue	2008	13-7 1/4
3.	Mallory Thompson	2008	12-2 1/2
4.	Calah Young	2005	11-11 3/4
5.	Randi Opperman	2002	11-5 3/4
	Megan Duet	2005	11-5 3/4
7.	Lauren Saucier	2009	11-1 3/4
8.	Jackie Dove	2006	10-10
9.	Margaret Reaves	2001	10-2
10.	Megan Sharkey	2004	9-10

Long Jump

1.	Sheila Echols	1987	22-9 1/4
2.	Daphnie Saunders	1993	22-2 1/2
3.	Claire Connor	1988	21-9
4.	Keisha Spencer	2000	21-8 1/4
5.	Marita Hunt	1995	21-5 1/2
6.	Tina Harris	2005	21-4 3/4
7.	Dahlia Duhaney	1991	21-3 1/2
	Camille Jackson	1993	21-3 1/2
9.	Julie Lewis	1988	21-1 1/4
10.	Monique Freeman	1999	20-10 3/4

Triple Jump

1.	Keisha Spencer	2000	45-10
2.	Suzette Lee	1997	45-8
3.	Nicole Toney	2003	44-6 3/4
4.	Andrea Linton	2007	44-1 1/4
5.	Sharon Clarke	1986	43-11 3/4
6.	Camille Jackson	1993	43-6
7.	Melissa Ogbourne	2009	43-2 1/4
8.	Bianca Rockett	1999	43-0 1/4
9.	Daphnie Saunders	1993	42-10
10.	Andria Booker	2002	42-7

Shot Put

1.	Danyel Mitchell	1994	54-6 1/2
2.	Teresa Williford	1986	53-5
3.	Katie McKeever	2003	51-9 3/4
4.	Laurie Trapp	1992	49-0 3/4
5.	Kym Carter	1987	48-7 1/4
6.	Laverne Eve	1986	48-2
7.	Jacqui Sheffield	1984	47-8 1/2
8.	Jill Lipp	2000	47-0 3/4
9.	Maria Pettersson	1998	46-5
10.	Brieanna Kennedy	2009	45-11 1/4

Discus

1.	Danyel Mitchell	1994	194-4
2.	Laurie Trapp	1992	175-11
3.	Katie McKeever	2003	173-10
4.	Teresa Williford	1987	172-10
5.	Mallory McDonald	2002	162-9
6.	Laverne Eve	1987	161-1
7.	Anysa Olivarez	1996	157-8
8.	Maria Pettersson	1997	156-6
9.	Mattie Cymek	1994	155-1
10.	Stacy Shaw	1986	152-8

Javelin

1.	Laverne Eve	1987	204-9
2.	Cheryl Coker	1988	179-1
3.	Wanda Ferster	1989	169-11
4.	Anna Lyons	2009	168-11
5.	Amanda Harmata	2007	166-4
6.	Maria Romero	2003	157-4
7.	Kim Poche	1996	153-0
8.	Brieanna Kennedy	2009	151-6
9.	Neely Falgout	2002	150-5
10.	Jacqui Sheffield	1984	150-3

Hammer

1.	Britney Henry	2004	205-11
2.	Mallory McDonald	2003	197-4
3.	Kim Williams	2008	194-2
4.	Candice Gonzalez	2002	188-1
5.	Allison Homer	2009	175-5
6.	Brieanna Kennedy	2009	162-7
7.	Jill Lipp	2001	147-8
8.	Jennifer Wolfinger	2000	142-0
9.	Teresa Williford	1986	108-4

Heptathlon

1.	Sharon Jaklofsky	1992	6,013w
2.	Cheryl Wilson	1989	5,855
3.	Jovennie McDuffie	1991	5,778
4.	Lana Zimmerman	1985	5,606w
5.	Kym Carter	1987	5,545
6.	Camilla Strid	1991	5,532
7.	Katarina Hallberg	1990	5,506w
8.	Loren Leaverton	2000	5,366
9.	Rhonda Phillips	1988	5,363w
10.	Megan Akre	2006	5,352

Men's All-Time Relay Records

These all-time lists represent the best outdoor relay performances by LSU through the 2009 season. At the heading of each event are the yards-to-meters conversions used. All hand-to-auto conversions are +0.14. "c" = converted (from yards and/or hand timing).

4x100-Meter Relay, (0.2)

1.	Jemaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	38.24
2.	Walter Davis, Robert Parham, Pete Coley, Bennie Brazell	2002	38.32
3.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.42
4.	Richard Thompson, Xavier Carter, Marvin Stevenson, Kelly Willie	2006	38.44
5.	Jemaine Grant, Chris Cummings, Eddie Kennison, Rohsaan Griffin	1995	38.64
6.	Kelly Willie, Robert Parham, Pete Coley, Bennie Brazell	2003	38.65
7.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	38.67
	Barrett Nugent, Will Coppage, Armanti Hayes, Trindon Holliday	2009	38.67
9.	Reggie Jones, Glenroy Gilbert, Chris King, Fabian Muyaba	1993	38.70
	Reggie Jones, Bryant Williams, Chris King, Jason Sanders	1992	38.70

4x200-Meter Relay, (0.5)

1.	Eddie Kennison, Milton Mallard, Byron Logan, Rohsaan Griffin	1995	1:20.85
2.	Reggie Dardar, Bennie Brazell, Kelly Willie, Xavier Carter	2005	1:21.06
3.	Melville Rogers, Xavier Carter, Marvin Stevenson, Kelly Willie	2006	1:21.31
4.	Byron Logan, Mike Alridge, Chris Cummings, Curtis Perry	1997	1:21.50
5.	Eddie Kennison, Bryant Williams, Kevin Franklin, Fabian Muyaba	1994	1:21.71
6.	Kevin Franklin, Bryant Williams, Derrick Thymes, Eddie Kennison	1994	1:21.75
7.	Jemaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	1:21.77
8.	Byron Logan, Jemaine Grant, Mike Alridge, Curtis Perry	1997	1:21.78
9.	Eddie Kennison, Chris Cummings, Milton Mallard, Rohsaan Griffin	1995	1:21.93
10.	Reggie Jones, Bryant Williams, Chris King, Jason Sanders	1992	1:22.02

4x400-Meter Relay, (0.3)

1.	Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2005	2:59.59*
2.	Marvin Stevenson, Bennie Brazell, Kelly Willie, Pete Coley	2004	3:01.39
3.	Reggie Dardar, Kelly Willie, Melville Rogers, Xavier Carter	2006	3:01.58
4.	Robert Parham, Lueroy Colquhoun, Pete Coley, Alleyne Francique	2001	3:01.66
5.	Robert Parham, Bennie Brazell, Pete Coley, Kelly Willie	2003	3:02.01
6.	Reggie Dardar, Melville Rogers, Xavier Carter, Kelly Willie	2006	3:02.21
7.	Siraj Williams, Melville Rogers, Marvin Stevenson, Reggie Dardar	2006	3:02.30
	Marvin Stevenson, Pete Coley, Bennie Brazell, Kelly Willie	2004	3:02.30
9.	Lueroy Colquhoun, Marlon Greensword, Bennie Brazell, Pete Coley	2002	3:02.33
10.	Pete Simon, Pete Coley, Lueroy Colquhoun, Alleyne Francique	2002	3:02.70

4x800-Meter Relay, (3.0)

1.	Paul Marmaro, Mark Fowler, Bob Dielis, Robin van Helden	1987	7:15.73
2.	Raven Lewis, Robin van Helden, Bob Dielis, Mark Fowler	1986	7:16.58
3.	Bobby Beck, Rodney Louis, Rod Green, Raven Lewis	1984	7:18.45
4.	Michael Hendry, Jamaal James, Reuben Twijukye, Elkana Kosgei	2008	7:19.89
5.	Tim Olack, James Epps, John Stewart, Bob Smith	1972	7:21.34c
6.	Christian Ladner, Charles Onsare, Andre Brown, Maurice Horton	1990	7:22.36
7.	Michael Hendry, Jamaal James, Jeffrey Parker, Reuben Twijukye	2007	7:23.32
8.	Michael Hendry, Jamaal James, Jeffrey Parker, Reuben Twijukye	2007	7:23.75
9.	Rodney Louis, Rod Green, Travers, Bobby Beck	1984	7:24.04
10.	Reuben Twijukye, John Kosgei, Jamaal James, Elkana Kosgei	2008	7:24.42

4x1,500-Meter Relay

1.	Magnus Bengtsson, Mark Elliott, Terry Thornton, Robin van Helden	1989	15:09.74
2.	Magnus Bengtsson, Christian Ladner, Mark Elliott, Terry Thornton	1990	15:31.41
3.	Bob Wyman, Magnus Bengtsson, Terry Thornton, Kees-Jan Bongaertz	1991	15:37.95
4.	William Bohlike, Brent Martin, Cordelle Seals, Frans Schimper	1999	15:48.41
5.	Texas Relays Team	1985	15:52.69

4x1,600-Meter Relay, (6.0)

1.	Magnus Bengtsson, Mark Elliott, Terry Thornton, Robin van Helden	1989	16:24.67
2.	Jim Davis, Mike Vargas, Bobby Beck, Mike Quigley	1980	16:33.26c
3.	Tom Duple, Paul Meyer, Eric Stuart, Tommy Francise	1975	16:57.34c

800-Meter Sprint Medley Relay, (100, 100, 200, 400)

1.	Bennie Brazell, Marvin Stevenson, Kelly Willie, Pete Coley	2004	1:26.48
2.	Bennie Brazell, Marvin Stevenson, Reggie Dardar, Xavier Carter	2005	1:29.91

1,600-Meter Sprint Medley Relay, (1.2) (200, 200, 400, 800)

1.	Lloyd Wills, Allen Misher, Greg Stephens, Bob Smith	1973	3:16.24c
2.	Bernard Whyte, Anthony Druilhet, Andre Brown, Robin van Helden	1986	3:16.67
3.	Trindon Holliday, Richard Thompson, Reggie Dardar, Elkana Kosgei	2008	3:16.68
4.	Drake Relays Team	1972	3:17.04c
5.	Carey Schimpf, Barney Cobb, Gene Mobley, Bob Smith	1974	3:17.14c
6.	Marvin Stevenson, Richard Thompson, Isa Phillips, Jamaal James	2007	3:17.83
7.	Richard DeSoto, Al Coffee, Lloyd Willis, James Epps	1972	3:17.84c
8.	Kevin Franklin, Chris Cummings, Regan Nichols, Passmore Furusa	1995	3:18.11
9.	Barney Cobb, Allen Misher, Lloyd Willis, Bob Smith	1973	3:18.34c
10.	Carey Schimpf, Allen Misher, Greg Stephens, Bob Smith	1975	3:18.44c

Distance Medley Relay, (3.4) (400, 1200, 800, 1600)

1.	Scott Ainsworth, Greg Davis, Mike Quigley, Bobby Beck	1981	9:35.58
2.	Mark Fowler, Andre Brown, Jeff Slater, Robin van Helden	1986	9:40.61
3.	Elkana Kosgei, Jamaal James, Reuben Twijukye, John Kosgei	2008	9:40.66
4.	Robin van Helden, Dino Napier, Darrin Browder, Mark Elliott	1989	9:40.72
5.	Tre Hendry, Steven Pettes, Kurt Dietrich, Passmore Furusa	1995	9:41.61
6.	Michael Hendry, Austin Benton, Isa Phillips, Patrick Gavin	2006	9:41.76
7.	Bob Dielis, Bernard Whyte, Mark Fowler, Robin van Helden	1986	9:43.24c
8.	Paper-Tiger Relays Team	1984	9:44.62
9.	Mark Elliott, Dino Napier, Charles Onsare, Robin van Helden	1989	9:45.53
10.	Kees-Jan Bongaertz, Maurice Horton, Charles Onsare, Christian Ladner	1990	9:46.75

4x110-Meter Shuttle Hurdle Relay, (0.2)

1.	Bernard Williams, David Herbert, Eric Reid, Charles James	1986	55.54
2.	Charles James, David Herbert, Bruce Reid, Eric Reid	1987	55.64c
3.	John Duon, Bernard Williams, Eric Reid, Charles James	1984	56.14c
4.	Bruce Reid, David Herbert, Charles James, Eric Reid	1987	56.34c
5.	Larry Shipp, Mike Thompson, Allen Misher, Carey Schimpf	1975	56.74c
6.	Troy Twillie, Robert Brickham, James Rainey, Bert Rareshide	1995	57.21
7.	Penn Relays Team	1985	57.46c
8.	Paper-Tiger Relays Team	1985	57.67
9.	Drake Relays Team	1975	58.44c

4x400-Meter Hurdle Relay Team

1.	Domino's Pizza Relay Team	1984	3:31.64c
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* Denotes collegiate record

Women's All-Time Relay Records

These all-time lists represent the best outdoor relay performances by LSU through the 2009 season. At the heading of each event are the yards-to-meters conversions used. All hand-to-auto conversions are +0.14. "c" = converted (from yards and/or hand timing).

4x100-Meter Relay

1.	Tananjalyn Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones	1989	42.50
2.	Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	2003	42.55
3.	Brooklynn Morris, Samantha Henry, Juanita Broaddus, Kelly Baptiste	2008	42.59
4.	Lolo Jones, Monique Hall, Stephanie Durst, Muna Lee	2004	42.61
5.	Astia Walker, Kwajalein Butler, Zundra Feagin, D'Andre Hill	1996	42.76
6.	Brooklynn Morris, Samantha Henry, Juanita Broaddus, Kelly Baptiste	2008	42.80
7.	Brooklynn Morris, Samantha Henry, Juanita Broaddus, Kelly Baptiste	2008	42.84
8.	Kenyanna Wilson, Samantha Henry, Brooklynn Morris, Kelly Baptiste	2008	42.85
9.	Astia Walker, Kwajalein Butler, Sa'Donna Thornton, Peta-Gaye Dowdie	1997	42.92
	Lolo Jones, Monique Hall, Nadia Davy, Muna Lee	2004	42.92

4x200-Meter Relay

1.	Nadia Davy, Monique Hall, Stephanie Durst, Muna Lee	2003	1:29.78*
2.	Hazelann Regis, Monique Hall, Nadia Davy, Muna Lee	2004	1:30.42
3.	Nadia Davy, Monique Hall, Stephanie Durst, Muna Lee	2004	1:30.54
4.	Ronetta Smith, Myra Combs, Stephanie Durst, Muna Lee	2001	1:31.24
5.	Valma Bass, Kwajalein Butler, Myra Combs, Peta-Gaye Dowdie	1998	1:31.27
6.	Eureka Hall, Peta-Gaye Dowdie, LaTarsha Stroman, Astia Walker	1997	1:31.29
7.	Sherry Fletcher, Samantha Henry, Brooklynn Morris, Kelly Baptiste	2007	1:31.58
	Lolo Jones, Ronetta Smith, Stephanie Durst, Muna Lee	2002	1:31.58
9.	Kwajalein Butler, D'Andre Hill, Astia Walker, Zundra Feagin	1996	1:31.60
10.	Sherry Fletcher, Kelly Baptiste, Deonna Lawrence, Brooklynn Morris	2006	1:31.65

4x400-Meter Relay

1.	Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	2004	3:25.26*
2.	Brooklynn Morris, Meisue Francis, Cynethea Rooks, Deonna Lawrence	2006	3:25.78
3.	Nadia Davy, Neisha Bernard-Thomas, Monique Hall, Hazelann Regis	2004	3:27.04
4.	Nadia Davy, Monique Hall, Neisha Bernard-Thomas, Hazelann Regis	2003	3:27.88
5.	Brooklynn Morris, Meisue Francis, Deonna Lawrence, Cynethea Rooks	2006	3:27.93
6.	Debbie Parris, Indira Hamilton, Heather Van Norman, Youlanda Warren	1993	3:27.97
7.	Nickiesha Wilson, Cynethea Rooks, LaTavia Thomas, Deonna Lawrence	2007	3:28.07
8.	LaTarsha Stroman, Sheila Powell, Charlene Maulseed, Youlanda Warren	1995	3:28.26
9.	Meisue Francis, Brooklynn Morris, Cynethea Rooks, Deonna Lawrence	2006	3:28.23
10.	Brooklynn Morris, Kelly Baptiste, LaTavia Thomas, Deonna Lawrence	2008	3:28.33

4x800-Meter Relay

1.	Jackie Bobien, Kathi Harris, Sylvia Brydson, Camille Cato	1987	8:25.95
2.	Jackie Bobien, Sylvia Brydson, Schowonda Williams, Camille Cato	1986	8:28.74c
3.	Jackie Bobien, Camille Cato, Muffy McLeod, Christine Slythe	1985	8:29.97
4.	Lindsay Day, Kayann Thompson, Brittany Hall, LaTavia Thomas	2008	8:30.98
5.	Lana Zimmerman, Jackie Bobien, Camille Cato, Christine Slythe	1985	8:34.24c
6.	Whitney Mitchell, Ruth Nanyinza, Tanya Osbourne, Neisha Bernard-Thomas	2004	8:34.97
7.	Jackie Bobien, Leslie Nixon, Tammie Young, Sylvia Brydson	1988	8:36.05
8.	Carliesa Meakes, Tanya Osbourne, Lindsay Day, LaTavia Thomas	2007	8:41.85
9.	Ruth Nanyinza, Meisue Francis, Lindsay Day, Tanya Osbourne	2005	8:43.81
10.	Lindsay Day, Brittany Hall, Kayann Thompson, LaTavia Thomas	2008	8:45.04

800-Meter Sprint Medley Relay, (100, 100, 200, 400)

1.	Tananjalyn Stanley, Cinnamon Sheffield, Esther Jones, Dawn Sowell	1989	1:36.81
2.	Kim Carson, Cheryl Taplin, Heather Van Norman, Youlanda Warren	1993	1:37.95
3.	Jovennie McDuffie, Cheryl Taplin, Dahlia Duhaney, Youlanda Warren	1992	1:37.97
4.	Cheryl Taplin, Dahlia Duhaney, Esther Jones, Youlanda Warren	1991	1:38.24c
5.	Danyel Wofford, Zina Age, Sheila Echols, Schowonda Williams	1987	1:39.04
6.	Sheila Echols, Michelle King, Angela Phipps, Wendy Truvillion	1985	1:39.10
7.	Tananjalyn Stanley, Opal Cunningham, Danyel Wofford, Schowonda Williams	1988	1:39.55
8.	Lolo Jones, Monique Hall, Brittany Harris, Hazelann Regis	2004	1:39.78
9.	RaNysha LeBlanc, Tania Woods, Muna Lee, Nadia Davy	2004	1:39.87
10.	Tananjalyn Stanley, Cinnamon Sheffield, Esther Jones, Opal Cunningham	1989	1:40.29

1,600-Meter Sprint Medley Relay, (4.0) (200, 200, 400, 800)

1.	Myra Combs, Peta-Gaye Dowdie, Celena Clarke, Claudine Williams	1999	3:44.18
2.	Monique Hall, Nadia Davy, Hazelann Regis, Neisha Bernard-Thomas	2004	3:44.20
3.	Stephanie Durst, Monique Hall, Hazelann Regis, Neisha Bernard-Thomas	2003	3:44.68
4.	Stephanie Durst, Monique Hall, Hazelann Regis, Neisha Bernard-Thomas	2004	3:44.97
5.	Stephanie Durst, Nadia Davy, Hazelann Regis, Neisha Bernard-Thomas	2003	3:45.65
6.	Cheryl Taplin, Heather Van Norman, Youlanda Warren, Shannon Cox	1993	3:46.64
7.	Samantha Henry, Kelly Baptiste, Deonna Lawrence, LaTavia Thomas	2008	3:46.65
8.	Brooklynn Morris, Kelly Baptiste, Deonna Lawrence, Tanya Osbourne	2006	3:46.79
9.	Cynethea Rooks, Samantha Henry, Deonna Lawrence, LaTavia Thomas	2007	3:47.09
10.	Samantha Henry, Kenyanna Wilson, Brittany Hall, LaTavia Thomas	2009	3:47.26

Distance Medley Relay, (4.0)

1.	Muffy McLeod, Wendy Truvillion, Camille Cato, Christine Slythe	1985	11:10.94c
2.	Silje Rasmussen, LaTarsha Stroman, Tanqueray Hayward, Charlotte Mayock	1997	11:27.26
3.	Camille Cato, Sylvia Brydson, Jackie Bobien, Lisa Reed	1987	11:34.94
4.	Lindsay Day, Monique Cabral, Kayann Thompson, Katie Dawson	2008	11:38.16
5.	Sylvia Brydson, Jackie Bobien, Leslie Nixon, Lisa Reed	1988	11:38.84
6.	Lindsay Day, Carliesa Meakes, Tanya Osbourne, Katie Dawson	2007	11:43.99
7.	Lindsay Day, Brittany Hall, Kayann Thompson, Katie Dawson	2008	11:45.50
8.	Katie Dawson, Tanya Osbourne, Meisue Francis, Ruth Nanyinza	2005	11:52.51
9.	Katie Dawson, Juanita Broaddus, Lindsay Day, Michelle Hymel	2006	11:59.01
10.	LSU "A"	2006	12:06.84

4x100-Meter Shuttle Hurdle Relay

1.	Tenaya Jones, Angel Boyd, Jessica Ohanaja, Nickiesha Wilson	2008	52.77*
2.	Donalda Duprey, Mary Cobb, Dawn Bowles, Cinnamon Sheffield (World Record)	1991	53.0
3.	Zamyal Jackson, Tiffany Robinson, Lolo Jones, RaNysha LeBlanc	2003	53.04
4.	Brittany Littlejohn, Tiffany Robinson, RaNysha LeBlanc, Lolo Jones	2004	53.43
5.	Nickiesha Wilson, Shaunette Davidson, Angel Boyd, Jessica Ohanaja	2007	53.73
6.	Jovennie McDuffie, Sharon Jaklofsky, Dawn Bowles, Cinnamon Sheffield	1992	53.80
7.	Sharon Jaklofsky, Cinnamon Sheffield, Joyce Melendez, Dawn Bowles	1992	53.8
8.	Yolanda Brown, Astia Walker, Karen Boone, Kim Carson	1996	53.83
9.	Jessica Ohanaja, Megan Akre, Angel Boyd, RaNysha LeBlanc	2005	53.90
10.	Loren Leaverton, Selena Lewis April Sams, Joyce Bates	1999	54.01

* Denotes collegiate record

^ Denotes NCAA meet record

Men's Indoor Record Book

EVENT	LSU RECORD	LSU FIELD HOUSE RECORD	SEC RECORD	COLLEGIATE RECORD
55 Meters	6.13, Chris Cummings, 1998	6.09, Mel Lattany (Georgia), 1981; Sam Graddy (Tennessee), 1986	6.03, Sam Graddy (Tennessee), 1986	5.99, Obedale Thompson (UTEP), 1997
60 Meters	6.51, Richard Thompson, 2008	6.59, Trel Kimmons (Hinds CC), 2005	6.51, Richard Thompson (LSU), 2008	6.45, Leonard Myles-Mills (BYU), 1999
200 Meters	20.30, Xavier Carter, 2006	20.89, Lorenzo Daniel (Mississippi State), 1988	20.10, Wallace Spearmon (Arkansas), 2005	20.10, Wallace Spearmon (Arkansas), 2005
400 Meters	45.28, Xavier Carter, 2006	46.37, Clifton Campbell (Auburn), 1988	44.57, Kerron Clement (Florida), 2005	44.57, Kerron Clement (Florida), 2005
500 Meters	1:02.26, Rod Green, 1984	1:02.21, Larry Cantrell (Alabama), 1988	1:01.02, Dennis Mitchell (Florida), 1987	1:00.84, Michael Greene (Navy), 1987
800 Meters	1:47.84, Jeffrey Fisher, 2005	1:47.38, George Kersh (Mississippi), 1991	1:46.19, George Kersh (Mississippi), 1991	1:44.84, Paul Ereng (Virginia), 1989
1,000 Meters	2:20.51, Robin van Helden, 1987	2:25.10, Russell Nally (Kentucky), 1988	2:20.51, Robin van Helden (LSU), 1987	2:19.64, Doug Consiglio (Arkansas), 1986
Mile	3:58.77, Passmore Furusa, 1995	3:59.54, Steve Bolt (Alabama), 1976	3:55.72, Graham Hood (Arkansas), 1995	3:55.0, Tony Waldrop (North Carolina), 1974
3,000 Meters	7:55.49, John Kosgei, 2008	8:00.04, Mark Elliott (LSU), 1990	7:38.59, Alistair Cragg (Arkansas), 2004	7:38.59, Alistair Cragg (Arkansas), 2004
5,000 Meters	13:39.68, Terry Thornton, 1990	13:53.99, Todd Williams (Tennessee), 1991	13:28.93, Alistair Cragg (Arkansas), 2003	13:18.12, Galen Rupp (Oregon), 2009
55-Meter Hurdles	7.11, Larry Shipp, 1976	7.04, Mark McKoy (Canada), 1987	6.94, Terrance Trammell (South Carolina), 1999	6.89, Renaldo Nehemiah (Maryland), 1979
60-Meter Hurdles	7.69, Ryan Fontenot, 2008	7.77, Ron Bramlet (Alabama), 2000	7.51, Aries Merritt (Tennessee), 2006	7.47, Reggie Torian (Wisconsin), 1997
Long Jump	27-1 3/4 (8.27), John Moffitt, 2004	27-1 3/4 (8.27), Carl Lewis (Houston), 1981	27-8 (8.43), Erick Walder (Arkansas), 1994	28-2 1/2 (8.59), Miguel Pate (Alabama), 2002
Triple Jump	56-6 1/2 (17.23), Walter Davis, 2002	56-7 1/4 (17.25), Lemark Carter (Unattached), 1998	56-6 3/4 (17.24), Eric Walder (Arkansas), 1994	57-5 (17.50), Charlie Simpkins (Baptist), 1986
High Jump	7-6 1/2 (2.30), Tom Lange, 1992	7-6 1/2 (2.30), Brian Brown (Northwestern State), 1988	7-7 3/4 (2.33), Donald Thomas (Auburn), 2007	7-9 1/4 (2.37), Hollis Conway (Southwestern Louisiana), 1989
Pole Vault	19-0 1/4 (5.81), Russ Buller, 1999	18-6 1/2 (5.65), Russ Buller (Unattached), 2002	19-1 1/2 (5.83), Lawrence Johnson (Tennessee), 1994	19-2 1/4 (5.85), Jacob Davis (Texas), 1999
Shot Put	66-0 1/4 (20.12), Joe Maciejczyk, 1981	67-5 1/4 (20.55), Mike Stulce (Texas A&M), 1990	66-8 (20.32), Brad Snyder (South Carolina), 1998	71-3 1/2 (21.73), Ryan Whiting (Arizona State), 2008
Weight Throw	74-5 1/2 (22.69), Walter Henning, 2009	72-3 3/4 (22.04), Walter Henning (LSU), 2009	76-5 (23.29), Cory Martin (Auburn), 2007	81-1 1/4 (24.72), Scott Russell (Kansas), 2002
Pentathlon	4,451, Sheldon Blockburger, 1987	4,399, Bruce Reid (LSU), 1989	4,451, Sheldon Blockburger (LSU), 1987	4,451, Sheldon Blockburger (LSU), 1987
Heptathlon	5,707, Darion Powell, 2006	5,521, Darion Powell (LSU), 2006	6,035, Maurice Smith (Auburn), 2005	6,208, Trey Hardee (Texas), 2006
4x400-Meter Relay	3:04.01, 2006 Kelly Willie Reggie Dardar Melville Rogers Xavier Carter	3:09.90, Alabama, 1993	3:03.51, Florida, 2005	3:02.95, SMU, 1985
4x800-Meter Relay	7:25.35, 1986 Raven Lewis (1:52.4) Mark Fowler (1:50.5) Rodney Lewis (1:51.4) Bob Dielis (1:51.0)	7:24.10, Florida, 1993	7:18.23, Florida, 1992	7:17.45, Clemson, 1989
Distance Medley Relay	9:35.31, 2008 Elkana Kosgei Armanti Hayes Jamaal James John Kosgei	9:44.57, Kentucky, 1989	9:29.25, Arkansas, 2005	9:25.97, Texas, 2008

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EVENT	LSU RECORD	LSU FIELD HOUSE RECORD	SEC RECORD	COLLEGIATE RECORD
55 Meters	6.58, Dawn Sowell, 1989	6.58, Dawn Sowell (LSU), 1989	6.56, Gwen Torrence (Georgia), 1987	6.56, Gwen Torrance (Georgia), 1987
60 Meters	7.13, Kelly Baptiste, 2008	7.20, Muna Lee (LSU), 2003	7.13, Kelly Baptiste (LSU), 2008	7.09, Angela Williams (Southern California), 2001
200 Meters	22.49, Muna Lee, 2003	22.87, Dawn Sowell (LSU), 1989	22.43, Veronica Campbell (Arkansas), 2004	22.40, Bianca Knight (Texas), 2008
400 Meters	50.92, Hazelann Regis, 2005	52.70, Diane Francis (Alabama), 1991	50.80, Natasha Hastings (South Carolina), 2007	50.80, Natasha Hastings (South Carolina), 2007
500 Meters	1:11.08, Schowonda Williams, 1987	1:10.76, Denise Mitchell (Florida), 1998	1:09.35, Ilrey Oliver (Tennessee), 1987	1:09.39, Cathy Rattray (Tennessee), 1984
800 Meters	2:03.38, Claudine Williams, 1999	2:03.92, Hazel Clark (Florida), 1998	2:00.75, Nicole Cook (Tennessee), 2005	2:00.75, Nicole Cook (Tennessee), 2005
1,000 Meters	2:42.23, Christine Slythe, 1985	2:47.87, Jasmin Jones (Tennessee), 1989	2:41.37, Alisa Harvey (Tennessee), 1987	2:41.56, Teena Colebrook (Cal Poly SLO), 1989
Mile	4:38.67, Christine Slythe, 1985	4:35.06, Liz Lynch (Alabama), 1986	4:32.24, Tiffany McWilliams (Mississippi State), 2004	4:25.91, Jenny Barringer (Colorado), 2009
3,000 Meters	9:19.11, Lisa Reed, 1987	9:06.85, Liz Lynch (Alabama), 1986	9:05.74, Valerie McGovern (Kentucky), 1989	8:42.03, Jenny Barringer (Colorado), 2009
5,000 Meters	17:16.95, Bridget Cusack, 2000	16:12.23, Valerie McGovern (Kentucky), 1991	15:45.56, Caitlin Phillips (Kentucky), 2003	15:01.70, Jenny Barringer (Colorado), 2009
55-Meter Hurdles	7.40, Kim Carson, 1996	7.49, TananjalyN Stanley (Unattached), 1991	7.34, Michelle Freeman (Florida), 1992	7.30, Tiffany Lott (BYU), 1997
60-Meter Hurdles	7.99, Joyce Bates, 2000	8.07, Lolo Jones (Tiger Olympians), 2009	7.94, Vonnette Dixon (Auburn), 2000	7.84, Virginia Powell (Southern California), 2006
Long Jump	22-4 1/2 (6.82), Daphnie Saunders, 1994	21-10 3/4 (6.67), Carol Lewis (Santa Monica TC), 1987	22-8 (6.91), Elva Goulbourne (Auburn), 2002	22-8 (6.91), Elva Goulbourne (Auburn), 2002
Triple Jump	46-9 (14.25), Suzette Lee, 1997	46-5 1/4 (13.56), Suzette Lee (Unattached), 1998	46-9 (14.25), Suzette Lee (LSU), 1997	46-9 (14.25), Suzette Lee (LSU), 1997
High Jump	6-1 1/2 (1.87), Gai Kapernick, 1993	6-2 (1.88), Angie Bradburn (Unattached), 1992	6-3 (1.90), Disa Gisladdottir (Alabama), 1983	6-6 (1.98), Destinee Hooker (Texas), 2009
Pole Vault	14-0 1/2 (4.28), Rachel Laurent, 2009	13-9 1/4 (4.20), Alicia Warwick (Unattached), 2000	14-3 1/4 (4.35), April Steiner (Arkansas), 2003; Katie Stripling (Arkansas), 2009	14-10 1/4 (4.53), Amy Linnen (Arizona), 2002
Shot Put	55-10 1/2 (17.03), Danyel Mitchell, 1994	58-7 1/2 (17.87), Eileen Vanesi (Reebok), 1995	58-5 (17.81), Kimberli Barrett (Florida), 2004	62-10 (19.15), Laura Gerraughty (North Carolina), 2004
Weight Throw	65-2 3/4, Mallory McDonald, 2003	70-10 1/2 (21.60), Kristal Yush (Tiger Olympians), 2008	79-5 1/4 (24.21), Candice Scott (Florida), 2005	83-10 1/4 (25.56), Brittany Riley (Southern Illinois), 2007
Pentathlon	4,212, Sharon Jaklofsky, 1992	4,196, Tonya Lee (Tennessee), 1991	4,212, Sharon Jaklofsky (LSU), 1992	4,496, Jacquelyn Johnson (Arizona State), 2008
4x400-Meter Relay	3:29.06, 2005 Brooklynn Morris Neisha Bernard-Thomas Deonna Lawrence Hazelann Regis	3:37.40, LSU, 1995 LaTarsha Stroman (54.6) Sheila Powell (54.7) Zundra Feagin (54.4) Youlanda Warren (53.4)	3:28.25, South Carolina, 2003	3:27.66, Texas, 2003
4x800-Meter Relay	8:26.04, 1987 Jackie Bobien (2:07.4) Kathi Harris (2:07.9) Camille Cato (2:04.8) Sylvia Brydson (2:05.9)	8:42.27, Florida, 1986	8:26.04, LSU, 1987 Jackie Bobien (2:07.4) Kathi Harris (2:07.9) Camille Cato (2:04.8) Sylvia Brydson (2:05.9)	8:25.5, Villanova, 1987
Distance Medley Relay	11:29.71, 1997 Silje Rasmussen Eureka Hall Tanqueray Hayward Charlotte Mayock	11:20.87, Alabama, 1986	10:50.98, Tennessee, 2009	10:50.98, Tennessee, 2009

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Men's Outdoor Record Book

EVENT	LSU RECORD	BERNIE MOORE STADIUM RECORD	SEC RECORD	COLLEGIATE RECORD
100 Meters	9.89, Richard Thompson, 2008	9.99, Donovan Bailey (Unattached), 1995	9.89, Richard Thompson (LSU), 2008	9.89, Travis Padgett (Clemson), 2008; Richard Thompson (LSU), 2008
200 Meters	20.02, Xavier Carter, 2005	19.98, Justin Gatlin (Tennessee), 2002	19.87, Lorenzo Daniel (MSU), 1988; John Capel (Florida), 1999	19.69, Walter Dix (Florida State), 2007
400 Meters	44.29, Derrick Brew, 1999	44.13, Butch Reynolds (Ohio State), 1987	44.29, Derrick Brew (LSU), 1999	43.50, Quincy Watts (Southern California), 1992
800 Meters	1:45.53, Robin van Helden, 1987	1:45.17, Otukile Lekote (South Carolina), 2002	1:43.93, William Wuyke (Alabama), 1984	1:41.77, Joaquim Cruz (Oregon), 1984
1,500 Meters	3:38.41, Passmore Furusa, 1995	3:35.30, Sydney Maree (Villanova), 1981	3:37.23, Seneca Lassifer (Arkansas), 1999	3:30.56, Bernard Lagat (Washington State), 1999
5,000 Meters	13:33.10, Mark Elliott, 1989	13:38.94, Suleiman Nyambui (UTEP), 1981	13:16.98, Alistair Cragg (Arkansas), 2004	13:08.4, Henry Rono (Washington State), 1978
10,000 Meters	28:18.68, Terry Thornton, 1990	28:32.10, Boaz Cheboiwo (Eastern Michigan), 2002	27:52.10, Shawn Forrest (Arkansas), 2009	27:22.47, Henry Rono (Washington State), 1978
110-Meter Hurdles	13.50, Eric Reid, 1987	13.36, Ron Bramlett (Alabama), 2002	13.26, Willie Gault (Tennessee), 1982	13.00, Renaldo Nehemiah (Maryland), 1979
400-Meter Hurdles	47.67, Bennie Brazell, 2005	48.16, Rickey Harris (Florida), 2002	47.10, Samuel Matete (Auburn), 1991	47.10, Samuel Matete (Auburn), 1991
3,000-Meter Steeplechase	8:38.14, Magnus Bengtsson, 1990	8:22.34, Daniel Lincoln (Arkansas), 2002	8:29.13, Peter Kosgei (Arkansas), 2005	8:05.4, Henry Rono (Washington State), 1978
Long Jump	27-9 1/2 (8.47), John Moffitt, 2004	27-10 1/4 (8.49), Melvin Lister (Arkansas), 2000	28-8 1/4 (8.74) (a) Erick Walder (Arkansas), 1994	28-8 1/4 (8.74) (a) Erick Walder (Arkansas), 1994
Triple Jump	57-8 1/2 (17.59), Walter Davis, 2002	56-10 3/4 (17.34), Walter Davis (LSU), 2002	57-8 1/2 (17.59), Walter Davis (LSU), 2002	58-7 1/4 (17.89), Charlie Simpkins (Baptist), 1985
High Jump	7-5 3/4 (2.28), Tom Lange, 1990	7-5 3/4 (2.28), Tom Smith (Illinois State), 1987; Dothel Edwards (Georgia), 1987; Troy Kemp (Boise State), 1987	7-8 (2.34), Donald Thomas (Auburn), 2007	7-9 3/4 (2.38), Hollis Conway (Southwestern Louisiana), 1989
Pole Vault	18-8 3/4 (5.71), Russ Buller, 2000	18-9 1/4 (5.72), Russ Buller (Tiger Olympians), 2007	19-7 1/2 (5.98), Lawrence Johnson (Tennessee), 1996	19-7 1/2 (5.98), Lawrence Johnson (Tennessee), 1996
Shot Put	65-7 (19.99), Joe Maciejczyk, 1982	70-10 1/2 (21.60), Janus Roberts (SMU), 2002	68-6 (20.88), Edis Elkasevic (Auburn), 2005	72-2 1/4 (22.00), John Godina (UCLA), 1995
Discus	209-1 (63.74), John Nichols, 1989	208-6 (63.56), Mike Buncic (Kentucky), 1985	219-9 (66.99), Gabor Mate (Auburn), 2003	222-00 (67.66), Hannes Hopley (SMU), 2004
Hammer	235-11 (71.90), Walter Henning, 2009	253-8 (77.32), Andras Haklits (Georgia), 2002	243-2 (74.13), Cory Martin (Auburn), 2008	270-10 (82.56), Balazs Kiss (Southern California), 1995
Javelin	247-11 (75.56), Mikael Olander, 1987	264-5 (80.60), Andreas Linden (Unattached), 1998	273-3 (83.28), Tom Pukstys (Florida), 1990	292-4 (89.10), Patrik Boden (Texas), 1990
Decathlon	8,172, Mario Sategna, 1995	8,166, Sheldon Blockburger (Unattached), 1991	8,463, Tom Pappas (Tennessee), 1999	8,465, Trey Hardee (Texas), 2006
4x100-Meter Relay	38.24, 1998 Mike Alridge, Jermaine Grant, Byron Logan, Curtis Perry	38.32, LSU, 2002	38.24, LSU, 1998 Mike Alridge, Jermaine Grant, Byron Logan, Curtis Perry	38.04, TCU, 1998
4x200-Meter Relay	1:20.85, 1995 Rohsaan Griffin, Eddie Kennison, Byron Logan, Milton Mallard	1:22.28, TCU, 1986	1:20.83, Georgia, 1984	1:19.67, TCU, 2000
4x400-Meter Relay	2:59.59, 2005 Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	3:00.55, UCLA, 1987	2:59.59, LSU, 2005 Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2:59.59, LSU, 2005 Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter
4x800-Meter Relay	7:15.73, 1987 Paul Marmaro, Mark Fowler, Bob Dielis, Robin van Helden	7:39.19, TCU, 2009	Not available	7:08.96, Arizona State, 1984
4x1,500-Meter Relay	15:09.74, 1989 Magnus Bengtsson, Mark Elliott, Terry Thornton, Robin van Helden	Not yet contested	14:58.81, Auburn, 1986	14:50.2, Arkansas, 1985
Sprint Medley Relay (200, 200, 400, 800)	3:16.24, 1973 Allen Misher, Bob Smith, Greg Stephens, Harold Willis	3:19.27, LSU, 2008 Armanti Hayes, Gabriel Mvumvure, Reggie Dardar, John Kosgei	3:12.19, Alabama, 1983	3:12.13, Arkansas, 2000
Distance Medley Relay	9:35.58, 1981 Scott Ainsworth, Bobby Beck, Greg Davis, Mike Quigley	9:40.61, LSU, 1986	9:20.10, Arkansas, 1989	9:20.10, Arkansas, 1989
4x110-Meter Shuttle Hurdle Relay	55.54, 1986	55.54, LSU, 1986	54.40, Tennessee, 1981	54.40, Tennessee, 1981

(a) = Altitude

Women's Outdoor Record Book



EVENT	LSU RECORD	BERNIE MOORE STADIUM RECORD	SEC RECORD	COLLEGIATE RECORD
100 Meters	10.78, Dawn Sowell, 1989	11.07, Cheryl Taplin (LSU), 1994	10.78, Dawn Sowell (LSU), 1989	10.78, Dawn Sowell (LSU), 1989
200 Meters	22.04, Dawn Sowell, 1989	22.55, Gwen Torrance (Unattached), 1995	22.04, Dawn Sowell (LSU), 1989	22.04, Dawn Sowell (LSU), 1989
400 Meters	50.60, LaTarsha Stroman, 1997	50.83, Allison Beckford (Rice), 2002	49.95, Lillie Leatherwood (Alabama), 1987	49.89, Sanya Richards (Texas), 2004
800 Meters	2:01.32, Neisha Bernard-Thomas, 2004	2:01.15, Joetta Clark (Tennessee), 1984	2:00.24, Jasmin Jones (Tennessee), 1990	1:58.33, Claudette Groenendaal (Oregon), 1985
1,500 Meters	4:17.14, Christine Slythe, 1985	4:09.85, Suzy Favor (Wisconsin), 1987	4:06.75, Tiffany McWilliams (Mississippi State), 2003	4:05.81, Sonya O'Sullivan (Villanova), 1991
3,000 Meters	9:22.04, Lisa Reed, 1987	8:53.07, Vicki Huber (Villanova), 1988	8:58.00, Heidi Olafsdottir (Alabama), 1987	8:47.35, Vicki Huber (Villanova), 1988
5,000 Meters	16:18.89, Muffy McLeod, 1985	15:46.00, Anne Schweitzer (Texas), 1987	15:37.73, Kathy Bryant (Tennessee), 1982	15:07.56, Cathy Branta (Wisconsin), 1985
10,000 Meters	35:27.94, Lisa Reed, 1988	33:28.27, Patty Murray (Western Illinois), 1987	32:26.03, Jessie Gordon (Arkansas), 2003	31:25.45, Sally Kipyego (Texas Tech), 2008
100-Meter Hurdles	12.70, Tananjaly Stanley, 1989	12.72, Lolo Jones (Tiger Olympians), 2008	12.70, Tananjaly Stanley (LSU), 1989	12.61, Gail Devers (UCLA), 1988
400-Meter Hurdles	53.97, Nickiesha Wilson, 2007	54.85, Lashinda Demus (South Carolina), 2002	53.97, Nickiesha Wilson (LSU), 2007	53.54, Sheena Johnson (UCLA), 2004
3,000-Meter Steeplechase	10:18.54ht, Sandra Smith, 2001	9:45.94, Michaela Manova (BYU), 2002	10:16.01, Mareen Scott (Arkansas), 2004	9:25.54, Jenny Barringer (Colorado), 2009
Long Jump	22-9 1/4 (6.94), Sheila Echols, 1987	22-9 1/4 (6.94), Sheila Echols (LSU), 1987	22-9 1/4 (6.94), Sheila Echols (LSU), 1987	23-9 (7.24), Jackie Joyner (UCLA), 1985
Triple Jump	45-10 (13.97), Keisha Spencer, 2000	46-2 3/4 (14.09), Suzette Lee (Unattached), 2000	45-10 (13.97), Keisha Spencer (LSU), 2000	46-8 (14.22), Trecia Smith (Pittsburgh), 1997
High Jump	6-2 1/4 (1.88), Gai Kapernick, 1994	6-2 1/4 (1.88), Mazel Thomas (Abilene Christian), 1987	6-2 3/4 (1.90), Levern Spencer (Georgia), 2006	6-6 (1.98), Amy Acuff (UCLA), 1995; Kajsa Bergqvist (SMU), 1999; Camille Jampolsky (Oregon), 1987
Pole Vault	14-1 1/4 (4.30), Rachel Laurent, 2009	14-2 (4.31), Dana Ellis Buller (Asics), 2008	14-5 1/4 (4.40), Katie Stripling (Arkansas), 2009	15-1 (4.60), Chelsea Johnson (UCLA), 2006
Shot Put	54-6 1/2 (16.62), Danyel Mitchell, 1994	59-2 (18.03), Meg Ritchie (Arizona), 1983	60-8 1/2 (18.50), Liz Wanless (Florida), 2005	62-3 3/4 (18.99), Meg Ritchie (Arizona), 1983
Discus	194-4 (59.24), Danyel Mitchell, 1994	204-4 (62.28), Meg Ritchie (Arizona), 1983	198-8 (60.56), Jane Haist (Tennessee), 1977	221-5 (67.48), Meg Ritchie (Arizona), 1981
Javelin	204-9 (62.42), Laverne Eve, 1987	198-5 (60.48), Laverne Eve (Bahamas), 1989	228-11 (69.79), Candice Scott (Florida), 2003	228-11 (69.79), Candice Scott (Florida), 2003
Hammer	205-11 (62.77), Britney Henry, 2004	220-6 (67.21), Jamine Moton (Clemson), 2002	239-4 (72.94), Jennifer Dahlgren (Georgia), 2006	236-3 (72.01), Jennifer Dahlgren (Georgia), 2006
Heptathlon	6,013w, Sharon Jaklofsky, 1992	6,068, Jolanda Jones (Houston), 1987	6,033, Hyleas Fountain (Georgia), 2004	6,718, Jackie Joyner (UCLA), 1985
4x100-Meter Relay	42.50, 1989 Esther Jones, Cinnamon Sheffield, Dawn Sowell, Tananjaly Stanley	42.84, LSU, 2008 Brooklyn Morris, Samantha Henry, Juanita Broadus, Kelly Baptiste	42.50, LSU, 1989 Esther Jones, Cinnamon Sheffield, Dawn Sowell, Tananjaly Stanley	42.36, Texas A&M, 2009
4x200-Meter Relay	1:29.78, 2003 Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	1:32.68, Tiger Olympians, 2009 Hazelann Regis, Sherry Fletcher, Kelly Baptiste, Deonna Lawrence	1:29.78, LSU, 2003 Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	1:29.78, LSU, 2003 Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee
4x400-Meter Relay	3:25.26, 2004 Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	3:26.46, South Carolina, 2002	3:25.26, 2004 Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	3:23.75, Texas, 2004
4x800-Meter Relay	8:25.95, 1987 Jackie Bobien, Sylvia Brydson, Camille Cato, Kathleen Harris	9:04.36, Houston, 2008	8:17.91, Tennessee, 2009	8:17.91, Tennessee, 2009
Sprint Medley Relay (200, 200, 400, 800)	3:44.18, 1999 Myra Combs, Peta-Gaye Dowdie, Celena Clarke, Claudine Williams	3:47.55, LSU, 2008 Samantha Henry, Kelly Baptiste, Deonna Lawrence, Brittany Hall	3:41.78, Tennessee, 2004	3:41.78, Tennessee, 2004
Distance Medley Relay	11:10.94, 1985 Camille Cato, Muffy McLeod, Christine Slythe, Wendy Truvillion	11:21.57, Kentucky, 1986	10:53.97, Tennessee, 1987	10:48.38, Villanova, 1988
4x100-Meter Shuttle Hurdle Relay	52.77, 2008 Tenaya Jones, Angel Boyd, Jessica Dhanaja, Nickiesha Wilson	56.34, LSU, 1986 Alicia Bass, Carlette Smith, Schowonda Williams, Cheryl Wilson	52.77, LSU, 2008 Tenaya Jones, Angel Boyd, Jessica Dhanaja, Nickiesha Wilson	52.77, LSU, 2008 Tenaya Jones, Angel Boyd, Jessica Dhanaja, Nickiesha Wilson

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Men's Decathlon

EVENT	LSU RECORD	BERNIE MOORE STADIUM RECORD	SEC RECORD	COLLEGIATE RECORD
100 Meters	10.60, Sheldon Blockburger, 1987	10.44, Jeff Huggins (Kentucky), 1975	10.44, Jeff Huggins (Kentucky), 1975	10.44, Jeff Huggins (Kentucky), 1975
Long Jump	25-2 3/4 (7.69), Sheldon Blockburger, 1986	25-11 (7.90), Dannie Jackson (Arizona State), 1981	25-2 3/4 (7.69), Sheldon Blockburger (LSU), 1986	26-2 3/4 (7.99), Dannie Jackson (Arizona State), 1981
Shot Put	55-7 (16.94), Bengt Jarlsjo, 1989	56-11 1/4 (17.35), Bengt Jarlsjo (Unattached), 1991	55-7 (16.94), Bengt Jarlsjo (LSU), 1989	58-3 1/4 (17.76), Russ Hodge (Foothill CC), 1966
High Jump	7-0 1/4 (2.14), Bruce Reid, 1988; Claston Bernard, 2001	7-2 1/4 (2.19), Sheldon Blockburger (Unattached), 1991	7-1 3/4 (2.18), Aric Long (Tennessee), 1992	7-3 (2.21), Thomas Eriksson (Lamar), 1985
400 Meters	48.18, Mario Sategna, 1995	47.70, Doug Hedrick (Tennessee), 1987	47.08, Matt Shelton (Tennessee), 1992	46.85, Ashton Eaton (Oregon), 2009
Day 1	4,342, Claston Bernard, 2001	4,266, Sheldon Blockburger (LSU), 1987	4,451, Tom Pappas (Tennessee), 1999	4,458, William Motti (Mt. St. Mary's), 1985
110-Meter Hurdles	13.88, Alleyne Lett, 2005	14.15, Alleyne Lett (LSU), 2005	13.70, Jangy Addy (Tennessee), 2008	13.70, Jangy Addy (Tennessee), 2008
Discus	174-10 (53.30), Alleyne Lett, 2005	172-10 (52.68), Brian Brophy (Tennessee), 1991	174-10 (53.30), Alleyne Lett (LSU), 2005	174-10 (53.30), Alleyne Lett (LSU), 2005
Pole Vault	17-0 3/4 (5.20), Mario Sategna, 1995	16-8 3/4 (5.10), Jake Arnold (Arizona), 2007	19-3 (5.87), Lawrence Johnson (Tennessee), 1996	19-3 (5.87), Lawrence Johnson (Tennessee), 1996
Javelin	247-11 (75.56), Mikael Olander, 1987	247-11 (75.56), Mikael Olander (LSU), 1987	247-11 (75.56), Mikael Olander (LSU), 1987	247-11 (75.56), Mikael Olander (LSU), 1987
1,500 Meters	4:27.23, Chip Troxclair, 1978	4:11.73, Scott Daniels (Utah), 1981	4:10.45, John Crist (Alabama), 1976	4:06.3, Robert Baker (Principia), 1978
Day 2	4,100, Mikael Olander, 1988	4,070, Tito Steiner (BYU), 1981	4,100, Mikael Olander (LSU), 1988	4,117, Mauricio Bardales (UC Irvine), 1978
Total	8,172, Mario Sategna, 1995	8,166, Sheldon Blockburger (Unattached), 1991	8,463, Tom Pappas (Tennessee), 1999	8,465, Trey Hardee (Texas), 2006

Women's Heptathlon

EVENT	LSU RECORD	BERNIE MOORE STADIUM RECORD	SEC RECORD	COLLEGIATE RECORD
100-Meter Hurdles	13.42, Cheryl Wilson, 1989	13.64, Sharon Jaklofsky (LSU), 1991; Jovennie McDuffie (LSU), 1991	13.18, Marris Harris (Mississippi State), 2009	13.10w, Marlene Harmon (Cal State Northridge), 1983
High Jump	6-0 1/2 (1.84), Kelli Flynn, 1993	6-1 1/4 (1.86), Jolanda Jones (Houston), 1987	6-0 1/2 (1.84), Kelli Flynn (LSU), 1993	6-4 (1.93), Maryse Ewanje-Epee (Arizona), 1985
Shot Put	46-10 (14.27), Kym Carter, 1987	52-8 3/4 (16.07), Austra Skujyte (Kansas State), 2002	46-10 (14.27), Kym Carter (LSU), 1987	52-8 3/4 (16.07), Austra Skujyte (Kansas State), 2002
200 Meters	23.86, Jovennie McDuffie, 1991	23.84, Tacita Bass (South Carolina), 2002	23.85, Danielle Sampley (Kentucky), 2008	23.40, Lori Smith (San Diego State), 1983
Day 1	3,578, Sharon Jaklofsky, 1991	3,628, Jolanda Jones (Houston), 1987	4,309, Sharon Jaklofsky (LSU), 1991	3,942, Jackie Joyner (UCLA), 1985
Long Jump	20-9 (6.33), Sharon Jaklofsky, 1991	21-6 (6.55), Eva Karblom (BYU), 1987	20-9 (6.33), Sharon Jaklofsky (LSU), 1991	21-11 1/2 (6.69), Jackie Joyner (UCLA), 1985
Javelin	141-5 (43.10), Camilla Strid, 1991	153-2 (46.70), Camilla Strid (Unattached), 1992	156-4 (47.66), Heidi Mann (Florida), 1987	179-8 (54.76), Susie Ray (UCLA), 1983
800 Meters	2:08.15, Lana Zimmerman, 1983	2:14.10, Jolanda Jones (Houston), 1987	2:08.15, Lana Zimmerman (LSU), 1983	2:08.15, Lana Zimmerman (LSU), 1983
Day 2	2,433, Lana Zimmerman, 1983	2,440, Jolanda Jones (Houston), 1987	2,433, Lana Zimmerman (LSU), 1983	2,799, Diane Guthrie-Gresham (George Mason), 2006
Total	5,991, Sharon Jaklofsky, 1991	6,068, Jolanda Jones (Houston), 1987	5,992, Sharon Jaklofsky (LSU), 1991	6,718, Jackie Joyner (UCLA), 1985

MEN

Team

HIGHEST SEC FINISHES

2nd:	1938 (tie), 1989
3rd:	1939, 1985 (tie)
4th:	1970, 1971, 1984, 2000

HIGHEST REGIONAL FINISHES

5th:	2007
6th:	2000, 2004, 2005
7th:	1999, 2008
8th:	1997
9th:	1989, 2001
10th:	1984, 1998
11th:	2003

* In 1997, LSU moved from the District III Region to the District VI Region (currently the South Central Region).

Individual

TOP 10 SEC FINISHES (SINCE 1965)

2nd:	Terry Thornton	1989, 1990
	Passmore Furusa	1994
5th:	John Stewart	1969, 1970, 1971
	Likhaya Dayile	2001
6th:	Mark Elliott	1989
	Passmore Furusa	1995
9th:	Bobby Beck	1981
	Likhaya Dayile	2000
10th:	Joseph Simuchimba	2007

TOP REGIONAL FINISHES

2nd:	Terry Thornton*	1989
	Passmore Furusa*	1994
3rd:	Likhaya Dayile*	2000
6th:	Terry Thornton*	1990
7th:	Likhaya Dayile*	2001
8th:	Mark Elliott*	1989
	Joseph Simuchimba*	2007

NCAA PERFORMANCES

4th:	Terry Thornton#	1989
44th:	Likhaya Dayile	2001
68th:	Joseph Simuchimba	2007
115th:	Likhaya Dayile	2000
DNF:	Mark Elliott	1989
DNF:	Terry Thornton	1990
DNF:	Passmore Furusa	1994

* = NCAA Qualifier | # = All-America | DNF = Did Not Finish

WOMEN

Team

HIGHEST SEC FINISHES

4th:	1999
5th:	1996
6th:	1983, 1988

HIGHEST REGIONAL FINISHES

6th:	1999
10th:	2005
11th:	2003, 2004, 2006, 2007
12th:	2000

Individual

TOP 10 SEC FINISHES

4th:	Silje Rasmussen	1996
5th:	Lisa Reed	1988
	Charlotte Mayock	1996
	Susanne Strunz	2001
8th:	Lisa Reed	1986
9th:	Lisa Reed	1987
10th:	Lisa Reed	1984

TOP REGIONAL FINISHES

6th:	Charlotte Mayock*	1996
13th:	Susanne Strunz	2001
17th:	Silje Rasmussen	1996
20th:	Bridget Cusack	1999
26th:	Silje Rasmussen	1994
	Martina Barkman	1998, 1999
28th:	Amanda Occhi	1999

TOP NCAA FINISHES

62nd:	Charlotte Mayock	1996
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* = NCAA Qualifier

SEC Finishes (since 1981)

Men

YEAR	TEAM	TOP INDIVIDUAL	PLACE
1981	6th	Bobby Beck	9th
1982	8th	Bobby Beck	12th
1983	6th	Matt Dobbins	20th
1984	4th	Mike Smith	13th
1985	t3rd	Mike Smith	11th
1986	7th	Paul Marmaro	17th
1987	7th	Pablo Presedo	5th
1988	6th	Pablo Presedo	16th
1989	2nd	Terry Thornton	2nd
1990	7th	Terry Thornton	2nd
1991	11th	Magnus Bengtsson	18th
1992	11th	Bob Wyman	38th
1993	12th	Tre Hendry	50th
1994	6th	Passmore Furusa	2nd
1995	6th	Passmore Furusa	6th
1996	6th	Abderrazak Merchoud	14th
1997	6th	Robby LeBlanc	14th
1998	5th	Frans Schimper	17th
1999	8th	Frans Schimper	29th
2000	4th	Likhaya Dayile	9th
2001	7th	Likhaya Dayile	5th
2002	8th	Andrew Huston	41st
2003	9th	Jimmy Wiggins	28th
2004	6th	Patrick Gavin	22nd
2005	6th	Drew Haro	21st
2006	9th	Drew Haro	23rd
2007	8th	Joseph Simuchimba	10th
2008	10th	Richard Chautin	38th
2009	11th	Cullen Doody	71st

Women

YEAR	TEAM	TOP INDIVIDUAL	PLACE
1983	6th	Elaine Gomez	23rd
1984	7th	Lisa Reed	10th
1985	7th	Anika Lewin	11th
1986	7th	Lisa Reed	8th
1987	9th	Lisa Reed	8th
1988	6th	Lisa Reed	5th
1989	10th	Michelle Munson	34th
1990	10th	Sally Lanier	59th
1991	10th	Sally Lanier	64th
1992	12th	Shannon Cox	59th
1993	12th	Michelle McDaniel	71st
1994	11th	Silje Rasmussen	31st
1995	12th	Eunice Flores	60th
1996	5th	Silje Rasmussen	4th
1997	8th	Bridget Cusack	29th
1998	8th	Bridget Cusack	23rd
1999	4th	Martina Barkman	13th
2000	11th	Susanne Strunz	15th
2001	8th	Susanne Strunz	5th
2002	9th	Marian Burnett	26th
2003	11th	Katie Denton	44th
2004	9th	Ruth Nanyinza	21st
2005	10th	Michelle Hymel	43rd
2006	9th	Rachael Graham	39th
2007	9th	Kate Accardo	49th
2008	12th	Christina Porter	51st
2009	11th	Charlene Lipsey	63rd

The Winning Streak

The Lady Tigers' string of 11 consecutive NCAA titles from 1987-1997 is an astounding accomplishment unmatched at the Division I level in any women's collegiate sport. From its beginning in Baton Rouge in 1987 to its conclusion in 1997 at Indiana University, the streak was filled with some of the most incredible performances and amazing athletes in Lady Tiger track history. It was a streak with everything: down to the wire finishes, blowouts, gut-wrenching drama, all the moments in which legends are made.

While the names and faces responsible for the 11 titles changed, the level of consistency and drive to ascend to the pinnacle of the sport remained throughout the streak's entirety. The following is a look back at the Lady Tigers' remarkable streak.

Year-by-Year History of the Lady Tigers' Winning Streak

YEAR	LSU POINTS	RUNNER-UP (POINTS)	SITE
1987	62	Alabama (53)	Baton Rouge, La.
1988	61.5	UCLA (58)	Eugene, Ore.
1989	86.5	UCLA (47)	Provo, Utah
1990	53.5	UCLA (46)	Durham, N.C.
1991	78.5	Texas (67)	Eugene, Ore.
1992	87.5	Florida (81)	Austin, Texas
1993	93	Wisconsin (44.5)	New Orleans, La.
1994	86	Texas (43)	Boise, Idaho
1995	69	UCLA (58)	Knoxville, Tenn.
1996	81	Texas (52)	Eugene, Ore.
1997	63	Texas (62)	Bloomington, Ind.

National Champions By Year

1987

Sheila Echols	Long Jump
Laveme Eve	Javelin

1988

Schowonda Williams	400 Hurdles
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1989

Esther Jones	4x100 Relay
Cinnamon Sheffield	4x100 Relay
Dawn Sowell	100 Meters, 200 Meters, 4x100 Relay
Tananjalyn Stanley	100 Hurdles, 4x100 Relay

1990

Dawn Bowles	4x100 Relay
Esther Jones	100 Meters, 200 Meters, 4x100 Relay
Cinnamon Sheffield	4x100 Relay
Tananjalyn Stanley	4x100 Relay

1991

Dawn Bowles	100 Hurdles
Sharon Jaklofsky	Heptathlon

1992

Dawn Bowles	100 Hurdles
Dahlia Duhaney	200 Meters, 4x100 Relay
Cinnamon Sheffield	4x100 Relay
Cheryl Taplin	4x100 Relay

1993

Indira Hamilton	4x400 Relay
Danyel Mitchell	Discus
Debbie Parris	400 Hurdles, 4x100 Relay, 4x400 Relay
Daphne Saunders	Long Jump
Cheryl Taplin	4x100 Relay
Heather Van Norman	4x100 Relay, 4x400 Relay
Youlanda Warren	4x100 Relay, 4x400 Relay

1994

Zundra Feagin	4x100 Relay
Gai Kapernick	High Jump
D'Andre Hill	4x100 Relay
Danyel Mitchell	Discus
Debbie Parris	400 Hurdles, 4x100 Relay
Cheryl Taplin	4x100 Relay

1995

Kwajalein Butler	4x100 Relay
Zundra Feagin	4x100 Relay
D'Andre Hill	100 Meters, 4x100 Relay
Marita Hunt	4x100 Relay
Charlene Maulseed	4x400 Relay
Sheila Powell	4x400 Relay
LaTarsha Stroman	4x400 Relay
Youlanda Warren	4x400 Relay

1996

Kwajalein Butler	4x100 Relay
Kim Carson	100 Hurdles
Zundra Feagin	200 Meters, 4x100 Relay
D'Andre Hill	100 Meters, 4x100 Relay
Suzette Lee	Triple Jump
Astia Walker	4x100 Relay

1997

Kwajalein Butler	4x100 Relay
Peta-Gaye Dowdie	4x100 Relay
Suzette Lee	Triple Jump
LaTarsha Stroman	400 Meters
Sa'Donna Thornton	4x100 Relay
Astia Walker	100 Hurdles, 4x100 Relay



History of the 4x100-Meter Relay

LSU

For more than 20 years, LSU's men's and women's relay teams have been a hallmark of the Tigers' track and field program at the NCAA Championships. LSU is the only school to ever win both the men's and women's 4x100-meter relays in the same year. The Tigers have done so four times, winning consecutive championships between 1992-94 and again in 2003.

From the Penn Relays and the Texas Relays to the NCAA Championships, LSU relay teams are one of the biggest attractions in NCAA track and field. The following is a look at LSU's year-by-year finishes in the 4x100-meter relay at the NCAA Championships.

Women

YEAR	PLACE	RELAY MEMBERS	TIME
1985	1st	Morris, Echols, King, Phipps	43.82
1986	DQ	Schowonda Williams	False Start
1987	2nd	Echols, Age, Morris, Wofford	43.54
1988	3rd	Stanley, Age, Wofford, Jones	43.83
1989	1st	Stanley, Sowell, Sheffield, Jones	42.50
1990	1st	Jones, Sheffield, Stanley, Bowles	43.99
1991	2nd	Taplin, Duhaney, Bowles, Jones	42.96
1992	1st	Duhaney, Bowles, Sheffield, Taplin	43.03
1993	1st	Parris, Van Norman, Warren, Taplin	43.39
1994	1st	Parris, Feagin, Hill, Taplin	43.26
1995	1st	Hunt, Butler, Feagin, Hill	43.10
1996	1st	Walker, Butler, Feagin, Hill	43.03
1997	1st	Walker, Butler, Thornton, Dowdie	43.17
1998	2nd	Thornton, Butler, Combs, Dowdie	43.03
1999	DNF	Bates, Marshall, Combs, Dowdie	
2000	2nd	Bates, Bass, Combs, Dowdie	43.16
2001	1st	Thornton, Durst, Combs, Lee	43.35
2002	2nd	Rockett, Jones, Durst, Lee	43.28
2003	1st	Durst, Hall, Jones, Lee	42.55
2004	1st	Jones, Hall, Durst, Lee	42.61
2005	5th	Owens, Lawrence, Ohanaja, Baptiste	43.67
2006	2nd	Fletcher, Morris, Broaddus, Baptiste	42.94
2007	2nd	Ohanaja, Henry, Morris, Fletcher	43.14
2008	2nd	K. Wilson, Henry, Morris, Baptiste	42.85
2009	DNF	Cabral, Henry, Davis, Wilson	

Men

YEAR	PLACE	RELAY MEMBERS	TIME
1989	4th	Napier, Watkins, Starks, Rose	38.97
1990	DNF	Bernard, Starks, King, Brown	Dropped Stick
1991	DNC		
1992	1st	Jones, Williams, King, Sanders	38.70
1993	1st	Jones, Gilbert, King, Muyaba	38.70
1994	1st	Kennison, Muyaba, Thymes, Williams	38.91
1995	2nd	Grant, Cummings, Kennison, Griffin	38.64 SR
1996	DQ	Cummings, Cummins, Logan, Griffin	Zone Violation
1997	3rd	Buller, Alridge, Grant, Cummings	39.01
1998	2nd	Grant, Alridge, Logan, Perry	38.24 SR
1999	DNC		
2000	3rd	Buller, Brew, Patterson, Barrett	39.07
2001	DNF	Henderson, Parham, Coley, Barrett	Dropped Stick
2002	1st	Davis, Parham, Coley, Brazell	38.48
2003	1st	Willie, Parham, Coley, Brazell	38.65
2004	DNF	Willie, Stevenson, Parham, Brazell	Missed Handoff
2005	4th	Thompson, Carter, Willie, Brazell	38.86
2006	1st	Thompson, Carter, Stevenson, Willie	38.44
2007	2nd	Hicks, Thompson, Stevenson, Holliday	38.85
2008	1st	Hayes, Thompson, Mvumvure, Holliday	38.42
2009	2nd	Nugent, Coppage, Hayes, Holliday	38.67



2003 4x100 NCAA Women's Champions



2003 4x100 NCAA Men's Champions

The Tigers school-record-breaking time of 38.24 at the 1998 NCAA Outdoor Championships went down as the third-fastest 4x100-meter relay time in NCAA history. The Lady Tigers have left their mark in the NCAA record books as well, dominating the NCAA's all-time 4x100-meter relay list over the years. In fact, the Lady Tigers have run six of the 10 fastest times in NCAA history, which is more than any other program in the history of collegiate track and field.

Top 10 Women's Collegiate 4x100-Meter Relay Times

1.	42.36	Texas A&M	2009
2.	42.50	LSU	1989
3.	42.55	LSU	2003
4.	42.59	LSU	2008
	42.59	Texas A&M	2008
6.	42.61	LSU	2004
7.	42.69	Texas A&M	2008
8.	42.76	LSU	1996
	42.76	Texas	1998
10.	42.80	LSU	2008
	42.80	Texas A&M	2009



Trindon Holliday at the 2008 NCAA Outdoor Championships

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THIS IS LSU

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ATHLETES

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Tiger Letterwinners

LSU

INTRO

THIS IS LSU

PREVIEW

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HISTORY

RECORDS

A

ABOTT, W. (1933-34)
 ABY, C. (1927-29)
 ACCARDO, Nick (2002-05)
 ADAMS, C.R. (1916)
 ADAMS, Paul (1953)
 ADDY, Ken (1971-74)
 ADDOLPH, Jeffrey (2007-09)
 AINSWORTH, Scott (1981-82)
 ALBRIGHT, Leland (1963-65)
 ALBRITTON, O. (1926-29)
 ALFRED, Don (1997-2000)
 ALLEN, Alvin (1949-50)
 ALLEN, R. (1928)
 ALLEN, Tommy (1967)
 ALLEYNE-FORTE, Ade (2009)
 ALRIDGE, Mike (1996-98)
 ANDERSON, David (1984)
 ANDERSON, LeVar (1998-99)
 ANDING, Robert (1972-75)
 ANDREWS, James (1962-63)
 ANDRUS, Craig (1980)
 ATYEH, Walead (1999-2000)
 AVERY, Butler (1948-50)

B

BABERS, B. (1927)
 BAGWELL, J. (1933-34)
 BAINE, Troy (1956)
 BAKER, Bobby (1994-95)
 BAKER, Keith (1978)
 BAKER, Larry (1989)
 BALL, J.N. (1923)
 BANDARIES, Ludwin (1960-61)
 BANKHEAD, Bill (1957-58)
 BANKS, Leon (1979)
 BARHAM, J.R. (1907)
 BARNARD, Gerhard (1990-91)
 BARRETT, Dwyhyte (1998-2001)
 BARRON, Ed (1956)
 BARRROW, Gray (1979-81)
 BARTHELEMY, L.J. (1911)
 BARTON, J.J. (1997-2000)
 BASTIDAS, Jaime (1997-98)
 BATSON, Bryan (1999-2001)
 BECK, Bobby (1980)
 BECKER, J. (1938)
 BECKHAM, Richard (1971)
 BEIDENHARN, Joseph (1954)
 BENCTSSON, Magnus (1988-91)
 BENNETT, Bart (1963-64)
 BENNETT, F. (1927)
 BENNETT, Kirk (1988)
 BENTON, Austin (2004-07)
 BENTON, Tommy (1950)
 BERNARD, Claston (1999-2002)
 BERWICK, J. (1927-28)
 BILLEAUD, Craig (1997-98)
 BILLOT, Edwin (2006)
 BISHOP, Clyde (1982)
 BLACK, E.A. (1935)
 BLACK, Gary (1971)
 BLAIR, N. (1933-35)
 BLAIR, Walter (1957)
 BLAKE, Phillip (1989)
 BLANCHARD, B.G. (1905, 1907-08)
 BLANCHARD, Joe (1957-58)
 BLESS, Chris (2008-09)
 BLOCKBURGER, Sheldon (1986-87)
 BOBO, Taylor (2003)
 BOGGESS, Bob (1950)
 BOGUSKI, Bob (1957)
 BOHLKE, Billy (1999-2002)
 BOLDEN, Brett (2001)
 BONGAERTZ, Kees-Jan (1989-91)
 BORDELOIN (1930)
 BORNE, Brett (2007)
 BORNMAN, J.P. (1923-25)
 BOTLEY, Johnnie (1974-76)
 BOUCHE, Michael (1969)
 BOUDLOCHE, Willie (1991-93)
 BODREAUX, Pete (1964-66)
 BOUGHTON, J.F. (1932-34)
 BOURG, Avie (1959)
 BOURGEOIS, James (1949-50)
 BOUTTE, George (1980)
 BOUTTE, Harold (2007)
 BOWMAN, G. (1934-36)
 BOWMAN, S.S. (1930-32)
 BRADLEY, Willie (2002-05)
 BRASHER (1905)
 BRAZELL, Bennie (2002-05)
 BREATHWIT, John (1947, 1949-50)
 BREATHWIT, Mack (1949-50)
 BRENTS, Jess (1969)
 BREW, Derrick (1999-2000)
 BRICKHAM, Robert (1994-95)

BRIDGES (1925-26)

BRIDGES, Kenneth (1953)
 BRIEDE, Richard (1974-77)
 BRIEN, Clark (1968)
 BROCK, John (1951)
 BROOKS, Larry (1952, 1954-55)
 BROUSSARD Carson, (2001-03)
 BROUSSARD, Francis (1981)
 BROWDER, Darrin (1989)
 BROWN, Andre (1985-86)
 BROWN, Billy (1938-41)
 BROWN, Ellis (1996)
 BROWN, H.M. (1925-27)
 BROWN, Harry (1929)
 BROWN, J.E. (1917)
 BROWN, L.P. (1928-30)
 BROWN, Lorenzo (1990)
 BRUNER, J.C. (1914-15)
 BRYAN, A. (1935-37)
 BRYANT, T.T. (1917)
 BUELL, N. (1937-38)
 BULLER, Russ (1997-2000)
 BURGE, D.P. (1933)
 BURGE (1938)
 BURKS, Shawn (1985)
 BURLEIGH, Joe (Ivan) (1950-51)
 BURNETT, J. (1927-29)
 BURRIS, W.B. (1913-16)
 BURTON, Harry (1952)
 BURTON, John (1957)
 BUSBY, Bill (1960)
 BUSCH, Herman (1953)
 BUTLER, Carroll (1948)
 BUTLER, J. (1921-25)
 BUTLER, King (1961)
 BUTLER, S.L. (1906-07)
 BUTLER, W.E. (1931)

C

CAILLETEAU, F. (1925-26)
 CAIN, Chris (1996-97)
 CALDWELL (1919)
 CALE, Frederick (1968)
 CALHOUN, D. (1927)
 CALLAWAY, Louis (1984-87)
 CALLOWAY, Jason (1999)
 CAMPBELL, C.C. (1924-25)
 CAMPBELL, Charles (1961)
 CAMPBELL, Steve (1979)
 CANGELOSI, James (1965)
 CANNON, Billy (1958-59)
 CANNON, Harvey (1953-56)
 CAPDEVILLE (1905)
 CARAWAY, Gabriel (2001-04)
 CARPENTER, Harry (1954-57)
 CARROLL, Jason (2000-2002)
 CARROLL, Matthew (2003-04)
 CARRUTH (1922-23)
 CARTER, Jamison (2001-04)
 CARTER, John (1968-69)
 CARTER, Xavier (2005-06)
 CASANOVA, Tommy (1970)
 CASTAGNOS, Leonce (1962-64)
 CATLETT, W.R. (1905)
 CAVANAUGH, Robert (1964-66)
 CAZA, Mike (1995)
 CHANDLER, W.B. (1924-26)
 CHAPMAN, Keith (1948)
 CHATHAM, Preston (2007-08)
 CHAUTIN, Richard (2008-09)
 CHERAIS, Samuel (1998)
 CHILDRESS, Robert (1953)
 CHOPPIN, Purnell (1948)
 CHRETIEN, John (2003-05)
 CHRISTINA, Carlo (1949-51)
 CHURCH, F. (1938)
 CLARK, Fred (1959-60)
 CLEARMAN, Jerry (1961)
 COBB, Barney (1973-74)
 COCKERHAM, J.H. (1911-13)
 COCKERHAM, S. (1916)
 EHRHARDT, Ken (2008)
 COFFEE, Al (1969-72)
 COLE, Eddie (1971)
 COLE, Jack (1950)
 COLEY, Eftrem (1979-81)
 COLEY, Pete (2001-05)
 COLQUHOUN, Lueroy (1999-02)
 CONSTANT, Doug (1960-61)
 COOLEY, C. (1926-29)
 COOPER, P. (1915-16)
 COPPAGE, Will (2007-09)
 CORKERY, Rip (1965)
 CORLEY, M.F. (1905)
 CORREA, Elton (1948)
 COVINGTON, Bill (1948-51)
 COVINGTON, W.W. (1920-22)
 COX, Chris (1984)
 CRANFORD, Charles (1960)

CRASS, W. (1935-36)

CREVLING, Bill (1960)
 CREWS, Eddie (1974-77)
 CRONAN, Tommy (1965)
 CULLEN, Bob (1975)
 CUMMINGS, Chris (1995-98)
 CUMMINS, Kirk (1995-96)
 CUPIT, Brad (1997)

D

DAFFIN, Tim (1984)
 DALTON, Jeffery (1958-59)
 DALY (1923)
 DAMN, Doug (1973)
 DARDAR, Reggie (2005-08)
 DARLING, B. (1938)
 DASPI, Woodson (1948)
 DAUTERIVE, L.J. (1907)
 DAVIES, Dick (1959)
 DAVIS, G. (1938)
 DAVIS, Greg (1981-83)
 DAVIS, Jim (1976-77, 1979-80)
 DAVIS, John (1956-57)
 DAVIS, Walter (2001-02)
 DAY, J. (1931)
 DAY, K. (1937)
 DAY, S. (1925)
 DAYILE, Likhaya (2000-2002)
 DEAN, Robert (1954)
 DeBLANC, Mark (2008-09)
 DEGRAVELLE, G.A. (1924-25)
 DeHOLLANDER, Robert (1986-87, 89)
 DEMMICK, O. (1926)
 DEMPERS, Wynand (1999-2001)
 DERMODY, John (1996-97)
 DeSOTO, Richard (1971-72)
 DESSAUER, Luke (2008)
 DEVALL, Ivan (1970)
 DIAZ, Edgar (1991)
 DICKKEY, Tom (1948)
 DIEL, Kendall (1968-69)
 DIEL, Winston (1973)
 DIELS, Albertus (1986-87)
 DIETRICH, Kurt (1992-95)
 DILL (1921)
 DOBBINS, Mark (1978-80)
 DOBBINS, Matt (1984)
 DOMINGUEZ, Josh (2007-09)
 DOODY, Cullen (2008)
 DOUGHERTY, Mike (1965-67)
 DOUPE, Tom (1973-75)
 DOUSAY, Jim (1966)
 DOWNING, Ben (1968)
 DRUILHET, Anthony (1985-87)
 DUHON, Chris (1978-81)
 DUHON, John (1981-84)
 DUHON, Phil (1993)
 DUKES, Tommy (1957)
 DUNN, Jack (1963-64)
 DUPIGNY, Sean (1993-94, 1996)
 DUPLANTIS, Greg (1982, 1984-86)
 DUPONT, J. (1928-29)
 DUPONT, John (1994-95)
 DURHAM, Dickie (1959-61)
 DURINGER, Darral (1971-73)
 DUTTON, C. (1925, 1927)
 DUTTON, T.W. (1911-14)
 DYER, Jack (1948)
 DYER, Jack (1965-67)

E

EAST, J.L. (1925-27)
 EASTMAN, John (1966)
 ECKERT, David (1965-67)
 ECKERLY, W.S. (1907)
 EDMOND, Greg P. (1975)
 EDMOND, Tim (1971)
 EDMONSTON, M.N. (1923-24)
 EDWARDS, F.M. (1905)
 EHRHARDT, Ken (2008)
 ELLIOTT, Mark (1989-90)
 ELLISON, Dave (1953)
 ENGERAN, Loyd (1959)
 ENSLEY, Frank (1997-99)
 EPPS, James (1971-72)
 EUBANK, Neil W. (1987-88)
 EVANS, J. (1938)
 EVANS, W.M. (1912)
 EWERS, Anthony (2003-04)

F

FABIAN, Ralph (1958-60)
 FARRELL, Derrick (1993-94)
 FATHEREE, Jesse Jr. (1958-61)
 FAULK, Ronnie (1966-68)

FAUST, Michael (1991-94)

FAY, T. (1905)
 FERRO, R. (1905)
 FISHER, C. (1932-33, 1935)
 FISHER, Jeffrey (2001-05)
 FLEMING, Gavin (2005, 2007)
 FLESHMAN, Fred (1978-80)
 FLOREK, Michael (2007-09)
 FLOYD, J.C. (1920)
 FONTENOT, M. (1927-29)
 FONTENOT, Ryan (2005-08)
 FORBES, I.L. (1924)
 FORNARIS, Jim (1960-62)
 FORST, Alex (1997-2000)
 FOTI, Russell (1948)
 FOWLER, James (1964)
 FOWLER, Mark (1985-88)
 FOX, Rabun (2005-06, 2008-09)
 FRANCIQUE, Alleyne (2001-02)
 FRANCISE, Tommy (1974)
 FRANKLIN, Kevin (1995)
 FREY, F.C. (1917-21)
 FRIEND, B. (1936-38)
 FUNK, J.L. (1915-17, 1920)
 FURUSA, Passmore (1994-95)
 FUSELIER, Eric (1992-94)

G

GALLOWAY, E. (1913-15)
 GALLOWAY, J.U. (1917)
 GALLUP, Ryan (1999-2003)
 GALVAN, Dave (1996)
 GARCIA, Carlos (1999-2000)
 GARDNER, Paul (1999)
 GAVIN, Patrick (2005-06)
 GEORGE, I. (1927-28)
 GEYER, Randy (1963-66)
 GIBBENS, D.J. (1953-54)
 GIBSON, Marvin (1994-95)
 GIBSON, Tommy (1992)
 GILBERT, Glenroy (1992-93)
 GILBERT, Larry (1976)
 GILFOIL, Billy (1963-66)
 GOLDBOLD, H. (1934-35)
 GÖHRES, Jace (2004, 2007)
 GOODWIN, Randal (1952-53)
 GORDY, Matt (1932-33)
 GOTT, Malcolm (1961)
 GRAHAM, Kevin (1956)
 GRANT, Carl (1955)
 GRANT, David (1992-95)
 GRANT, Jermaine (1995, 1997-98)
 GRAVES, Carl (1955)
 GREEN, Gerald (2000-01)
 GREEN, Nigel (1994-97)
 GREEN, Red (1984)
 GREENLEY, N. (1928)
 GREENSWORD, Marlon (2002-03)
 GREZZAFFI, Sammy (1966)
 GRIFFIN, Rohsaan (1995-96)
 GRISWOLD, Jack (1958-59)
 GUILLYORY, Brandon (2000-03)
 GUY, Matthew (2007)

H

HAGUE, P.G. (1919-20)
 HALL (1931)
 HALL, Bobby (1948-50)
 HALL, David (1986-87)
 HALL, Buddy (1964)
 HAMILTON, L. (1936-37)
 HAMMAN, Biff (1965-67)
 HANCHEY, Gene (1958-59)
 HARDIN, Billy (1962-64)
 HARDIN, Glenn (1933-35)
 HARDIN, J.L. (1938)
 HARDIN, T.J. (1926-27)
 HARNANDEZ, Ronald (1961-64)
 HARO, Drew (2004-05, 2007-08)
 HARRELL, R. (1926-27)
 HARRIS, Dennis (1989-90)
 HARRIS, Joe (1960-62)
 HARRIS, Steve (1989)
 HARRIS, Tom (1971)
 HARTSELL, Glen (1960-61)
 HASLOM, Reggie (2007-09)
 HATCHER (1925)
 HAWKINS, A.M. (1911-12)
 HAYES, Armani (2007-09)
 HAYES, R.S. (1919)
 HAZLIP, S.W. (1913-14)
 HEARN, Steve (1971-72)
 HECKER, Kyle (2007-08)
 HELM, N.C. (1920-23)
 HENDERSON, Devery (2001-02)

HENDRIX, J. (1929-31)

HENDRY, Michael (2005-08)
 HENDRY, Tre (1992-95)
 HENK, Danny (1997-99)
 HENNIGAN, Charles (1954)
 HENNING, Walter (2009)
 HENRY, Barry (1991)
 HENRY, Kenny (2000, 2002-03)
 HEROMAN, Ted (1971-74)
 HEWETT (1905)
 HICKS, Jeremy (2006-09)
 HIGHT, Carroll T. (1967-69)
 HIGHT, Freddie C. (1967-69)
 HILL, Greg (1976-79)
 HILTON, Michael (2000-02)
 HITCHCOCK (1925)
 HOFFFIELD, Keith (1997)
 HOLBROOK, C.S. (1907-08)
 HOLDERMAN, F.H. (1931-34)
 HOLLEMAN, Bob (1951-52)
 HOLLIDAY, Trindon (2006-09)
 HOLLIDAY, W.N. (1926-28)
 HOLMES, Walter (1964)
 HOOK, James (1995)
 HOOPER, John (1954-55)
 HOPKINS, Derek (1989-90)
 HORNE, Jackie (1957)
 HORTON, Brett (1996-97)
 HORTON, Maurice (1990-91)
 HOTARD, P. (1928)
 HOWARD, Jamar (2009)
 HOWARD, Marc (1984)
 HUGHS, C.B. (1922)
 HULL, H. (1920-23)
 HUNT, Donald (1950-51)
 HUSTON, Andrew (2002-05)
 HUTCHINS, T.W. (1930-31)

I

IVES, C.A. (1919-22)

J

JACKSON, Anthony (1978-79)
 JACKSON, Chris (2003-05)
 JAMES, Charles (1984, 86-87)
 JAMES, Clayton (1952-55)
 JAMES, Jamaral (2007-09)
 JARLSJO, Bengt (1988-90)
 JEAN-FRANCOIS, Ricky (2006, 2008)
 JEANSONNE, Greg (1989-90)
 JEFFERSON, Omar (1996)
 JENKINS, D.B. (1916-17)
 JENKINS, H. (1905)
 JENKINS, M.R. (1914-15)
 JOHNSON, A.R. (1948-49)
 JOHNSON, Charles (1951-52)
 JOHNSON, F.F. (1921-23)
 JOHNSON, F.L. (1929-31)
 JOHNSON, Glenn (1954)
 JOHNSON, J.C. (1938)
 JOHNSON, Joe (1953-54)
 JOHNSON, M.F. (1911)
 JONES, Billy Gene (1955)
 JONES, Reggie (1992-93)
 JONES, Richard (2009)
 JORDAN, Pearson (1976-79)

K

KAHLES, Rolf (1997-98)
 KALBAUGH, Steve (1990)
 KEEN, R.C. (1919-20)
 KELLY, Don (1948)
 KENNEDY, K.K. (1951-52)
 KENNISON, Eddie (1994-96)
 KENNON, Calvin (1982)
 KENT, H. (1935-37)
 KEPLER, Jack (1951-53)
 KHAIDA, Lotfi (1991-93)
 KIMES, Nathan (1949)
 KING, Chris (1989-92)
 KINNARD, Luke (2002-03)
 KLAMKE, A. (1930-31)
 KLEINPETER, Russell (1955)
 KLEINPETER, T. (1936)
 KLESTER, Pat (1995-96)
 KLOCK, E.L. (1905)
 KNECHT, Ronald (1948)
 KNOX, Ken (1950)
 KOPFLER, Joe (1970)
 KOSGEI, Elkana (2008)
 KOSGEI, John (2008)
 KRAMER, T.F. (1921)

L
 LaBAUIVE, Randall (1988-90)
 LACASSAGNE, Herb (1960)
 LACOSTE (1930-31)
 LACOSTE, Jay (1959-61)
 LACY, David (1968)
 LADNER, Christian (1990)
 LAINE, Jason (2003)
 LAMBDOIN, Gregg (1976)
 LAMBERT, S. (1928-29)
 LANDRY, Tim (2008)
 LANE, H. (1938)
 LANGE, Tom (1989-92)
 LANIER, H.A. (1929-30)
 LANSING, Bill (1950-51)
 LANSING, Fred (1953-54)
 LASALLE, J. (1935-36)
 LASALLE, L.J. (1905,1907)
 LAURO, Michael (2009)
 LAVIN, James (1954-57)
 LeBLANC, Lee (1986)
 LeBLANC, Christen (1995-96)
 LeBLANC, Robby (1997-98)
 LeBLANC, Roland (2004)
 LeBLEU, C.A. (1930)
 LEE, Patrick (2008-09)
 LeFEVRE, Ross (1960)
 LeFLEUR (1911)
 LeFLEUR, L. (1927-29)
 LeFLEUR, P.C. (1907)
 LEHMAN, J. (1932-34)
 LESSOR, Gabriel (1993)
 LESTER, G. (1935-37)
 LETT, Alleyne (2005, 2007)
 LEWIS, R.E. (1911, 1913)
 LEWIS, Ravin (1984, 1986)
 LEWIS, Rodney (1983-84, 1986)
 LEWIS, W.S. (1915,17)
 LITTLE, C.W. (1911-12)
 LLOYD, Edward (1982-83)
 LOBBELL, W. (1933)
 LOCHRIDGE, Joe (2003-04)
 LOE, S.R. (1916-17, 1919)
 LOFLIN, J.T. (1948)
 LOGAN, Byron (1995-98)
 LOGSDON, Steve (1990-91)
 LORMAND, Ben (1995-96)
 LOVE, Mickey (1955)
 LOWRY, James (1949-51)
 LOWTHER, Charles (1948-49)
 LOWTHER, Robert (1948)
 LUMPKIN, Mark (1969-70)
 LYLES, Melvin (1949)

M
 MACIECZYK, Joe (1979-81)
 MACK, Bobby (1956-58)
 MAHLER, Scott (1996-98)
 MAJOR, H.A. (1907)
 MALCOLM, Phillip (2007)
 MALLARD, Milton (1995)
 MALLOW, Pat (1938)
 MARCELLE, Earl (1991-94)
 MARMARO, Paul (1985, 87)
 MARSHALL, Tom (1976-80)
 MARTEL, Anthony (2009)
 MARTIN, Brent (1999-2002)
 MARVIN, Ernest (1979-81)
 MASCARD, Nathan (1996-97)
 MATHEWS, Gerald (1971-74)
 MATTIA, Raymond (1976)
 MATTIA, Robert (1976)
 MAY, Dudley (1965-66)
 MAY, Joe (1953-56)
 MAYES, Adrian (2001-2002)
 MAYEUX, Herman (1968-69)
 MAZZA, Frank S. (1987-90)
 McARTHUR, Bryan (1992-95)
 McBRIDE, Homer (1951-53)
 McCain, Eugene (1978-81)
 McCALL, H.L. (1925-26)
 McCARRON, Harry (1967-68)
 McCOLLISTER, E.P. (1916)
 McDANIEL, Orlando (1979-81)
 McDONALD, David (1961)
 McDONALD, John (1953-55)
 McFARLAND, R.A. (1919-20)
 McGAREY, Donald (1983-84)
 McGEHEE, Marcus (2009)
 McCOWAN, C.L. (1934)
 McGUINNESS, Charles (1985)
 McHERNY, B.C. (1911)
 McKELLAR, Fred (1960-62)
 McKINNON, John (1970-73)
 McLEOD, Ralph (1951-53)
 McNABB, Delmon (1965-67)
 McNASPY, M. (1906)

McRAE, G. (1938)
 MEDLOCK, Recie (2000)
 MEE, Stuart (1986-87)
 MELANCON, O.O. (1905)
 MELENDEZ, Efran (1989-90)
 MERCHLOUD, Abdelrazak (1997)
 METELUS, Alain (1986-88)
 METRAILER, Phillip (1970)
 MEYER, Paul (1974-77)
 MELKE, Charles (1970)
 MILLER, C.S. (1908)
 MILLER, F.L. (1929-31)
 MILLER, Paul (1951-53)
 MILLET, E. (1927-29)
 MILLS, Robert (1973*)
 MILLSEPS, P. (1936-38)
 MILTON, Terry (1986)
 MIMMS, George (1990)
 MISHER, Allen (1973-76)
 MITCHELL, L. (1924-27)
 MOBLEY, Gene (1972-74)
 MOFFITT, John (2003-04)
 MOODY, Phillip (1984-85)
 MOON, Lynn (1957-58)
 MOORE, Aaron (2009)
 MOORE, Jerry (1957-58)
 MOORE, Joey (1999)
 MOORE, Robert (1956)
 MOORE, Ronald (1969)
 MOREAU, Al (1931-33)
 MORELAND, J.F. (1921-24)
 MORGAN, S. (1927)
 MORGAN, R.B. (1931)
 MORRIS, Mark (1989-92)
 MORRIS, Sherman (1991)
 MOTT, King (1956-58)
 MOUTON, R.L. (1905-07)
 MURPHY, P. (1935-37)
 MUJABA, Fabian (1993-94)
 MUMVURE, Gabriel (2008-09)
 MWAPE, Sam (2004-05)
 MYRICK, Don (1964-65)

N
 NALL, Craig (2000)
 NAPIER, Dino (1989)
 NEHME, Christian (1997-2000)
 NELSON, Trevis (2006)
 NESOM, G.W. (1927-29)
 NETTLES, B.J. (1913-14)
 NEUHAUSER, C.A. (1913-15)
 NEURIG (1951)
 NEWELL, R. (1934-35)
 NEWSOME, Dan (1949-50)
 NICHOLS, John (1988-90, 1992)
 NICHOLS, Regan (1995-96)
 NICHOLS, Tim (1979)
 NIETO, Javier (1999-2002)
 NOBLERS, Steve (1972-73)
 NOBLETT, O.H. (1908)
 NODIER, Fred (1952-53)
 NUGENT, Barrett (2009)
 NUNEZ, Keith (2000-03)

O
 OLACK, Tim (1971-74)
 OLANDER, Mikael (1985-88)
 OLIVER, David (1967-70)
 ONSARE, Charles (1989-90)
 O'NEAL, T. (1933-35)
 O'NEIL, Jack (1961-63)
 O'NEIL, Ted (1965)

P
 PADDISON, Dave (1991-94)
 PALLES, Harry (1981-82, 1984-85)
 PARHAR, Robert (2001-04)
 PARKER, A.W. (1930)
 PARKER, Jeffrey (2007)
 PASCAL, Robert (1973-76)
 PASSENTINO, Carl (1997)
 PATRON, Ron (1997)
 PEEBLES, L. (1932)
 PERKINS, B. (1928)
 PERRIN, Patrick (2003-05)
 PERRY, Curtis (1997-98)
 PETERMAN (1916)
 PETERSEN, Scott (1991-94)
 PETTES, Steve (1995-96)
 PETTIT, Bob (1952-54)
 PFINGSTEN, Gunmar (1997-98)
 PHILLIPS, J.C. (1938)
 PHILLIPS, F.R. (1906)
 PHILLIPS, Isa (2006-07)
 PHILLIPS, John (1952-55)

PICKENS, F.W. (1917,19)
 PINNOCK, Marvin (2004)
 PIPES, D.Y. (1919)
 PITTMAN, J.S. (1916)
 PORTER, George (1965)
 POWELL, Darion (2006)
 POWELL, Erik (2008)
 POWELL, Keith (1995-97)
 MEYER, R. (1932)
 PRENTICE (1925)
 PRENTICE, Derrick (1993-96)
 PRESEDO, Pablo (1986,88-89)
 PRESLEY, James (2004)
 PRESTON, Joe (1948-51)
 PUGH, Travis (1956-57)

Q
 QUIGLEY, Mike (1979-81)

R
 RABENHORST, O.D. (1920-23)
 RACCA, Brandon (2003-05, 2007)
 RACHAL, D. (1938)
 RADECKER, Eric (2007)
 RADGOWSKI, Chad (2006-08)
 RAINEY, James (1993, 1995)
 RANDOLPH, Dave (1979)
 RAPEK, Andy (1988-89)
 RAPPE, Greg (1983-84)
 RARESHIDE, Bert (1993-96)
 RASBERRY, Mike (1970-71)
 RATELL, E. (1933-34)
 REA, Butch (1993-96)
 REID, A.J. (1914-16)
 REID, Bruce (1987-90)
 REID, Eric (1984-87)
 REID, Michael (1984-86)
 REILEY (1920)
 REYES, Felipe (2005)
 RICE, R.E. (1916)
 RICHARD, G. (1922-23)
 RICKEY, David (1959)
 ROANE, Sanders (1949)
 ROBERTS, C. (1934-35)
 ROBERTS, C.A. (1908)
 ROBERTS, Kwami (2004-05)
 ROBERTSON, E.W. (1908)
 ROBINSON, Lester (1952)
 ROBINSON, W.G. (1935)
 ROBINSON, W.T. (1933-34)
 RO'CHE, Jarett (2002-04)
 ROEBUCK (1908)
 ROGERS, H. (1937)
 ROGERS, Melville (2006-07)
 ROSE, Kyle (2008)
 ROSE, Mark (1981-83)
 ROSE, Matthew (1986-89)
 ROSSBOTOM, Harold (1953)
 ROUBION, Ross (2008-09)
 ROUBION, Ryan (2009)
 ROUSSEL, Keith (1968-69)
 ROUSSEL, Les (1978-79)
 RUSSELL, S. (1937-38)
 RYAN, Scott (1990)

S
 SANDERS, H. (1911)
 SANDERS, J. (1933-35)
 SANDERS, Jason (1991-92, 1994)
 SANDERS, Joe (1962)
 SANDOZ, Jeff (1973-75)
 SANFORD, C. (1935-37)
 SANFORD, Jim (1951)
 SATEGNA, Mario (1992-95)
 SAUERHAGE, John (1981-82)
 SAVOIE, Michael (1994-96)
 SAXON, H. (1934-35)
 SCARBOROUGH, D.C. (1905-06)
 SCARBOROUGH, E. (1933-34)
 SCHAFFER, Tom (1959)
 SCHALOW, Terrence (1987)
 SCHIFFMAN, Kenneth (2008)
 SCHIMPER, Frans (1997-2000)
 SCHIMPF, Carey (1973-76)
 SCHLOEGEL (1932)
 SCHMIDT, G. (1937-38)
 SCOTT, Greg (1999-2001)
 SCOTT, ReVey (1977-80)
 SEALS, Cordelle (1999-2001)
 SEEFELD, Carl (1958-60)
 SECURA, Jennings (1996)
 SEIP, J.J. (1908)
 SEVIN, Ty (1990)
 SHAFER, R.A. (1920)
 SHELLNUT, Mike (1981-82, 1984)

SHELTON, F. (1938)
 SHIPP, Larry (1973-76)
 SHIREY, Larry (1963)
 SHIRLEY, Buddy (1966)
 SHIRLEY, E.M. (1920-23)
 SHIRLEY, James (1952)
 SHORT (1929-30)
 SHUMAKER, Ben (2001-04)
 SIMMONS, Jacob (2007-09)
 SIMMONS, M. (1936)
 SIMON, LeJueh (2003-04)
 SIMON, Peter (2001-03)
 SIMONTON, Sam (1961-63)
 SIMPSON, Joe (1975)
 SIMS, Phil (1993-96)
 SIMUCHIMBA, Joseph (2007-08)
 SINGLETARY, C.N. (1916)
 SINGLETARY, Mike (1991-92)
 SINGOEL, David (1992-93)
 SIPLE, D. (1938)
 SLATER, Jeff (1985-86)
 SLAUGHTER, W.S. (1998)
 SLOCUM (1917)
 SMITH, A.F. (1907)
 SMITH, Bob (1972-75)
 SMITH, C.I. (1906)
 SMITH, Charles (1952-54)
 SMITH, Marc (1998-2000)
 SMITH, Mike (1984-86)
 SMITH, N. (1927-28)
 SMITH, Traun (2000-03)
 SMITHERMAN, D.E. (1917)
 SONGY (1928-30)
 SOOTER, Jason (1975-76)
 SOWA, Brad (2004)
 SPANGENBERG, Marc (1970-71)
 SPIERS, L. (1926-27)
 SPROUL, Gary (1951)
 ST. AMANT, Eugene (1966)
 STARKS, Llewellyn (1989-90)
 STAYTON, W.D. (1905)
 STEELE, Sidney (1949-51)
 STENSON, J. (1938)
 STEPHENS, Greg (1972-75)
 STEVENS, B.A. (1935-36)
 STEVENS, H.G. (1922-25)
 STEVENSON, Marvin (2004-07)
 STEWART, Charles (1970)
 STEWART, G. (1932-34)
 STEWART, John (1969-72)
 STICKER, Alan (2007-09)
 STOCKWELL, E. (1932-34)
 STOCKWELL, O. (1928)
 STOKES, David (1966-67)
 STOVALL, R.F. (1907)
 STRATFORD, Charles (1952-53)
 STRUPPECK, Robert (1967-69)
 STUART, Eric (1974-76)
 SUHY, Jeff (1984-85)
 SULLIVAN, Dan (1972)
 SULLIVAN, W. (1933-35)
 SULLWOLD, Frank (1948-51)
 SWANNER, Sean (2008)
 SWAYZE, Taylor (1976)
 SWEENEY, Herman (1952-53)

T
 TADLOCK, Randy (1998)
 TARRSOVIC, George (1952)
 TAYLOR, Gerald (2004-05)
 TAYLOR, Jonathan K. (1988)
 TAYLOR, Michael (1985)
 TAYLOR, Randall (1987)
 TERRY, Eddie (1981)
 THERIOT, Blake (1999-2002)
 THOM, Jim (1965-66)
 THOMAS, Anthony (1985)
 THOMAS, Juan (1994)
 THOMAS, Marcus (1998-2000)
 THOMAS, Paul (2002-03)
 THOMAS, Tomario (2001-03)
 THOMAS, Zedric (2008-09)
 THOMPSON, Garrek (2009)
 THOMPSON, John (2005)
 THOMPSON, Paul (2002-04)
 THOMPSON, Ralph (1955)
 THOMPSON, Richard (2005-08)
 THORGERSON, G.H. (1924)
 THORGERSON, R.C. (1914-17)
 THORNTON, S. (1921-24)
 THORNTON, Terry (1989-91)
 THYMES, Derrick (1991-94)
 TJEPKEMA, Enno (1986-88)
 TORRANCE, J. (1932-35)
 TORROS, S. (1936-38)
 TOUSSAINT, Ronnie (1960)
 TREADWAY, J. (1936-37)
 TREGRE, Roy (1961)

TRIESCHMANN, Wayne (1956)
 TROSCLAIR, Daniel (2001-04)
 TROSCLAIR, Chip (1976-79)
 TUCKER, Ed (1951-53)
 TUNON, Pedro (2001-03)
 TURNER, Nathan (1996-98)
 TURNER, Willie (1978-79)
 TWIJUKYE, Reuben (2007-08)
 TWILLIE, Troy (1995, 1997)
 TYSON, Todd (1996-97)

U
 UFFMAN, Chip (1997-98)
 UPTON, James (1968)
 UPTON, M.R. (1911-14)

V
 VALE, Louis (1953)
 VAN HELDEN, Robin (1985-87, 89)
 VANDERHOFF, Kanon (1991-92)
 VARAS, Mike (1978-80)
 VARGAS, Marcell (1978)
 VENABLE, John (1950-51)
 VINCENT, Matthew (2002-05)
 VOLLMER, Larry (1972-74)
 VONDENSTEIN, Wayne (1969-72)
 VOSS, Harold (1948-50)

W
 WADDLETON, David (1997-98)
 WAGUESPACK, Todd (1990-91)
 WALKER, J. (1936)
 WALL, Ernest (1967-59)
 WALTERS, H. (1936-38)
 WARE, H. (1938)
 WARNER, T.A. (1924-25)
 WATERER, J. (1937-38)
 WATKINS, Slip (1988-90)
 WATSON, Paul (2007)
 WEAVER, Larey (1980-81)
 WEICH, J. (1937)
 WESTERMAN (1930-31)
 WEMPLE (1921-23)
 WESTERMAN, Bob (1956-58)
 WHEATLEY, Mike (1967-69)
 WHITE, W.G. (1948)
 WHITLATCH, Blake (1975)
 WHITNEY, Chris (1977-80)
 WHYTE, Bernard (1985-87)
 WICH, Michael (1995)
 WICGINS, Jimmy (2001-05)
 WILCOX, Adam (2007-09)
 WILKINSON, H. (1934)
 WILKINSON, Ralph (1964)
 WILLIAMS, Bernard (1984-86, 1988)
 WILLIAMS, Bryant (1991-94)
 WILLIAMS, John (2000)
 WILLIAMS, Simon (1990-92)
 WILLIAMS, Siraj (2004-07)
 WILLIAMSON, Mike (1993-96)
 WILLIE, Kelly (2003-06)
 WILLS, Harold (1974)
 WILLS, Lloyd (1070-73)
 WILSON, Jerry (1989)
 WOMACK, Joe (1967-68)
 WOOD, Glyn (1952-54)
 WOOD, John (1955)
 WOODS, Delyle (1995)
 WOODARD, R.E. (1921)
 WOOSLEY, John (1996-98)
 WRIGHT, O.L. (1928-30)
 WRIGHT, Ricky (1985-87)
 WYMAN, Bob (1989-92)
 WYNN, Wallace (1951)

Y
 YARBROUGH, Lanis (1970-71)
 YASLOSKY, Michael (1986-89)
 YATES, Bob (1962-63)
 YAWN, F.W. (1930-32)
 YODER, Lee (1954-55)
 YOUNG, E.M. (1916, 1921-23)
 YOUNG, John (1956)
 YOUNG, Wayne (1958)

Lady Tiger Letterwinners

A

ABBOTT, Amber (2008)
 ACCARDO, Kate (2004, 2007)
 AGE, Zina (1987-88)
 AKRE, Megan (2003-06)
 ALLEN, Eunice (1992-93)
 ALMOND, Lyndsey (1985)
 ANDERSON, Jackie (1991)
 APPLEBERRY, Doria (2002)
 ARGYLE, Hareldau (1996-97)

B

BAILEY, Sarah (2002-04)
 BAPTISTE, Kelly Ann (2005-08)
 BASS, Alicia (1986, 1988)
 BASS, Valma (1998, 2000)
 BATES, Joyce (1999-2000)
 BATTLE, Franz (1995-96)
 BENGTON, Tina (1981)
 BERNARD-THOMAS, Neisha (2003-05)
 BETHEL, Ashley (2000)
 BLAKE, Emily (1995-98)
 BOBIEN, Jackie (1985-88)
 BOOKER, Andria (2002)
 BOONE, Karen (1994-96, 1998)
 BOWLES, Dawn (1990-92)
 BOYD, Angel (2005-08)
 BREAUX, Trudy (1981)
 BROADIUS, Juanita (2006, 2008)
 BROUSSARD, Megan (2007-08)
 BROWN, Youlanda (1995-96)
 BRYDSON, Sylvia (1986-89)
 BURNETT, Marian (2002-03)
 BUSH, Andrea (1986-88)
 BUTLER, Kwajalein (1995-98)
 BUTLER, Stephanie (2001-04)

C

CABRAL, Monique (2007-09)
 CAILLOUET, Dianne (1981)
 CALAIS, Verna (1994)
 CARLETON, Laura (2009)
 CARSON, Kim (1993-96)
 CARTER, Brittani (2008-09)
 CARTER, Kym (1987)
 CATO, Camille (1985-87)
 CLARKE, Celena (1998-99)
 CLARKE, Shannon (1985-86)
 COBB, Mary (1990-91)
 COKER, Cheryl (1986-88)
 COLEMAN, Kathy (2006-08)
 COLOSIMO, Sarah (2004, 2007)
 COMBS, Myra (1998-2000)
 CONNOR, Claire (1985-88)
 COSTELLO, Eileen (1988)
 COURVILLE, Amy (2002)
 COX, Shannon (1993)
 CUENCA, Christina (1998)
 CUNNINGHAM, Opal (1987-90)
 CUSACK, Bridget (1998-2000)
 CUSIMANO, Katie (1995-96)
 CUSIMANO, Stacie (2000)
 CYMEK, Mattie (1994)

D

DAIGLE, Lindsay (2000-2002)
 DAVIDSON, Shaunette (2006-07)
 DAVIS, Kristina (2007-09)
 DAVY, Nadia (2003-04)
 DAWSON, Katie (2005, 2007-08)
 DAY, Carolyn (1994)
 DAY, Lindsay (2005, 2007-09)
 DENTON, Katie (2002-05)
 DENTON, Kristi (2007-08)
 DEUTSCH, Jessica (2008)
 DOWDIE, Peta-Gaye (1997-2000)
 DUHANEY, Dahlia (1989-92)
 DUPREY, Donald (1988-91)
 DURST, Stephanie (2001-04)

E

ECHOLS, Sheila (1983, 1985, 1987)
 EDWARDS, Patricia (1983-84)
 ELLIS, Jemia (1999-2002)
 EVANS, Taylor (2009)
 EVE, Laverne (1986-88)

F

FALGOUT, Neely (2001-02)
 FAVORITE, Carolyn (1981)
 FEAGIN, Zundra (1993-96)
 FENTON, Kim (1989)
 FERSTER, Wanda (1989)
 FLANDERS, Katrina (2001-04)
 FLETCHER, Sherry (2006-07)
 FLORES, Eunice (1995-96)
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 FOUNTAIN, Rachel (2009)
 FOUNTAIN, Tina (1996-98)
 FRANCIS, Meisue (2005-07)
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 FRANKS, Carmis (1995-98)
 FREEMAN, Monique (1999-2000)

G

GARDNER, Ashley (2001-04)
 GARDNER, Kim (1996)
 GILFORD, Ja'Launa (1994)
 GILMORE, Francine (1981-82)
 GOMEZ, Elaine (1981-84)
 GONZALES, Candice (2000-03)
 GOODWIN, LaShawn (1988)
 GRAHAM, Rachael (2005, 2007)
 GREGORY, Kelly (1986-87)
 GRIGGS, Tenisha (2005)
 GROSS, Michelle (1981-82)
 GROSS, Nedra (2005, 2007-08)
 GUTIERREZ, Kristen (1998-2000)

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 HAMILTON, Indira (1992-93)
 HARGETT, Heidi (1991-94)
 HARMATA, Amanda (2005, 2007)
 HARRIS, Brittany (2004-05)
 HARRIS, Kathleen M. (1987)
 HARRIS, Martha (1994-95)
 HARRIS, Shontae (2002-05)
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 HARRISON, Dianne (2003-05)
 HAYWARD, Tanqueray (1997)
 HEDLUND, Helena (1985-87)
 HENRY, Britney (2004)
 HENRY, Chariese (1981-82)
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 HILL, D'Andre (1992-96)
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 HOUSEHOLDER, Jennifer (1996)
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 HYMEL, Michelle (2003-04)

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 JOHNSON, Jennifer (1999-2000)
 JONES, Esther (1988-91)
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KAPERINICK, Gai (1993-95)
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 KELLMAN, Liann (2009)
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 KING, Michelle (1983-85)
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 McDANIEL, Michelle (1992-94)
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 MUNSON, Michelle (1989-90)

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 NERO, Sade (2005)
 NIXON, Leslie (1985-88)
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O

OCCHI, Amanda (1997, 1999)
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 OHANAJA, Jessica (2005-08)
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 OPPERMAN, Randi (2001-03)
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 OSCAR, Lanelle (1990)
 OWENS, Ashley (2005)

P

PARRIS, Debbie Ann (1991-94)
 PAYNE, LaToya (2003-05)
 PETERSSON, Maria (1997-98)
 PHILLIPS, Rhonda (1988-89)
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 PIERCE, LaTosha (1998)
 PLAAGER, Mitzi (1991-92)
 POCHE, Kim (1996-97)
 PORTER, Christina (2008-09)
 POWELL, Sheila (1994-96)

Q

QUIGLEY, Ann (1981)

R

RADECKER, Jennifer (2004)
 RASMUSSEN, Silje (1995-97)
 REAVES, Margaret (1999-2000, 2002)
 REED, Lisa (1985, 87-89)
 REGIS, Hazelann (2003-05)
 REYNOLDS, Rachel (2000)
 RICE, Kellee Monet (2001-03)
 RIDEAU, Paula (1981)
 ROBINSON, Tiffany (2001-03)
 ROCHE, Lynley (2007)
 ROCKETT, Bianca (1999-2002)
 RODRIGUE, Katelyn (2007-09)
 ROME, Cindy (1994-96)
 ROME, Stacey (1994-96)
 ROMERO, Maria (2001-04)
 ROOKS, Cynethea (2006-07)
 RORHBACHER, Jill (1994-95)
 ROUSSEL, Amanda (2001-03)

S

SAMS, April (1998-2000)
 SAUNDERS, Daphnie (1991-94)
 SCHNELKER, Suzanne (1990)
 SCHUMANN, Christa M. (1987)
 SHAW, Stacy (1985-87)
 SHEFFIELD, Cinnamon (1989-92)
 SHEFFIELD, Jacquelyn (1983-84)
 SHEGOG, Terkeler (1985)
 SHEPARD, DeVone (1984)
 SHULER, Sarah (1990)
 SIMPSON, Anne (2003)
 SLYTHE, Christine (1985)
 SMITH, Carlette (1985)
 SMITH, Ronetta (2001-2002)
 SMITH, Sandra (2003)
 SOMMERSET, Patsy (1984)
 SOWELL, Dawn (1989)
 SPENCER, Keisha (1999-2000)
 STANLEY, Tananjaly (1987-90)
 STARK, Jennifer (2007)
 STRID, Camilla (1989-91)
 STROMAN, LaTarsha (1994-97)
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 SZMAJDA, Megan (2000-02)

T

TAPLIN, Cheryl (1991-94)
 TATE, Cassandra (2009)
 THOMAS, Althea (2000-03)
 THOMAS, LaTavia (2007-09)
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 TONEY, Nicole (2002-04)
 TRAPP, Laurie (1989-92)
 TRUVILLION, Wendy (1983-86)
 TURNER, Lindsey (2009)

V

VANDIVORT, Erin (2004, 2007-08)
 VAN LANDINGHAM, Lee Ann (1982-83)
 VAN NORMAN, Heather (1991-93)
 VANNESTE, Ann Marie (1992-94)
 VIATOR, Carolyn (1981-83)

W

WALKER, Astia (1996-98)
 WALKER, Brandy (2002-03)
 WALPOLE, Phoebe (1992)
 WARREN, Youlanda (1991-93, 1995)
 WEBSTER, Felicia (1989-90)
 WHITLOCK, Amanda (2000)
 WILLIAMS, Claudine (1999-2000)
 WILLIAMS, Kim (2007-09)
 WILLIAMS, Schowonda (1985-88)
 WILLIFORD, Theresa (1983-86)
 WILSON, Cheryl (1985-87)
 WILSON, Kenyanna (2008-09)
 WILSON, Nickiesha (2007-08)
 WOFFORD, Danyel (1985-88)
 WOODS, Tania (2004)

Y

YOUNG, Calah (2005)
 YOUNG, Tammie T. (1987-88, 1990)

Z

ZENO, Amy (1992-93)
 ZIMMERMAN, Lana (1981-83, 85)
 ZIRKLE, Christy (2007-08)

2009 NCAA ALL-AMERICANS



Brittani Carter High Jump



Brittany Hall 800 meters



Walter Henning Weight & Hammer Throws



Samantha Henry 60, 100 & 200 Meters



Jeremy Hicks Long Jump



Trindon Holliday 60 & 100 Meters



Richard Jones 800 Meters



Rachel Laurent Pole Vault



Andrea Linton Triple Jump



Robert Simmons 400 Meters



LaTavia Thomas 800 Meters



Kenyanna Wilson 60 & 100 Meters

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2010 NCAA Division I
Men's & Women's Outdoor Track & Field Championships

2010

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March 5 / LSU Invitational • March 12-13 / NCAA Indoor Championships

OUTDOOR SEASON March 20 / Louisiana Classics • **March 26-27 / LSU Relays** • April 1-3 / Texas Relays

April 10 / Hurricane Alumni Invitational • **April 16-17 / LSU Alumni Gold** • April 22-24 / Penn Relays • May 13-16 / SEC Outdoor Championships • May 27-29 / NCAA Regionals • June 9-12 / NCAA Outdoor Championships

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